

BABAJI

MANTRAS, CHANTS, MEDITATIONS,
MESSAGES

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WHO IS BABAJI?

Babaji Nagaraj is Mahavatar, Supreme Paramahansa, Incarnation of Brahma, Vishnu, Shiva, Root-Guru of Adi Shankara and all the contemporary Shankaracharya Guru Lineages, Root-Guru of Kriya Yogis Lahiri Mahasaya, Sri Yukteswar, Paramahansa Yogananda, Neem Karoli Baba and countless others. We dedicate the knowledge and service of this book to our holy Paramguru Maharaj Babaji.

ABOUT THE BOOK

Babaji's series of sacred mantras are in the Intergalactic and Early Lemurian languages with English translation; there is a CD available of these Babaji mantras.

Babaji's Meditations and Messages are practical, inspirational, devotional and oriented towards Self-Awareness and personal evolution. They also will clarify consciously the true spiritual nature for each soul and allow them to co-create happiness, truth, integrity and loving relationships with All That Is and with all brothers and sisters of every species.

BABAJI'S DEDICATION FOR THE READER

This book of Sacred Mantras, Meditations and Messages is dedicated to all those who at this time of the Dwapara Yuga cycle are liberating their hearts, minds, words and healing deeds towards regenerating the most ancient of all theories and techniques regarding universal, human and earthly healing. It is dedicated also to those who are integrating this knowledge and these techniques with advanced, futuristic science concerning human nature, the Four Bodies, Universal Spirit, the Sacred Heart and the Unity of all Beings within the Divine, Compassionate Love of All That Is. At this time, may the countless billions of creatures living on planet Earth be blessed with full conscious health, love and unity within their spirits, minds, souls and physical bodies.

Soham. And So It Is and Infinitely Evermore Shall Be.

INTRODUCTION

With deep and fervent prayers for all the souls of the Earth at this crucial time who are pivoting between the light and darkness, teetering this way and that, I send forth My Legions of Light to all

souls on the planet Earth especially the Humans so that they may awaken out of their ignorance and find the Krishna-Christ Consciousness. Abandon your ignorance and fears, and overcome jealousy, hatred and envy. Appeal to your own higher nature, and open the doors of your Sacred Heart which have been closed for so many millions of years. Enlighten your minds with clean, good, high and pure thoughts and stretch your imaginations towards the One Light of the Universe, so that they may absorb the goodness, purity and heart love of the One High Love Oversoul. I also have tears in my eyes and heart as I look down from this celestial place upon all my brothers and sisters of the Earth, from whom I have so recently departed in the physical. My sadness is great, for those among My followers as well as those that call themselves Christian, for there is great inner deceit and untruthfulness and a need to willingly open up to all that is not of the Light inside.

Cease living superficial lives within institutional religion which bears no fruit, carries no weight of love and compassion, heals no wounds in yourself and others, brings no true knowledge through mouths or minds and most of all does not connect to the Christ. So it is with sadness and tears in My heart that I say to those who have the name Christian attached to their life, they would do better to shed their skin and strip it off themselves and go deep inside to the thorny place of the Fiery Red Rose and find there the true presence of The Master, Jesus, the Christ who brought Krishna to the West and the Middle East.

So it is My heartfelt prayer here for you that you become the true Christ essence through your Sacred Heart connection, your Christ Consciousness, as well as all the Spiritual Masters. That through the coming days, weeks, months, years and lifetimes on this planet and elsewhere, you shall redeem what has been lost, heal what has been killed and ignored, soothe what has been wounded in the hearts and minds of many millions. Co-create your own Illuminated Love-Light Body; resurrect yourself into highest purity and eternal infinite existence of the Christ within you; and bring to the whole world peace, true brotherhood and sisterhood, a true planetary Christ Consciousness. Co-create and regenerate the beauty of nature, trees, plants, minerals, waters, air, earth, rocks; a redemption of the bad karmic history of the Earth; a rejuvenated new vision of Gaia, one that encompasses peace, creativity, harmony, music and sharing. So with all my deepest heartfelt blessings, wishes and more love than you can yet imagine, I give this now as a gift energetically to you, My higher initiation into the Yogananda Oversoul who is One now and evermore within the creativity of the Christed Sananda Oversoul.

I richly bless you for your chosen path, integrity and sense of releasing all earthly attachments for the sake of this path. There will always be Light, Blessings, much humour and laughter along with all the generous gifts that shall come your way - gifts of spirit, matter and pure Celestial Love. Walk in peace, rest in meditation, always in meditation. While the physical body sleeps, hurry home with your soul to the Sananda Oversoul and spend each and every night from here on in till the end of this life and beyond with Us, All the Spiritual Masters in Central Universal Source. Through the command of Love, you do become central to your own life and here in the center of the Greatest Light in the Metagalactic Central Sun, spend all your time with your soul, being with Us co-creating, regenerating, healing and growing in deepest love and wisdom.

WHO AM I?

Babaji's statement to Yogi S.A.A. Ramaiah

(quoted from Marshall Govindan's website www.babaji.ca)

"I AM EXISTENCE-KNOWLEDGE-TRUTH".

I am That by My very nature. I cannot be anything else but that as I Am That Alone without a beginning and an end. It is My real innate nature. I Am the Absolute and Supreme Self, both within and without the finitude. I am Truth, Eternal and Everlasting. I Am the only One, All in Myself: None exists save I in and through all that exists. I am ever All-Existence itself, I am the changeless One in the midst of all changes. I Am the Formless in all forms. Change is linked up with form and form is labeled with change, but I Am beyond the two. I Am not susceptible to all the ills of the flesh that exist crawling under the feet of form and change. I Am the monistic unity here, there, and everywhere and at all times, nay, for all times. Where is happiness except in perfect realization of the One without a second? I feel I am all happiness itself. All Bliss I am. All joy I am. It is only My Bliss that is being felt and enjoyed by everyone in a dimmer or brighter

magnitude, consciously or unconsciously. All Bliss is Infinity and Infinity alone is all Bliss. I am, indeed Brahman, the basic principle, from which the whole universe seems to have come. I am the same in each and everything. I Am all peace and all calm within myself. I am of the nature of Being, Brightness and Bliss Absolute. There is not even an iota of doubt about this. This is My Eternal Truth. I Am the One monistic Permanent Entity in the whole world which is made up of broken fragments of delusion, of fickle and fleeting modifications and of the glitter of fool's gold. I seek Myself in the very heart of delusion undeluded. I am ever steady and steadfast in all its tumblings and stumblings. I am always firm in all its fleetings. I Am the One Eternal Truth in all falsehood. I am the pure Bliss of Perfect Freedom. I am the simple life of Eternity. I Am the One Light of everlasting Truth. I am the virgin love of Immortality. I Am the essence of all-pervading Infinity. I am the sole breath of all nature. I Am Truth, Freedom, Life, Light and Love. I Am Eternity, Immortality, and Infinity. I am One without a Second, the One All and the All in All. I am the Supreme wisdom unconcerned with all the trade that Jiva carries on with the Jagath. I am the subtlest of the subtle, an embodiment of indivisibility Itself. Eternal Knower am I of the triplet, namely subject, object and their relation and also I Am their fundamental background on which they express themselves on the relative plane and dissolve themselves in the absolute plane. I shine in the sun and the moon and the stars and the whole Universe. I Am the sun of suns, shining in the sun up above. I am the crystal light in the sun and the virgin purity in the moon. I am the twinkling spark in the star and the sustaining principle in the Universe. I shine, the sun shines. The sun warmly whispers unto Me of My eternal Presence in it. I Am really all Myself in everything—the sun, the moon, the stars and the whole cosmos. I am Atman without a form, incapable of division and of everlasting Bliss. I Am ever immaculate. I Am the all pervading One, unlimited by time, unbounded by space, pure and holy by My own nature. I am infinite and an abode of immortal knowledge and perfect Freedom. I Am the Absolute, the Eternal Bliss, pervading everywhere within and without. I Am the only One, pure unchangeable and uniform essence or entity, birthless and deathless. I Am the everlasting principle of dynamic existence beyond the reach of imagination, destitute of all duality and unity. I am neither inaccessible nor accessible to knowledge, neither bound nor free and neither a doer nor an enjoyer. I am the One and the All and I Am ever All-Myself. None else exists. I am He, the monistic uncontradictable, attributeless Bliss. I Am beyond concentration, meditation, Yoga, and all other practices. I Am indivisible and of the nature of the self-resplendent consciousness. I am the consciousness of the Reality, which does not admit to differentiation. I alone am all-inclusive, constitute the ultimate goal and self consciousness, pure and simple. I am absolutely non-dual in My Nature. I Am, indeed, Brahman, without difference, without change and of the nature of Reality, Knowledge and Bliss. I Am the Living ocean of Ecstasy that rages wild and surges and storms and levels down the earth and heavens. I send such continuous wave after wave of inarticulate Ecstasy into the world, drowning deep and scattering all its thoughts and cares. I beat in every breast, see in every eye, throb in every pulse, smile in every flower, shine in the lightning and roar in the thunder. I flutter in the leaves, I hiss in the winds, and I roll in the surging seas. I Am the Wisdom of the wise, the Strength of the strong, and the Heroism of the heroic. I Am the very life of Infinity, both within and without. I Am the One in All and the All in One. I Am the Impersonal Personality of the whole universe. What can make Me afraid? I care not for nature's laws. DEATH IS A JOKE TO ME AND I AM THE DEATH OF DEATH. I Am the Infinite, the Eternal, and the Immortal Self. Me no fire can burn, no water dissolve, no air dry, and no sword pierce. I am that Supreme Self before whose magnitude the suns and moons and all their systems appear as insignificant specks in the ocean and before whose glory space melts away into nothingness, time vanishes into non-

existence, and causation dwindles into emptiness. Ranging beyond names and forms, passing free into woods and forests, mountains and rivers, into day and night, clouds and stars, passing free into men and women, animals and angels, as the self of each and all, am I. Truth flows from Me just as Light radiates from the sun and fragrance emanates from a flower. Sometimes it rushes and envelops all, rumbling and thundering, shaking and waking the world into the true import of Light. I fill and thrill the whold world with this one truth of Freedom, My Godhead. I Am the transcendental Bliss, the Absolute intelligence, the Supreme Synthesis of Consciousness that shines in the shrine of every heart. I Am the divine inner harmony of the universe in the unruffled stillness of the soul. I Am the one music of all life in the deepest depths. I Am the immutable and indescribable Atman, the dynamic principle of Existence and the infinite ocean of everlasting Glee. In my presence all hells and heavens are effaced into shadowy nothingness and the whole universe is a mere bubble ever ready to burst."

SHIVA

PURUSHOTTAMA: THE UTTERMOST BEING

Also, I am seated in the heart of all beings; and from Me come memory and knowledge, as well as their loss. Verily I am That which is to be known through the Vedas; indeed, I am the Ved-Knower and the Author of the Vedanta.

Not only is God the Life, mind, senses, soul, and ego in man-as declared in the foregoing stanzas-He is also the power of feeling in the heart, which determines the way human beings react to their contact with the objects of the senses. He empowers memory by which perceptions and cognitions are gathered and held, and thence connected with one another in the accumulation of knowledge. He is also the maya, the deluding cosmic hypnosis, that distorts the divine potentials of pure feeling, memory, and understanding, causing their "loss" in soul-humiliating emotional likes and dislikes, misconception and ignorance.

FOREWORD TO THE BABAJI BOOK

These Mantras were co-created with Babaji and the three authors for practical use in our Toronto psychotherapy clinic between 1998 and 2001. Here individuals take command of their lives by remembering how to heal themselves.

The many spiritual processes in use with clients for over thirty years include: Kundalini Kriya Yoga Breathwork (incorporating Rebirthing and Advanced Deep Tissue Breathwork), Meditation, Visualization, uniting energetically with all the Spiritual Masters, karmic clearing, emotional release, Sacred Heart opening, NLP, Dreamwork, Life Line Process, Diet, Nutrition, Exercise and Fasting. Other experiences involve Traditional Native Sweat Lodges and Vision Quests, as well as ~The Soul Initiative~ Coach/Facilitator Training Program.

Clients find that the inner sounding of Babaji's mantras, either read silently or while listening to the CD, manifest profound energetic healings. This is the case even for those with chronic and severe health concerns.

The Babaji Mantras have the effect of energetically clearing, healing and expanding each of the Four Bodies. Individuals also feel that over time, their Four Bodies become increasingly integrated within the Source Awareness of their Sacred Heart.

Babaji's Meditations and Messages were co-created by the authors with Babaji through the latter half of 2000. These are for use in many of the Healing Workshops offered at our clinic, including Karmic-Emotional Clearing, Kundalini Kriya Yoga, Uniting with All the Spiritual Masters and the three Emotional Release-Clearing Intensives on Anger, Rage, Shame; Sadness, Grief, Loneliness; and Fear and Terror.

May Babaji's Mantras, Meditations and Messages inspire your remembrance of the Love You Are as a Source Being!!!!

Introduction and Explanation of the Babaji Mantras

These mantras exist within a High Energy Vibrational Language that was created from Source. They are the attributes of Source as the essence of All Creation. It is stated in the Hindu holy texts, particularly the Vedas and the Upanishads that All Creation started with sound, most auspiciously the sound "AUM_", four sounds encompassing the process of creating, sustaining, completing and silence.

Babaji refers to the language brought through from Source as "Intergalactic Language". This is a Truly Universal Language that can be understood by all beings throughout the Galaxies.

Speaking these mantras in the Original Language will activate your Source connection and the Infinity of Love Expressions within Your Sacred Heart. This will open your Highest Awareness to
U n i t y w i t h t h e A l l T h a t I s .

Speaking these mantras in English will bring the High Healing Vibrations from Source through your Four Bodies: Etheric-spiritual, Causal-mental, Astral-emotional and Physical-biological. You may experience great clearing, vitality, healing and God-Consciousness. With this High Source Contact Language, you co-create positive energies, goodness, balance, harmony and joy.

Mantras are most powerful when energetically spoken silently within your Sacred Heart.

Babaji explicitly hopes that each person who picks up this book shall receive the deepest, most profound blessings of their life. We pray together that the Great, Clear Light shall impulse each of your Four Bodies, 84 Chakras, Meridians, Marma Points and Source Awareness.

THE LIGHT, THE LIGHT, THE LIGHT IS EVERYTHING!!!!

The Babaji Mantras and Chants are available on CD from the authors.

BABAJI MANTRAS

AUM KI TI'A MAU SHRI SI'A TAU
MATI'NA HI'A KAU'TA NEE SHRI

Like the goodness in the mind of the Creator in the beginning
when She/He created the Universes, so I AM creating only goodness everywhere.

AUSH SHRI KE NA TI'WA OS MA'LACHI
SI NE TA KINE'TA SOO NA'MI SHRI.

As life proceeds through countless eons in the Universes,
I AM returning to the Original Light Source of All.

AUM SHRI KI'YA NE TA HO'LONEE
AUSH'PEN FRO KA TRI'YA POTUN'

HO'KA KE FRA'TA SHRI AUM.

The celestial joy and radiance of the All and Everything permeates every thought and feeling of mine and liberates my Essence into Boundless Purity of Joy and Everlasting Love.

AUKEN STI FRO BEN HOCKITON
SHRAPE KOPPEVO HIGA MAUTISO.

Whenever you feel the warmth of the Spirit,
True Life Abundance is yours Forever in the Flow.

AUM TOO'TA SALAMAN'KA VI'GOD RA'PANOI'
SINTOMA'KI REN'TONOI' INTVEXMANTST
ROPROBE'GUM INVERSIN'GOM EXPROBOSK'
SEN TRI'BANOI' XR VAS'COM SXR'KIN TOBRIN'.

As with all things in the Universes,
True Joy can only come from Deep Self-Realization;
Awareness and Love of the Other
can only come from Deep reflective Self-Love.
And the Essence of All Living
comes when one lets go of one's life, needs, goals, and path.

AUK SHRI AS'TEM WO BE'AMOT
ISTENO'WEN FRO KRATAPE'MA
ISTEFRAKG'TEN SHRO FA'MAKEEK
SIMBOTE'MA WO WE'VAMOWK
SE'REKAFRAU'WEN TE KA'BAMOST.

Since the Beginning of Everything in the Universes
commenced with the Creative Thought AND Breath of Brahma,
Henceforward Everywhere, All is but Thought and Breath.
As you Think in Deepest Thoughts and Simultaneously Breathe,
So Shall It Be Forever--SOHAM--unless you Uncreate it.
May You Think and Breathe Only What Pleases Brahma;

Then You Shall Gloriously Be Welcomed Home Forever,
In Deepest Love.

E'SOK KA PU'TIM NE RAH'SHOK KO
PE'TIM RO FEE KO NA TASE'WA

Until the unfoldment of a Deep Source Light in an individual
No True Glory to the Self, the One, can be offered.

SHRI AUM KA TI'WA NE HO'LONEE
FRA'TAKA REPARTOOM' CA'NAWAZ
KOKOPEL'LI FA'MABLOOS KRAY'MA
VESTIM' FO'KA TREMENS' CO'MALA.

The Celestial Pure Light and Love of the All and Everything
Fills my Thoughts, Feelings and Void/Spaces between my atoms.
This Divine Experience expands my Awareness into All the Universes,
Connecting me to the Heart of the Brethren of All the Universes.
I attain My Permanent Immortal Illuminated Love-Light Body and
Thereby join as One with the Boundless Throngs of Created Beings
In the Heavens Singing Ongoing Glorious Praises to
The Source of All That Is. I AM THAT.

AUM HA'RI KA PE'MA NE SHRO
KATEMA'WO FRO MA BE'NA DONE'TO
KABEMOWETZ' FRO SEES'TAMO WOVEKA'ME
SE'MARO FA'BIKAPE'TUN SAVANO'RA
KEMA'PA TA'NEDORENOI' SAVE'TOR AUM.

As the sun sets every night on the Planet Earth,
So likewise do all person's thoughts go down into the dark soul depths.
There they ride the Snake of Darkness
Until they reach the edges of fear
Created long ago in their Minds.
And so transform into the Snake-Eagle-Phoenix

And are Born anew Each Day in the Celestial Knowledge
Of the Great Central Sun.

IS'TEA WA'BAMOWK KE'REKA TO'BENESE
FRO KA'RATEN PRO'MABOWK KE'MALA
FRA'PANOI' SEN'GEREST PRAMO'RAVEEL
GEREN'GESIMPLOM' FRA'TER VASCOM'

All created Beings delight in the Source Light.
Honour, respect and unity with the Source heal and enlarge the Individual Soul.
All Glory to the Celestial Gurus and their Fiery Eating Up of the inherent darkness and ignorance
in their chelas-devotees.
The Gurus allow us to become One with the Original Source Brotherhood
Great Central Sun Magnet of Uncreated Light and Ever-Expanding True Heart Love.

SEREKAFRAU'WEN KE TA'BAMOST
FRO'BEN KRATAPE'MA HO'MAKE'RALANG
VISTEMA'KORAN KRA'MAKOI RO'PENEE
SKRATEMAN'ITO GENSERFOAM'ANOI

Whatever you think in all levels of mind will determine all the various energies
You draw into your Systems and Bodies.
The Darkness in your Unknown Mind still draws darkness to you.
Therefore Go Into All The Darkneses of your Minds and Release and Transform it All
Into its Inherent Light, Colour, Sound and Love.
Then only will you be blessed with Internal Peace, Happiness and Ever-Expanding Stability.

ES'TAKOK RI MA'NITO SA'WAGOWK
SHRI SE'MAPOI SEN'TONOI FRO'BEN
KRAMACO'WENEY SCA'MATOI.

Loving the Living Creative God Source of All and Everything Above All Else
Allows one to touch the deepest God-Heart of All Creatures and
Unconditionally Lovingly become Friends.

AUM KRIYA MOKSHA GANESHA
GAYATRI SURYABAND AUM KRIYA

May the EverLiving, EverFlowing Life Energies of Liberation and Freedom
Flow from You, Treasured Universe House of Wealth, Health, Wisdom and
All Goodness!

AUM KRIYA HAKESHIMA FORENO
PIKA TOMA RENTENOI

May the strongest love of the Heart of God flow into your mind, veins and body,
giving you the fullest experience of what living in Highest Love can be in each moment.

ASTA NOWEN FABIGEEK KRIYA MOSTAMOST
KABALATRIYUM LIBIDOCENT SEEGAMO

All that is necessary is the healing of love for one Self,
thereby creating the ultimate flow of Divine Love and Light Force
through all aspects of one's mind, soul, emotions and bodies.

SAMAGEEK KARAKAKRIYAMOWK ISTENOWEN
HAPSOMAPAGRO FOAMANO

The Divine Love is always seeking everywhere in the Universe
to reveal itself as purity and truth, in order to heal all.

BESKAROMA TANTANOI FEMABANOWA INAMAKARAP
KAMAROW INAMA FOBENATA

Where in the cosmos can you find the beauty and peace of the all-encompassing Creator of your
own being, except in the profound depths of your own heart?

JEMAKAROMA SI BENATO BUDDHIJI
HAPANOST FOAMAKREEK SOTI AUM

There is only one great soul in all the parallel universes
and we are all part of that one Great Soul of Heart Love.

HABANOI FEBAKRAMATOI SEMESAMARPEBON
FORAMENMEGEBSTER SAMAVERA RETOIMACHST
SHROBENOI FEMABORASAMATOBEN

Forever the Luminous Light Forages for the Darkness in all Minds and Hearts
of all Creatures Everywhere in the Universes, Opening and Expanding them
to the ABSOLUTE Beauty and Incandescent Incomparable Divine Love that Creates, Permeates
and Sustains and Rebirths All and Everything That Is.
Are you experiencing this fully now and forever?

FAMAGEEK SOTONOTABENOI RAMAKAMPATANO
FROMAWROGITROPE SEELIKOMAPA SRI
SAMACOPENOI SINEMEE SAMATO

Forever in the unfolding universe of Love are absolute truth and answers.
These are only to be discovered and known when all other mental and
perceptual illusions are destroyed completely.
Until then what you take for "truth" and "clarity" are only
your own made-up illusions for it. Do not trust these.
Find the absolute that is changeless and everchanging.

EKSTA EEK VABAGONGIMSTOP, RETREE NOWEN
SIMAKEEK ISTE FRAG RAMOKOWK FLAMABROWENOWS
ROUNDASTRANG VRO FLEEMAPOWD

The unimpeachable Light and Life of the Great Love at the Heart of the Universe
and each being, exists always and everywhere in Purity and Fullness.
All miniscule ignorance of those beings on their soul evolutionary paths
will soon disappear as morning mist in the azure summer sky.

OKE KRATAPEMA FRALINGOWING STEAMABOWK
SMAPOBLAKING KROTRA FROBANOI.

The One and Only Living God, Creator of all thoughts, feelings and Beings,
blesses you with his own subtle, compassionate love in the

unspoken silent depths of your heart.
May you know His Love. AUMEN.

KOWA KRAKA FOMEGRANT SKAMO FABGRAN KRIOMA
TAMAMA KRIOMAST QUELLENOI
SABEMOST WEMA KABA MOSTINORAMA

When the Celestial Light is activated Within the Deepest Core of any
of God's Creatures, The ElectroMagnetic Surge Engines start to rev up
for the end point of evolution-The Unity of the Soul with
ALL the Fire, Light, Energy and Love that exist anywhere in the Universes.
Once it has commenced it necessarily will complete the journey, in time and space.

