

2015-07-04

Saturday History Call

INFORMATION REGARDING CALLS PRESENTED AND/OR SUPPORTED BY 2013 RAINBOW ROUND TABLE

I TO ACCESS THE THREE WEEKLY CALLS via the Internet

A BBS RADIO Go To www.bbsradio.com ; click on Talk Radio Station #2; click on "64K Listen"

Thursday: 9 pm – 12:00 pm EST ***Stargate Round Table*** **Host: Marietta Robert**

Friday: 9 pm – 2 am EST ***Friday Night Hard News*** **Hosts: Tara & Rama**

Saturday: 2:30 pm – 2 am EST ***History of our Galactic World & NESARA T & R***

Friday, Saturday: From **10 – 11 pm EST**, for one hour, the call moves to the Conference Call Line [8-9 pm MST **1-209-647-1600** pin 353 863#] and then returns to BBS Radio.

- Use the following phone numbers to ask questions or make comments during the radio show.
530 – 413 – 9537 [line 1]
530 – 763 – 1594 [line 2 & 3]
530 – 746 – 0341 [line 4]

- **BBS Toll Free # in Canada, US** 1 – 888-429-5471 This # picks up the first available line.

B Conference Call: 1-860-970-0300 Thursday PIN # 87 87 87#
Friday PIN # 23 23 23#
Saturday PIN # 13 72 9#

BBS Phone Line: 1-716-748-0144 NO PIN REQUIRED: **this line is very, very clear!**

C Skype: **BBSradio2**

D Archives for the 3 Programs listed above:

- To access the **FREE BBS archives** for any of these programs:
 - Go to [BBSRadio.com/ Station 2](http://BBSRadio.com/Station2); scroll down; click on **Live Talk Radio Shows**
 - Scroll down to **Saturday History Call with Tara and Rama**, and click on **"Library Archives"**
 - Click on those words and you will be taken to the listing of all program archives, the latest one being at the top.
 - You can download the program to your own computer or listen directly.

- The **2013 website also has an archive section:**
<http://2013rainbowroundtable.ning.com/> look under the "Archives" tab for written notes.

II TO ACCESS OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable

A Sunday, Mondays: 9 – 10:30 EST ***Cheryl Croci's Activation Calls***
By telephone only: 1 – 605-475-5950; PIN 9467441#

B Tuesdays, 2nd & 4th of each month: ***Ashtar on the Road***
9:00 – 10:30 pm EST Host is Fran; Susan Leland channels Ashtar & others
www.Ashtarontheroad.com

- Phone Number: 1 – 559 – 726 – 1300; PIN 972400##
- Call is free [except for long distance charges]
- Can also listen to the call via Skype

C Wednesdays: 7:00 – 9:00 EST ***The Friends of The Aboriginal Moabite Nation Call***
By telephone only: 1-712-432-0900 PIN 666238#
Replay # [good for 1 week] 1-712- 432-0990 PIN 666238#

Opening Meditation: Cheryl

Housekeeping: Rainbird

- BBS:**
- A listener-supported radio program; we can access program archives on BBS
 - The radio program costs \$300 per week; **this week, we need \$ 550** including that for the last 2 weeks, as well.
 - Everyone doing a little helps a lot - **many thanks to everyone for paying it forward!**
 - Go to BBSradio.com/Station2; find the listing for True History call; find the **Paypal** button
 - BBS appreciates getting checks through the mail – no fees taken off by Paypal
 - **NO COST TO ACCESS BBS ARCHIVES** for either of the 2 T & R PROGRAMS, or the Thursday night program: MariettaRobert's Stargate Round Table
 - Re: archives of other BBS programs; the money we pay to listen to someone else's archives is put towards our BBS bill!

 - The mailing address for those who do not like paying electronically:
BBS Network, Inc. [Please put **"Attention Don"** on the envelope.]
5167 Toyon Lane
Paradise, CA 95969
 - Sending a check to BBS means all your money is received; using Paypal incurs a fee.
- T & R:**
- Rent for July was paid; they still need **food, gas money & for some bills as well.**
 - We can donate via the Paypal button on the homepage of 2013 Rainbow Roundtable

 - **Please notify them if you're sending something:** koran999@comcast.net

 - Rama's mailing address for cheques, Money orders: Ram D Berkowitz
1704 B Llano St, # 249
Santa Fe, NM 87505

 - **phone contact** is via MariettaRobert Pickett: 317-773-0061
or by e-mail: stargatemarietta@gmail.com
 - **Remember you can book a session with Mother, as well!**
- MR:**
- Please remember to support MariettaRobert's show, too
 - **You can also book a session with MR for a transformational clearing.**
- T:**
- **if you have any trouble hearing, that means there is an issue with the sound and it is an emergency - so call this number: 1-888- 429 – 5471**
 - **if you cannot get through, use this # 1-888 – 710-8061**

Intro Notes

- The following audio link allows you to listen to the entire program.

<http://bbsradio.com/podcast/true-history-june-20-2015>

- The **new number for the Conference Line:**
 - for an hour, every Friday, Saturday – 8-9 pm MST **1-209-647-1600** pin 353 863#
 - for the rest of the show, it's BBS Radio for those with computers, or for those without - 1 - 860 - 970 – 9300; pin codes are listed on page 1
 - **if you can't hear on the 860 number, call 1-716-748 – 0144 out of Texas:** this gets you straight into the BBS radio program which is very clear.
 - There is no PIN CODE; you can only listen – and you can hear BBS Radio 24/7.

- **Whatever it takes, we'd like to see everyone contributing: a concentrated effort is required! And every little bit helps. NESARA NOW!**

HARD NEWS

CAMP LOVEWAVE: Guests – Alex Gray and wife on subject of their visionary art

discussing how what they came to see what they've seen

Another guest: Kristiana Freeland on subject of the space fence they want to build, and about what is being sprayed in the skies. As they try and build the fence, it mysteriously is taken down

Mayor Bill de Blasio in Santa Fe for Pancakes on the Plaza!

- Richard Wolffe and Craig Barnes were there, talking to Mayor de Blasio, subject was a public bank of which the people are the stateholders. Also of micro loans and the indigenous people.
- So many good things happening at the same time as all the rest – milleniums and milleniums of karma being erased in spite of what they are doing and screaming at people to get into the bomb shelters.

Larry and Tom the Cat: a BBQ on the White House lawn for the military – still meat and chicken being eaten!

Greece: 100s of thousands of people in the streets! Max Keiser was tearing his hair out today on this subject, saying the bit coin can really change things for Greece. Had on a guest and the discussion was positive.

