

City of Alexandria, Virginia

Department of Community and Human Services: Behavioral Health & Faith Communities

Fairlington UMC

Sunday, September 15, 2013



Whom We Serve



The Department of Community & Human Services (DCHS) supports Alexandria residents of all ages, in all walks of life.



Vision & Mission



The Department of Community and Human Services envisions a community in which residents enjoy a sense of well-being, safety and self-sufficiency.

The Department of Community and Human Services provides effective and essential safety net services that measurably improve or maintain the quality of life for Alexandrians.

Values & Guiding Principles



- **Equal Access**
- **Dignity and Respect**
- **Cultural Competency**
- **Ethics and Accountability**
- **Collaboration**
- **Competency**
- **Integrity**
- **Continuous Improvement**

DCHS Programs



- **Center for Children and Families**
- **Center for Adult Services**
- **Center for Economic Support**
 - **Public Benefits**
 - **Community Services**
 - **Employment and Training**

Behavioral Health: Who We Serve



- Residents of the City of Alexandria
- Priority given to:
 - People most at risk or in crisis
 - Certain priority populations
 - People without access to other behavioral health services
- We accept Medicaid and other insurances
- Sliding fee scale – no one turned away because of inability to pay

Center for Children & Families



- **Early Childhood**
- **Youth Development**
- **Child Behavioral Health**
- **Domestic Violence/Sexual Assault**
- **Child Welfare/Family Treatment**
- **Child Welfare/Child Protective Services**
- **Comprehensive Services Act (CSA)**
- **Support for Children, Youth & Family Collaborative Commission**



Center for Adult Services



- Residential Services
- Intake & Outpatient Services
- Day Support & Vocational
- Detoxification
- Jail Services
- Case Management & Discharge Planning
- Emergency Services
- Medication Services
- Adult Protective Services
- Opioid Replacement
- Adult Services & Aging Services
- Support for Commission on Aging



Service Facilities



- **Group Homes & Supervised Apts.**
- **Safe Haven for Homeless Persons**
- **Schools and Preschools**
- **Shelters**
- **Teen Wellness Center**
- **Recreation Centers**
- **Jail and Juvenile Detention Center**
- **Offices:**
 - **2355 Mill Road**
 - **720 North Saint Asaph Street**
 - **4480 King Street**
 - **1900 North Beauregard**
 - **2525 Mount Vernon Avenue**



Men's SA Recovery Home

How to Access Services



- **DCHS Customer Call Center: 703.746.5700**
- **Adult Intake for Mental Health, Intellectual Disability and Substance Abuse Services: 703.746.3535**
- **Youth Intake for Mental Health, Intellectual Disability and Substance Abuse Services: 571.213.7963**

In Crisis? 24/7 Numbers



- **Emergency Mental Health Services:
703.746.3401**
- **Adult Detox and Substance Abuse Services:
703.746.3636**
- **Sexual Assault Services: 703.683.7273**
- **Domestic Violence Services: 703.746.4911**
- **Child Protective Services: 703.746.5800**
- **Adult Protective Services: 703.746.5778**

STIGMA



- **Mental illness affects 1 in 4 or nearly 60 million Americans every year**
- **According to results from the 10/11 Alexandria Youth Risk Behavior Survey:**
 - **19% of middle school students and 11.7% of high school students reported having seriously considered suicide**
 - **30% of high school students report using alcohol and 21% report using marijuana**
- **Addiction and mental illness are brain diseases – not signs of weakness**
- **People with mental illness and/or substance use disorders live productive lives**
- **Treatment works!**

How Faith Communities Can Help



- **Preach and teach about mental health and substance abuse and its impact**
- **Send the message that you support people with brain diseases the same as other medical problems**
- **Start a ministry dedicated to anti-stigma**
- **Ensure information is available in a variety of formats**
- **Host community events**
- **Sponsor a Mental Health First Aid Class**
- **Support CASA Family Day – A Day to Eat Dinner with Your Family: Monday, 9/23**
- **Sponsor groups and classes or offer space for groups to meet at church facilities**

Substance Abuse Prevention: Why Faith Communities



Faith leaders are trusted partners in local communities. You have a unique ability to reach people, especially the most vulnerable, with the tools and information they need to get healthy, stay well, and thrive.

- Kathleen Sebelius, Secretary Health and Human Services

Underage drinking is a public health problem that is best addressed through the combined efforts of all sectors of a community. Faith-based institutions have a unique role in the community to help guide youth away from alcohol use: According to the National Household Survey on Drug Use and Health, youth with strong religious beliefs are less likely to use alcohol as well as marijuana and tobacco.

- Interagency Coordinating Committee on the Prevention of Underage Drinking

Together We Achieve More: Join a Coalition



- Anti-Stigma Committee of the Partnership for a Healthier Alexandria, www.healthieralexandria.org
- Friends of the Alexandria Mental Health Center: www.alexandriava.gov/DCHS (under boards and committees)
- Substance Abuse Prevention Coalition of Alexandria, www.healthieralexandria.org
- Alexandria Campaign on Adolescent Pregnancy, www.keepit360.org





National Recovery Month
Prevention • Rehabilitation • Treatment • Aftercare • Peer Support
september 2013

Join the voices for recovery

together

on pathways to wellness

Addiction Recovery Month Community Celebration

September 25, 4-7 p.m., Lee Center, 1108 Jefferson Street

Admission is FREE!

Come with family & friends for:

- Keynote speaker State Senator George Barker
- Live Music • Moon Bounce • Door Prizes
- Barbeque • Popcorn • Snow Cones • Talent Show
- Information about prevention, recovery, supporting someone in recovery or helping someone enter recovery.

For more information, contact James Green at 703.746.5919 or james.green@alexandriavirginia.gov. The City of Alexandria is committed to compliance with the Americans with Disabilities Act, as amended. To request a reasonable accommodation, e-mail Maurice Tomadio at maurice.tomadio@alexandriavirginia.gov or call 571.384.5244.



Department of Community & Human Services
Department of Parks & Recreation



SAARA
of Virginia

SPREAD THE WORD!

JOIN US!

Additional Resources



- Alcohol Anonymous: www.aa.org
- Narcotics Anonymous: www.na.org
- Alanon Family Groups: www.al-anon.alateen.org
- Overeaters Anonymous: www.oanova.org
- The Partnership at Drugfree.org: www.drugfree.org
- Community Anti-Drug Communities of America: www.cadca.org
- Mental Health Ministries: www.mentalhealthministries.net
- National Alliance on Mental Illness: www.nami.org
- CASA Family Day: www.casafamilyday.org/familyday

Additional Resources



Suggested resource information for Physical or Intellectual Disabilities:

- Disability Service Agencies: www.vadsa.org
- United Methodist Committee on Disability Ministries: www.umdisministries.org
- Faith Inclusion Network: www.faithinclusionnetwork.org



Thank you!



Thank you for your interest in creating conversations around mental health and substance abuse. It takes all sectors of the community working together to have an impact.

Questions? Contact:

- Tricia Bassing, Chief of Child Behavioral Health and Youth Development, tricia.bassing@alexandriava.gov or 703.746.3473
- Susan Tatum, Assistant Director of Clinical and Emergency Services, susan.tatum@alexandriava.gov or 703.746.3648