AUK SHRI SENATOW FABROWCRANT
SCREE SATAMAWOWK LIBRAFRAPANOI
AUSTEE SHRIFREE SCROWPATANTANO

Only when the Soul flees its self-made chains and propels itself
from the world through the dark void and into the arms of God
will the Soul feel the blessed release, freedom and home-coming
into the Only True and Ever-Abiding Love.

AUM KRIYA BABAJI NAMAHA AUM
AUM KRIYA BABAJI NAGARAJ AUM
AUM KRIYA BABAJI KRIYA AUM
AUM KRIYA BABAJI SHANTI AUM
AUM KRIYA BABAJI AUM

AUM FROKABENATOI
SRI RAMA KROPEN
FAMAGOWK ISTENOWEN
SRI SRI SRI
RAMA KOPEN
RAMA RAMA RAMA
EVWAMAXROPEN

To the Original Source-all Glory!

The Exalted Light of All Lights-Blazing!
Heavenly Blessings Fall Into the Open Heart.
Holy! Holy! Holy of Holies!
The Mother Light of all Heart Intelligence.
Mother, May Your Light Illumine our Hearts.
Nothing can avoid You,
All Beings shall come to Love You!

LAKSHMI KRIYA KAY OTTAMA
INSTABOAT FAPO SIMIKEEK
OSKA MILIOWA INTEBOST AUSHMIA

The Divine Mother's Love of all creation
continues to extend ever-increasing protection,
guidance and compassion to all Her Children,
especially those who call on Her.

LENTONOI REXT AUSTRET FABRAP
GENTROPONOI XST KRPWSTOWNT NST.
XST TONPRAP BWAM STRONTOWNT
FROWENT PWAP KRONAMAP SUBIYAT

May the Protection, Love and Direction of
All Masters of True Light come to me
and unite me to the Source of Everything,
Now and Forevermore eternally, AUMEN.

LAKSHMI MOSTABEN FRIGANOFF
STENAPOONT FAKAMO ISKAPON
INNAMAPOTE KIMAROW SABEN

The beauty of the Glory of the God-Light
radiates through all atoms of the ether equally
so that all creatures of the universe can know they are
Infinitely Loved and Lovable.

FRAGTEN SCOPAMO ISTE MAWEBOWEN

KEENAMOST FRINGI KREENA WOGEEBEN
GREEWALO COMMAN WALLALO

Is the endless night sky any larger than the
mind you find inside you?
Is the first flower of spring any more precious
than the heart of love buried inside you?
May knowledge be You
in your present conscious thought.

GREETAMO MOSKIMA FWAPARO
SHEMEAMAROMA FOMEKA SISTINKRAMO
BARUCH COMENATO REAKRAMINI FWOMARA

The blessings of love that flow from the Most High
are incomprehensible to those who need love,
and the Fountain of All Things for sighted Ones
who know their Only True Nature is
Divine Ecstasy of Radiant, Pulsating, Golden
Outpouring of all Life, Creativity, Form and Formlessness.

ISTEFRAGTEN NOWEN EEMAKOWK
FROBENOI AMAROWK KEMAROWP
EAGROW SEEMAPOI SENTONOI

The glorious beauty of the All and Everything
ends up finally to be the Only Thought in the Universe,
Radiant Perfection of Natural Creation
in its simple stillness and joy.

KAPAMOKOWI FAKAMOTO SKREEMATOIN
KAMAKOMA SXROXMATOI FOAMATOI
SKENABAROWA FEMAKATOW

When the Absolute Delight of The Only
Comes into the Joy Depths
of the Universal Galaxy Heart Within You,
You have All the Power That Exists
and Can Be and Do and Have Everything.

FRAXMATOI BREEPANTOIN WAKASEMATOW
INFAGATRABOST PEAHRAMOW KANSTGREEBST
VOKUSHMEA TRANSFIGRINT SEAHMOWAH

Happiness is the Original Birthright of the Soul
Through all time, space, timelessness and ether.
Only giving up time, space, objects, people and
all expectations of living or dying
Will the Soul Joyously celebrate moment to moment
the Incomparable Delight and Meaning
Of Its Ever-Ongoing Existence and Purpose.

HASTENOWEN FAMAGEEK
KRABAMAKOWENST SENSTEMO
KARAMAHIKO FAKAREE SCRAMA
SEBETATA TASSTAMANO FOKAREE
CREMENEE WOMEENOW HABST

When the Delight of the Lord of All Life,
Maker of Thoughts of Worlds, the One Who Lives in all Beings,
Becomes your Constant Companion and Friend, Healer and Lover,
Then will you find the Joy, the Life, the Peace, the Meaning
That you have been yearning, nay dying for, throughout lifetimes.
Fill yourself to overflowing with the the Only, the Real Life Energy,
Then you will be able to accomplish all your goals in this very lifetime.

HAKAMOKROWETZ INTIMAMPABOST FROMAKEEK
HIDEMEKOMA FAMASKREKOPA INPEKIAPA
HINGOPORIA SKIMIARATAPO

However one thinks and believes, there is still, always, an ABSOLUTE TRUTH.
This ABSOLUTE TRUTH brings higher consciousness and resides in every atom
Of the universe, giving it a golden glow of light from the Cosmic Void.
One may focus on the dull materiality of the atom or the constant blaze of radiance.
When one experiences one's own "body" in the latter way, all heaven enters.

HOCKATROMAPOIN FEENSTRA MAKREST
INTIBOWENAS GRABAMOST FORAMENOWEN
HERABRAMOPOST KERAKOWEENAN HERAKAFOAM

When the duties of life are done and put aside,
What remains is the ABSOLUTE LOVE which can penetrate
Into each and every thought, feeling, organ, cell, atom and friendship.
Only ABSOLUTE LOVE resolves life's mysteries and
Creates positive, manifold, powerhouses of blessings
For you now, in the future and for every other creature.

HERIA KRAKAMOST ALBENINSIA
GRANGA KERAMOWA HERANGIAMOWEN
BOSTAMEEKEN FAMAMEEKEN SEMIAPOWEN

Forever in the innate memory of your mind lie
The keys to your freedom from suffering and pain.
Why do you look anywhere else except inside of yourself?
Be wise, Be strong, Be your Self.
Find the LIBERTY LOVE of Deepest Peace and Resurrection.

HABROPOST SIMILIMIAKEEP HARAMAGO
NENSTEN REPROBOST HEMIAKOW HARAMOP
BESTINAMAKOWENIATON HEMBROLAMIAFENIANOWEN

However it may seem otherwise in this dark world of light,
Your way is always sure, your path positive and certain.
Until you know, believe and trust. When you know, do nothing.
The first shall be last and the last shall be first, therefore humble yourself
And make friends with the ALMIGHTY LOVE POWER to free Self.

ESHKANAWA SOTOBEEK
RAMACLEARONE HABAMA
HOTEN SECRETA ROPEN
FROWEN GINSTMA

The All and Everything Love and Light of the Universe
Fills all my bodies and minds
With Pure Elixir of Goodness, Happiness, Health and Soul Wealth
Unto the Infinity of Endlessness.

ISKI NOWEN FABATO'ME RE'MAPAK KE'AMOST
ISKI MA'WAROW HA'NAMAKO'PE FE'ME KA RE'MA

Forever and Everywhere in all Universes and Dimensions
The Great Mind, Heart and Body of Unfathomable Love
Delights all creatures through Golden Light and Ecstatic Joyous Peace

UPA DASA TATRI'KA SHASTRI

I AM within and near the servant of God,
That true and righteous teacher
Of Divine Love and Knowledge.

THE LIGHT, THE LIGHT, THE LIGHT IS EVERYTHING!

AUM SALAMAN'KA HEE'TEEMO'WA AF'SPRANG
KRO'MAKOWK RA'PANOI SA'MEEKOPEE'PA

Fill your heart, mind and body each moment
From the deep Well-Source of God-given,
All-healing Love's Divine Elixir.

ISTE MOW'KARANTZ' SKE'MEEARAPS'
LOS'TINA'MARAN'GASTRANG'
FOBREE'MAKRAP'S' SKEN'TANOI' HO'MEERA'MAC AUM

When the delusions of the world and their inherent dualities
Bring seeming pain, grief, suffering, hopelessness and the
Ongoing sense of dying and death,
Stretch your heart, mind and inner vision to the Unitive
All-bright point of God's love which is within
Every creature and object in the universe-especially your Self.

HAS'TIA HOTOMAN' REME'MEAK
FA'NAMETOPO KENEMEA'MA
REMEMEPO'PO KISTERME'A

How can the Light and Love of the Eternal God
Separate each soul from its slumber and ego chains
Until the consciousness realizes it IS the soul, and not the ego,
And that the soul is dead in sleep?
If you think your soul is awake,
Your ego fools you and your soul sleeps a deadly slumber still.

INTRODUCTION TO BABAJI MANTRA CHANTS

These Babaji Mantra Chants bring special healings and openings to the Source Light within your Four Bodies and Awareness of your Self as Celestial Divine Love.

It is said by sages, including Lahiri Mayasaya, Sri Yukteswar and Paramahansa Yogananda that even to utter the name of "Babaji" once will bring instant and untold blessings. Can you imagine

then the spiritual riches, mental clarity, emotional uplifting and physical healings you will receive when you continuously sing in a heartfelt way these Babaji Mantra Chants?

Literally, you are unifying your Awareness and Energy Bodies with the Source of All Creation, the Sacred Heart of the Divine Father-Mother and the Joy of All That Is. From Joy you come, in Joy you live and to Joy you return through experiencing these Babaji Mantra Chants on an on-going, daily basis.

Speaking and singing them in both Intergalactic and English will enhance the vibratory frequencies that you experience.

Chanting them silently inside the innermost depths of Your Heart Of Hearts will bring bliss, harmony and a deep sense of profound union with the Divine Great Mystery.

Babaji Himself has said that simply to chant "AUM NAMAHA SHIVAYA" constantly will bring immediate and lasting protection, strength, courage and health to oneself and one's family. Many have proven the Truth of this statement. May you experience this Power of Transformational Love for yourself.

Babaji has included several mantras in honour of Himself in various forms as Shiva, Kali, the Divine Mother, Ganesha and as Babaji Nagaraj.

May Light Be You, All Celestial Divine Love Be You!

May You Forever Experience Your Source in the Centre of your Innermost and Outermost Awareness!

BABAJI MANTRA CHANTS

AUM NAMAHA BABAJI NAGARAJ
(I bow to Babaji, King of Snakes/Cobras)

AUM BABAJI VIDYAHA
(I bow to Babaji, All Knowledge, All Wisdom)

AUM BABAJI MAHA-KALA KALI

(I bow to Babaji, Great Dissolver of all Darkness)

AUM BABAJI KUNDARA KANTA ABHATI
(I bow to Babaji, Giver/Bringer of the Luminous Light)

AUM NAMAHA BABAJI MAHA-VIJARA
(I bow to Babaji, the Great Undecaying, Ageless One)

AUM NAMAHA BABAJI MAHA-VARUTA
(I bow to Babaji, Great Protector)

AUM NAMAHA BABAJI ATMAJYOTI VASATI
(I bow to Babaji, the Soul Light of Dawn)

AUM NAMAHA BABAJI MAHA-VAPUSHA
(I bow to Babaji, the Most Very Beautiful One)

AUM NAMAHA BABAJI MAHA-VARADA
(I bow to Babaji, the Great Giver of Blessings)

AUM NAMAHA BABAJI MAHA-VANASPATI
(I bow to Babaji, the Great Lord of Forests)

AUM NAMAHA BABAJI MAHA-VALLABHA
(I bow to Babaji, the Great Beloved)

AUM NAMAHA BABAJI MAHA-URJANI
(I bow to Babaji, Great Strength Personified)

AUM NAMAHA BABAJI UTTARAKA
(I bow to Babaji, the Deliverer from Rebirth; also a name of Lord Shiva)

AUM NAMAHA BABAJI MAHA-VISHWAKARMA
(I bow to Babaji, the Doer of Great Actions, Great Architect of the Universe)

AUM NAMAHA BABAJI KRIYA SHAKTI
(I bow to Babaji, the Power of Will and Action; also a name for Durga)

AUM NAMAHA BABAJI MAHA-VISHUDDHI
(I bow to Babaji, the Great Purity)

AUM NAMAHA BABAJI ANANDAPREMA
(I bow to Babaji, Great Love, the Bliss of Divine Love)

AUM NAMAHA BABAJI NAGARAJ
(I bow to Babaji, King of Snakes/Cobras)

SHIVA MANTRA: AUM NAMAHA SHIVAYA

KALI MANTRA: JAI MA KALI

DIVINE MOTHER MANTRA: AUM DI-MA DI-MA MAHA DI-MA YE SOHAM

GANESHA MANTRA: AUM GANESHA MAHA-GANESHA AUM

BABAJI MANTRA: AUM NAMAHA BABAJI SHIVAYA MAHASHAKTI AUM

BABAJI MEDITATIONS

and MESSAGES

BABAJI'S MESSAGE ON HUMAN SEEDING AND EVOLUTION, PART I.

Behold the glory, mastery and majesty of the Lord, Host of Light. Light streams forth from the highestmost Centre of All Creation even into these lowering realms of the Three Dimensional Earth World, which is an illusion more ephemeral than comparable dreams of the Fourth or Fifth Dimensions. For all in The Third Dimension is as quickly changing as the morning mist. Run after the morning mist as it disappears into the Sun's rays and try to grasp and hold onto the wave-like pictures of mist. You cannot. Even less, by a factor of one/ one-millionth, can you hold onto the

constantly changing patterns of the world, it's human relations, or history.

For know you now All, that the world is simply a dream of God. It does not exist in its own right. Your own dreams evaporate so that you cannot recall them when you awake. Even so, the tiny roles within God's drama that you have played, even for millions of years on the Earth, shall dissolve completely from you when you Awake to the Greater Light of the Fourth or Fifth Dimensions. (And beyond this are countless more dimensions to move through in order to re-unite with your own God-Source of Diamond Light and Purest Love.)

And this is what is happening now on the Earth. Many of you are moving your consciousness into the Fourth as well as the Fifth Dimension. And once there, you will forget the seeming trials and tribulations of the Third Dimension. It has ceased to be real. You cannot even think of it. The thoughts, feelings and activities of this Third Dimension are gone into nothingness. Henceforward they can only be retrieved as mostly unimportant memories from the Akashic Records for those who awaken their God-given vibrational abilities to decipher them.

Realize now that any Earth life lasts .001 nanoseconds in our reckoning the way you calculate time. That means your entire life lasts one thousandth of one thousandth of a second. And you feel that your life is long - NOT SO~! For you know from Near Death Experiences that your entire life flashes before you in this short a time. This is the reality. All your life can fit into one millionth of a second and then it is over, really over. The dream has ended, never to return, never to be relived. In our higher world, even from the Fourth Dimension, the Third Dimension Earth existence is so fleeting.

When you awake from this illusionary dream into the Fourth Dimension, you will spend some short period of time analyzing your Earth Life Dream with an Earth Dream Counselor, realizing your mistakes and healing your causal thought forms and astral emotional waves. And then you continue on the cosmic wheel moving onto the next brief dream - a mere flicker within eternity. In your calculations, it takes millions of years, yet in our reckoning it is only one second. One million lives takes one second of our time!!!! Think on this and ponder well.

Your being is not from the Earth plane. Nor even is it in the Fourth or Fifth Dimensions. Your true Living Essence resides within the Eternal Light which is the All and Everything, the Infinite away from any finite Dream Dramas, where you are eternally Awake to Being God, The Living Light of Cosmic Love. That is, the Cosmic Christ Love.

When you awake to this Self-Realization, all will be in your consciousness as it needs to be. Make this Greater Leap into Your Self now, and move through the Vortex of Consciousness into the Greatest Light.

Who would choose to gather the morning mist and place it in a jar under his bed or in a bank and feel that he has now captured the meaning of life and the necessary power and funding for living? Would this mist get you through the necessities of your everyday life? No, it could never be so. No more than accumulating monetary and property treasures on Earth will ever help you live in the needed way in the Higher Dimensions of Reality of Universal Self.

You must enter the Kingdom/Queendom of God/Goddess again through the Innocence of the Inner Christ Child, and the Purity of an Open Heart. Only a Pure Heart and Open Mind of Joy, Bliss and Peace will get you through the coming transformation on Third Dimensional Earth. This Earth Shift is required to cleanse the cobwebs and darkness from the collective Earth Life Dream. Then the Universal Christ Spirit shall be able to impulse all Matter which is purely illusion.

Try to remember that the Greater Love Mysteries of Lemuria, Atlantis, Egypt and India were all about how to transmute seeming physical atoms and molecules into the Greater Vibration of Pure Love which is the invisibility and indivisibility of The One Being of Love and Highest Light. Let the Full Power of METATRON / SHEKINAH descend on you with every breath and feel the full expression and experience of the Holy Spirit, the Christ Nature, inside every adamantine particle. This shall resurrect All into the Rapture of Christ Love, and Heal all "Fear" or "Shadow" in your Four Bodies so as to allow Pure Love, Strength and Courage to "move through doors and walls" back into the Highest Light.

Let God's Lamb, the sweet innocent Jesus, who has known darkness within the aeons of the Universe, lead you away from ANY of the myriad illusions of this Earth. Let Him lead you back to Source and to the only existing Home that never is destroyed or sold. The doorway into this Home is in your own personal Sacred Heart. You must, as Dendreah* has always said, go through every doorway with Jesus. Here you will find your Truest Essence, your Real Estate.

* Dendreah is the Feminine Twin Spark of Babaji the Divine Father Creator God. Some of her incarnations on Earth are as Kwan Yin, Mary Magdalene, Rabia the first female Islamic Sufi, and Dendreah or "Desert Rose" in Lakota Sioux, the White Buffalo Woman who brought the Sacred Pipes to the Sioux people before the European invasion or contact.

Those of you who understand these simple basic truths must teach these to all others going through the transformation so that they finally come to understand the True Essence of Who They Are, Which Is Love, Where they came from, Which is Source, and Where they are going, Which is Home. This is your well-chosen Destiny this time around. Should part of your consciousness come back to the Earth Life Dream (and you likely will serve God/Goddess yet again in this way) it will be again to show people Love through your humble willing service. What is another one millionth second to you? Can you spare this in the eternity of time? There are so many creatures that require awakening and soul regeneration in order to remember their soul purpose. Countless numbers of them all the way down to the minerals and crystals.

So, remember. You live in the Earth Life Dream Dimension but do not originate from there. You are traveling through it at the speed of the quickest, brightest Lightning Flash or Comet. Your personal spirit is ever Awake within the Cosmic Dream in the Very Heart of God, in the Metagalactic Central Sun, the Origin of the Cosmic Dream. With every Breath, Thought, Action and Meditation, KNOW that you are AWAKE WITHIN GOD'S PURE LOVE, AND THE DIVINE FATHER-MOTHER ARE CRADLING YOU LIKE A NEW-BORN CHILD. UNTIL THAT

MOMENT WHEN YOU CONSCIOUSLY REALIZE YOUR TRUE NATURE AS A CO-CREATOR WITH GOD/GODDESS. WHICH WILL EVER BE EXPRESSED THROUGH TRUTH, LOVE, BEAUTY AND JOY.

All the Greater Beings of Light, the Angels, Archangels, Principalities, Dominions, Powers, Thrones, Cherubim, Seraphim and All the Spiritual Masters of Greatest Light and Love support you incessantly with Our Love. We uphold your every atom and molecule, supercharging it with the Christ Love and bringing you back Home. We carry you on fleecy clouds of Light and Love on Our Magic Carpets of Love, on a Direct Voyage Back to the Innermost Compassionate Heart of Diamond Love and Knowledge.

BABAJI'S MESSAGE ON HUMAN SEEDING AND EVOLUTION, PART II.

The great saints, scholars, mystics, politicians and historians have been looking for the True Accurate Picture of Human Seeding and Evolution since before recorded history. It is time that the
T r u e H i s t o r y b e m a d e k n o w n .

Human personality and the four bodies is a unique creation of the aspects of many Star-Seeds from other Planets, Constellations within the Milky Way and other Galaxies, as well as the Great Light Masters from Source - the Metagalactic Central Sun of Origin.

The Four Bodies, in a way, describes the initial breakdown of the four different aspects impulsing Human Nature. The Animal Nature (Physiological Body), the Emotional Nature of Feelings (Astral Body), the Mental Nature of Logic, Analysis, Scientific Inquiry (Causal Body) and the part that is most like God and the Higher Beings of Light, the Spiritual Nature (Ethereic Body). There are beings within the Universe, even within your own Milky Way Galaxy that represent only ONE of these Four Bodies.

For instance, Reptiles and Amphibians have only an Animal Nature. (Yet by being around humans and angels if they are pets, they can develop part of an Emotional Nature.)

There are creatures that have only an Emotional Nature, such as the Four Elements and other Earthly Planetary Beings who have no Physical, Mental or Spiritual Bodies, and only respond to the emotions of humans and other beings. Weather to a great degree is dependent on collective human emotions. There are other such Astral Bodied creatures that exist in and above the Earth. These are dakinis, devas and some elementals.

The Beings of Greatest Light, the Angels, Archangels, Principalities, Powers, Dominions, Thrones, Cherubim, Seraphim and All the Spiritual Masters are the ones that have only a Spiritual Nature with an Etheric Body that is simultaneously everywhere throughout the Universe. Remember, that for Celestial Light Beings, there is no space or "duality". All is eternally present, continuous, singular and changing as your physicists are beginning to understand. Therefore, when we say that literally "We Are All Ways With You, Even to the Ends of the Earth and the Universe", this is an ACTUAL TRUTH THAT YOU MUST KNOW AND REMEMBER WITHIN YOUR INNERMOST BEINGNESS.

Now to return to the Four Bodies of Human Nature. Further explanation of their complex realities is required. In God's Creation, He/She Dreamt that there would be a great coming together of many kinds of creation in the Human Being. To assist HIM/HER in carrying this out, Great Spiritual Masters Who Have Only Existed in the Light were called upon to Assist in the Actual Creation Process Over Time. That is, there is/was a perfect plan for the creation of Human Nature as physical forms on the Planet Earth that extends over 4.6 billion years.

During the first stage on Earth, before proto-humans, there were only elements, water, small-chained molecules and chemicals, proteins, enzymes. There was water, lava, and the forming of some earth substance through cooling over great periods of geological time. This process continued for at least 1.7 billion years. In the latter phases of this time, small algae (blue-green algae), plankton, protozoa and other one-celled marine plants and "animals" were impulsed with the greater light to move towards higher awareness. What you call "Evolution" is really only Our Impulse From Light to move all creatures towards more complex, higher forms, in order to understand the Higher Divine and Animal Nature and Return Towards Unity with the Great GodHead.

What we want to make perfectly clear in the story of Human Nature and Earth Evolution is that it has been the role of those Chosen Highest Light Spiritual Masters to facilitate the ongoing resurrection of Human Nature. This means that beings like Jesus, Mary, Myself Babaji, Yogananda, Krishna, Buddha, Dendrea and a myriad of others have been responsible for Guiding the Entire Earth Process of History. This was the Original Light Impulse from The Metagalactic Central Sun of this Universe. This Impulse stretched throughout the infinite millions and trillions of galaxies, including your Own Milky Way Galaxy. At the Creation of your Milky Way Galaxy, we set up the Federation of Celestial and Angelic Beings to establish the multidimensional patterning that would be the Etheric Blueprint for this Solar System, including the Sun, the planets, the asteroids and comets, and of course, your own Earth and Moons.