Many **awesome things showing up at the same time:** we tend to get the good stuff via leaks or “bleeding”. Rama keeps hearing about full disclosure, first contact – more and more ships seen every day – time to set an extra plate at the table for some folks! Our galactic friends are walking the West Wing right now – seems like a scene out of *Men in Black*.

Sunday: Princess Charlotte getting christened – will secure some water from the River Jordan to baptize her; at St Mary Magdalene Church – same church at which Princess Diana was christened in 1961 [same age as Obama.]

2015-06-07 Kalief Browder, 1993–2015

[SEE BELOW]

- the young teen was arrested on suspicion that he had stolen someone else's back pack – it was just an allegation and he was put into Riker's Island prison.
 - Brutally beaten, put in solitary for 2 out of 3 years, tortured by correction officers who were supposed to be looking after him;
 - His rights were completely violated – no prosecution of any kind. He was let go with no charges and no apologies. His lawyer said he was arrested at 15 and had no mental issues of any kind at the time
 - he attempted suicide 5x in jail and 3x since his release. The lawyer visited him in the psych ward and it was quite an awful time.
- A new law is being brought forth in New York: to be called “Kalief's Law” - to do with speedy trial legislation
 - banning officially solitary confinement for minors
 - 1000s of new surveillance cameras
 - safeguards against guards who use force
 - most important issue is that Kalief was held at all! Likely he didn't do it! He was presumed guilty by prosecutors who manipulated the state's speedy trial laws in the hopes that likely he would take a plea as most defendents do in these cases – this did not happen. Kalief refused to take a plea because he was not guilty.
 - Bail reform also on the list for change “Kahliff's Law” is the name of the new law.

Caller1: some type of square cube that appeared over northern skies of Texas – very visible to many people. Thinks its unusual to see this being done.

• Some kind of technology – a Black Op. Black budget military and Area 51 involved in this.

C1: At midnight tonight, will know the outcome of the Greek Vote – any idea of the results?

• There are hundreds of thousands in the streets and the majority are saying no. The people on the yes side are the oligarchs; the no are “We the People”. Max Keiser keeps asking “what about bit coin?”

C1: Is it their choice about a black out on Monday for T & R?

• It's about the conference call and talking to the people in the company about it

C1: Is anything significant happening on Monday?

• Their bank was closed yesterday and open today from 9 – 1 – unusual!

T: they don't necessarily have to do a 3 day holiday weekend – they were closed for the 3rd.

C1: Fears being fed by Sen. Lendsay Graham who is shedding tears for VP Biden

• mourning the loss of the VP 's son – had a real connection with him – but only because he is running for President

• He did 9/11 and is sexual partner with McCain; also responsible for selling nuclear secrets overseas – responsible for Pakistan getting nukes. He's a real criminal –

• Beau Biden was killed and Graham might be part of the same Black Ops that kill people when they don't like what is said: they gave Beau Biden cancer and killed him!

C1: Let's get this done; pray that we all move together and make this happen.

Audio: Joseph Stiglitz: Income Inequality and American Democracy



<https://www.youtube.com/watch?v=qyrKJ5nm8kc&feature=youtu.be>

Nobel Prize-winning economist Joseph Stiglitz is known for his incisive, often controversial, diagnoses of global economic problems. His latest work, **The Great Divide**, argues that inequality is the greatest threat facing America today, undermining all systems in our country, including our democracy itself. In this talk given to a sold-out crowd, Stiglitz explained how, by casting aside failed policies and principles, we can build a healthier, fairer economy – and strengthen our democracy.

Thanks to Seattle Town Hall & University Bookstore

Episode 145, Pirate TV.

Audio: Sonalie Lokhatkar “Uprising with Sonali”

See the final pages of the notes for more information about these discussions.

• contractors are not governed by the Constitution – they can do what organizations cannot

• ALEC has a lot of power

• South Carolina state

Audio: [Melissa Harris-Perry](#) 6/20/15 **MHP remembers the victims of the SC attack**

<http://www.msnbc.com/melissa-harris-perry/watch/mhp-remembers-the-victims-of-the-sc-attack-468872259684>

Melissa Harris-Perry remembers the lives of the nine people whose lives were violently cut short Wednesday night at the Emanuel AME Church in Charleston, South Carolina. Duration: 3:24

[Melissa Harris-Perry](#) 6/27/15 **Taking action after Charleston**

<http://www.msnbc.com/melissa-harris-perry/watch/taking-action-after-charleston-472342083986>

Dr. Lonnie Randolph, President of the South Carolina conference of the NAACP, joins to talk about what he hopes the state's political leaders will do about the Confederate flag controversy in the aftermath of the Charleston church massacre. Duration: 6:04

Audio: from **Democracy Now** – this is a short clip with Dr Lonnie Randolph, President of the S C Conference of the NAACP.

T: what we heard today Dr Lonny Randolph Jr and from Sona Lee – 4- 5 million people were slaughtered in Iraq alone, and over 2 million US soldiers. May slavery be our #1 focus to transform.