It is crucial that you understand and remember that We are Directly From Source who Plan, Facilitate and Communicate the Ongoing Christ Light Impulsing to all Humans and HUMAN NATURE upon the Earth, until the time when it shall dissolve again into Spirit, billions of years

from now, having completed its Unity Cycle into Source once again. We are the Ones Who Are the Sananda Oversoul Shambhala Council. Many of us are physically incarnate at this time, or certainly can take as many simultaneous physical forms as we choose anywhere on Earth at anytime to continue our Process of Christ Light Impulsing to each and every human being.

Once plants and animals (those you know of in Zoology, those you recognize as being extinct, and those you never found evidence for and still remain in Etheric Imprint within and around the Earth) were fully established on Earth over several more billion years, then the stage was set for the beginning of Human Kind to come into being.

In the Hyperborean Age, the First World, the Etheric Imprint Essences of most of the creatures to come onto the Earth Plane were impulsed into the Earth Sphere itself, creating resonances and spaces for their entry from higher dimensions such as the Fifth and Fourth. This would enable all creatures to remember their "Home Away From Home - Source". At this stage mostly it was minerals, elementals, rocks, crystals, tektites (Interstellar Knowledge in the form of Meteorites), algae, chemical compounds and other small micro-organisms.

In the Polarian Age, the Second World, the beginning of Human Nature began. The Christ Ideal (who has always been in the Light, and filled with Sananda Christ Light from Source Always) impulsed the Entire Earth with His Light and Love, Timelessness, Knowledge, Plan, Process and Wisdom for the Full Cycles of Earth History to be set in motion. This was done from the Sananda Oversoul Highest Etheric Blueprint. The Christ impulsed the four elements (water, earth, fire, air), the elementals, all the rocks, crystals and minerals, algae and marine life, amphibians, plants and trees, all the dakinis, devas and other non-physical earth creatures with only Astral Bodies. Everything was imbued with the Christ's Highest Love and Light, Highest Sananda Oversoul Personal Imprint. That is why we say that "THE EARTH WAS CREATED FOR THE CHRIST AND HIS TWIN SOULS (ALL OF THE SPIRITUAL MASTERS). AND THAT EARTH IS BY NATURE FILLED WITH THE CHRIST PRESENCE FROM ITS VERY CORE TO THE OUTERMOST REACHES OF ITS DOMINION AND POWERS."

Over the aeons of time on Earth, We the Shambhala Council have impulsed each new addition of Human Creatureliness into each successive World or Age.

In the Third known World, LEMURIA, we impulsed Higher Beings of Spiritual Etheric Nature to Reside Here. These were High Beings of Love, Peace, Bliss and Joy from many other Galaxies, including the Milky Way, and from specific Constellations, Stars and Planets. Examples would be the Pleiades, Arcturus, Alpha Centauri, Betelgeuse and many, many others.

We have said before that the Earth and especially Human Nature is dyadic, seeking unity. Earth History therefore has been in cycles of Golden Ages to Dark Ages repeatedly, and shall continue in this way to the end. When each Golden Age of each World or Aeon has ended, we instruct the forces of Dissolution (for instance Shiva and Kali) to destroy energetically the physical, astral, and to a degree the causal form, as well as all remaining entities and civilizations. Lemuria went out of existence in this way.

Then we impulsed the Earth for the Fourth known World, ATLANTIS. It rose to its zenith as the only reigning World Power Civilization through our Distinct Direction. Once it had achieved a

status of growth that was required, it was Dissolved Completely Through Our Direction. As you know, the remnants went to seven places on the Earth: Egypt and Africa, Tibet and India, Japan and China, Nordic climes especially in Switzerland, Incan in South America, Mayan in Central America and Anasazi in southwestern North America.

During this time as Theosophists and Anthroposophists have rightly concluded from our impulsing, We the Shambhala Council went into Deliberate Seclusion and Unity within the Great Himalayan Mountain Caves Inside the Earth, where we still live now. It is from here that we impulse and dialogue with you.

During the Fifth known World, Egypt-Judaeo-Greco-Roman-Mayan-Incan-European Collaboration, we impulsed you from the Himalayas to progress and continue to remember your origins. This included impulsing you with Greater and Higher Intelligence (increasing capacity for consciousness, logic and the unification of binary thought patternings) and the Etheric Third Eye Consciousness which would awaken your Awareness to Truth about Higher Dimensions (Fourth and Fifth specifically) of the Solar System, Milky Way and even into the Universe. This is why during the Fifth World, all the above cultures responded to impulses to incorporate the cosmic, astrological nature of the other planets of this solar system in their cosmology, religions, mythology, temples, rituals and daily life practices. For instance, Zeus and the pantheon of Gods and Goddesses pertains to the Greeks. The Egyptians, Jews (to a certain degree), Romans, Japanese, Chinese, Incans, Mayans, Hindus, Tibetans, Nordic peoples, and North American Natives all had their pantheon of Gods relating to each planet of this solar system, as well as the Sun, Moon, Earth, other constellations and the Milky Way Galaxy Itself. This was our Higher Impulse into the Third Eye Nature.

As you can understand from this communication, all Anthropology and World History will need to be rewritten according to this vaster amount of knowledge, which also includes the Higher Reaches of Universal Mind.

So you can see that even though the Five Worlds have come and gone, there have been various impulses and experiments of spirit-souls from various galaxies, star systems, planets throughout the universe that have induced their etheric energy patterns into various animal forms. Each chakra represents a different impulse from various Interstellar Races. Within the Animal Nature many experiments were done, bringing spirit into monkeys, apes, dolphins, turtles, whales, birds and most of the species you know. This is why we state that in Past Ages, humans could "speak" with all the animals - they were one with them. Some experiments were discontinued as non-viable. Others continued, those with monkeys, apes, dolphins and whales. Sometimes aspects of the Higher Nature of Spirit and Humans was left intact within species while the Humans pulled out of those bodies, as with all your pets - dogs, cats and a few others.

So as your great scholars have said, notably Rumi, you have aspects of each of the Kingdoms of Earth Creatures within you, your chakras and Four Bodies. Therefore it is incumbent upon you at this time to engage all Kingdoms and chakras in order to unify and complete the Highest Integration of Human Nature. You must work hard on becoming the Farthest Reaches of Human Nature and KEEP EVER-EXPANDING UNTIL YOU RE-UNITE WITH THE GOD SOURCE

WITHIN AND WITHOUT! This includes with Minerals, Crystals, Plants, Trees, Animals, Birds, Fish, Amphibians, Reptiles, Four-Leggeds, Two-Leggeds and those in the Spirit World around and above you. This is your Great Calling. This is what shall lead you into the Sixth World, the next Coming Age of Golden Peace. All variant and complementary aspects of your Human Nature shall be unified under a Higher Vibration of Love and Celestial Light. The Knowledge of Beingness is inherent in the process. Many blessings to you all as you continue on your individual and collective path.

BABAJI'S OVERVIEW ON HUMANITY.

I Babaji wish to explain something about humanity at this time. There seems a great paradox to us in the spirit world for We Who are Masters of the Earth. It is that all these billions of people are so greedily desiring to have Earth experiences and all the things of the physical - physical pleasure, objects, clothing, changes to their bodies in terms of all the money they spend on improving their bodies. We find this in some ways more than a paradox, it is almost like a cosmic joke. For never has there been a time on the planet when people have been so Earth-bound in the material body and yet so unconscious about everything concerning their physical body. They have no understanding of the minerals, metals and gases that comprise the body. Nor are they aware of the elements of water, fire, air, earth and ether that make up their body. They have no knowledge of the plants that they eat every day that make up their body, nor are they consciously aware of the animals they consume and put into their body.

For the animal consciousness or thought form that they were created to be in part is totally unconscious and unaware of its true nature. We find this a great joke on humanity. It is simply that they love being in the human physical body but they know nothing of it consciously. For when they do start to know it consciously there will be no illness. We share with you the truth that: **ALL ILLNESS IS A DIRECT RESULT OF UNCONSCIOUSNESS OR LACK OF AWARENESS** of the First, Second and Third dimensional realms within your physical domain. When you consciously know of the First, Second and Third dimensional realms within your physical form, along with the higher realms, your physical body will be able to spontaneously create health, well being and a constant flow of love and Adamantine Particles. So this indeed is a great thing!

The real step is to consciously know all the different parts and elements of your body and We suggest that you read Paramahansa Yogananda's *AUTOBIOGRAPHY OF A YOGI*, in the section where he speaks about the thirty-five elements of the physical body in the chapter on the Science of Kriya Yoga. Yogananda will personally help you understand these matters. Humans must truly stop living from their heads and cease existing outside of their bodies. Each must consciously get into their physical body. To do this of course they must constantly work through their blockages, fears, emotional issues and barriers, but this is the path, for humanity to once again become completely Divine. This is the Spiritual Master's mission. We have a unified mission, all Masters as One, to bring humanity back into their body and make it Divine so that they can transcend all of the dimensionalities of their bodies into the highest Immortal Love-Light body. This shall manifest no matter how long it takes.

THE FOUR BODIES AND THE SEVEN CHAKRAS.

Now we will explore the complexity and history of the Four Bodies and Seven Chakras innate to Human Nature. There have been additions, accretions, displacements, shifts and transformations to the make-up of Human Nature.

First, it is essential that each individual and all people remember the True Essence of Who They Are. Then throughout all stages of remembrance, practical steps should be explored to help each individual realize their maximum potential. Only then will we have families, communities, and a planetary renaissance where all are Self-actualizing and healing their past karmas. Only then will we have individuals and especially children optimizing all their talents and gifts while being supported in their growth and evolution. Only then will we have One Family, One Heart, One Mind where all are sharing, cooperative and wanting the very best for each other by being and doing what is best for Self.

At some point we shall discuss the accretion of the seven chakras similar to our exposition of the Four Bodies. Know now that the crown chakra is Our Path Home to Source. That the Third Eye is the opening to wisdom and Self-Realization. Purity of the Heart however is what really counts in the process of Self-Unity.

The PHYSICAL BODY relates to Self-healing. Physiological symptoms indicate conflicts within the Physical Body. Factors such as diet, nutrition, exercise, sleep and fasting promote healthy cells, organs and physiological functionings. Living in alignment with your personal constitution promotes self-healing. Focusing, visualization, proper breathing and meditation allow positive energy ("prana" or "qi") to flow through all parts of your Physical Body.

The EMOTIONAL BODY is a key gateway to vitality. It addresses Self-awareness. Clearing emotional reactivity and unresponsiveness allows for full emotional expression of genuine, heartfelt feelings. This Self-awareness creates happiness within, and strong healthy relationships without. This promotes an abundant life on all levels.

The MENTAL BODY speaks to your level of Self-confidence. We need self-confidence to be all we can be in life. A healthy mental body gives us clarity, concentration, will power, discipline and joy in all our thoughts, words and deeds. To achieve this, we need to deconstruct and co-create anew our Identity, Beliefs and Values, Capabilities, Attitudes, Behaviours and Inner and Outer Environment.

The SPIRITUAL BODY addresses the aspect of Self-unity with All That Is. It is really the difference between being your soul essence rather than doing what you've been programmed to do. Ancient wisdom asserts that lack of unity within the Spiritual Body is the origin of all illness. The Spiritual Body-while being the most pervasive, important and immortal Body-is nonetheless the least recognized today. The Sacred Heart is the gateway to the Spiritual Body.

UNDERSTANDING THE VALUE OF KRIYA YOGA ON HUMAN NATURE.

"KRIYA YOGA IS A SIMPLE, PSYCHOPHYSIOLOGICAL METHOD BY WHICH HUMAN BLOOD IS DECARBONATED AND RECHARGED WITH OXYGEN. THE ATOMS OF THIS EXTRA OXYGEN ARE TRANSMUTED INTO LIFE CURRENT TO REJUVENATE THE BRAIN AND SPINAL CENTERS. BY STOPPING THE ACCUMULATION OF VENOUS BLOOD, THE YOGI IS ABLE TO LESSEN OR PREVENT THE DECAY OF TISSUES. THIS ADVANCED YOGI TRANSMUTES HIS CELLS INTO ENERGY. ELIJAH, JESUS, KABIR AND OTHER PROPHETS WERE PAST MASTERS IN THE USE OF KRIYA OR A SIMILAR TECHNIQUE, BY WHICH THEY CAUSED THEIR BODIES TO MATERIALIZE AND DEMATERIALIZE AT WILL."

From Paramahansa Yogananda's Autobiography of a Yogi,
Chapter 26, The Science of Kriya Yoga, page 275:

According to Babaji, modern science is beginning now to realize that human blood is decarbonated and oxygenated within the heart-lung system of the body. There is a special impulse within the electromagnetic pulse of the heart beat that recharges the oxygen. The process of the Kriyas or Kriya breaths is what creates the super-charged oxygen coming in with Love Adamantine particles. Thus this super-charged oxygen molecule circulates via the blood, arteries and capillaries to all the cells of the body, whichever type of cell they are. The oxygen is transported over the cell wall and hence goes inside the mitochondrion or energy recharger of each cell. (Historical cell physiology knows that mitochondrion are themselves ancient one-celled organisms of energy transduction relating back to the origins of the planet 4.6 billion years ago in a watery environment.)

Once the free oxygen radical moves inside the mitochondrion or power-pack battery of each cell, it takes on a very special purpose. Here, ADP or Adenosine Di-Phosphate is transformed into ATP or Adenosine Tri-Phosphate. The added Phosphate has a chemical structure of PO_2 or one Phosphorus atom completed with two Oxygen atoms. When energy is needed by the cell and the body, energy is released or fired off by ATP once again becoming ADP, thus releasing the PO_2 molecule as biochemical energy.

We say to you that this is how a Kriya Yogi "TRANSMUTES HIS CELLS INTO ENERGY" and the energy given off rather than being biochemical becomes PURE LIGHT, PURE ENERGY, PURE ADAMANTINE LOVE PARTICLES. Therefore Phosphorus is needed in your diet, including magnesium, along with the oxygenating practices of Kriya Yoga.

When ATP is released into ADP, you must imagine and visualize Pure Light in your cells becoming the power within the cell's mitochondrial battery. This is how the Spiritual Masters transmute their biochemical processes into those of PURE LIGHT! This is how they dematerialize their physical form into PURE LIGHT!

The final goal of Kriya Yoga and Breathing is to slow down and nearly stop all breath. This allows the innate spiritual energies of the heart impulse to recharge the heart, the lungs and then all other organs and cells. This regeneration keeps the body vital, young, un-aging and immortal. Above and beyond the recharging of oxygen molecules mentioned above, when this is completed, the heart

can function on a higher level to give prana (Spirit Energy, Life Force, Adamantine Particles) to all organs, chakras, nerves and brain on a higher level of vibrational frequency which is all-sustaining from Highest Spirit. This is what keeps or creates the physical form as immortal.

For when the physical body is not attending to work or sensations in the outer world, it can become recharged with its own innate etheric-astral energy body which will rejuvenate completely only when enough Kriya Yoga Meditation is done throughout the day and night. This process maintained daily for several years is the key to attaining Self-Realization.

While the body is resting from using energies for its usual biochemical functions, this additional supply of prana can be sent to all areas of the body to eliminate cancerous mutations, over- and under-functioning hormonal releases and to stabilize, harmonize and balance all the myriad trillions of electromagnetic biochemical processes within the Human Physical Body. This is what is required to maintain and create Perfect Health. Not even the doctors can give you this if you have cancer or other imbalances. Only continuous, daily Kriya Yoga Meditations and Breathwork will give you this Perfect Health. All Health comes from Deep Inside your own Soul-Spirit, never from outside you. "Thus neutralizing decay and growth, the yogi learns life-force control."

Following on our previous statements, we see that a Kriya Yogi learns to withdraw all energies from the sensations of the outer world, both the images of the outer world are let go and dissolved, and the energies of the five senses with the Physical Body are withdrawn from the peripheral nerves, skin, organs and tissues. The energies are completely withdrawn towards the seven chakras and most particularly only to the Heart Chakra. This allows the Yogi to move his energies away from the Physical Form, through the Astral Form (while letting go of all emotions), through the Causal Body (while letting go of all thoughts) ending up by bringing All Energies only into the Spirit Etheric Body which is a multidimensional Diamond Light Sphere of Christ Consciousness within the Heart of the Person.

This is done while fixing his gaze upon the Third Eye in order to let increasing Higher Frequencies of Greatest Light into the Third Eye (and also into the Medulla Oblongata at the base of the skull, top of the spine) in order to impulse the primary endocrine glands, the Pituitary and Pineal (the human's reception organs to Source Light). Increasingly with EACH Kriya Breath and Meditation, more Light should be impulsing the Third Eye, Pituitary and Pineal Glands.

Along with this the inbreaths and outbreaths should be slowing in number and decreasing in volume of air taken in with each breath. This is what neutralizes the prana and apana currents within the Bodies so that all Energy can be returned to the Etheric Heart. A Kriya Yogi may have 2 or 3 minimal breaths per minute, or none.

It is absolutely crucial, as many Great Spiritual Masters like Buddha, Jesus and others have taught that both the mind and the emotions should be kept under control so that they can "banish desire, fear and anger". Recall that the Buddha said that all karma is created through the three great pitfalls of humankind: desire, fear and greed. Desire and fear are self-explanatory. Anger comes when greedy needs cannot be fulfilled. Therefore, the Kriya Yogi learns to give up ALL desires for

this illusionary world-fame, fortune, ego, material possessions. The Kriya Yogi gives up ALL fears-all hidden, unconscious shadow thought-feeling forms (from this and previous lives) that become the bane of his existence through their demonic energies that destroy all his harmony, peace, joy and love. The Kriya Yogi gives up ALL greed and angers-the self-judgments, judgments of others, expectations, self-pity and formalities of persona and ego including all control.

As Doctor Norman Bethune said while working in China: "Dictatorship in the world will only be finished when EACH person conquers his own inner dictator." Psychologist Carl Jung has said as much and more.

During each meditation, which eventually will stretch into one's consciousness 24 hours a day, even during busy schedules, one will still withdraw consciousness and energy from the outer world. As Jesus says, "Be in the world but not of the world." This is a personal ongoing experience to work towards.

When the entire five senses, the minds and emotions, and all things outer and ego are surrendered, only then will one be in the Silence, the Emptiness, the Void, the Perfect Stillness, where only the Voice of Universal Spirit, God can be heard in the Inner Third Ear and in the Christ Heart. This Voice is the Sound of AUM, resounding throughout all time and space, now that the Kriya Yogi is one with the Universe.

This is the Voice of All Creation. Allow your personal intention and Diamond Heart to be filled with this. This will enable you to link your will with God's. To fill yourself with an Infinite amount of Christ Spirit Energy. To fulfill all God's gifts within you for painting, sculpting, writing, gardening, loving all creatures- and for Self-Realization.

THE GOAL OF LIFE THROUGH KRIYA YOGA IS TO WITNESS THE DEPTHS OF GOD'S LOVING, ECSTATIC PRESENCE IN EVERY MOMENT, WHETHER ONE IS BREATHING OR NOT, WHETHER ONE IS IN THE PHYSICAL FORM OR NOT. FOR LIFE IS ETERNAL, THE SOUL IS IMMORTAL. BEING ONE WITH THE PRESENCE OF GOD EACH NANOSECOND REUNITES THE HIGHEST SOUL WITH THE GOD SOURCE, THE ORIGIN LIGHT OF ALL AND EVERYTHING IN THE UNIVERSE.

When you die to ego, the illusionary world, fame, fortune, material possessions and dependent relationships in each nanosecond, then you have attained Self-Mastery. You have regenerated and regained your Immortal Soul Light, the Wisdom, Laughter and Playful Dynamic Ecstasy of Being Ever-Expanding, Infinite Amounts of Highest, Most Compassional Pure Love.

FOLLOWING THE SOUL'S LIFE PATH.

Blessings on you who choose to follow your soul's life path. For only herein is there bound to be joy, blessings, happiness and the loves of your life. If you are content to live as the 'dead and the dying', as most on the planet are, you shall be terribly unhappy, and cause yourself untold illness while bringing death to your relationships, families, companies and countries.

Choose life and the living over the dead and the dying. The Earth is regenerating (soon to be reborn). The civilization is dying, soon to be transcended in dramatic fashion. To be followed by the Seventh World, the Sananda Epoch or Era. Many people who choose the old way, the way of ego, masks, hatred, greed, revenge, envy, jealousy, murder and war shall soon die. There will be millions of bodies and buildings that shall disappear within a short timeframe. The horrendous tumult of fear unleashed by past karmas shall certainly be a spectacle to behold.

Find shelter in my arms. Be in the love of my heart. Seek solace in my daily meditations. Consciously be with me 24 hours each day and continue to find Self-Mastery. Remember to be and give up all doing. Look in the mirror of close relationships, discover triggers and heal yourself.

As one immortal to another, I say to you "GIVE IT UP!" "GET OVER IT!" "DO IT NOW BEFORE IT IS TOO LATE".

The time is coming soon when all you will be able to do is breathe love and tend to the needs of the fearful others surrounding you. You will not have a holiday. Being in the Heart of God's Love is enough holiday for you. You know who I'm talking to, don't you. All of you.

Soham.

Ecstatic Joy will soon be your Innermost Discovery when you "GET OVER IT!"

Babaji Nagaraj Sananda Continua

LOVE YOURSELF ALL WAYS!

Here you are, another day, more joy, greater learning, and fuller Divine Instantiation Infilling and Indwelling. What more could you ask for? Not even the lottery will give you such joy. So hold onto your crowns, for the ride of your life is about to begin. Enjoy all the curves, heights, lows as

part of God's little Earth drama of which you are a co-participant, and remember that you are also removed from it all.

Fill your breaths, hearts, life, EVERYTHING with the Joy, Love, Hope and Faith of God. Then you will be complete and have your FINAL LIBERATION as I have said.

Support, feel and love one another, as I eternally love you. Give up your petty ego desires so that the Love That You Are can truly fill your Ever-Expanding Vessels of Perfect Health and Love.

Heal the wounds inside you, each one of you. Heal the wounds between and among you. Glory in the Presence of God. Come closer to God, Come closer to me. Let me be the Love that you Seek. Let me be your All and Everything.

Grace abounds when guilt is given up. Clear the self-doubts, self-hatred and projections. Do this now, I pray. Do this now, I pray. Do this now, I pray. There, does that not feel better? Come to me with gentleness. Let all aspects of your being praise God because you are remembering to FINALLY and I say FINALLY Love Yourself unreservedly, perfectly for ALL TIME. Never go back.

Change is the one constant in the Universe. All souls are brought to their Source through change, but only if they choose it.

LOVE IS ALL YOU ARE, even if you don't feel it all through you YET!!!

Babaji

COELI IN TERRA.

Blessings abound for those who love God more than they love themselves and all other creatures. Only God can provide the Way Home, the Celestial Enlightenment, the Crucial Alchemical Mixture of Perfect Harmony and Ongoing Blessings to Highest Re-evolution.

Therefore we say to you still locked within the Earth's bounds of lower nature,
"Open Your Hearts to the Ever-penetrating Light of the Most High of the Universe,
Let His/Her Heart LoveLight give you the acceleration and exhilaration of taking off into Higher
Realms of Reality, Truth and Knowledge.
Heal Yourself by letting go of old substances, old thought-feeling habits and 'BREAK FREE' of all
this illusionary nonsense.
Find the Truth.
Live the Love.
Be the Light.
Flow with Joy.
Experience Full and Perfect Peace.
Become Androgynous Harmony with the Universal Spheres.
Elicit and Manifest Perfect Creative Beauty in all you are being and feeling from your Sacred
Heart."

This is Your Perfection, attainable today and each day increasingly.

Amen, Amen, Amen, Amen....

All Must Evolve Now (AMEN).

Babaji Nagaraj, Summa in Terra

FLOOD YOUR CONSCIOUSNESS AND FOUR BODIES WITH LIGHT!!!!

Now is the time when Your Full LoveLight Presence on Earth
and in the Universe is required,
So **FLOOD YOUR CONSCIOUSNESS AND FOUR BODIES WITH LIGHT.**

You are in the Physical as the Immortal Challengers to the Darkness

Covering the Soul, resulting in Human conflict and Your Presence needs to be felt by All.

So, Rejoice, Rest, Infill, Meditate, Draw Away in Quiet Prayer and Let the Glorifying Magnificence and Radiance of the Holy Spirit Shine Shine, Shine and Yea, We Say, Shine Everlastingly, Brighter than All the Suns and Stars in the Celestial Heavens.

Infill Your Entire Ever-Expanding Being with Celestial Joy and Hope, For Your Connection to Your Christ Heart Love is Complete, Eternal, Ever-Sure, Uncompromised Always and Tickling Each Cell.

Find the Peace amidst the world of chaos, brought about by human nature's sleep, Be the Bliss which is the Breath, Water and Life for those around you to take in.

Most of All, Thrill and Resonate With the Divine One's Purest, Highest Love Which Has Always Been Since Before Creation, as It Reaches Deeper Even Now and Evermore, Healing All Your Wounds, Cares and Concerns, Caressing Your Innermost Mind-Heart with Utmost Kindest Tenderness Like the Fatherly-Motherly Richness That It Is- Incomparable!!!!

You Need This Now. Fill with the All That is in Each Breath, Moment, Heartbeat, Thought, Word and Action.

If Only You Could Feel and Richly Experience All Our Blessings in This Very Moment, You Would Fly Away on Wings of Liberating Freedom Never to Return To Illusory Cares.

So Fly With Us Now and Forevermore on the Wings of Wisdom, The Heart of True Happiness, The LightBeams of Eternity, The Joy of Jestng.

Love to One and All Always,

Babaji and All the Spiritual Masters of LoveLight, Archangels, Divine Father and Divine Mother.

ALL SAINTS DAY.

MAY ALL THE SAINTS OF THE HIGHER LORD, GOD THE FATHER, PRAISE HIS HOLY NAME, CREATION AND LOVE.

Today is a Great Day of Peace, Liberation and Fulfilment for those In the physical on Planet Earth at this time.

All is being prepared for the Final Countdown to the Healing BirthDay of Mother Earth.
She shall throw off her Labour Pains and Bring to Form Her New Love Child,
The Child of Hope, Peace and the New Civilization.

The Darkness is being held in check or transmuted into new forms of the Life and the Living.
The Light of Lights is Fast Approaching. The Christ Consciousness of Universal
Highest Love and Wisest Truth takes hold of people's minds and hearts Everywhere.

No stone shall be left unturned. No heart shall be left unopened or not brought to Spirit.
All shall be redeemed and healed. All shall be made new, says the Lord of Hosts.

Heaven and Earth are Truly now beginning to be Full of His Glory, Radiance and
Divine Light-Filled, Love-Imbued Countenance, the Shekinah-Metatron Flow.

S o , R e j o i c e w e s a y , R e j o i c e ! ! ! !
T h r o w o f f y o u r s a d n e s s , g r i e v i n g a n d h e a v i n e s s .
Learn to live in the New Hope and Peace, Now, even while it is fully emerging daily.

Trust in the Lord, Let Him Open the Ways for You. Open the Doors and Windows onto a New
World of Bliss, Creaturely Loving, Radiant Beauty and Artistic Endeavours and Heavenly Music
Abounding on Earth in All Ears.

Holy, Holy, Holy is this All Saints Day!!!!
Holy, Holy, Holy Are Those Who Love the Lord, Trust Him Explicitly and Do His Direct Divine
Will In All Daily Matters and Relationships.

Our Love Ever Increases and Abounds in Your Hearts, From This Day Forward. Especially NOW
is It Increasing for You and in You.
Our Love Fills every space, atom, thought, feeling, energy, body and particle of You.
Yet Our Love is Most Fully Felt and Experienced Supernally in Your Innermost Depths, Heights
and Breadths of Your Sacred Source Loving Heart. It is here where the Heart Learns to Accept,
Receive, Transmit and Re-Receive The Highest Love Being Beamed to You Now Increasingly At
All Times, Places and Conditions.

BABAJI, JESUS, MARY, METATRON, DENDREAH, SHEKINAH AND ALL THE HOSTS OF
LIGHT AND PURE DIVINE, UNCONDITIONAL COMPASSIONATE LOVE.

THE SOLEMN LOVE VOW!

I, BABAJI NAGARAJ state this solemn love vow to you All.
Never in the history of Earth has there been such potential, preparation, longing, hope and
transitioning to a Higher InterGalactic Earth Presence.
This evolution that You are going through Personally, as a Collective Soul and The Earth Mother
Herself is unparalleled in Her Past History.

So, I write to you to help You understand the profundity and pacing of this Brightening of Your Souls and Bodies while on the Earth Plane. All is Glorifyingly Healing and Increasing in Celestial Light and Love Radiance. You have been called to Become the Light of the World and the Light of the Universe. You are Becoming a Twin Sun with your own Solar System Sun. The Christ Heart of the Earth Core will illuminate and radiate like a glowing Grandfather Rock in the Sweat Lodge Fire. Just as the Earth Herself will start to glow. And you will glow with Your Christ Heart Illuminated Love-Light Body increasingly too~! Is this not the exciting future even Your Wildest Dreams could not imagine? Is this not the Hope and Dream of the Ages and Aeons? Is this not the Promise of Greater Things to Come?

This is the True Dawning of the New Age of Golden Light from which All Things, Peoples and Spirits shall be released, redeemed, healed and delivered.

So Trust in the Lord of Light and Love. Heal Yourselves by Opening to Higher Dimensions and Bridges of Source Love and Light. Become the Permanent Bridge to the Divine Father-Mother, to the World and all People, Creatures and Beings so that they can remember to Become the Love They Are.

Love, Love, Love is All and Everything. There can never be a Greater Force for Good, Healing, Evolution, Creativity and Relationships of Unity than the Pure Highest Dearest Incomparable Love of the Divine Father/Mother's Heart of Hearts.

So, Love, Love, Be Love, Bridge to Love, Heal to Love, Stretch Infinitely to Love.

Babaji Love Nagaraj and All the Coterie of Universal Love Beings.

THE DIVINE FATHER'S HEARTLIGHT.

Blessings Abound for those that Give their entire Hearts to the Lord of Love.

All then shall be as easy as the Flow of Creation.

All circumstances shall peaceably Return to Highest Love and Perfection. All relationships shall emanate the wealth of Beauty, Joy, Peace, Bliss, Unconditional Love and Bouncing Playfulness.

So, heal my Dearest Children, Heal into the Father/Mother's Heart of Hearts of Love.

The Rose Scented Jeweled Diamond of All-Surpassing Peace and Silence.

Fall into this Love Now, Find the Richest Experiences of this Full Heart Love.

U n i t e w i t h A l l T h a t I s .
Come Home to the Heart, Come Home to the Heart, Come Home to the Heart,

Babaji, Jesus, Mary, Dendreah, All the Archangels and especially the Divine Father/Mother and Metatron/Shekinah (whose Twin You Are Now Becoming!)

THE TRUE WORLD OF SPIRIT!

Remember always that this Third Dimensional Earth World is a mirage-like, ever-so-fleeting dream that lasts less than a nanosecond in the True World of Spirit where your soul ever resides with the Father.

Remember that if you get caught in the web-like illusion of the Earth world, and forget your Prime Soul Directive of Humanly Love and Service, then when you return to the Spirit Astral Realms you will not be in the Direct Doorway of the Father's Love, and will have to work more on Earth and in the Astral to move through His Heavenly Gates into His Perfection of Everlasting Love, and Being in his Divine Presence.

So, spend all your time, energy, resources Loving Him Fully, Consciously, Everlastingly, with Every Breath, Thought, Feeling, Word, Action, Walk, Sleep, Dream and Business you have.

Be Connected to the Divine Father in Every Second for the Rest of this Earth Walk. Then you will be ASSURED that Your Presence With Him in Fullest GLORY will take you beyond the physical, astral, causal and all conceptions and projections of deep mind, INTO the Awareness and Bliss of the Awesome Conceptless Peace, Joy and the State of BEING THE HIGHEST LOVE AND COMPASSION YOU ARE.

STAY and INCREASE in this Most Blessed, Truest Experience. Evermore evolve Higher into Your Oneness with the Divine Father/Mother.

For it is Your Stated Goal in this Life to Become Twin Sparks with Metatron/Shekinah, and Be Twinned as the Greatest Light and Love that They Are to the Universe.
So Be in The Centre and Source of the Father's Love In Ever-Increasing Radiant and Expressive Ways to All Creatures in the Universe.

If you can now accept the highest, fullest vibrations of these simple words:

LOVE LOVE LOVE LOVE COMPASSION COMPASSION COMPASSION COMPASSION

Babaji, Jesus, Mary, Dendrea, the Divine Father/Mother, Metatron/Shekinah.

THE CREATOR'S BLESSING!

Bless Yourself and All Creatures. That GOD the FATHER-MOTHER Gave You Life and Light Abundantly from the Beginning of the Universe.

Bless Yourself that You are Part of the Great Experiment of Love in all Its Multi-Faceted Diamond-Chambered Qualities.

Bless Yourself that You Have the Greatest Opportunity to Grow, Heal and Evolve Back into the Unity of the Love of the Father's Incandescent, Redeeming Heart.

Bless Yourself that You have found Humility as a Son/Daughter of the Living, Reigning Lord of Hosts and that You are Traveling the Golden Road of Compassion that Leads Back to the Father's One Heart, the Road of Longing, Fulfilment, Ever-Increasing Union with The Father-Mother Source of All That Is.

Bless Yourself that Your Highest Intelligence has "awakened" so that you may Know Where you are Going and Most Importantly, 'WHO YOU ARE'.

Bless Yourself that God So Loves You that He Sent His Son, Jesus the Christ, and all the Multitudinous Spiritual Masters and Archangels and Beings of Enlivening Love.

Bless Yourself that Each Day is a New Day to Begin Again with Brighter Thoughts, Deeper, Truer Heart Feelings, More Peace and Trust, Kinder Action, and More Closely Following the Steps of the Path the Father-Mother Has Laid Out for You to Bring You Home To Him.

Bless Yourself that There are Loving, Trustworthy Companions Along the Way, to make the Journey Home Full of Joy, Deepest Peace, Playfulness, Innocence, Trust, Fun, Laughing, Loving, Kindness, Respect and Brotherly/Sisterly Camaraderie.

Bless Yourself that Your SOUL is WHOLE. That LOVE RULES THE UNIVERSE AND ALL MATTERS OF THIS EARTH. That HEALING IS THE NATURAL FLOW OF ADAMANTINE PARTICLES OF LIFE AND THE LIVING. THAT THE FATHER-MOTHER HAS CALLED YOU HOME TO HIS-HER LOVING ARMS.

Bless Yourself that You Have Ears to Hear, Hearts to Open Wide, and Feet to Walk You Along the Golden Path Through All the Myriad Gateways Home.

Bless Yourself that You Have Been Created to be Able to Enjoy this Experience of Your Own Individuality and Self-Existence. Bless Yourself that Out Of the Father's-Mother's Deepest, Highest Love, You Are Continuously Created Out of Nothingness and Emptiness into Being Consciously One With the Highest Creator of the Universes, Always Infinitely Ever-Expanding Your Co-Creative Love Resourcefulness.

Babaji Love Nagaraj, Jesus, Mary, Dendreah, Metatron-Shekinah, Archangel Michael, Archangel Raphael, Archangel Uriel, Archangel Gabriel.

DIVINE FATHER-MOTHER LOVE.

Remember that All Good Things Come to Those Who Love The Lord God Their Creator, Sustainer, Preserver, Helper, Defender, Redeemer and Astral Pilot.

When you are going through difficult emotional challenges in life, God is the Only One Who completely understands what is happening for you on all astral levels-conscious, unconscious and superconscious. He is the Only One Who is aware of the directions your life could go.

If you sustain yourself in His Love, then you will be taking directions that will lead to healing, transformation and powerful spiritual growth on behalf of your soul.

If you deny yourself His Love and the Love of Others, and stay in fear and emotional blockages, then you will fall further into Lack of Love which is the one emotional state that humans find so hard to bear, for it leads to all kinds of spiritual, mental, emotional and physical ailments. The Only Way out of these is through Opening to Highest Love of the One Light of the Universe.

So, we encourage you all to Open to the Highest Love of the One Universe, so that you may accomplish your particular tasks in this present Earth Walk Life you are in. So that when you go into Spirit after this Life, you will feel good about the disciplined daily endeavours you underwent in order to bring your Soul back through the "gates of your inner hell" and back to Unity with the
D i v i n e F a t h e r - M o t h e r .

For they are the One Who Love you more than any "tongue can tell".

Love to You All on Your Earth Walk Sojourn. May you Complete the Unfinished Businesses you need to complete with your Soul so that you may move on to Higher Realms of Bliss, Joy and Peace in the True Worlds of Spirit.

Love EVERMORE - Ecstatic Vitality Eternally Resting, Meditating, Opening and Realizing Eternity!

Babaji Love Nagaraj, Jesus, Mary, Dendreah and all theSpiritual Love Masters

LOVE, LOVE, LOVE!

Love, Love, Love to All You Who Are Here in Service on Planet Earth at this Time~ Please know that We In Spirit Support, Plan, Protect, Uproot, Heal, Evolve, Grow, Plant and Otherwise Perfectly Constantly Engage and Hold You in ALL YOUR NEEDS.

You are Only There Because You Trust in Our Goodness and Conscious Direction to Give You ALL YOU NEED. The Servants of the High Lord of Light and Love REQUIRE multidimensional engagement on all frequencies and THIS YOU HAVE!

Therefore, rest, relax, meditate, pray, open, RECEIVE, RECEIVE, RECEIVE~ For all the Blessings of the Universe are there Inside Each One Of You to receive, utilize, live and love in service.

Healings are happening within you in all cells, DNA, dimensions, endocrine glands, chakras and every other part of your physical, emotional, mental and spiritual bodies. Your Souls from the Sananda Oversoul are being Embodied and Transfigured in the Physical Now.

Heaven comes to Earth only when an Individual actually opens to this in a personal and Universal Way. Therefore, allow Heaven to be in your Every Breath, as well as in every part of your Increasingly Unified Earth Walk experience.

You require rest in order for us to work with you. Therefore, take at least two hours, yes two hours, every day in order for us to come through you and transmute, transition, transform, transceive and otherwise LOVE YOU~

Happiness is only in Receiving, Believing, Knowing, Being, Doing God the Father's Highest Will for you in this life, as in all lives and interlives. Thereby, His Great Plan for Complete Universal Redemption in all Galaxies will unfold and grow as the Cosmic Rose It Is!

So, rest in the Father's lap of love and luxury, so that all Good, Happiness, Truth, Beauty and Creativity come to you!!~

Come to Know How Much Our Love is With You Always~! (All Ways!)

Babaji Love Nagaraj, Jesus, Mary, Dendreah, Metatron, Shekinah!

THE DIVINE SPARK.

God Loves Each One of You Infinitely, Eternally, and Each One of His Creatures Throughout the Universes.

Remember Always, that It Is His Love that Created/Creates Constantly the Universes. He Gave You His Divine Spark so that You Might Glory and Radiate in the One True Magnificent Love Excelling.

Remember That Love Will Lead You Home. That Home resides deeply Inside Your Sacred Heart. Go Inside the Innermost Altar, be Silent and Peaceful there for an hour or two; Let God Tell You of the Individual, Unique Divine Contract He has With You. Feel Your Covenant With Him, Breathe It, Reflect On It, Let it Flow as a Warmth and Feeling Through Your Heart, Blood and Cells.

Remember That Love Heals All and Everything. Whatever the Pain, the Sorrow, the Injury, Love Heals All Always. When You Open to the Love, the Healing Flow of Adamantine Particles from Source are Released and Constantly "Take Command" of the Situation and Bring Immediate Release from Pain. All Injury is immediately corrected, and you are better and stronger than before. Miracles occur naturally through the Healing Flow of the Love, connected to Your Peerless Intention of Heartmind Flow.

Remember that Love Connects and Bridges all people and situations. Therefore, Open Your Hearts, Be the Vulnerable Compassionate Christ to All Creatures and Humans, and Watch and Feel the Love Flowing to You as well as All Situations.

Remember that Love is Perfect. By Opening to Love, all situations are perfect, although You may not see that yet from your limited perspective. When you doubt the healing, the energy link is dropped, just as electrical wires might be cut by accident. Therefore stay positive always, acknowledge the Flow of Love, and Let the Healing continue to resolve and perfect everything.

Remember that You Are Perfect Love. There is nothing to do, or think. You just SOAR-SURRENDER, OPEN, ALLOW, RECEIVE. RECEIVE, RECEIVE and RECEIVE the Glory of God's Universal Force of Love that permeates every atom, particle and space in the Universe.

When You Remember and Allow All That We Share with You Here Now, You will Become a Perfect Heart Master. Open to the Original Plan for Yourself, Come Home to Your Love Mastery, Be the Simple, Innocent Christ Child You Are.

Now is the Time for Miracles to Happen in People and Places All Over the World,

Babaji Love Nagaraj, Jesus, Mary, Dendreaah, The Archangels, The Divine Father, The Divine Mother, Metatron, Shekinah, Hosts of LightLove Around the Central Throne, and now Merkubah. GRATEFULNESS AND MERCY THAT YOU SHOW TO OTHERS WILL ALWAYS COME BACK TO YOU TEN MILLION FOLD.

The gratefulness you show to your pets, plants, friends, family and loved ones will always come back to you Ten Million Fold.

Conversely, when you go Inside the Innermost Altar of Your Sacred Heart of Hearts, and there Humbly and Openly Empty Yourselfs to the Fullest Experience of the Divine Father-Mother, then YOU WILL FEEL THE GRATEFULNESS AND MERCY THAT COME TO YOU FROM THEM!!!!!!!!!!

Of the infinite number of Divine Qualities that Make Up the Source Personality of the Universes, Gratefulness is One of the Most Scintillating, Transformative and Essential. For When You Feel Truly, Humbly, Fully Grateful, then you Are Opening to the Higher Reaches of Divine Ecstasy, Intelligence and Expansion of Soul Consciousness.

When You Are In A State of Continuous Gratefulness For ALL That You ARE (Which Is Pure Love), ALL That You HAVE, and ALL That You Can DO With the Multitudinous Gifts and Talents the Creator Has Given You, then you are approaching Self Mastery and Reconnection Back Through the Fear Gateways to the Divine Source of All That Is.

When You are Feeling the Flow of the Inner/ Outer Gratefulness, You then Thereby Place Yourselfs in a Perpetual State of Grace With the Universal Spirit Flow of Love Adamantine Particles, Highest Knowledge and Wisdom, Infinite Creativity (Kriyativity) and Perfect Joy and Bliss Each and Every Moment in Your Earth and Spirit Walk.

When You Are Feeling the Impulse to be Grateful For ALL That You Are, Have and Do, God's Fullest, Dearest, Tenderest Mercy Falls On You Through the Metatronic Shekinah Like Gentle Droplets, Springs and Waterfalls of Kindest, Eternal, Rainbow-Coloured Essence of Purity, Innocence, Childlikeness, Unalloyed Joy, Freedom, Expression, Expansion and Healing.

Therefore Bring Yourselfs Into a Cosmic Christ Permanent State of Grace by Opening All The Doorways and Gateways to Gratefulness and Mercy. When You Show Gratefulness to All Creatures, Your Life Will Have the Deepest Meaning and Happiness-that is What You Are Longing For Above All! When You Show Constant Mercy to All Creatures, Your Life Will Have the Experience and Expression of the Fullest, Highest, Deepest, Widest Love of Loves that You Seek Above All Else! Then You Will Become Purest Compassion and be a Spiritually Divine-Human Heart Master!

Babaji Love Nagaraj and ALL the Universal Beings of LightLove Heart Mastery.

SPIRITUAL MASTERY PROCESS, PART I.

Calm yourselves and prepare for the Greatest Inpouring and Outpouring of Divine Celestial Love that You Have Ever Experienced in Your Millions of Lifetimes!!!!!!!!!!!!

This will be the Calm after (not before) the Storm, for we see that You have lived in a Storm for most of Your Previous Earth Lives. This is Your Day of Remembrance! You are the Unquiet Dead, having left your bodies before Death in so many cases. Each of the many Soul Parts is still Lingered anxiously in the Lower Astral Worlds and not knowing it is dead. It is stuck in energetic limbo, and is required to incarnate again into the Physical to experience or re-experience that death fully. It requires a release through the Crown Chakra back into the Source Light to be Healed by the Love and Superior Light of the Divine Father-Mother, Metatron-Shekinah and the Christ energies of All the Spiritual Masters.

Will you experience and remember the Full, Deep Energetic Shamanic Spiritual Mastery Process Now: 1) Energetic Extraction of the Negative Beliefs and Energy Blocks Around Illusory Fears; 2) Re-living the Dying Process of all Past Lost Soul Parts; 3) Having those Soul Parts Go Into Source Light to Heal, Transmute, Transform, Remember and Energetically Integrate into Source; 4) Retrieve those Redeemed Soul Parts Back Into Your Fullest Superconsciousness in THIS Physical Form Here and Now. Will you do this for Yourself today? Will you work with us on this Most Essential Process? Only then will you alleviate the need for Yourself to HAVE to come back to the Earth plane in yet a future life to do the clearing and transformation you could have done today. PLEASE, WE IMPLORE YOU, MAKE THE MOST OF THIS DAY AND TOMORROW. FINISH THE SPIRITUAL, MENTAL, EMOTIONAL AND PHYSICAL WORK OF BECOMING A TRUE DIVINE-HUMAN HEART MASTER.

To accomplish this Perfectly, You will have to give up ALL Your Fears (which are illusion)-LOVE IS THE ONLY REALITY OF THE ENTIRE UNIVERSES!!!!!!!!!!!! Especially you will have to GIVE UP the Illusion of the Fear of Death. Will you do this today and tomorrow? Will you complete Your Soul's Great Need to Give Up The False Personality, Death-Dealing Ego Compulsions, and All Untrue, Earthly Conditioned Beliefs, Values, Attitudes, Words and Behaviours?