Musical Break

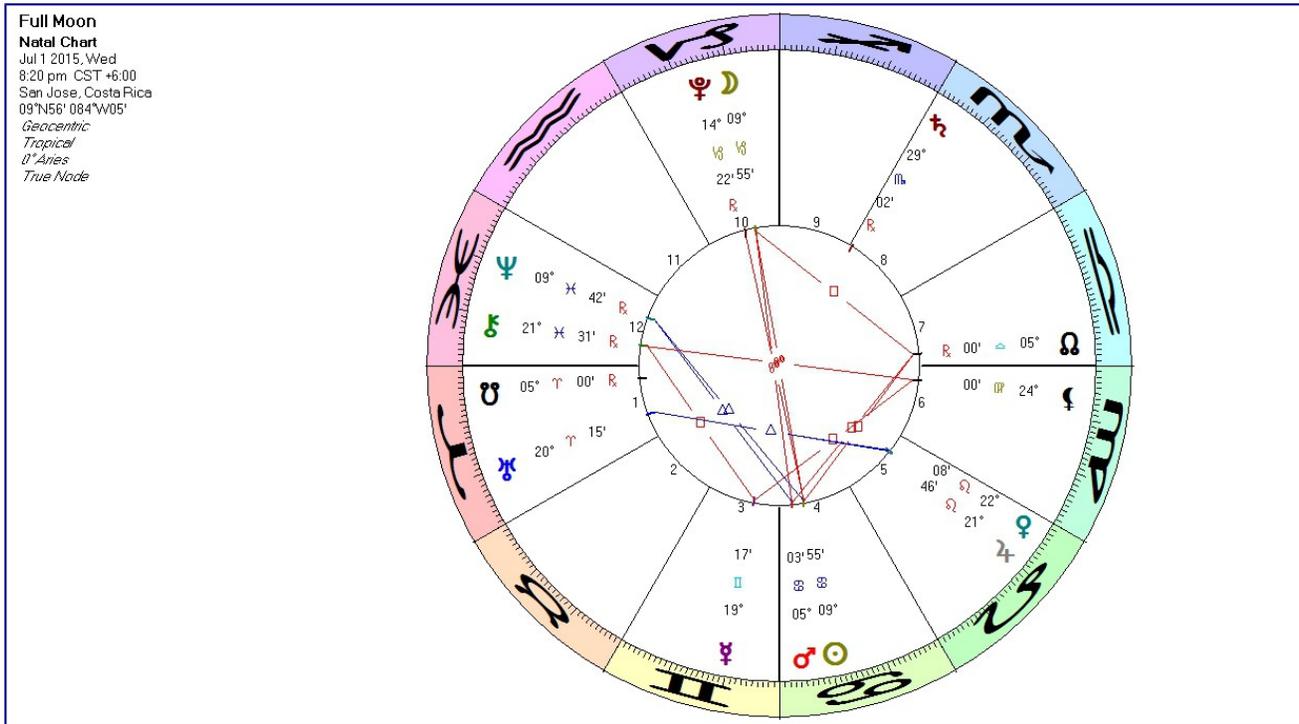
**T: tells us A NEW CROP CIRCLE WAS FORMED TODAY in Holland: IT IS THE ANKH!!!
Mother is here! STROLOGY**

Astrology for the Soul

<https://youtu.be/-81A6G3qoII>

My forest friends are my teachers,
As they have no false beliefs.
They are not ashamed or feel bad,
But come and go as they please.

CLICK the chart below for a larger, printable version



[click here to download/listen to the Pele Report mp3](#)

OK, it's true, there are a lot of forest friends these days running and hiding for their lives! But I am speaking here of "forest friends" that are fortunate enough to be living out of reach of the humans!

I hope you get that this full Moon is bring up deeply buried instincts in the gut that may be "unreasonable" but that does not mean they (or you) are "wrong"! Alas, these are days of facing some of our issues that have been avoided or ignored for a long time The roots go deep to the current situation.

It is a time of great liberation but that liberation does not come so easy, it requires truly feeling, honoring those feelings, valuing those feelings, speaking those feelings, and acting on those feelings.... Yikes! May you be driven by the passion born from the heart and powered by the soul! Namaste!

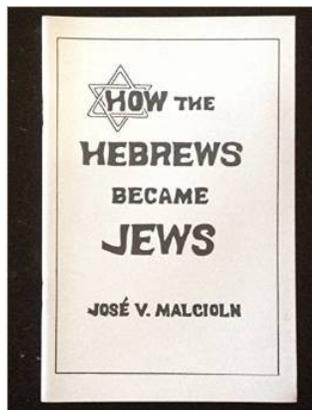
<http://newparadigmastrology.com/10829/>

T: an ankh crop circle formed in Hoeven Netherlands TODAY!

[SEE BELOW]

Reading: Sarah Varcas July 2015 Astro-Energy Report

[SEE BELOW]



CONFERENCE CALL

T: reading from **How the Hebrews Became Jews (1978)** and adds comments -

Caller: Isreal did some airlifts of Ethiopian Jews and Sudan into Israel during

the Reagan years – now they are being treated as the lowest of the low

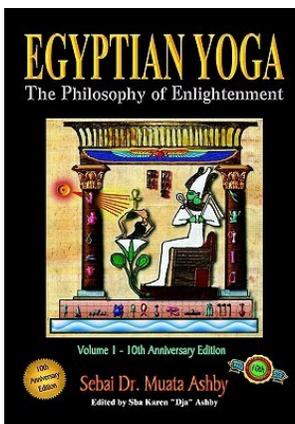
T: these ones are the original Hebrews, not the ones who call themselves Jews. It was a Black Op in South Carolina and what is coming from that action is the opposite of what was expected.

Will have to re-read **When Rocks Cry Out** – lots of information to review.

As Stiglitz was saying today: the controllers of the planet think they do not have to respect any rules of any country:

Caller2: Kochi – India: a whole article – the oldest group of Jews in India with roots back to Solomon -

Mr McGoo: has a friend who is a Syrian Christian – they left Syria and went to India; they were scholars and inter married with the Brahmins; well accepted into the new community.



Egyptian Yoga Volume 1: The Philosophy of Enlightenment

by [Muata Ashby](#)

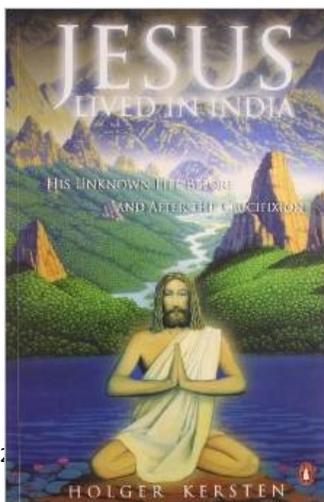
An original, fully illustrated work, including hieroglyphs, detailing the meaning of the Egyptian mysteries, tantric yoga, psycho-spiritual and physical exercises. Egyptian Yoga is a guide to the practice of the highest spiritual philosophy which leads to absolute freedom from human misery and to immortality. It is well known by scholars that Egyptian philosophy is the basis of Western and Middle Eastern religious philosophies such as Christianity, Islam, Judaism, the Kabala, and Greek philosophy, but what about Indian philosophy, Yoga and Taoism? What were the original

teachings? How can they be practiced today? What is the source of pain and suffering in the world and what is the solution? Discover the deepest mysteries of the mind and universe within and outside of your self. ([less](#))

Paperback, 248 pages Published September 1st 2005 by Sema Institute / C.M. Book Publishing (first published September 1st 1997)

another book: **Jesus Lived in India** by Holger Kersten

Jesus Lived in India: His Unknown Life Before and After the Crucifixion Paperback – December 31, 2001



His unknown life before and after the crucifixion. Why has Christianity chosen to ignore its connections with the religions of the East, and to dismiss repeatedly the numerous claims that Jesus spent a large part of his life in India? This compelling book presents irrefutable evidence that Jesus did indeed live in India, dying there in old age. The result of many years of investigative research, *Jesus Lived in India* takes the reader to all the historical sites connected with Jesus in Israel, the Middle East, Afghanistan and India. As well as revealing age-old links between the Israelites and the East, the evidence found by theologian Holger Kersten points to the following startling conclusions: In his youth Jesus followed the ancient Silk Road to India. While there he studied Buddhism, adopting its tenets and becoming a spiritual master. Jesus survived the crucifixion. After the resurrection

Jesus returned to India to die in old age. Jesus was buried in Srinagar, the capital of Jammu and Kashmir, where he continues to be revered as a saintly man. The tomb of Jesus still exists in Kashmir.