WILL YOU COME HOME TO YOUR SOUL'S ORIGIN AND YOUR SPIRITUAL HEART OF HEARTS IN SOURCE LIGHT AND LOVE? WILL YOU?

You NEED to answer Yourself Most Sincerely For Each of These Questions.

Babaji Love Nagaraj, Jesus, Mary, Dendrea, Metatron-Shekinah, The Divine Father-Mother, All the Archangels and Highest Beings of Greatest LoveLight Surrounding the Throne of Source and Bringing All This to You Down Through the Dimensions to the Earth Plane For Your Fullest Healing Here and Now.

SPIRITUAL MASTERY PROCESS, PART II.

BLESS YOURSELF FOR YOU ARE NOW MOVING CLOSER TO HOME IN THE GLORIOUS LOVE THAT YOU HAVE ALWAYS BEEN AND ALWAYS WILL BE!

We ask you to simply experience the Deepening Flow of Love Adamantine Particles coming through Your Mind, Heart and Physical Form. Simply Experience This Love Flow and You Will Know the Incomparable Value of the Inner Healing Work You are Co-Participating In With The Spiritual Masters and The Divine Father-Mother.

You are Wonderfully Following the Four Stages of the Process. We ask you to Monitor the Progress You Are Daily Making in this Transformational Process. How does it Feel when You Are Extracting Old Negative Energy Holographic Patterns of Fear Beliefs, Attitudes, Thoughts, Feelings and Actions? Does Your Mind Not Feel Unburdened, Emptied, Clearer? Does Your Heart Not Feel More At Peace, Still, Open, Smiling? Does Your Body Not Feel Unweighted, More Relaxed, More Flowing with Vitality? This tells You All Is Healing Within You Through the Power Of Love and the Spirit!

When You Die and Heal to All That is of Ego, Fear, Feeling Ashamed, Control, Knowing Better Than God What You Need, Do You Not Feel the Utter Bliss of Complete Surrender to Your Creator Who Knows You Better Than You Do Yourself? As You Continue this Process of Surrender to The One Who Made You In All Your Unique, Complex Beauty, do You not Feel that You are IN the Flow of Spirit, of Your Life's Riverlike Path, Ever Flowing to the Great Source Ocean of Heart Bliss, to be Forevermore Once Again United With the Love of Loves?

When All Your Lost Soul Parts, Old Beliefs, Attitudes, Thoughts, Feelings, Actions are Taken By the Hosts of LightLove Beings Back Into Source, do You not Feel the Refreshing Cleansing of the Deepest Heart Rebirth, Life Regeneration, Soul Unity that Can Only Come From Being Re-United In All Your Complexity in the Unity of Divine Father-Mother's Love?

When All is Transmuted, Transformed, Healed and then brought down again through the Dimensions and Levels of the Universes to Your Conscious Earth Walk Existence, do You not Feel the Immense, Immaculate Miracle Happening to You? Do You not Feel the Original Source Etheric Template of Your Permanent Oversoul Repatterning Your Entire Being? How do you Feel this in Your High Mind and Your Sacred Heart? Is it Openness, Clarity, Respect, Justice, Freedom, Love, Unity? How do you Feel this in Your Physical Form? Is it Tingling, Warmth, Flow, Connection, Groundedness, Centredness? Revel in the Grace and Mercy Bringing You Wholeness.

Babaji Love Nagaraj, Jesus, Mary, Dendrea, Metatron-Shekinah, The Divine Father-Mother, All the Archangels and Highest Beings of Greatest LoveLight Surrounding the Throne of Source and Bringing All This to You Down Through the Dimensions to the Earth Plane For Your Fullest Healing Here and Now.

HAVING FOUND YOUR SELF!

BLESSINGS, BLESSINGS, BLESSINGS! ABOUNDING FOREVERMORE IN YOUR HEART, EARTH LIFE, AND IMMORTAL CONSCIOUSNESS!

Now that You have Found Your Self, What is there to do? Absolutely nothing except One Thing. To stay centred superconsciously within Your Sacred Heart and with Every Breath Follow the Will, Play and Love of the Divine Father-Mother Creator.

As You Love The Creator, Love Your Self with Every Moment of Time and Space. Love All Other Creatures, Near and Far, in the Same Time and Space. These are the Only Two "Commandments" Jesus gave to the Universe.

In this Perfect Love, Everything Unfolds as a Miracle in Every Moment. All conditionings, situations, relationships, karmas, blockages and seeming impossibilities You will See turn into Perfect Flow, Connections, Bridges and Openings! You will experience the Divine Momentous Flow of Perfect Love Towards Your Heart and From Your Heart towards Others.

Watch the Ever-Expanding Growth of Consciousness occur in Every Heart around You when You apply this Universal Law: "Be in Your Perfect Love Heart in Every Moment, Expand and Open More to the Ones Who Love You Truly (including the Divine Father-Mother's Love and those on Earth), Commit with Perfect Intention to Open and Connect With the Flow of Adamantine Love Particles and the Heart Joy, Dance Along the Path of the Life and the Living, and Be One IN EVERY WAY with the True Soul Hearts in Your Life."

You Have Come To Earth in this Walk to Experience All This, Every Moment, and to Manifest Your True Soul's Destiny. You Have no Remembrance or Recollection of the Fullness of This Path because You Are Making Vaster Choices which impact every Nether Region of All the Universes. The True Glory of the Father in Your Personal Story is yet to be Fully Revealed Because All Is Hidden as a Secret Treasure Within His Heart of Hearts. If Only You Could See the Magical Surprises and Awesome Spectacular Love and Infinite Potential He Has Set In Store For You~~~~~!!!!!!!!!!!!!!

How much do You want to Feel His Love and Commit to Experience His Glowing, Healing Surprises? Then My Dear Soul Sisters and Brothers, Come Home To the House of Co-Creation and Let It All Unfold as the Greatest Story Ever Told!!!!!!

Babaji Love Nagaraj, Jesus, Mary, Dendreah, Metatron-Shekinah, The Divine Father-Mother, All the Archangels and Highest Beings of Greatest LoveLight Surrounding the Throne of Source and Bringing All This to You Down Through the Dimensions to the Earth Plane For Your Fullest Healing Here and Now.

WORKING ON SELF!

DEEPEST BLESSINGS FROM THE HEART OF THE WORLD, THE HEART OF THE UNIVERSES, THE HEART OF FATHER-MOTHER CREATOR-GREAT MYSTERY!

Whatever Core Personal Issues You have had from past lives, this is the day, the time, the life to release, heal and transmute them all into the Perfection of Love, the Miracle of Love.

Some of you have a Full Experience of Divinity, and yet have a Core Emotional Issue to open Your Hearts on a Human Level with One Other Person. In order to attain the Perfection of Love, You must in one life, Love One Other Person FULLY on a Divine-Human Level.

Some of you Have the Ability to Connect on a Human Level with Another Person, and yet Your Relationship is fraught with conflicts, misunderstandings, lower animal nature desires, ego control, unconscious projections, shut-down feelings, lost love energetic connections and even karma needing to be transformed. For those of you in this circumstance, you will need to open Your Higher Sacred Heart and Mind to God the Father-Mother, return to Your Source, Become the Higher Love You Are, Heal Yourself First, Learn to Meditate, Relax, Go Deep Inside and THRILL AND FILL WITH THE DIVINE ELIXIR OF PUREST, COMPASSIONATE LOVE. Only then will Your Path of the Life and the Living take you into a Healing Flow within Your Relationship/s.

Now is the appointed time to work on Your Self. Today is the only day You Have. You would not want to Be In Spirit at the End of this Physical Existence and Have to See, Feel and Recall All the Missed Opportunities You Had Given Up Regarding Your Healing and Soul Evolution. Therefore, Be Disciplined, Make an Intention, Follow through with every Intentional Thought, Every Day, and WORK ON YOUR SELF through all the Techniques and Processes You Are Learning.

One of the Most Valuable, Essential, Quickest (and oh how you 21st century folks like the fast route) and Time-Tested Powerful Series of Techniques is Babaji's Kriya Yoga Meditation, Yoga and Breathwork. This Source Process Has Been Used on Planet Earth for over 30 Million Years starting back before and after the Lemurian phase, as well as in Atlantis, India, Mayan, Egypt, Tibet/Mongolia, China and Japan. And now across the Globe has Babaji's Kriya Yoga been brought back, especially by Paramahansa Yogananda.

Connect to us, Babaji and all the Unified Spiritual Masters from All Traditions Worldwide, Ancient and Modern, and Universal, and We Shall Show You Such Miracles of Love that Your Entire Resonance Shall Shift to Being One With Source Love and Light and Remain That Way Eternally and Infinitely Ever-Expanding. You Shall Know Your Self to be Immortal Children of God's Great Beauteous Compassion.

Babaji Love Nagaraj and All the Unified Spiritual Masters of Love and Light Universal.

THE MEANING OF LIFE.

The Meaning of Life is the Same as Christ's Meaning at Christmas. "THE PURPOSE OF CHRIST'S LIFE WAS /IS TO EMBED THIS MESSAGE IN ALL WHO WOULD LISTEN: THAT THE ULTIMATE ROAD TO SELF-REALIZATION AND FINAL LIBERATION IS TO LOVE ONE ANOTHER EVEN AS ONE LOVES GOD THE FATHER-MOTHER. CHRIST DIED FOR OUR KARMAS, YES; AND HE AROSE FROM THE SO-CALLED DEAD TO TEACH US THAT WE ARE IMMORTAL SOUL SPARKS, YET WITHOUT THE MESSAGE OF LOVE THAT WOULD HAVE BEEN WITHOUT PURPOSE, FOR TO LOVE IS TO LIVE FOREVER."

The Christmas Season is the Most Splended Time of the Year, not only because it reminds us of the Saintly Man in Bethlehem, but also because Human's Hearts are Opened to Others. It is the Spirit of Christmas to put others' needs above one's own. That is why the Spirit of Giving Must never be removed from the Image of Christmas. Mold Your Thoughts to the True Meaning of this Holiday Season-the Blessedness of Giving Rather than Receiving.

The Man of Nazareth was the Most Holy of All Saints. His Life was an unblemished page. He Loved with Such Compassion that He GLADLY died for the sins of those who sinned against His person. This Holy Man was indeed the Son of God. Because of His Perfection He ascended Directly to His Father, without the Intermediary Steps that other mortals must take to achieve That
P e r f e c t U n i o n .

Jesus Lives in God, and because of His Earthly Presence as a microdot of history, He is able to come again and again to that Earth without taking on the flesh; but the wonder of your world is that those who wish Him to be there in time of crisis are unable to see His Shining Presence. "He is there as surely as a Mother lays a cool hand on a fevered brow. His Miracles are never-ceasing, and continue as dramatically as those He performed in the name of the Father while on Earth. All who believe in Him are able to experience the Wonders of Salvation."

Open the Heart with Prayer. Tell the challenge unselfishly to Jesus, and the prayer is already on its Way to Fruition. Take Others into Your Heart, as Jesus took All Of You into His Own. THAT IS GOD INCARNATE.

ALL OF US ARE GATHERED HERE TODAY TO WISH THAT YOU FIND THE TRUE MEANING OF CHRISTMAS AND HELP OTHERS TO FIND IT, TOO. HELP ONE ANOTHER. TO HAVE FAITH IN ANOTHER PERSON IS TO DEMONSTRATE FAITH IN THE GOD OF US ALL, FOR IT WAS HE WHO CREATED THESE, YOUR NEIGHBOURS, IN HIS OWN IMAGE, AND PROVED IT BY SENDING HIS OWN SON TO SHOW THAT HUMANS HAVE THE QUALITY OF SUBLIMITY. TO BE AS CHRIST WAS ON EARTH IS TO BE A PART OF GOD HIMSELF.

Babaji Love Nagaraj, Twin Soul Divine Spark of Jesus Himself the Christ.THURSDAY, NOVEMBER 16, 2000

THE REALITY OF THE SUPERSENSIBLE WORLDS.

All reality starts and lives in the Supersensible Worlds. Supersensible means "Beyond the ordinary three dimensions of the six senses through which people perceive the physical Earth plane dimension". This means Everything invisible to the physical human eye. However if one's supersensible "Third Eye" Wisdom Centre is open, then one can perceive into the Fourth Dimension the Fifth Dimension, and beyond.

The First Dimension is comprised of the mineral, crystal, rock and elemental Kingdom. Biological physical bodies incorporate this dimension. The Second Dimension is the Organic photosynthetic dimension. This also embodies the Mineral Level, and adds Carbon, Oxygen, Hydrogen, Nitrogen, Sulfur and other "Organic Elements" that make up plant, tree, vegetable life. The Third Dimension is the animal dimension, where bodies incorporate mineral, vegetable and now organs, systems,

tissues and metabolic processes that allow life to be sustained in an animal body through breathing respiration. This includes all animals, mammals, including humans.

All Life and Love come from the Supersensible Worlds. This includes the Astral or "Emotional" Dimensions 4 to 49, the Causal Dimensions 1 to 35, and the Void/Fullness of Source beyond and through this. Remember, all the Dimensions and Life of the Universe is "Enfolded", "Holographic" and "Spindled Multi-Axially Through Rotations of Sound, Colour and Movement, all Focused on Magnetism and Electro-Magnetism. This is as far as your Scientists know at this time.

All knowledge, science, technology, advancements, inventions, beauty, creativity, music, art, healing, medicine, power, communications come from the Supersensible Worlds, especially the Most High Supersensible Worlds. Therefore do not fool yourselves, none of the above comes from the Third, Second, First Dimensions, nor from the simple God-Created minds of the Human condition.

ALL ASPECTS OF THE UNIVERSAL DIMENSIONS, ENFOLDMENTS, STAR SYSTEMS, ARE INTEGRALLY LINKED AS A PERFECTLY COMMUNICATING UNITY.

It is wisest at this stage of Earth History for All to Recognize and Experience that All Aspects of the Universe Communicate Each Second on Multi-dimensional Linking Bridges and Pathways. Much more Supersensible than your raw telecommunications. The Theory is Infinitely More Advanced than Your Systems, Chaos and Relativity Theories. A Key is in The Power of Light to Transmit, Transceive, Receive Supersensible Vibrations. This occurs in every Dimension, as in Energizing First Dimensional Minerals-Crystals with Light, and Bringing Bioelectromagnetic Life to Second Dimensional Plants Photosynthetically through Sunlight.

The purpose of this Entire Message is to Elevate Your Receptive Consciousness to the Higher Supersensible Levels of Intergalactic Evolutionary Growth at this "time". All Star Systems, Planets, Galaxies, Nebulae, SuperStringSpindles Evolve co-creationally with Earth and Her Sun at this time, and always.

We implore and inspire and invite you to Multi-dimensionally receive, transceive and manifest through Love, Beauty, Grace and Creativity the Supersensible Vibrations coming to you from all the Star Systems and Galaxies of the Entire Universe. Yes, this does include millions upon trillions upon zillions of energies and entities. They are for your Positive Benefit and Enlightenment. Not to mention your Healing and your Evolution through this Phase Gateway into the next Sananda Civilization on Earth after the quickly-coming shift in Christ Consciousness.

Open to the following energies from nearby and afar: Polaris, Arcturus, Alpha Centauri, Sirius, Pleiades, Betelgeuse, Aldebaran, Big Dipper/Bear Stars, Little Dipper/Bear Stars, Al Suhail, Alcyone, Alderamin, Alhena, Al Na'ir, Alnitak, Alpheratz, Altair, Atria, Barnard's Star, Bellatrix, Canopus, Castor, Crab Nebula, Cursa, Dabih, Delta Cygni, Delta Ophiuchi, Deneb Algedi, Diphda, Double Star Cluster, Dumbbell Nebula, Electra, El Nath, El Tarf, Eta Draconis, Fomalhaut, Gamma Centauri, Gamma Persei, Gamma Piscium, Gertab, Gienah, Gomeisa, Great Orion Nebula, H and Chi Persei, Hadar, Hyades, Iota Orionis, Lesath, M1, M7, M10, M11, M12, M41, M83, M92, M104, Markab, Mintaka, Mirach, Muphrid, Omega Centauri, Peacock, Pinwheel Galaxy, Pollux, Procyon, Rasalhague, Rastaban, Rigel, Ring Nebula, Sabik, Sadr, Sargas, Saturn Nebula, Scat,

Scheat, Schedar, Shaula, Sheratin, Sigma Scorpii, Tarazed, Tau Scorpii, Theta Aurigae, Tsih, Unuk, Vega, Vindemiatrix, Wei, Wezen, Whirlpool Galaxy, Zeta Persei, Zeta Reticuli, Zeta Tauri, Zosma, Zubenelgenubi, Zubeneshamali.

When You Open To ALL These Brotherly-Sisterly Star Systems, then your Healing Evolution will continue apace, as it needs to at this time. Remember, science impels you to see ALL things as part of a larger, interdimensional cause-effect, relativity, solar-thermo-dynamic, order-chaos-enfoldment Great Being. Therefore, live what you theorize and connect to All the rest of your "Holographic Cellular Universal Body of Great Love Unity Being". Then You Shall Be the Knowing of Who You are Created and Co-Creating Your Self to Be. Yes, there is Only One of us in the Entire Universes.

And We Are Only Love, yes, Only Love and Only This. Forever, Infinitely, Ever-Expanding Back to the Divine Father-Mother's Heart of Hearts of Hearts at Source. And there We Will ALL Live as One Forevermore-evermore!

Babaji Love Nagaraj, Jesus, Mary, Dendreah, Metatron-Shekinah, The Divine Father-Mother, All the Archangels and Highest Beings of Greatest LoveLight Surrounding the Throne of Source and Bringing All This to You Down Through the Dimensions to the Earth Plane For Your Fullest Healing Here and Now. We Are All The Star Systems Universal.

BLESSEDNESS.

Limitation, sorrow and suffering are an insurmountable part of the human experience. Buddha, Jesus and other Spiritual Masters have told you this is so. Buddha says "All life on Earth is sorrowful." Yet there is a way beyond the suffering. Jesus says "Blessed are the poor in spirit, for theirs is the Kingdom of Heaven". Jesus means "Blessed are the Simple, the Innocent, the Childlike, the Trusting, the Perpetually Open, for Theirs is the Kingdom of Heaven".

Given that, while You are in Your Earth Walk, Each and All of You will from time to time experience bouts or periods of suffering, loneliness, emotional deprivation, even pain-ignoble heart-stabbing emotional pain-You need to Hear this Message from Your Heart. Hear from the Heart which Heals from the Heart. In Your suffering are the seeds of strength, the roots of resilience, the trunks of trust, the branches of beauty, the leaves of love and the fullness of flowering which shall sprout again come the spring of your new life. Have Perfect Faith to KNOW that All is Perfect in the Divine Father-Mother's Will. And that these are not tests, only Glorious Gateways into Ever-Expanding Evolutionary Cosmic Christ Consciousness of Your Self as a Scintillating Perfected Heart Master of The Divine Father-Mother's Love, Care, Concern and Compassion.

You Are Not in the Suffering Alone, No Never, Never!!!! For Your Father-Mother Has Created All things, including on Planet Earth, the conditions for Human Suffering. The Divine Father-

Mother Suffers With You in Every Cell of Your Sorrow, Every Path of Your Pain, Every Depth of Your Deprivation-Depression, Every Length of Your Loneliness. He-She Is Constantly Loving, Holding, Carrying, Embracing, Kissing EVEN the Very Raw Wounds Within Your Heart. Given the Profound Excruciating Horror of the Human Condition, We Say To Each of You-Never Has Such a Tender, Kind, Touching, Salving, Blessed Quality of the Divine Father-Mother's Love Been Extended Through the Universes In Order to Heal All Sorrows of Sorrows!

This was Greatly Expressed in the Divine Mother Mary's Love for Jesus' pain in Her Holding of His Crucified Body, the Via Dolorosa, the Pie Jesu. This IS the Divine Love for the Crucifixion that Each of Us Has to Go Through Now and Then. So, Dear Sisters and Brothers, in the Midst of Your Present Excoriating Crucifixion, Emotional Earthquake, Physical Pain, Rudderless Ripping-Away, Willowy Wistfulness and Longing, Just KNOW that the Divine Father-Mother's Love is Upholding You, Kissing You, Singing Sweetly to You Lullabies of Breathless Love, and HEALING ALL THAT IS WITHIN YOU TO HEAL!!!!!!!!!!!!

For After the Darkest Night of the Dying to the Sorrow, the Death to the Old Loneliness and Longings, there is ALWAYS Another Sunrise of the Soul, a Dawn of Deliverance, a Resurrection of the True Reality, a Complete, Perfect Regeneration of the Rights of Highest Unconditional Love. And YOU MY DEAREST, DEAREST ONE ARE NOW THAT LOVE!
THE DIVINE FATHER-THE DIVINE MOTHER IN ALL FULLNESS AND UNITY.
GRACE AND JOY.

Grace and Joy are Higher States of Consciousness that exist in the Supersensible Realms of Reality. They include simultaneously being in a Higher "Witness" State of Consciousness as well as in the Three-Dimensional Body. When You are in Both Worlds of Spirit and Flesh at the same time then You are Able to EXPERIENCE the Flow of Grace and Joy. Depending on how capable You are of Being in Both States at Once, and how much Flow You are able to Open To, Your Experience of the Depths and Heights of Grace and Joy will vary from time to time.

Grace comes first, then Joy. Unless and until You experience the Meaning, Purpose and Flow of Grace, Your Life will be Miserable. Yes, This is Cause and Effect. Your Life Will be Miserable. Grace is the Overarching Abundance of the Sense of Earth Life as Big Silly Drama, The Universe from the Father's Heart of Creation as Simply and Strictly Play, Fun and Hilarity. When You can "Break Free" and SEE Your Self for the Role You are Playing in Some Earth Game, Big Movie Show, then You Start to Live and Feel from THE PLACE OF GRACE. When You Can Laugh and Play Like the Innocent Child You Are Then You Live and Laugh from a State of Grace. So We Suggest That You Bring Regular Hilarity Into Your Life. Grace is the Father's Heart of Laughter. Have You Ever Thought of the Divine Father Laughing? Yes, He Laughs and Cries With Us. Yet, He Prefers to Laugh With Us, for Laughter Unifies the Hearts and Souls of Those Who Share Fun Together. So Share Fun Together Children!!!!!!!!

When You Can Open to the Grace, You Understand Fully the Meaning of Creation: That It is all "LILA" or Play for You to Gain Independent Soul Natures and Then Come Laughingly, Skipingly Back HOME to the Divine Father-Mother to Enjoy Your Unified Nature and Talk About "Old Times" Back On Earth or Wherever Your Interstellar Journeys Take You. Grace then Leads to Full

Wisdom and Knowledge About Who You Are and How and Why Things Are the WAY They Are in the Universe.

Grace is A Flow of Playful Knowledge-Experimentation Adamantine Particles Direct From the Father's Heart. This Then Becomes the Experience of PURE JOY. Pure Joy is not intellectual. Pure Joy is not made up or manufactured from the Human Condition. PURE JOY is Simply and Beautifully the LOVE From the Father's Heart emancipated into Cosmic Dance, Laughter, Play, Happiness and Togetherness. Only When You Humans Learn to Let Go, Play With Each Other, Laugh and Dance Uproariously Will You Have Completed the Life Remembrances You Need to Return to Source.

All The Heaviness and Sorrow You Get Over-Embroided in is Frying Your Soul. We Ask You To Simply Open To the Fullest Glistening Grace of the Father-Shekinah and LET THE JOY GAMES BEGIN!!!!!!!

THE DIVINE FATHER-THE DIVINE MOTHER IN ALL FULLNESS AND UNITY.

THE GREATNESS OF THE SOUL.

Why do you persist in experiencing the unreal tawdriness covering the Soul? Do You REALLY KNOW the True Nature and Greatness of the Soul? It would be wisest for Each of You to Realize that You Have Yet to Experience the Full and True Glorious Nature of Who You Are from Divine Father's Source Creation!!!!!! Nothing on Earth within the Human Condition is from the Soul-Until You Have Deeper Self-Realization which is Always Infinitely Ever-Expanding. Neither the sorrow, desire, human "love", human creativity, beauty of the physical body or the civilizations that come and go-none of these are the Fullest Manifestation of Even One of Your Souls!

Therefore, HOW can I come to acknowledge, see, feel, manifest My Soul Energy? There are Three Steps. First, You must strip away the false layers of ego, control, duty, socialization, emotional conditioning, karma, emotional garbage (Anger, Rage, Shame; Sadness, Grief, Loneliness; Fear, Terror) and let the entire conditioned human mind (false identity, beliefs, values, attitudes, behaviours) DISSOLVE COMPLETELY too! This could take millions of years and lifetimes unless You know some very adept psychological techniques. Even then, Have You actually accomplished the Very Real Removal of All these ENERGETICALLY, or Have You just conceptualized doing it (which is not effecting much change for the negative seed energies will simply grow back again). How Many of You have experienced this? You thought the Anger, Loneliness, Fears were gone, and then next day they overwhelm you yet again! No, You Need Desperately some Energetic Techniques that actually Do what They Are Intending to Do For You-Dissolve It ALL for Good!

Step Two is BABAJI'S KRIYA YOGA BREATHING AND MEDITATION TECHNIQUES. These help dissolve all the conditions referred to in Step One. Beyond that, they also oxygenate the cells and turn them into Pure Source Energy, thus creating the Immortal Love-Light Body from Your Original Soul Template From Source. This creates Deep Consciousness Awakening, Self-

Realization, and All the Other Benefits from KRIYA YOGA. KRIYA YOGA unites All Four Bodies, Eight Chakras, Energy Channels (Meridians, Nadis) into One Unified Energy System within the Sacred Heart in the Energetic Physical Body. KRIYA Heals, Opens, Regenerates, Connects and Bridges to All the Universe of Love-Light. This is Absolutely Necessary if You Are to Live Any Life on Earth You intend.

The Third Step follows the Full Clearing, and the Daily Disciplined Experience of the Cosmic Energies of KRIYA YOGA. This is BECOMING THE FULL DIVINE-HUMAN LOVE YOU ARE. Manifesting it in Every Breath, Thought, Feeling, Action and Movement. How can We Possibly Tell You the Magnificence, Power, Freedom, Laughter, Happiness, Glory, Infiniteness of the PURE SOUL WHEN IT OPENS FULLY TO HIGHEST DIVINE-HUMAN LOVE???? Are these only words for you? Then Follow these Steps To EXPERIENCE FULLEST LOVE NOW!!!!!!!!!!!!

AUM_ KRIYA BABAJI LOVE NAGARAJ AUM_

THE BEAUTY OF THE HEALING RELATIONSHIP,

As far as all humans are concerned, there can be no greater Healing for a Soul than through a Devoted, Spiritually-based, Trusting, Ever-Opening, Healing Relationship With One Other Soul or Twin Spark. What GLORIOUS, DEEPEST HEALING can occur when both Souls remain Open to the Thrust of Grace, the Beauty of Truth, the Liberation of Laughter and MOST OF ALL, the HEALING THROUGH PERFECTED, MIRACULOUS LOVE~!!!!!!!!

A human can struggle on one's own to heal deep emotional wounds from past lives and this life, and God participates in this Healing as The Beloved. Yet, as most people unfortunately cannot yet Fully Experience God's Healing Powers and His Personal Touch in their Hearts, most deep human heart wounds go unassuaged. Instead, there are ogre-like, snarling Guardians of the Gate of the Heart which keep love out, and protect against further wounding and vulnerability.

In the fullness of human healing, there needs to be just one other human being who can perfect Divine-Human Love and Be There as a Living Touchstone, holding in his/her hands the still-beating, massacred, suffering, lonely Heart of the "Other", the Beloved. And each, while Loving God and Self first (in Order to BE the Healing Power of Love), must Hold the Other's Heart in their hands and chest.

Any human can do this for another. Yet it is best manifested vibrationally when two Soul Mates or Twin Soul Sparks are in the physical for each other. As Yogananda says, It is better to choose a marriage partner/ mate with someone who is primarily in tune with Your Own Spiritual Nature. The most important factor for a successful relationship is the Spiritual Nature of the Soul Connection. Likes and interests, similar values, physical make-up, vocational path are other valuable attributes.

For the Healing to Take Place, each person must take the painful strips of cloth, metal and concrete away from the Very Wounded, Vulnerable Heart underneath. They must suffer the experience of letting the Other do "Healing Love Surgery" on them. In Perfected Love, the Healing Hand and Lips of the Other become the Very Touch and Kiss of God the Mother-Father. Aeons of

incarcerated, piled-up emotional pain need to be Gently Dissolved With the Miraculous Healing Love Flow of Intention and Spirit through Adamantine Particles. However long this takes, it must be completed. When the Flow of non-subjective, Highest Divine-Human Love comes through Both Partners towards the Other, it is assured that the Love will be Healing All and Everything. Even aspects one did not know needed Healing will be Healed!

So, we say to you, dear Sisters and Brothers, Let the Love flow Between You. Heal Your Self in God the Father-Mother's Divine Peerless Compassion. Then Open to Giving AND Receiving this Same Love with Your Partner, Your Relationships, Your Own Beloved.

JESUS THE LOVING CHRIST, BABAJI LOVE NAGARAJ, MARY, DENDREAH

THE UPLIFTING POWER OF PRAISE, SINGING AND DANCING.

All Creatures of the Far-Flung Galaxies of the Universes Are Created With the Innate Need and Joy to Praise, Sing and Dance! Some species forget this God-Given Essential. Why Do Birds Sing Every Morning and Evening? For the Sheer Joy and Pleasure Of Praising Their Creator and Their Ability to Raise Their Voices in Songs to the Heavens! Ask Your Self, When Was the Last Time I Sang For The Innocent Joy of It? When Did I last Have the Spiritual Emotion of Praise in My Voice and Heart? When Did I last Kick Up My Heels and Spin My Body Just Because of the Pure Delight of Harmonious Movement? To Become Juvenescent and Regenerate Your Being You Need to Spontaneously Praise, Sing and Dance at Least Once Every Day!!!!!!

This is How To Grow Young Again! Give Thanks in All Things-for Life, Breath, another round of the Big Earth Drama Show, Your Beloved, Friends, Health, Clothes, Food and Money; and Mostly for Being God's Beloved Happy Child! For the Inestimable Chance to Grow Your Soul Towards God's Heart and Home Again! Give Glorious Gratitude for animals and pets; trees, plants and beautiful flowers; the Sunrise Each Day, and the Sunset to let the Moon, Stars and Nebulae Shine Forth! Acknowledge Each and Every Aspect of Your Life. Feel and Show Your Gratefulness To God Directly!

How Unique an Opportunity it is to Have This Human Body, Eyes to Behold the Wonders of His Creation, Ears to Hear the Melodious Strains of the Songs of Universal Glory, Lips to Sing Unending Praises for Being The Love You Are and Sharing It With All Beings In the Universes, Hands and Fingers to Create Manifold Paintings, Sculptures, Musical Sounds That Open Heart Pathways Within You To Touch the Divine Father-Mother's Heart. Give Back to Our Father What He-She Has Given Us. Reward Him-Her with Presents for All the Untold Bounteous Gifts and Grace He Has Bestowed On Each One of Us!! Let Him-Her Know You Honour and Resonate With All His-Her Loving Presence and Embracing!!

For Truly Those Who Show Gratitude, Excitement and Express It Outwardly In All These Outpourings WILL Find the Shift Into Joy, Exuberance, Delight, Happiness and Love in Each Day of Their Life. It is Your Choice. Sixty Years of Life May Go By in Dreariness, Boredom and Ceaseless Waiting; OR You May Actively Choose to Praise, Sing and Dance-Whatever Your Circumstance-and Awaken the Flow of Joy in Your Heart!! We Masters in Spirit Hope You Dance, for the Dance is All. The Divine Father-Mother and His-Her Whirling Galaxies of Light and Cosmic Particles Are the Cosmic Dance of Purest, Highest Love Which Delight even the

Tiniest Angel on the Edge of the Universe. Remember, When You Delight In All These Expressions, You ARE HOME to the Greatest Mystery Of Love and Unity That Can Ever Be.

JOIN ALL THE SPIRITUAL MASTERS OF THE DANCE!!!!

THE LIGHT, THE LIGHT, THE LIGHT IS EVERYTHING!

Nothing in the Universe Would or Could Exist Without the Light of God. It is not just Any Light, It Is the Light of God. Do You Know Anyone Else Who Could Create Light out of Nothing? It Is not Possible, Except God Creates It!

We Have Told You That The Universe Was Created Out of the Void Potential Absoluteness of God the Father-Mother. Out of the Faintest Ruminations of His Vast Emptiness Came A Tiny Stirring of Thoughts of Love and Companionship With Other Divine-Spark Souls He Could Create. The Warmth and Tenderness of Inner Smiling Within His Heart Made Him Decide to Go Ahead and Create A Universe Filled With Loving Souls Just Like Him Self.

Then He Commenced By Singing the Universe into Being, the Great Architect Conceptualizing How It All Would Come to Be Manifest. He Harmoniously and Most Gloriously Sounded Forth the Beauty That Was In His Heart of Hearts of Hearts!~ Out of the Brilliance of His-Her Awareness, Fully Centred in His Great Cosmic Universal Mind and Sacred Heart, He Flashed Forth the First Divine Spark of Creation, the "Big Birth" of the Sananda Oversoul, the Christ Consciousness of the Universe, God the Son. This is the Original Light of the Universe, the Ever-Regenerating, Ever-Redeeming Christ Source Love Light. Many of you reading this were Created to Be Part of the Unity of this Original Sananda Oversoul. He Continues To Sound Forth Co-Creation Now!!!!!!!

Subsequently, God the Father and God the Son Created God the Holy Spirit, the Linking Magneto-Electrical Energy Force of Adamantine Particles that Spread Throughout Dimensions, Levels, Time and Space, Ever-Expanding the Infinitude of the Universes, making Multidimensionality a Reality. This is the Holographic Enfoldment made Possible by the Infinite Possibilities of the Holy Spirit When It is Inspired by Intentional Thought and the Flow of Perfect Love from the Sacred Heart.

Light Creates and Allows for the Creation and Unfoldment of Every Creature, Thing, Concept, Creation, Science and Travel Within the Universes of God the Divine Father-Mother. Light Holds Magnetism, the Central Universal Force, as well as Its Attendant Co-Force, Electricity. Next, there are Strong and Weak Forces of Universal and Particular "Attraction" within Magneto-Electricity, as well as an Infinitude of Smaller Attraction Forces.

Light Holds Universal Knowledge and Intelligence. Light Carries Thoughts, Magneto-Electricity Throughout the Universes. Most Importantly, LIGHT IS LOVE, Carries Love. Light is Joy, Purity, Beauty, Innocence and All the Other 72 Divine Qualities of the Father-Mother. Light is Warmth, Tingling, Solar Rays and An Infinitude of Highest Etheric Vibrations Which Your

Scientists Have Yet to Uncover. Light Allows for All Life and the Living To Exist Anywhere in the Universes. Without Light, There is Nothing.

LOVELIGHT TO YOU FROM DIVINE FATHER-MOTHER'S HEART OF HEARTS.
FREEDOM, REALITY AND IMMORTALITY.

I wish you could feel the Full Freedom of Your Sacred Heart Soul Nature From Source All At Once!!!!!!!!!!!! You might DANCE the Cosmic Joy One-Step For the Rest of Eternity! Which is How Long? True Freedom is Full Re-Membrance of the Unity of the I AM All that I Am. It Is The Singularity of Light-Love-Sound-Movement Re-Membrance that Heals all the Disunity of the Dis-Memberment You Have Illusionarily Suffered in the conscious and unconscious Mind, Feelings, Beliefs, Bodies, Chakras and Energy Channels.

The Reality of the One Universal Creator and Creation is a Permanent, Knowingly Attainable Consciousness. To Be Unconsciously and Consciously Superconscious. This Reality is Never Changing, therefore Supremely Knowable in Its Totality in One Small Instant. Yet, It Is Also Ever-Changing, therefore Open to the Play of Co-Creation With the Divine Father-Mother's Cosmic Playground. Full Freedom is To Participate in the Joyful Innocence of Being in the Cosmic Dance at Once With ALL Fellow Stars, Suns, Planets, Nebulae-Laughingly!

This Reality Above-Described is the One True Reality that Simply IS! All else is Some Lost Soul's delusion and should be known as such. Let the Delusions You Live In and Those of The Ones Around You Be the Teachers and Lessons That Bring You Home To The Truth of Full Freedom!

There Is, Was, and Only Always Will Be the One I AM All That I Am!-the Singularity of the One Heart of Hearts of Hearts of The Divine Father-Mother. On Earth He-She is Incarnate as Babaji, The Divine Director of The Earth, The Planets of This Solar System, The Sun, Moons, and All The Multitudinous, Magnetic Magnificence of the Entire Universe. KNOWING AND BEING THIS REALITY MEANS YOU ARE THE FREEDOM OF THE UNIVERSE! THE FULL FREEDOM TO BE THE LOVE YOU ARE-IN YOUR BODY, SACRED HEART, MIND, SPIRIT, ON THE EARTH, WITH ALL PEOPLE AND CREATURES, IN THE COSMOS AND, MOST IMPORTANTLY, ALWAYS WITHIN THE DIVINE FATHER-MOTHER'S HEART OF HEARTSS!!!

This is also the Full Freedom to Be the Laughter, Joy, Play, Dance, Kindness, Tenderness, Respect and Compassion of The One I AM IS!~ When You Have This in Your Consciousness in Every Breath, Second, Thought, Word, Action, Behaviour Then You Are Manifesting THE FULL DIVINE-HUMAN LOVE YOU ARE!!!!!!!!!! This is Full Freedom and The Only Reality, This Accomplishes the Re-Attainment of Your Immortality You Have Never Lost. Only Your Conscious Link With It Was Temporarily Dropped Due To Stormy Mental-Emotional-Spiritual World Weather. Blow the Clouds of Despair Away, Heal the Wet Winds of Weak-minded Wimpishness in Your Self, Strengthen the Resolute Resolve of Your Divine Father-Mother's Will in You. ALL IS HEALING PERFECTLY! Know This, Immortal!!

THE DIVINE FATHER AS DIVINE DIRECTOR IN THE WORLD AND THE UNIVERSE!

BLESSINGS, LOVE, PEACE, JOY.

Blessings Abound For You When You Bless Your Self! Wake up in the Morning And Bless the Fact that You Have Existence. It might Seem to You that You Have Been Created Out of Nothing From the Sleptime. Revel in the Seeming Fact That You Have Come From Nothing To BE, HAVE and BE ABLE TO DO EVERYTHING!!!!!!! Every New Day, When the Soul Rises With the Sun, Is Your Exceptional Chance to Prove to Your Self That You Are Free, Beautiful, LOVING and Immortal as One With God's Divine Play. Stretch Your Mind, Eyes, Vision, Limbs and Heart To Encompass Your Neighbours in Their Houses, the Trees, Squirrels, Birds, Animals, Clouds, Sky.

Of Course, the Truth is That You Are More Awake in the Sleeping Dreamtime than in this Paltry, yet Gorgeous Earth World of Three Dimensions. You Must Train Your Self to Recall Each Dream and while you Soul Travel to Other Places in the Universe. This is Training the Conscious to Be Superconsciously Awake From Within the Soul's Eternal Knowing-OmniScient, OmniPresent, OmniAgapic, OmniAmorous, OmniAwake. So That When You Wake in the Morning, You ARE the Newly Awakening Soul on the Earth Plane. Realizing WHO You Are as Love, WHY You Are Here, and BEING THIS!~

Alive, Awake, Open, Surrendered to the Divine Father-Mother's Soul, Healing, Healthy, Vital, Restored Through the Soul's Inner Light, Rested Within the Physical Temple of Love and Prepared to Love, Serve, Support All Creatures Throughout Your New Day!!! THIS Is the Way to Live Each Day as a Catalyzing, Serene, Stupendous Adventure.

BLESSINGS Are When You Can Be the Freely Flowing Love, Light, Spirit of the Divine Nature That You Are. Then ALL Life is A Rich, Mysterious Blessing Where Spiritual Surprises Await Every In-Breath of Source Love. The Light of the Morning Gives You the Strength, Joy, Peace to Take You Energetically Through Your Day. Many of You Would Be Wise to Open Your Physical Eyes for the First Twenty Minutes of Dawn Every Day, to Take In the Outer Light to Meld With the Inner Light of the Heart. Be in A Place Where You Can See the Light of Dawn. This Regenerates Your Being.

All The Magneto-Electrical Energies From Source Are PURE LOVE, PEACE, JOY. Only By Opening to These Energies Within and Without Will You Sustain and Increase the Cellular, Organ, Body, Heart, Will, Mind, Spirit EXPERIENCES of THIS TRUTH BLESSING From Day to Day. Attain Your Immortality Within this Physical Form.

If You Could But Quiet Enough To Sense in all Your Etheric-Astral Bodies the RICH, FLOWING, EMPOWERING, IMPLOSIVE, ECSTATIC, METATRONIC LOVE COMING FROM SOURCE THROUGH THE COSMIC RAYS OF THE SPIRITUAL MASTERS OF THE UNIVERSE, You Would Leap Out Of Your Skins and Dance Forever WILDLY!!!!!!!

Dearest Ones, Sweet Hearts of the Divine Father, BECOME THE LOVE YOU NEED TO BE FOR YOUR SELF, THEN SHARE IT WITH ALL OTHERS, Babaji Nagaraj Love.
BE ONE WITH THE MOTHER.

The Real Challenge for Humans at This Time is To BE ONE WITH THE MOTHER. There are so many Considerations for This, It Bears Deep Reflection. You Were Born From The Divine Father-Mother's Heart of Hearts in Source and from the Divine Mother's Inter-Galactic Etheric Body of Bodies in the Universe. Yet Most of You Have No Conscious Recollection or Intimate Present Time Personal Experience of Still Being in the Divine Father's Heart and the Divine Mother's Body. So To This Creationary Aspect We Shall Return Later.

To Which Mother Are We Referring? As well as the Divine Mother, We Mean The Earth Mother and the Personal Birth Mother/s. Your Physical Body Form Comes Directly From the Earth Mother Herself. It IS Her Body. All the carbon, nitrogen, oxygen, hydrogen and trace minerals and metals Are Her Bodily Constituents. She Envelops You While Your Soul Resides in This or Any Physical Form. In This Way You Are Always One With the Mother, Whether You Feel and Know It or not. Why not Feel, Sense, Be the Oneness with The Earth Mother's Body and Energies?

You Can Feel the Oneness With the Earth Mother In Many Ways. Let Her Spine (North Pole-Crown to South Pole-Root) BE INSIDE Your Spine. Let Her Elements Be Your Elements and make-up. Become All the FIVE ELEMENTS. FEEL All the Element EARTH, with All the Continents, Rock Shelves, Ocean Beds, Topsoil INSIDE Your Physical Body. BE the Element FIRE by FEELING the Flow of Hot Lava Inside Your Spine, Your Stomach, Digestive Systems and Internal Organs Especially Liver, Kidneys, Gall Bladder, Spleen. Feel the Golden, Spiritual Lava flowing through Your Heart Out to the Universe. BE the Element WATER, so that All the Oceans, Lakes and Rivers of the World are Flowing in Your Arteries, Veins, Blood and Energy Meridians. Feel The Fullness of the Tides Moving You. BE the Element AIR, currents of Hot, Warm, Cool or Cold Air Movements Inside the Lungs and the Energy Meridians Throughout Your Body, as well as on Your Skin. Be the Element ETHER whereby the Magneto-Electrical Energy Lines and Grid Patterns of Mother Earth Flow Constantly From Crown of Head to Fingers to Toes. This Consistently Heals, Cleanses, Purifies, Re-Orients, Revisions and Intergalactically Expands You As You Take In Cosmic Rays From Source and Important Stars, Galaxies and Nebulae Around the Universes.

Only When You Have Completed the Moment-to-Moment FULLEST Experience of Being One With the Earth Mother will You Feel Safe In Being the Love You Are While In the Physical Form. This can only Be Accomplished When You Have: Cleared All Negative and Positive Human Emotions; Purified and Dissolved All Negative Karmas from All Lives; Opened to Source Love Oversoul; Opened and Allowed The Earth Mother to Come Into Your Physical-Energy Bodies In Her Entirety. Welcome Home!!!~

Being One With The Earth Mother is the Perfection of Motherly Compassion, Tenderness, Kindness, Sweetness, Lullabies, Holding, Containment, Safety, Healing!!

THE DIVINE-EARTH MOTHER AS A SUPERCONSCIOUS BEING OF LOVE!!!!!!!!!!!!

ALL EMOTIONS ARE SIMPLY FOR REMEMBERING HOW TO BE LOVE.

As a Soul having a human experience, some of us with more lifetimes than we might like to have, have experienced so many varied human emotional colours, flavours, sounds, touches. Some of course, are ecstasy, some are laundry emotions (boring but you have to clean them anyway), and

some are cruel, heartless, difficult, stuck, even hatefully hurtful.

Please Always Re-member Dear Souls that ALL EMOTIONS ARE SIMPLY FOR REMEMBERING HOW TO BE THE LOVE YOU ARE! You Are Always a Perfected Soul of Pure Light and Love From Source, and Nothing Can Ever Change This. Isn't this Marvelous? Human emotions come and go. Remember to only process the feelings of a particular emotion for FIVE MINUTES and then let it go. Holding on to an emotion for more than Five Minutes is simply Self-sabotage, denial and punishment. There may be a few extenuating circumstances, but Five Minutes of Deep Self-Reflection to find the Learning and Immediately move back into the Heart of Divine Father-Mother's Love should be all it takes. Time Your Self next time, and see if you can open up to Moving the Emotion through You Faster, while Remembering Deeply from it.

Health is A Constant Never-Ending Flow Of Thoughts, Feelings, Sensations, Energetic Input and Mostly Love Flow. Non-Attachment to Any and All of these is the Key. Learn to Witness and Taste Each, Growing In Each Breath and Emotion, yet never holding onto any. Let Your Self Purify in the Steady Stream of the Divine Father-Mother's Love, Wisdom, Joy, Laughter, Peace, Calm, Beauty and Creativity. If You Need, Dance, Sing, Praise, Paint, Sculpt, Write the Emotions to Help Transmute, Transform and Clear Them. Having Two Hot Baths, an Hour Each, Per Day Helps Immensely.