Audio: Om Gam Ganapataye Namaha

https://www.youtube.com/watch?feature=player_embedded&v=M7WcWc1_a6M

Audio: Bury My Heart At Wounded Knee (Massacre At Wounded Knee)

<https://www.youtube.com/watch?v=KIqxBajeHeM>

December 29, 1890 near Wounded Knee Creek on the Lakota Pine Ridge Indian Reservation in South Dakota at least 150 men, women and children of the Lakota Sioux were killed and 51 wounded. Some estimates placed the number of dead at 300. 25 US troopers also died and 39 wounded. It's believed that many of these were the victims of friendly fire, as the shooting took place at close range in chaotic conditions.

On that December morning the troops went into the camp to disarm the Lakota. One version of events claims a deaf tribesman named Black Coyote was reluctant to give up his rifle, claiming he paid a lot for it. A scuffle over Black Coyote's rifle escalated and a shot was fired which resulted in the 7th Cavalry's opening fire from all sides. Most of the men had already surrendered their weapons. The few warriors who still had weapons began shooting back, but were quickly suppressed. The surviving Lakota fled, but U.S. cavalrymen pursued and killed many...most were unarmed. The movie "Bury My Heart at Wounded Knee" is a must see for every American. It follows Sitting Bull from the Battle of Little Bighorn up till his death and ending at Wounded Knee.

The Music for this video is: "Yesterday" by Wayra

Published on 12 Mar 2012

Audio: From Watching the Hawks [Jesse Ventura's son & a partner]

<http://rt.com/shows/watching-the-hawks/>

Audio: Thom Hartmann & Dr Stephen Cohen

In tonight's special hour-long edition of "Conversations with Great Minds," Thom discusses the current situation in Iraq, the ongoing crisis in Ukraine and the prospects of a new Cold War with Stephen Cohen of "The Nation," author of the book "Soviet Fates and Lost Alternatives: From Stalinism to the New Cold War."

<http://conversationswithgreatminds.com/video/conversations-greatest-minds-p1-stephen-cohen-new-cold-war>

Audio: Robert Reich: Corporate Welfare Is Destroying Our Economy (VIDEO)

Only about 12 percent of federal spending goes to individuals and families -- an increasing portion goes to corporate handouts.

By [Robert Reich](http://RobertReich.org) / RobertReich.org

May 31, 2015

Corporations aren't people, despite what the Supreme Court says, and they don't need or deserve handouts.

When corporations get special handouts from the government – subsidies and tax breaks – it costs you. It means you have to pay more in taxes to make up for these hidden expenses. And government has less money for good schools and roads, Medicare and national defense, and everything else you need.

You might call these special corporate handouts “corporate welfare,” but at least welfare goes to real people in need. In the big picture, corporate handouts are costing tens of billions of dollars a year. Some estimates put it over \$100 billion – which means it’s costing you money that would otherwise go to better schools or roads, or lower taxes.

Conservatives have made a game of obscuring where federal spending actually goes. In reality, only about 12 percent of federal spending goes to individuals and families, most in dire need. An increasing portion goes to corporate welfare.

Other examples: The oil, gas, and coal industries get billions in their own special tax breaks. Big Agribusiness gets farm subsidies. Big Pharma gets their own subsidy in the form of a ban on government using its bargaining power under Medicare to negotiate lower drug prices. And hedge-fund and private-equity managers get a special tax loophole that treats their income as capital gains, at a lower tax rate than ordinary income.

The real issue isn’t the government’s size. It’s whom government is for. Much of government is no longer working for the vast majority it’s intended to serve. If government were responding to the public’s interest instead of the moneyed interests, it would be providing more support for communities, families, and individuals who need it the most.

There’s no reason any corporations should be on the dole, or that your hard-earned dollars should be going to them for no reason but their political clout.

So we have to demand an end to corporate welfare. No more handouts to particular corporations and industries simply because they’re big enough and powerful enough to get them. No more specialized tax breaks. No more exemptions or special treatment. No more crony capitalism.

Watch this explanation below: <https://youtu.be/jsqz0SqVKQQ>

Robert B. Reich has served in three national administrations, most recently as secretary of labor under President Bill Clinton. He also served on President Obama's transition advisory board. His latest book is "Aftershock: The Next Economy and America's Future." His homepage is www.robertreich.org.

Audio: The Daily Show – Senator Al Franken as guest

Audio: Bioneers This was taken from a TV program: no date. T records the TV presentation when it is first aired. The subject is world global consciousness.

Audio: Laura Flanders

<http://grittv.org/?video=beyond-disability-rights-disability-justice-leah-lakshmi-piepzna-samarasinha>

Beyond Disability Rights; Disability Justice: Leah Lakshmi Piepzna-Samarasinha

https://youtu.be/n_sw6Hjtf8

Safety: every law enforcement officer and every politician tells us that they're for it. And yet for many, police are a problem in their communities, and today's policies are only making things worse. If what we're doing isn't the answer. What is? We explore this issue, and what

we all need to learn from the disability justice movement, with this week's guest. Leah Lakshmi Piepzna-Samarasinha is a queer disabled writer, performer, poet, healer and teacher, inspired by poets and authors June Jordan, Suheir Hammad and Audre Lorde. She is the author of several books of poetry, including *Consensual Genocide* and the Lambda-award winning *Love Cake*. She has a new book of poetry called *Bodymap*, and a memoir, *Dirty River*, out this year. She also co-founded the performance group *Mangos With Chili* and is an editor of *The Revolution Starts At Home: Confronting Intimate Violence in Activist Communities*, a book that grapples with the difficult idea of addressing violence without police. All this, and Laura discusses the roads less traveled.

Audio: It's Independence Day, but is Facebook spying on your celebrations? July 4, 2015

http://img.rt.com/files/episode/42/4d/b0/00/3098326_gu0407.mp4?event=download

Afshin goes underground with Oxford Professor Danny Dorling. David Cameron says inequality is declining, but then why are disadvantaged children facing elitism from a very young age?