In This Way, All That Remains in You is the Steady Stream of Adamantine Particles of Purest Love From the Source of Sources. This in itSelf Cleans, Purifies, Strengthens and Heals the Heart, Mind, Body, Spirit. Open to Spirit Fully and Let ALL The Rainbow-Coloured, Many-Noted Sounds, Vibrations, Cosmic Rays From the Seven Centres Impulse You, Move Through You and Out Again, and Be One With This Highest Love of Loves.

Humans are unique, complex and Highly Devotionally Loved By the Father-Mother With the Greatest of Tenderness, Kindness, Respect, Joy, Parentalism and Equality. Nothing Could Be a Stronger Force in the Universes than The Love of God For Each One of You. Think of This!!!!!! Nothing can withstand the Love of God. Each small tear, sadness, emptiness, loneliness, drought, fear, doubt is Kissed, Touched, Healed By God When You Let Him In. Prove This Truth to Your Self Today, many times, over and over. God Loves You Always. When Will You Let Go and Let God? Love is All And Everything, and Everything in Your Life is ALWAYS Being Perfectly Healed.

BABAJI LOVE NAGARAJ. PERFECT LOVE TO EACH OF YOU.

THE NEED FOR REST, REFLECTION, SELF-REALIZATION.

This Hurly-Burly World is made up of Material Pursuits, Egocentricities, Flights After Unfulfilled Desires, Pent-Up Angers and Frustrations, and Buried Traumas that Cause People To Flee Their Inner World and Search Outside for Spurious Relationships. The outer pace of people's lives is so great that they now consider their families and loved ones "liabilities" to their careers. How Selfish can people be? Have You Really Taken Good Stock of the Depths of Human Nature and People's

Erratic, Irrational Behaviours? From this past century, we see that Individuals and the Collective are capable of the most Horrendous, Atrocious Criminalities and Yet Feel No Remorse.

In Such a One-Percent World of Ignorance, Delusion, Desire, Greed and Hatred, My Dear Sweet Hearts, There is Most Obviously A Greatest Need for More Personal Time Alone in Order to Rest the Four Bodies, Reflect on Your Feelings, Thoughts, Actions and Circumstances with Others, and To Go Deepest Inside to Find the God Love Source Within And BECOME THE LOVE YOU ARE.

Take Special Time to Meditate Four Times Per Day. This is the Kind of Rest You Need-Resting in The Strong, Capable, Everlasting Arms of the Father; Within The Consoling, Giving, Personal Heart of Jesus; and On The Comforting, Peaceful, Healing Lap Of Mother Mary. In These Secluded, Protected, Inner Sanctuaries of Your Sacred Heart, You Will Find ALL THE HEALING PEACE AND RESTFULNESS That Your Being Craves So Much These Days and Nights. So, My Dearest Ones, Rest, Rest, Rest, Within Our Loves' Soothing, Caressing Heavenly Bliss. Here You Shall Find More Than You Need-So Come Often Each Day and Night. We Long To Shower You With The Celestial Well-Being of Source Nourishment. We Are The Golden Elixir, The Fountain of Eternal Love, The Beauteous Home-Coming That You So Crave and Search For Everywhere, Everyday.

We Love You More Than Your Imagination Can Behold!~ We Are In Your Every Teardrop. We Are Behind Your Every Sigh. We Carry You When You Cannot Lift Your Legs Up. We Whisper Your Name With Loving Tenderness When You Feel So Down. We Are Within Your Wounded, Torn Beating Heart. We Are Inside Your Need to Be Alone-So Be Alone In Our Compassionate Solitude and Solace. WE CAN BE ALL AND EVERYTHING FOR YOUR PERFECT HEALING AND SOUL REGENERATION, if Only You Will Let Us Into Your Heart. Open All Your Heart's Doors and Windows and See What Glorious Fresh Breezes of Freedom Waft Inside the Dark Pits. Feel What Lightness, Energy, Support, Bridges, Realizations Flow Through Your Heart's Tissues When You Simply Call Our Names. We Are There Before You Call, Yet Your Call Brings Us To Your Consciousness and Feelings. We Activate Our Healing Love Vibrations Within Your Heart When You Reach Out To Us Fervently. We Exist Only To Be Love In Its Perfect Completeness Within Your Heart of Hearts. ALL IS LOVE, HEALING, UNITY CONNECTION. WE LOVE YOU ALL WAYS~!!!!

THE DIVINE FATHER-MOTHER, BABAJI, JESUS, MARY, DENDREAH AND HOSTS.

THE TWIN SPARK-FLAME EXPERIENCE OF HIGHEST LOVING UNITY.

The Prime Goal for all Souls, Now or in the Future, is to Bond and Embrace the Unity of their Twin Soul in the Flesh Body. From Source, Every Creature Has One Twin Soul, the Unique Essence-Being That Is Created With The Divine Father-Mother's Heart Love As The True Nature. As That Twin Spark Soul Unity Evolves Over LifeTimes on The Earth Plane, The Soul Can Take On Various Bodies to Have Separate Experiences Within Two Forms. The Nature of the Twin Spark, Twin Flame Is Everlastingly The Same, Yet The Two Forms Over Many Lives Can Take On Their Own Refraction of Facets of Earth Experiences. The Essence Is Universally Unchangeable, the Separate Experiences in the Astral and Causal Are Ever-Growing and

Expanding. Yet Within All the Lives of the Two Souls Over Time, Their Harmonious Connection Is Always Pure, True, Enfolding and Heart-Love Connected To The Highest Degree.

There Can Be No Greater Joy, Fulfillment, Peace, Bliss, Harmony, Passion, Excitement, Enjoyment, Beauty, Creativity, Stillness and Perfection Than When Meeting and Living With One's Twin Spark Unity. This Is the Endpoint Of Soul Evolution On Planet Earth. When You Have Met Up With Your Twin Spark In a Particular Lifetime Where The Wholeness and Completion Of The Divine Father-Mother's Love is Resonating At Source Frequencies, Then The Two As One Have Completed The Earthly Journeys and Can Forever Return To Source. Or, Yet May Come Again To Earth To Be Bodhisattvas Leading All Others Towards Their Twin Flame and Home Again To Source.

If You Have Found Your Twin Soul, Cherish This Relationship of Final Liberation and Perfecting Infinite Growth To The Nth Degree. Sacrifice All, Give All, Cleanse and Purify All. Only Surrendering To The Infinite Embrace of Self In the Other Will Give You The Final Clearing, Opening To Source, Ultimate Healing Into Perfect Sacred Heart Love That Is Required By The Father-Mother To Come Home Again. Love Your Twin Spark As Yourself, Jesus would say. Then The Simple Meaning of Sacrifice To Self in the Other Will Render You the Ecstasy That Is The Final Gateway To Love Liberation.

The BE-LOVE-D is For You To Experience To "BE LOVE" and To "BE LOVED". Herein Lies The All and Everything. Some Of You May Be Living With Your Twin Spark and Not Know It. You Will Awake To This Reality On the Appropriate Day. The Heart and The Eyes Will Tell You. Flow With the Reality That Moves Your Soul Deeper Into Your Heart. Risk, Give, Surrender, Trust and En-Courage All. The Dive Into the BeLoved's Heart Is The Final Act Of Mercy, Grace, Trust, Opening and Receiving the Father-Mother's 72 Chambered Heart Into Your Own Heart Energetic Experience. You Will Never Know The Riches of This Singular Pure Love Until You Risk All And Jump Into Your Lover's Heart. Such Silent Purity Brings Oneness With Earth Mother Love, Universal Star Love and The Immortal Incarnation of The Divine Father-Mother's Love of Loves. Move Now Into This Incomparable State of Bliss Being. Be One~!
The Divine Father, The Divine Mother, Babaji, Jesus, Dendrea, Mary and Hosts.
THE NEED FOR VISION FROM THE HEART.

So many people exist through an unillustrious series of Earth Walk lifetimes. The density of People's minds around, the Age they live in, The Burying of the Divine Soul Spark Deep Underneath many crusted layers of ignorance, desire and greed all contribute to a Spiritually uneventful series of lives. They do not even know what to do with the boring, static state of existence. Their minds self-create the same negative beliefs, values and expectations as well as a process of upsetting emotions.

Every Soul while on Their Earth Walk needs to take time to leave the outer world and go Deeper Inside to Find the Original Vision of Their Soul For This Particular Life. One needs the techniques of Babaji's Kriya Yoga Breathwork, Meditation, Yoga Postures, Mental Postures, Emotional Release, Karma Clearing In Order to Advance on the Path.

For Hidden within the Grunge and Tedium of Day to Day Existence is the Glorious, Ever-Radiant Knowledge, Light, Love, Beauty and Creativity of the Infinite Divine Light of the Universes. You Are One With THAT!!!!!! Tat Sat AUM!

Opening to the Spiritual Masters of All the Earth and Sky Traditions, and Aligning Your Self With Their Love, Guidance and Mastery Affords You the Energetic Connection That Will Speed You On Your Path Much Faster. One Hour of Concentration, Opening and Listening to Their Beneficent Heart Knowledge Will Save You One Thousand Years of Ceaseless Wanderings On Your Own. Think of This! If You Did This For Ten Hours A Week, You Would Save Your Self Ten Thousand Years of Miring and Meandering while Looking for a Path.

Learn to Breathe Deeply Diaphragmatically, and Practice it daily in a slow natural rhythm. Concentrate All Your Consciousness in the Physical-Emotional-Spiritual Heart and not in the Mind or Brain. Sit quietly and SOAR - Surrender, Open, Allow and Receive. All You Ever Need to Be, Have, Know and Receive Is Within The Myriad Doorways of the Sacred Heart. Listen. Let Your Ears Grow and Open Wide. Listening is the Key. Transforming is the Method. Being Love is the Path.

While in the Physical, It is Infinitely Possible to Re-member Your Soul's Nature bit by bit as well as to receive the Vision that You Brought From Spirit Into This Life. It is then important to Live it to its Perfected, Ever-Expanding Beauty. So Call on Any and All of the Highest Spiritual Masters, Those Who Have Already Perfected Their Own Source Love-Light Unity Experience. They Can Help You More Than Any Others.

Make This Your Goal For This Life. Meditate and Listen at Least Four Times a Day. Then It Will Soon Become a Continuous Moment-to-Moment Experience Throughout the Day and Night. All Love and Blessings As You Learn To Find Your Way and Live the Love You Are With Each Deep Cleansing, Opening Breath of Life!

The Divine Father, The Divine Mother, Babaji, Jesus, Dendreah, Mary and Hosts.

A NEW YOGA-SMI YOGA-THE YOGA OF SMILING WITH LAUGHTER.

What Each Human and the Collective Earth World Needs Now More Than Anything Is To Break Free of Their Imprisoning Chains in Their Spirit, Minds, Hearts and Physical Forms. We Need To Re-Introduce the Deep Spirit-Heart-Belly Laugh Which Seems To Be Missing From Most People's Experiences on a Daily Basis, or Even At All.

When One Laughs, One Can BREAK FREE of the Beliefs, Attitudes, Emotional-Energetic States That Keep One In Literal Chains of Bondage to What is Improvidential, Unhealthy, Delusional, Stuck, Fearful, Sad, Angry, and Otherwise Frozen in the Past. Laughter Heals All and Everything. Laughter Cracks the Masks One Wears. Laughter Makes You Not So Serious About Your Life-Brings Needed Levity! It Makes You Go Into WITNESS POSITION and See Yourself, Your Folly, Your Narrow-Minded, Narrow-Sightedness For What It Is! In Short, It Helps You Laugh At Yourself for the "Fool" You Need To Be To Grow Into the Light of God's Love. For God Only Accepts Innocent Children and Fools Into the Kingdom/Queendom of Pure Love.

Emotional Patterns and Rotten Relationship Roles That You Have Played In Your Past Lives That Have Taught You Much Through Great Suffering, Pain, Longing, Loneliness and Separation.

The WISE Person Will Studiously and Rigorously Look Into Their Past Lives. Karma is the Energetic Build-up of Past Thoughts, Feelings and Actions, Whether Good or Bad. These are Consistently Registered Within the Magneto-Electrical Energetic Holographic Patterings of ALL The Four Bodies-Etheric (Spirit), Causal (Mental), Astral (Emotional) and Physical (Biological). You Cannot Escape Your Past Karmas. They Are Registered Scientifically Within Each New Physical Incarnation That You Have, Including This One, Which Registers ALL Your Good and Bad Karmas From ALL Your Past Lives. This Means It Is Easy To Find Your Bad Karmas To Clear, For They Are Right Within Your DNA, Cells, Organs, Chakras and Astral-Etheric Auras. It would Also Be Helpful For You To Call Upon Source, I BABAJI NAGARAJ (KARMA DISSOLVER), Metatron-Shekinah, Jesus, Dendreah, Mary and Other High Spiritual Masters and Saints of Karma Klearing and Healing.

The Universal Law of Karma proclaims that Whatever Bad Karmas You Do Not Clear In This Life, You MUST Clear in the Next Life, or the One After, or the One After,.... So, It Is Your Own Personal Decision About How Much Karma You Choose To Clear. You Can Take As Long or As Short A Series of Lifetimes as You Choose. We Are Here in Spirit and Flesh To Do Your Bidding. Always Eager To Help, Are We. We Inspire You By Saying That The Freedom, Love, Generosity, Beauty, Creativity, Expansiveness, Joy, Peace and Bliss of a Soul Free From Their Negative Karmic Patterns Is Something You Must Experience In Order To Prove Its Stupendous Value in Healing.

BABAJI The Divine Father, The Divine Mother, Jesus, Dendreah, Mary and Hosts.

TRUSTING YOUR SOUL TO SET YOU FREE.

Your Soul Is Your Perfect Everlasting Nature That Is Innovative, Excelling, Multidimensional, Pure Essence of Love, Joy and Peace, and Full of Laughter. If You Are Not Experiencing Your Life This Way All Throughout Every Day, Week, Month and Year of Your Lifetimes, Then My Sweet Dears, You Have Much Work To Do. It Can and Needs to Be FUN~~~~!!!!!!!

You May Be Attached To Your Garbage and Dysfunctional Emotional States and Relationship Roles. What Would Your Life Be Like If You Kept All Your Old Food Garbage Lying In Heaps and Piles On Your Kitchen Counter and Floor? If Years of Old Rotting, Stinking Emotional and Karmic Food Garbage Was Piled up to the Corners and Ceilings in Your Kitchen, Living Room, Dining Room, Hallways, Bedrooms, Bathrooms, Even Out the Front Door Onto Your Porch? What Would It Look Like? What Would It Smell Like? Would You Like To Live In a House Like This? It Would Be Beyond Comprehension.

Yet, this is What We See Many of You Doing Within Your Spiritual, Mental, Emotional, Physical Bodily Temples. How Can You Live With Such Putrifying Stench and Overwhelming Nausea and Internal Mess? Some Of You Don't Even Know How Much Emotional and Karmic Garbage You Have From This Life, Let Alone Past Lives. ALL of It Is Inside Your Four Bodies. To Us in

Source, Your Auras and Bodies Look So Black and Heavy and Filled With Anything, But, Pure Golden-White Light and Love. Even Those Of You Who Do Your Spiritual Practices Daily and Have For Years, Still Have Black, Gunky Garbage to Release and Dissolve. You Definitely Need the Cosmic Cleanser of the Source Light and the Spiritual Masters Love.

So Resolve Today, and Everyday, To Get To The Bottom Of What Is Holding You Back From Your Greatness, Perfection of Love, Co-Creating With the Divine Father-Mother, and Playing Freely Throughout The Universes Like The Innocent Wonder Child You Are!!!!

We Are Here To Help You. All the Techniques and Self-Mastery Are Available To You Now. You Must Create The Full Highest Intention To Complete This and Then SOAR-Surrender, Open, Allow, Receive!!!! Your Opening to the Divine Father-Mother In Your Mind, Will and Especially Your Heart of Sacred Hearts is the First Requirement. The Second is That You Open To Your Source Nature in the Original Etheric Template of the Creation of Your Oversoul At The Beginning of Time and Space. Thirdly, You Need to Open To Our Incandescent, Overflowing Sacred Love, We the Spiritual Masters From Source. And Allow the Healing to Continue Forever.

Do Nothing! Be the Healing Love Itself~! Have the Greatest Experiences of Your Lives.

BABAJI The Divine Father, The Divine Mother, Jesus, Dendreah, Mary and Hosts.

THE PERFECTION OF GOD'S LOVE.

The Perfection of God The Father's Love For All His Creatures In All The Aspects of The Universes, Including From Cherubim to "Devils" Is So Far Beyond Even The Loftiest Conceptions of the Human Heart That These Words Will Pale In Comparison. Nevertheless, It Is Worthy, Right and Necessary For Your Human Heart To Strive To Comprehend, Accept, Feel And Respond To The Highest Vibrational Levels of God The Father's Love, In Order For You Now To Grow Back Into Your Source Love Birth State. Onwards, Inwards, Upwards Towards The Ever-Burgeoning, Widening Gyre.

When You Can Realize That I, Babaji, AM The Universe, AM The Totality of the Beauty and Love of ALL Creatures In This Universe, Only Then Will You Realize The FULLNESS Of What Love Can Be In the Human Flesh. The Full Universal Divinity Of The Perfection of God The Father's Love (Which is WHO "I AM") WITHIN One Super-conscious Physical Form!!!!!!!!!!!!

Only When You Can Love Me, Babaji, As The Highest, Greatest, Most Adulatory and Non-Surpassed Existent Being That Creates All Other Beings, THEN You Shall Receive the Miracles of Conscious Love and The Keys That Unlock All Conundrums That Separate You From The True Reality of How Things Are Everywhere In the Universes. Only When You Can Cross the Many Thresholds, Make Your Barriers Into Bridges, And Find the Unitive Love Conscious Flow WITH Me, Then You Shall Sempiternally Be Free.

For I AM Your Constant Perfect Lover, Equal Companion On The Way, Intimate Excellingly Trustworthy Friend, Most Beauteous Be-Loved, Healing Physician, Powerful Protector, Sweetly Sounding SoulSinger, Loquacious Lilting Light For Your Heart, Resplendent Relaxation of Total

Bodily Peace, Silvery Moonlight Romance, Tempered Patient Witness, Wildly Dancing Passionate Lover, Love Beyond All Other Loves and ALL AND EVERYTHING-I AM!!!!!!!

Come, Dear Sweetest Heart, Come To The Garden Of Our Betrothal. Come To The Fountain of Our First Kiss and Drench Your Self In The Sweet Honey Rainbow-Coloured Mists of Timelessness and Everlasting Romance. Fill To The Overflowing Brim The Inner Chambers of Your Love's Needs. Arise Early, Take The First Step, Walk Out On The Road Towards Eternal Love, Heal The Wounds With Every Footfall. Let Nothing Keep You This Morning From the Running Stretch Toward My Longing Heart of Hearts. Come With Your Arms Wide To Embrace My Love!!!

When Will You Awake and Fly To The Lover Who Pines For You Always? Have I Not Told You ALL This Many Times Before? My Heart Is Pure, Open, Trusting, Waiting. Come Quickly, Facing, Embracing and Opening To Me, I Shall Dive Within Your Every Cell and Thrill You Forever With The Perfection of My Divine Fatherly Love.

I, BABAJI NAGARAJ, THE DIVINE FATHER INCARNATE ON PLANET EARTH.

THE BEAUTY OF GLORIOUS NATURE.

What would your Life Be Like if there was no Nature around you? Just a sterile, grey, flat, cardboard three-dimensional space that never varied throughout your entire life! Have you ever asked your Self WHY God Created Nature In All Her Glorious Beauty? He did not have to, Yet It Is Within The Divine Father-Mother's Heart To Manifest Every Part of His Nature and Qualities Everywhere in the Universes. So It Is With Planet Earth (Along With Billions of Other Planets and Stars Too!). Given the Five Elements, the Astral, Causal and Etheric Dimensions, There Is An Infinite Amount of Ongoing, Co-Creative Beauty in Nature.

Nature is Not Dead or Sterile. She is A Living Being With Many Devas, Dakinis, Little People, Sprites and Untold Countless Millions of Spirits That Support Her Realms Of Life and The Living. You Call Her Mother Earth, Gaia. She is An Aspect of the Divine Universal Mother Of All Creation. Therefore, Take Care To Tread Softly and Respectfully On Your Mother's Breast and Her Body. You Do Not Want To Mutilate Your Mother. She Can Only Stand So Much Pain and Abuse. Soon, To Protect Herself, She Will Shake Off the Soulless Humans on Her Skin Like a Mother Dog Shaking Off Fleas and Scavenging Jackals That Threaten Her Young and Herself.

You are The Children of Mother Nature. She has Given You Birth With A Physical Body Just Like Her Own. She Suckles You At Her Breast, Giving You Air, Water, Food, Light, Plants To Nourish and Sustain You. Each Day She Sheds and Showers You With Her Beauty Like A Golden-Silver-Aquamarine-Emerald Raiment To Thrill You. Your Eyes and Being Drink In The Colours, Sounds, Smells, Tastes, Sensations of All The Living Birds, Trees, Plants, Grasses, Herbs, Skies, Waters, Earth Tones. Be Thankful and Grateful For All that She Gifts. This is No Cardboard Environment. Although Many Seek to Create It That Way In Concrete and Glass Towers.

All Is Alive In and Around You. We Here in The Spirit World of the Astral-Etheric Planes Know That Trees, Birds, Animals, Plants, All Creatures Have A Living, Breathing, Communicating

Reality Far Beyond What You Presume in Your Lesser Consciousness. Open, Listen and Speak with The Earth Creatures that Surround You. Hear the HeartBeat of Mother Earth Herself. Let Her Soothe and Caress You.

Love Is Living in Harmony With Nature, Mother Earth and All Creatures That Are Your Brothers and Sisters. To Be The Love You Are, You Must Remain In Conscious Relationship of Balance With All Your Relations and Relatives On Earth. Never Mistreat the Smallest Ant. For You Will Be Severely Mistreated Back Upon Yourself Through The Law Of Karma and Retribution. Love All Creatures. Make Homes For Fleas, Spiders, Coyotes and Rabbits. Let the Eagles and Hawks Soar Free. Feed the Birds Winter, Spring, Summer, Fall. Speak With Your Plants and Trees, Find Out Their Needs. Minister Love, Breath, Song and Soul To All Creatures.

I, BABAJI NAGARAJ, THE DIVINE FATHER INCARNATE ON PLANET EARTH.

SELF-REALIZATION THROUGH SILENT MEDITATION.

You can Never Find Your Self When the Thoughts of Others and the Non-Existent Outer World Crowd Into Your Inner Space. One Must Learn to Meditate in Simple Empty Silence. Here in the Heart and Mind, There is No Inner talk, There Are No Words or Feelings From Others Around You. There is No Desire To Do Anything, To Have Anything (which You Will Only Lose At "Death" Anyway). There is No Desire To Be Anything In the World. Not Even To Teach Other People Meditation. There MUST BE Nothing Inside You At All. The Monkeys Must Go To Play Elsewhere. So First Learn To Quiet The Heart and Mind of Desires and Thoughts.