And as Americans around the world celebrate Independence Day, NSA whistleblower Thomas Drake tells us Obama's Freedom Act has given the people of the United States anything but their freedom. Also - worried about facebook spying on you? Maybe you should sign up to minds.com. Plus, we examine an alleged plot to assassinate the Greek Prime Minister and we take a look at what went on in this week's Prime Minister's Questions.

<http://rt.com/shows/going-underground/271579-us-independence-day-facebook/>

Audio: [KR779] Keiser Report: Greece pivoting from debt slavery July 4/15

<https://youtu.be/RzExcF-UPV0>

We discuss the Greek referendum, the 50 ways to not pay their creditors and the future for the "demerging" economy in which debts are repaid "parametrically." In the second half, Max interviews Simon Dixon about what Bitcoin could do for Greece and whether or not, as Citi's global chief economist says, it is the stupidest idea since Caligula made his horse a consul. They also discuss StartCOIN and StartJOIN.

Read more at <http://www.maxkeiser.com/#zu64viZ8BUPE6X7G.99>

Audio: The Daily Show July 1, 2015

<http://www.thecomedynetwork.ca/shows/thedailyshow?vid=647668>

<http://www.thecomedynetwork.ca/shows/thedailyshow?vid=648228>

Interview with Sen. Kirsten Gillibrand

Reading: Buddha in Redface

Closing: Rainbird

**Music: Rumi *Only Breath*
*Russian shaman song***

INFORMATION RELATED TO THE NOTES

2015-06-07 **Kalief Browder, 1993–2015** By [Jennifer Gonnerman](#)

Kalief Browder, in July, 2014.

Credit PHOTOGRAPH BY ZACH GROSS

Last fall, I wrote about a young man named [Kalief Browder](#), who spent three years on Rikers Island without being convicted of a crime. He had been arrested in the spring of 2010, at age sixteen, for a robbery he insisted he had not committed. Then he spent more than one thousand days on Rikers waiting for a trial that never happened. During that time, he endured about two years in solitary confinement, where he attempted to end his life several times. Once, in February, 2012, he ripped his bedsheet into strips, tied them together to create a noose, and tried to hang himself from the light fixture in his cell.



In November of 2013, six months after he left Rikers, Browder attempted suicide again. This time, he tried to hang himself at home, from a bannister, and he was taken to the psychiatric ward at St. Barnabas Hospital, not far from his home, in the Bronx. When I met him, in the spring of 2014, he appeared to be more stable.

Then, late last year, about two months after my story about him appeared, he stopped going to classes at Bronx Community College. During the week of Christmas, he was confined in the psych ward at Harlem Hospital. One day after his release, he was hospitalized again, this time back at St. Barnabas. When I visited him there on January 9th, he did not seem like himself. He was gaunt, restless, and deeply paranoid. He had recently thrown out his brand-new television, he explained, "because it was watching me."

After two weeks at St. Barnabas, Browder was released and sent back home. The next day, his lawyer, Paul V. Prestia, got a call from an official at Bronx Community College. An anonymous donor (who had likely read the *New Yorker* story) had offered to pay his tuition for the semester. This happy news prompted Browder to reënroll. For the next few months he seemed to thrive. He rode his bicycle back and forth to school every day, he no longer got panic attacks sitting in a classroom, and he earned better grades than he had the prior semester.

Ever since I'd met him, Browder had been telling me stories about having been abused by officers and inmates on Rikers. The stories were disturbing, but I did not fully appreciate what he had experienced until this past April when [I obtained surveillance footage](#) of an officer assaulting him and of a large group of inmates pummeling and kicking him. I sat next to Kalief while he watched these videos for the first time. Afterward, we discussed whether they should be published on *The New Yorker's* Web site. I told him that it was his decision. He said to put them online.

He was driven by the same motive that led him to talk to me for the first time, a year earlier. He wanted the public to know what he had gone through, so that nobody else would have to endure the same ordeals. His willingness to tell his story publicly—and his ability to recount it with great

insight—ultimately helped persuade [Mayor Bill de Blasio to try to reform](#) the city’s court system and end the sort of excessive delays that kept him in jail for so long.

Browder’s story also caught the attention of Rand Paul, who began talking about him on the campaign trail. Jay Z met with Browder after watching the videos. Rosie O’Donnell invited him on “The View” last year and recently had him over for dinner. Browder could be a very private person, and he told almost nobody about meeting O’Donnell or Jay Z. However, in a picture taken of him with Jay Z, who draped an arm around his shoulders, Browder looked euphoric.

Last Monday, Prestia, who had filed a lawsuit on Browder’s behalf against the city, noticed that Browder had put up a couple of odd posts on Facebook. When Prestia sent him a text message, asking what was going on, Browder insisted he was O.K. “Are you sure everything is cool?” Prestia wrote. Browder replied: “Yea I’m alright thanks man.” The two spoke on Wednesday, and Browder did seem fine. On Saturday afternoon, Prestia got a call from Browder’s mother: he had committed suicide.

That night, Prestia and I visited the family’s home in the Bronx. Fifteen relatives—aunts, uncles, cousins—sat crammed together in the front room with his parents and siblings. The mood was alternately depressed, angry, and confused. Two empty bottles of Browder’s antipsychotic drug sat on a table. Was it possible that taking the drug had caused him to commit suicide? Or could he have stopped taking it and become suicidal as a result?

His relatives recounted stories he’d told them about being starved and beaten by guards on Rikers. They spoke about his paranoia, about how he often suspected that the cops or some other authority figures were after him. His mother explained that the night before he told her, “Ma, I can’t take it anymore.” “Kalief, you’ve got a lot of people in your corner,” she told him.

One cousin recalled that when Browder first got home from jail, he would walk to G.E.D. prep class every day, almost an hour each way. Another cousin remembered seeing him seated by the kitchen each morning with his schoolwork spread out before him.

His parents showed me his bedroom on the second floor. Next to his bed was his MacBook Air. (Rosie O’Donnell had given it to him.) A bicycle stood by the closet. There were two holes near the door, which he had made with his fist some months earlier. Mustard-yellow sheets covered his bed. And, to the side of the room, atop a jumble of clothes, there were two mustard-yellow strips that he had evidently torn from his bedsheets.

As his father explained, he’d apparently decided that these torn strips of sheet were not strong enough. That afternoon, at about 12:15 P.M., he went into another bedroom, pulled out the air conditioner, and pushed himself out through the hole in the wall, feet first, with a cord wrapped around his neck. His mother was the only other person home at the time. After she heard a loud thumping noise, she went upstairs to investigate, but couldn’t figure out what had happened. It wasn’t until she went outside to the backyard and looked up that she realized that her youngest child had hanged himself.

That evening, in a room packed with family members, Prestia said, “This case is bigger than Michael Brown!” In that case, in which a police officer shot Brown, an unarmed teen-ager, in Ferguson, Missouri, Prestia recalled that there were conflicting stories about what happened. And the incident took, he said, “one minute in time.” In the case of Kalief Browder, he said, “When you go over the three years that he spent [in jail] and all the horrific details he endured, it’s unbelievable that this could happen to a teen-ager in New York City. He didn’t get tortured in some prison camp in another country. It was right here!

<http://www.newyorker.com/news/news-desk/kalief-browder-1993-2015>

2015-06-29 July 2015 Astro-Energy Report

by Sarah Varcas



Image: "Starfall" by Gary Rosenberg

Flexible Preparation By Sarah Varcas

The energy of the coming month is hard to pin down. Just when we feel we've 'got' what's needed and know how to proceed it will slip through our fingers and we'll be left wondering what just happened. Certainty is in short supply. If we want a clear cut, straightforward path ahead with big shiny signposts pointing 'THIS WAY' we'll most likely be disappointed. If, however, we are content to ride the ups and downs of emotion and enthusiasm, not seeking to plan ahead but instead trusting the ever changing flow to take us where necessary, July could deliver some interesting surprises. By its end we may well have come by the desired clarity, just not via the anticipated route!

Since the Sun left Taurus on 21st May there's been a dearth of available earth energy, leaving many people ungrounded. Emotions have been high and, despite moments of inspiration and excitement about present possibilities and future potential, getting plans into gear and taking action has been tough going for many. As a result we could begin July with a sense of dissatisfaction. Somehow we're just not as effective as we feel we should be. Focusing is tough and our minds and hearts too changeable to pin down. If that's you, don't worry! Whilst the coming month brings some more of the same, we are now approaching the end of this somewhat nebulous phase in favour of a shift into action and manifestation beginning in August.

Until then, however, the best advice is to expect nothing, embrace everything and never forget that all things change including change itself. When it's tough to pin things down and identify the next step we may feel we've missed something along the way, gone down the wrong path or are seeking in the wrong place. In fact none of this is currently true. We are simply in the middle of a shift that's taking a while to complete because our minds and hearts need to be more malleable to get us where we need to be. We couldn't just step from one phase into another without this interim time of dissolution, confusion, emotion and indecision, for it is in just such a space that aspects of our being not previously revealed can make themselves known. We may discover we're a lot more comfortable with the unknown than we ever used to be; or we suddenly come up with

a whole new plan that would never have crossed our minds had we implemented the one we had a few weeks back without further ado. Like [June](#), July is also a creative time in which we are the works of art as well as the artists. Just as Michelangelo saw the angel in the marble and simply carved away the non-angel bits to free it, life is currently chipping away a bit here, a bit there, to reveal something more authentically you and me, ready to implement new plans and manifest cherished outcomes in the months to come.

2nd July sees a Full Moon in Capricorn at 2:21 am GMT. Together with Venus's brief two weeks in the first degree of Virgo later this month, this is a dose of earthiness we can all use, so be sure to soak it up! That said, there exists an air of ambivalence about this Moon. We want to get on with things and make our mark but are acutely aware it's still not quite time to do so. In which case the energy of this Moon is best put to use grounding our hopes and aspirations, stating them clearly to ourselves and tentatively testing them against what is still a very changeable reality. It comes to something when even a Capricorn Moon isn't committed to action, but there you have it! Such is the nature of the current energy. We are still being shaped and moulded, like it or not, and we're not yet who we need to be to embark on the next phase. It's important to remember at this point that however we feel right now, we won't be feeling the same way in a couple of days, let alone a couple of weeks! So waste no time or energy identifying with the emotion of the moment. Simply allow life to do what it must, ourselves to feel as we do and take one minute at a time.

The day after the Full Moon, Pluto begins a succession of oppositions to first the Sun (3rd – 9th), then Mars (11th – 19th) then Mercury (14th – 17th), signalling the first of several stages which will shift us into fresh and focused activity come August. During this fortnight we can begin sorting the wheat from the chaff, even as the wheat seems to change shape from day to day and what looked like chaff yesterday may look decidedly appealing tomorrow. The truth now, is that anything could be the key to progress, absolutely anything! The most inconsequential event, the seemingly insignificant person on the periphery of our life, that train we caught because our usual one was cancelled; any apparently mundane moment may contain a profoundly fertile seed of the future. Pluto is poised to reveal some of the more significant tools, allies and possibilities at our disposal. So pay attention and remember: nothing comes into being fully formed, but instead requires nurturing attention to fulfil its potential. Pluto invites us to engage with the aspects of our present which hold future promise, but to do so with an open mind willing to be led for a while, rather than grabbing them with both hands, claiming them as our own and using them to batter down the door between us and our dreams. The latter approach will not work no matter how confident or courageous we feel. This is not a time for stubborn insistence but for willing pliability, allowing ourselves to be guided, shaped, led blindfolded by life one step after another, content with not really knowing where we're headed but confident we'll get there eventually.

From 11th to the end of the month there will be repeated opportunities to deal with those everyday niggles and challenges which use up time and energy we'd rather invest elsewhere. These are not huge life-changing struggles we're talking about (if you want some of those you'll have to wait!) but instead the low-key irritations of life that so often get in the way of contentment and effective action. Addressing them now is all part of the preparatory process, providing an opportunity to reclaim some of our time and attention from issues that occupy much more of them than necessary.

The fact is, oftentimes we have to toughen up if we want to progress the things that matter. It's

no good waiting until conditions are just right and everything's in place for our blossoming. Sometimes we simply have to do what we can do when we can do it. We need to remember this in August when action is needed and plans can be made, so now's a good time to scrutinize the conditions we place on the pursuit of our hopes and dreams. Fantasising about how we will live them in the future somewhere at some mystical time when everything magically falls into place is not an act of creation but of avoidance! The universe is not obliged to deliver to us the perfect life on a plate. Instead it invites us into the dance of creation which requires our commitment, effort and focused intention potentiated by the vital life force which courses through our veins and all around us. Whilst July is not the best time to forge plans in stone and act upon them, it's a great time for exploring as honestly as we can how we limit our options by demanding that circumstances be 'exactly so' before we commit.

Changing a life entails risk and uncertainty. We may have to live on the edge, perhaps for a long time. Money could be tight, our future uncertain. We may have to face all manner of trials and tests and stand firm against detractors and nay sayers. Few who have made big changes have avoided such challenges, for they are part of the process, not a sign that something's gone wrong. In the fire of transformation all manner of things are burnt off us. We can never fully know what the process will require until we're in it. But we can, in preparation, seek out those places where our demands for ease and instant satisfaction limit opportunity, recognising that change is often uncomfortable and the most uncomfortable is often the most creative and liberating in the long run. Attention focused, this month, on our self-imposed limits – the outer reaches of our comfort zone we hesitate to explore – will enable far more effective action in due course. Best we don't waste this opportunity by waiting for everything else to fall into place before we, ourselves, begin to play our part!

The New Moon in Cancer at 1:25 am GMT on 16th July emphasises the power of choice and the stultifying effect of avoiding it. We are encouraged to accept our personal sovereignty and not assume something else is in charge of our lives. Yes, all manner of forces and influences impact us every day, but to sacrifice our will to them rather than harnessing them to further our own progress is choosing to be a victim rather than a player. Living a vibrant life is a paradoxical experience of being both master of our own destiny and subject to an infinite universe in which that destiny is interwoven with that of all beings. We cannot act in isolation but instead must forge a path which honours our own needs alongside those of others and Mother Earth herself. How we go about doing this is a personal matter, but at the time of this New Moon we are invited to contemplate the power of making a conscious and determined choice, for in doing so the very heavens shift and move with us, offering guidance, feedback and insight in response, all of which will come in very handy next month.

On 18th July, Venus enters the first degree of Virgo for a brief visit until 31st, during which time she turns retrograde on 25th. Her presence in Virgo encourages a closer scrutiny of plans and ideas that are beginning to take more substantial form out of the past few changeable weeks. Whilst it is still not the best time for all out action, she encourages us to clear the decks of distractions to prepare for August. On 23rd July, Mercury and the Sun shift from the watery realm of Cancer into the fires of Leo, assisting with the drawing up of firmer plans if needed. If the fluctuations of motivation and emotion have been getting you down of late, you'll welcome this shift into something a bit more steady and uplifting. As the Sun moves through its own sign, we'll

begin to sense where we're heading by virtue of a steadier outlook and more enduring inspiration that doesn't change its focus every five minutes!

On 25th, Venus begins a retrograde passage which lasts until 6th September. Primarily through Leo, this period signifies a process of inner formation which will enable us to better satisfy our own needs in the final quarter of the year. Venus retrograde in Leo is self-sustaining and confident of her worth without a need for external affirmation. This is a useful strength for the coming months when we will be forging ahead with changes and plans that may, at times, meet with resistance from those around us. As Venus stations retrograde she emphasises the value of self-acceptance alongside the need for objective self-evaluation to identify where and how we can better fulfil our calling and potential.

On 26th July Uranus, bringer of sudden twists of what we call fate (but which is in fact our own nature reflected back to us), turns retrograde for five months. During this time it will rearrange our inner world: the belief structures, thoughts and feelings, behaviour patterns and perspectives that keep us trapped. Uranus reveals where we are limited by a particular self-image when there is so much more to be expressed. We can embrace its power to release some of our most cherished perspectives in favour of greater freedom to become what and who we truly are. Uranus, the 'Great Awakener', reminds us that the most profound awakening rouses us from the comfortable slumbers of believing we know who we are and what we need. Seeing through the limitations placed upon us by the outside world is one thing. Breaking open those we unwittingly place upon ourselves is quite another, for once inner bonds are broken we are truly free.

Which brings us to the final day of July 31st and its Full Moon in Aquarius. With Uranus turning retrograde, this Moon is of particular importance for those seeking to truly know themselves. It speaks of the responsibility that comes with freedom and the need for spiritual maturity alongside a willingness to challenge inner and outer restrictions. This Moon confronts us with the consequences of our beliefs about awakening and their impact upon our lives. If we have cocooned ourselves in a spiritual bubble or focused too intensely on the problems 'out there' at the expense of inner enquiry, this Moon bids us shift our attention. Spirituality is neither a means of escape nor a pedestal from which to judge others, but instead an aspect of the human experience available to each and every one of us. It requires deep commitment, searing honesty and a willingness to face the most challenging aspects of ourselves, other people and life itself in order to know the very nature of existence from the inside, with visceral immediacy, not as a comforting platitude or a mystical equation. We awaken to everything, not just the bits we choose, and this Full Moon illuminates the indiscriminate nature of the process which insists that we look the whole of life in the eye and know it as ourselves. The almost brutal honesty of this Moon may take some by surprise but an alliance between Uranus and Chiron assures us surprise is good! Sometimes being awoken abruptly is what we need to know what we must know. As July comes to an end we are preparing to take action and enter another cycle of manifestation. This Moon provides the long-awaited signpost for the path ahead.

<http://astro-awakenings.co.uk/july-2015-astro-energy-report>

2015-07-04 Ankh Crop Circle Reported In Hoeven, Holland – Ground / Air Photography

04/07/2015

By [owc105](#)

Date: July 4, 2015

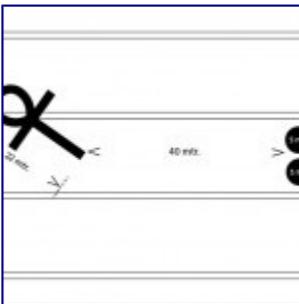
Location: Hoeven, Holland

Crop: Wheat

Found by: Robbert v/d Broeke <http://www.robberbvandenbroeke.nl/home>

Diagram: Roy Boschman,

Photos: Roy Boschman, Ronald Sikking (aerials)





After he returned from a lecture he gave on July 3 in Breda, overtook him at homecoming but a very uneasy feeling happy and he saw very clearly the Ank sign for themselves. He knew then that this symbol would appear in a cornfield. Just not exactly true. It was sweltering hot that night and he decided to become first anything to refresh. It must have been around 1:00 am when he suddenly had a premonition that he had to Palingstraat in Hoeven. In his mind, he was drawn to a field that previously had appeared in circles.

Not long after arriving Robbert along with Roy (who because Robberts 'unrest' was still with him remained) in the appropriate field. From the road was still nothing to see why she walked through the sprayer tracks the field. Robbert was guided by his feelings. First they were two circles in the field, but Robbert knew there had to be more. They walked through the sprayer tracks and after about 40 meters they were in a beautiful large Ank sign.

The next day, Roy went back to take pictures. Here he met the farmer; Fons Lauwerrijsen (see photos). A very friendly farmer who loved his country open to the public. He has placed a money box, so let's reward his hospitality.

UPDATES PENDING:

-See more here <http://www.robbertvandenbroeke.nl/home>

Cochin Jews

From Wikipedia, the free encyclopedia

Cochin Jews



Total population

7,000-8000 (estimated)

Regions with significant populations

 [Israel](#) 7,000-8000 (estimated)[1]

 [India](#) 100+[2]

Languages

Traditionally, [Judeo-Malayalam](#), now mostly [Hebrew](#) in Israel

Religion

[Judaism](#)

Related ethnic groups

[Paradesi Jews](#)

[Knanaya](#)

[Sephardic Jews in India](#)

[Bene Israel](#)

[Baghdadi Jews](#)

Cochin Jews, also called **Malabar Jews**, are of [Mizrachi](#) and Sephardi heritage. They are the oldest group of [Jews in India](#), with possible roots claimed to date to the time of [King Solomon](#).^[3]^[4] The Cochin Jews settled in the [Kingdom of Cochin](#) in [South India](#),^[5] now part of the state of [Kerala](#).^[6]^[7] As early as the 12th century, mention is made of the Black Jews in southern India. The Jewish traveler, [Benjamin of Tudela](#), speaking of [Kollam](#) (Quilon) on the Malabar Coast, writes in his *Itinerary*: "...throughout the island, including all the towns thereof, live several thousand Israelites. The inhabitants are all black, and the Jews also. The latter are good and benevolent. They know the law of Moses and the prophets, and to a small extent the Talmud and Halacha."^[8] These people later became known as the Malabari Jews. They built synagogues in [Kerala](#) beginning in the 12th and 13th centuries.^[9]^[10] They are known to have developed [Judeo-Malayalam](#), a dialect of [Malayalam](#) language.

Following expulsion from [Iberia](#) in 1492 by the [Alhambra Decree](#), a few families of [Sephardic Jews](#)

eventually made their way to Cochin in the 16th century. They became known as [Paradesi Jews](#) (or Foreign Jews). The European Jews maintained some trade connections to Europe, and their language skills were useful. Although the Sephardim spoke [Ladino](#) (i.e. Spanish or Judeo-Spanish), in India they learned Judeo-Malayalam from the Malabar Jews.[\[11\]](#) The two communities retained their ethnic and cultural distinctions.[\[12\]](#) In the late 19th century, a few Arab Jews, who became known as [Baghdadi](#), also immigrated to southern India, and joined the Paradesi community.

After India gained its independence in 1947 and Israel was established as a nation, most Cochin Jews emigrated from Kerala to Israel in the mid-1950s. Most White Jews though preferred to migrate to Australia and other Commonwealth countries, as Anglo-Indians did.[\[13\]](#) Most of their synagogues have been sold and adapted for other uses. The [Paradesi synagogue](#) still has a congregation and also attracts tourists as a historic site. The synagogue at Chennamangalam was reconstructed in 2006.[\[14\]](#) The one at Parur is currently being reconstructed.[\[15\]\[16\]](#)

Descendants of Cochin Jews have had their DNA analyzed. A 2009 DNA report states that "Ethiopian Jews (Beta Israel) and Indian Jews (Bene Israel and Cochini) cluster with neighbouring autochthonous populations in Ethiopia and western India, respectively, despite a clear paternal link between the Bene Israel and the Levant."[\[17\]](#)

Contents

- [1 History](#)
 - [1.1 First Jews in South India](#)
 - [1.2 A Jewish Traveler's Visit to Cochin](#)
 - [1.3 1660 to Independence](#)
 - [1.4 Relations Between the Cochin Jews and the Bene-Israel](#)
- [2 Since 1947](#)
- [3 Traditions and way of life](#)
- [4 See also](#)
- [5 Notes](#)
- [6 References](#)
- [7 Further reading](#)
- [8 External links](#)

https://en.wikipedia.org/wiki/Cochin_Jews

THERE IS A LOT MORE IN THE ARTICLE

Also, be sure and check out 2013 Rainbow Roundtable; there is more information on these people.

2015-05-23 [Glenn Greenwald on Henry A. Wallace National Security Forum](#)

*GUEST: **Glenn Greenwald**, author of *No Place to Hide: Edward Snowden, the NSA and the US Surveillance State*, and founding editor of the new media outlet, *The Intercept*.*

The issue of "National Security" is constantly invoked by politicians and the media as justifications for war and surveillance. Since the September 11th attacks, the US has launched endless wars that have ironically made us less safe and built an unprecedented network of intrusive surveillance. Today, as part 1 of a series of interviews by Uprising host Sonali Kolhatkar with a number of experts, journalists, authors, and academics, we'll explore what the US's national security policies have really amounted to. The interviews were produced by the Brave New Films, headed by the acclaimed film maker Robert Greenwald, and are called The Henry A. Wallace National Security Forum.

Henry A. Wallace was the 33rd Vice-President of the United States and served under Franklin D. Roosevelt during WW II. He ran for the presidency on the Progressive Party ticket in 1948 and was an agriculturalist, economist, author and businessman. Mr. Wallace was known as the champion of the "common man" in the struggle against the moneyed elites for control of government and the planet's resources. On today's episode of the Henry A. Wallace National Security Forum, we present Sonali's interview with Glenn Greenwald.

- See more at: <http://uprisingradio.org/home/2015/06/23/glenn-greenwald-on-henry-a-wallace-national-security-forum/#sthash.ixZAkq2p.dpuf>

2015-06-25 [Linda Bilmes on Henry A. Wallace National Security Forum](#)

- [Listen to this segment](#)

*GUEST: **Linda Bilmes**, is a Lecturer at Harvard University focusing on public policy, budgeting and public finance*

The issue of "National Security" is constantly invoked by politicians and the media as justifications for war and surveillance. Since the September 11th attacks, the US has launched endless wars that have ironically made us less safe and built an unprecedented network of intrusive surveillance. Today, as part of an on-going series of interviews I did with a number of experts, journalists, authors, and academics, we'll explore what the US's national security policies have really amounted to. The interviews were produced by Brave New Films, headed by the acclaimed film maker Robert Greenwald, and are called The Henry A. Wallace National Security Forum.

<http://uprisingradio.org/home/2015/06/25/linda-bilmes-on-henry-a-wallace-national-security-forum/>