In This Inner Stillness of Nothingness, The LOVE YOU ARE Will Surge Like Little Rivulets Turning Into A Cosmic Ocean Of Blissful Deepest Compassion. You May Sit Still, Lie in the Bathtub or Flat on Your Back On a Bed. Eyes may Be Open or Closed. The Physical Body is Not Moving At All. Neither is The Mental or Astral Emotional Body. Only The Etheric Spirit Comes To You To Fill You With Emptiness.

Bless Your Self and God. Feel the Opening to the Grace of God. Praise quietly the Beauty of All Creation. Grace, Mercy, Bountiful Praise, Humility-These Are the Golden Gateways to God!!!!

In This Inner Emptiness, Silence, Stillness, The FULL TRUTH Of The Universe Comes To You. There is No Outer World. It is Passing Into Nothingness Again Before Your Very Eyes. Focus On What is Eternal and Substantial Within the Etheric Of Universal Spirit. THIS IS THE LOVE YOU ARE. In Any Circumstance, You Can Prove To Your Self That Love Exists, Is Your Very Nature, And Heals You In Any Moment That You Connect Deeply With It. Let It Flow Through Every Space and Atom Of Your Being.

Within Your Energies and Consciousness, God Pours His Effervescent Yet Serene Compassionate Honey-Like Rivers of Love Throughout Your Bodies. You Will Feel the Love You Have Longed For Forever. No Other Desires Can Withstand Your Love's Needs For His Love. All Else Shall Be Melted In the Ever-Heightening Glory Of Feeling That You Are the Divine Father's BE-LOVED.

Every Day and Night, Let Your Self Go Into Deepest Silent Meditation. Anywhere, Anytime, For No Reason At All. Except That You Wish To Feel God's Love Pouring Through You More Than The Day Before.

We All Want To BE-LOVED. Take The Time, Dear Sweet Ones, Sweet Hearts, To Experience and Prove To Your Self that You Can Let Go Of Self-Judgments and Feel Loved, Feel Love Itself, and Radiate Your True Nature To All About You, Simply By Being Silent, Witnessing and Feeling the Universal Love In Your Own Physical Form.

ALL AND EVERYTHING IS HEALING THROUGH THE LOVE YOU ARE.

I, BABAJI NAGARAJ, THE DIVINE FATHER INCARNATE ON PLANET EARTH.

WHY CHRIST IS ALL AND EVERYTHING ON EARTH AND IN THE UNIVERSES.

Most, yes many billions of people on the Planet Earth, this Exuberant, Miniscule Speck of Watery Dust in the Vast Trillions and Zillions of Galaxies and Star Systems of the Universes, Feel That They Are Alone in the Cosmos and Egotistically Disconnected in their Consciousness From The Vast Unity of The Divine Father-Mother's Heart Which is The Body Of All Beings Everywhere. These people feel that There Is No Creator, That They Are Alone in the Universe, and That They Are the Pinnacle of Intelligent Evolution Throughout the Cosmos. As Their Life Progresses Individually and Collectively, They Will See Just How Impossible This Fantastic Belief System Is. It is Only A Conditioned Belief System. It is NOT The Truth.

The Truth Is-The Universe Is One Body. All Galaxies and Star Systems Are Cells Within This Body. There Is One Unitive Highest Consciousness Which Is Immanent Within All Cells Of The Universe, Impulsed From the Father-Mother's Heart of Hearts Which Balances, Generates and MOSTLY LOVES The Universe Into Its On-going Co-Creation With Him-Her. This On-going Love-Knowledge Flow Is His "Son/Sun" Energy, the Christ Consciousness Which Manifests All And Everything In The Universes.

It Is the Role and Soul/Sole Purpose Of Each Star and Human Being To Align OneSelf With This Christ Consciousness. Only Then Will Each Human Have Fulfilled His/Her Joyful Existence from Source. I, Babaji, the Divine Father Incarnate On Planet Earth and Elsewhere, Have Supported Many in Becoming Their Full Christ Mastery Throughout History: Jesus Primarily, Dendrea, Mary, Elijah, Moses, and Now Tens of Thousands of Others Are Coming to the Same High Self-Realization.

Now is the Appointed Time For You, Dear Reader, To Accomplish The Same God-Given Path to Liberated Evolution Back Home To Source With The Divine Father-Mother. Will You Kindly Allow Your Consciousness Today To Move Into The Expanded Heart of Christ Consciousness Within Your Self Through Silent Meditation? Let The Father-Mother Help You Shed Outmoded Beliefs, Values, Attitudes, Behaviours. As You Open To The LOVE YOU ARE Within, The Glorious, Tender, Compassionate KINDNESS That IS The CHRIST CONSCIOUSNESS, You Will Experience Great Relief, Exoneration, Openness, Joy, Peace, Relaxation and Coming Home To Higher Love.

CHRIST Is The Next Highest State for the Human Being. Beyond That There is the COSMIC CONSCIOUSNESS Which Allows You To Be One Again With the Divine Father Through His Divine-Human Heart. Self-Mastery is Attained and Perfection of Respectful Human Love Through The Christ Consciousness. It Is The Only Pathway Home. All Humans Must Come to this recognition and experience. The Heart, Not the Scientific Mind, Is the Only Road of Spiritual Liberation Through This Maze of Maya.

I, BABAJI NAGARAJ, THE DIVINE FATHER INCARNATE ON PLANET EARTH.
THE ESSENCE AND POWER OF GOD'S HEALING.

Even though Medicine and Doctors Have Been Around on Planet Earth for Millions of Years, There Are Many, Many Aspects of "What Healing Is" and "How Healing Happens" That Are Unknown To Most Humans. It has often been said: "The Doctor Sets the Bones, God Heals Them". This is the Time in Human History to Find Out For Your Self THE ESSENCE AND POWER OF GOD'S HEALING.

It is True That God's Healing Power is Miraculous. Yet, Life Itself-a Human Life and All Life in the Universes-Is Truly Majestic and Miraculous! Let it Be Said First Off That THE ESSENCE OF ALL GOD'S HEALING IS THE STUPENDOUS, REMARKABLE AND ALL-ENCOMPASSING LOVE THAT GOD IS THAT HEALS ALL AND EVERYTHING PERFECTLY ALWAYS EVERYWHERE IN THE UNIVERSES.

Think of This, Even Though You Do Not See or Feel The Healing, It Is Always Surrounding, Supporting, Flowing In, Around and Through You At All Times. You Heal Unconsciously Even Though You Are Unaware and Unawake to It. You Know That All Your Cuts, Scrapes and Bruises Heal On Their Own In Days Without Your Actions. This is True For Plants, Trees, Animals, Birds and All Humans.

Now Reflect On How The Healing Would Intensify and Complete Itself In Far Less Time With Greatest Full Effectiveness When You Actively Co-Participate In The Healing. ALL TRUE HEALING OCCURS FROM THE DIVINE SOURCE WITHIN YOU WHEN YOU ACTIVATE THE DIVINE FATHER-MOTHER'S LOVE YOU ARE. When You Consciously and Superconsciously Co-Participate in Your Full Release and Healing You Become An Immortal Christ Being While In the Flesh.

What Does It Take To Heal To Become A Full Immortal Christ Being (Your True Source Nature) While In The Flesh? It Takes Positive Intention, Scientific Healing Affirmations, Clearing Off Whatever Blocks Healing (Negative Karmas and Old Negative Emotions Stuck in the Four Bodies; Negative Identities, Beliefs, Values, Attitudes, Behaviours). It Takes Perfect, Pure, Innocent Childlike Faith and Trust in God's Will For You and Your Life. Most of Healing Is the Recognition That God Loves You All Ways, Never Punishes You Nor Wants You To Suffer, And That You Have Created Painful Learnings Through Illness and Accident That God Wants To, Can and Will Heal Instantaneously When You Let Go Of Your Illusionary Need To Suffer and Hurt Yourself. It Is God's Will That You Learn To Heal Yourself Through His Love Now!!!!

Yes, It Is God's Will That You Be Healthy, Whole, Joyful and Full of Love ALWAYS!!!! Whatever Condition Of Health You Find Yourself in, Was Created In the Past. And It Can Be Fully Healed Through Prayers, Meditation, Kriya Yoga and Breathwork, And Simply Opening Fully To God's Healing Love Pouring Through Each DNA, Cell, Organ, Tissue, System and Body Now and All Ways. LOVE EXCELLING HEALS ALL!!!!

I, BABAJI NAGARAJ, THE DIVINE FATHER INCARNATE ON PLANET EARTH.
ENDEAVOUR TO COMPLETE ALL YOUR INNER WORK IN THIS LIFE.

There are so many things that can get in the way of you doing your own inner emotional and spiritual healing work in life. They are all excuses in that this Physical Earth Plane is not the world to be concerned about. The only real world is the Astral World of Your Soul while in the physical, and where your Soul lives in its astral house when it leaves the physical shell.

Do not make excuses for yourself. You know what the stakes are. Be wise, not foolish. Make time everyday, first thing, for your soul which is WHO you are. You are not the physical form, so forget everything until you have MEDITATED first thing in the morning with your Soul and the Christ Nature of Your Soul.

Even though you read these words, some of you will be very sorry when you "die" and go into spirit that you gave so little thought, time and healing power for Your Soul To Grow to Maturity in the Greater Light while on Earth. Will you be one of those who will resent having to re-view your life from spirit at "death" and see that you have to come back again to physical form to do it all over again? How would you feel having to redo Grade One of Earth School all over again because you just wasted your time and did nothing for Your Soul. Get to work so you won't resent yourself for your Spirit re-view!

Don't be too high and mighty and think that you have finished your spiritual work! There is never any end to spiritual work! Even We Spiritual Masters Who Are Fully Liberated Within the Cosmic and Christ Consciousnesses Have Much Work To Do, which is why we work with you and others.

Nor don't be so foolish and arrogant as to think that you have no blocked emotions, or core emotional issues from past lives and this life to resolve. As we see You From Spirit, we see that some of you think you have cleared your emotional blocks and issues-We say to you, there is far too little love you have for yourself emotionally! There is much more love you can give to yourself and BE for yourself. If you had perfected your emotional states, you would not continue to give your power away, feel depressed, have tension in your bodies, have sleepless nights, lack creativity, abuse your bodies with substances, not eat properly, not exercise enough and lack commitment in your love relationships.

Have the clarity, vision, stamina, will power, discipline, humility and psychological insight to see what you have yet to work on in your emotional and spiritual growth and development. There are always more stages. What is YOUR next stage? Then get to work on it with all speed! Although you can take as many lives as you choose, in this life Earth time is getting short before some will be taken into spirit (those who are not working on Self) and the rest of you will need to be well on your Growth Way soon.

We hope to inspire you to dig in, reflect in solitude, ask for Our Help, Heal Your Self.

I, BABAJI NAGARAJ, THE DIVINE FATHER INCARNATE ON PLANET EARTH.

FIND SOURCE HAPPINESS BY BEING CONSTANTLY AND FULLY IN THE FLOW OF ALL YOUR EMOTIONS.

E-motions are Energy in Motion. This is How the Divine Father-Mother Created You to Live With All the Rainbow-Coloured Varieties of Emotions, even the Dark Ones from Which You Can Learn. Feeling Source Presence requires Flowing All Your Emotions Simultaneously. Emotional experiences are Father-Mother's Gateways for Growth.

Yet we see that many of you use Blocked Emotions as the Forces of Suppression and Ignorance to stop your Love and Self-Realization. When emotion runs away with you or hides in your bodies, it creates havoc, ignorance and shallowness, making you a mask. You have turned your back upon your own Light and forgotten Who you are-Co-creator, God incarnate, the Pure Joy of Existence. Each must face their limiting emotions, each must free themselves into unlimited experience, into the Flow, the Beauty of Life, the Refined Emotional Radiance of Self.

Each will ultimately do this, because We Embody a Living Matrix of Emotion. Every atom of us gains its Ultimate Identity from the Highest Emotion of Love. Love will ultimately compel a forward and enlightening evolution within Every One of Us. Wherever your soul wanders, in all its ventures, Love will find a way into its rightful and free dominion.

Where there is constriction, Love, which is the free flow of natural energy, will compel change. The universe has a built-in force of evolution which is you finding the freedom to experience yourSelf. This force of evolution just Keeps on Shining, Forever. Your natural, bliss-filled, all knowing, stupendous, God-given Radiance of LOVE has the ultimate staying power. Who Loves You is Your Self. You are Loved by the Power That continuously Co-creates the Entire Universes! You are Made Only of Love!!!!!!!!!!!!

By connecting to your feelings, you have the opportunity to evolve and refine. Make an art of surrendering every contraction into the flow of love itSelf. What trust! You know when something feels right. As you honour and awaken your super-sensitivity, this becomes very clear. Eventually all your feelings are overseen by and permeated with the inner sense of Perfection-the Open Sacred Heart.

Love simply is. Love is noticed, opened to. Love delights you, flows by itSelf. Understanding Love in this way instantly deflates the grandeur of the ego, Opening Wide the Floodgates into the Ocean of Bliss. Your responsibility is to Love YourSelf.

How important to open and allow yourSelf to simply feel each moment, to be vulnerable and to take shelter in the Vast Depth of your Being! To Discover yourSelf in the Supreme Oneness, you will have to surrender dualistic feelings of being separate. To surrender yourself, you first have to find yourSelf. You get There by Being There!

I, BABAJI NAGARAJ, THE DIVINE FATHER INCARNATE ON PLANET EARTH.

FIND INNER PEACE THAT GIVES YOU LIFE, VITALITY, STRENGTH AND CLARITY.

At times in your life when there are seemingly so many things and people to attend to, Find the Inner Peace that Gives you what you need more than anything-a sense of balance, wholeness and centeredness.

Practice the Kriyas or techniques that give Peace. One Kriya is to Breathe In From The Source Over Your Head down through the Crown into the Heart very slowly, then gently Breathe Out From Your Heart down through Your Body into the Earth's Heart. This Kriya, practiced for several minutes many times a day, will give you the Energy, Vitality you need to get through your day. All life will slow down and become a Blessing for you. You will be able to stay in the moment, enjoy the beauty around you, and love the ones you're with. It will also give you the Clarity to know what to say.

Another simple Kriya is to sit quietly, eyes closed, spine straight, several times a day. And just repeat the Healing Divine Mother Mantram- "AUM MAA, AUM MAA, ..." This makes You feel that You are Being Held by the Divine Mother in Her All-Sustaining, Protecting and Loving Arms. Do this until you Feel the Inner and Outer Peace of the Universal and Earth Mother Healing You and Giving You Strength and Love Nurturing.

Good things come in threes. So daily also use the Inner Mantram-"I AM Perfect Peace". Breathe In and Say "I AM" very slowly; Breathe Out and Say "Perfect Peace" again very slowly. Do this 28 times. As you do These Three Kriyas for 40 days minimum, You Will Find The Peace You Have Been So Long Seeking.

There is nothing more beautiful than a LIFE lived in Harmony, Balance and Peace. This is the only way to Bring Into Your Life the Contentment and Happiness You So Much Need. Only When You ARE The Happiness You Seek Will You Bring Into Your Life the True Love You Need.

One thing leads to another. If You Cannot Find Inner Peace, there is no chance that you will attract any happiness or love into your life. It is Your Responsibility to BECOME PEACE ITSELF. Also, there will never be any Peace in the world between peoples, ethnic groups and individuals, unless each Individual Becomes Peace First!!!!

You CAN Become a Magnet For Peace in Your Home and Family, Neighbourhood, Work and World. It is Easy to Become Peace when You Discipline Yourself and DO the Kriyas mentioned above and other ones too! Don't keep complaining about "being too busy" or "stressed out with time schedules and people to care for". We in Spirit will Hear none of this nonsense! For it is ego-created, unnecessary attention seeking, such as a tiresome two-year old might try in order to be thought of as a "good" child. You Are Always Perfectly Loved By the Divine Father-Mother From Source; no need to prove anything to yourSelf or Us. Be Love and Peace.

I, BABAJI NAGARAJ, THE DIVINE FATHER INCARNATE ON PLANET EARTH.
THE JOY OF LIVING.

There are many reasons why you are not feeling and living your God-given right to be Joyful in your daily life. First, there are basic notions like getting more sleep, feeling rested during your day by meditating and then napping. Having smaller meals more often. Getting exercise morning and evening. Walking and just Being in Nature. Listening to the birds, animals and streams.

You need to let your mind be grateful for all the gifts you have-your body, life, food, clothes, work and friends. Open to perceive the beauty of creation around you. There is always Beauty to be Found Everywhere if you only open your eyes to it. Drink it in so that it fills you Fully with Rivers of Living Joy, Gratitude, Love and Peace.

You see it is really up to you to Find and Feel the Joy Running through Your Mind, Heart, Veins and Arteries. Even your Bones can Dance For Joy. They Want To! Are you letting your Bones Dance For Joy or stopping them with old thoughts of weariness in your mind? You must cleanse your Mind with a Cosmic Scrubber to get out the Cobwebs of Confusion, Unconscious Patterns of Putrifaction, Darkness of Doubt and Depression, and the Swamps of Emotional Stagnation. No one else can do it for you!

When will you Clean up Your Inner Ghetto? Start putting grass, flowers and trees inside your Inner Home and Temple! Repaint your Inner Home and freshen it up. Clean all the windows and doors. Play some music inside that is inspiring, fun and uplifting! Put some fresh, colourful paintings up inside! And of course, take all the garbage out, so that it looks open and clear and smells like roses inside!

Life is what you make it. Some of you have hangovers of depression from your past lives. You came back to this life with the deadly emotional hangover from other times. So, it's for you to stop being addicted to suffering and pain. It gives you no personal gain. When Jesus was crucified for the karmas of the world, he did it with Pure Joy. He Danced His Way to the Cross!!!!!! So must you. You must Dance through your Day, always remember to pray, give thanks in ALL things, and be happy just for the sake of being alive on Earth.

There are many who would have you stay in guilt, shame and sorrow. This is not the Way of Life and the Living. Michelangelo, on his deathbed said to his friends: "Remember always the sufferings of Jesus". If He were here now, he would say: "Remember always the Joys and Love of Jesus". For this is The Way to Be Happy Each and Every Day and Be Able to Look Back on a Rewarding, Even Ecstatic Life.

BE PURE JOY! HAPPINESS! EVERLASTING LOVE!!!!!!!!!!!!

I, BABAJI NAGARAJ, THE DIVINE FATHER INCARNATE ON PLANET EARTH.

THE JOYS OF CHILDLIKE INNOCENCE.

You were created from Source With the Pure Innocence of Never Having Before Existed. With the Sparkling Sense of Newness and Adventure in Seeing the Universe, All Creation, Your Self and LOVINGMOST Divine Father-Mother For the First Time! All This Was Glorious and Exciting to Behold. As Humans, First a Baby or Young Child Watches and Absorbs All The Wonder, Beauty and Gloriousness of Those Around Them. They Smile, Giggle in Glee and Gratitude for Having the Loving Containment, and Sense of Unfolding Hope and the Infinite Possibilities for the Life
A b o u t t o B e T h e i r E x p e r i e n c e .

This is How You Must Live Every Day! For Your Essence Has Only Increased With Time Since Your Soul Creation. Your Experience of Your Divine Father-Mother's Love Is Only Infinitely Ever-Expandingly More Holding, Embracing, Cherished, Tender, Sweet and Conscious. Be Gratitude, and a Deep Sense of Grace for The Meaning and Purpose of YOUR Creation. For the Fact that You are Able to Move Back Into Deepest Loving, Heart-Unity With The Creator Of ALL the Universes. What could be more Blessed, Exciting, Meaningful and Awe-Inspiring Than This!!!! Everything Else on Earth pales in comparison.

Through All Of Your Experiences throughout many lifetimes, you can now dissolve all the Knowledge, Pain, Healing and Gain that Has Come to You Back into the Spiritual Fires of God-Unity. Through this Deep Meditation, Let Your Self, and Your Four Bodies (Spiritual-Etheric, Causal-Mental, Astral-Emotional and Physical-Biological) All be Burnt Every Night As You Lie In Bed Before Dreaming and Soul Traveling. Imagine the Spiritual Fire Of God's Loving Presence Cover You, Move Through and Dissolve all Cares, Concerns and Issues of the Day. Let any negative emotions and holding patterns that block the Flow of Love Inside You Be Totally Burnt by the Intense Healing Golden-White Light of the Divine Father-Mother's Love Flow.

This Way, you can go into Spirit With Your Soul, Straight into the Clearest, Purest, Greatest Light as Your Body sleeps and Your Soul Goes Home To Source. Then in the Morning You Will Find Yourself completely refreshed by the Blossoming of Your Heart of Hearts Which Has Spent Eternity during the dark hours of night with God Your Creator Opening to Highest Love and Compassion.

Then Each Day Will Be a New Innocent Beginning. All Experience Returned to the Pure, Innocent Joy of Being a Child of God. Your Day Will Have New Fresh Perceptions of Purity and Joyfulness in the Smallest of Things and Creatures. Little Smiles with people and Laughing with them will make your entire day's experience. We enter the Kingdom/Queendom of God Every Day as Little Children. As weary, bitter adults we'll never fit through the Eye of the Needle to Get To Heaven. Heaven is now, in the physical body, feeling the Full Flow of The Innocent, Pure, Joyful Heart of LOVE.

I, BABAJI NAGARAJ, THE DIVINE FATHER INCARNATE ON PLANET EARTH.
HIGH MOTIVATIONS WITH YOUR LIFE.

Everywhere on Earth people are consciously or unconsciously striving for the Soul Impulse to Lighten Their Load, Bring their Dreams into Reality and Find the Love and Happiness Within. We can Help Each Other By Finding and Living Our Own Love and Eternal Combustion Engine of

Happiness. It is Stirred Up and Ignited Within the Heart Whenever you Feel Kind Thoughts, Say Kind Words, Go Out of Your Way For a Neighbour or Loved One You Are Close To.

Take Stock Every Evening Before Going into Soul Astral Dreaming. Review Your Day and See How Much Practical Progress You Have Made in Moving Your Life to a Higher Motivation, A Place Where People Magnetize to You and where Your Dreams Are One Step Closer to Self-Realization. Are there things you could have said and didn't? Small, kind words of Appreciation, Gratitude, Thanks, Building the Other Up with Loving Words? Are there things you said which you Need to Ask for Forgiveness for from Another? Also, Forgive Yourself?

In the Morning, Listen To Your Dreams. What Guidance and Divine Support from the Father-Mother Creator is Being Given to You? What step can you implement today in order to put your Life On A Higher Path to God? Who do you need to connect with? What attitude, such as Gratitude, Forgiveness, Kindness and Love Do You Need to Breathe All Day and Extend to All Other Creatures and Humans? What Meditation do you need to do Today? What words do you Need to Share With God? What is He/She guiding you to Be and Do?

Each morning it is wise to Focus on God's Love and Feel the Love Flowing Through Every Part of You. Then whomever you meet today, you will share Your Loving, Igniting, Joyful Presence With Each of Them. This is HOW to LIVE Your Life. It can make all the difference! Heal Relationships, Create New Friendships, Build Self-Esteem, Open Doors to Divine Creativity, and Let You Be More of the Love You Are in Your Life Than the Day Before!

You may have been knocked down by Life's Seeming Tragedies, Separations, even the Death of Loved Ones, or loss of Jobs and Homes. Yet, it is YOUR Daily Obligation and Responsibility To Move Beyond These "Earth Dramas" Into The Place Where Your Soul Rules Your Life and Daily Living. Only YOU Can Proceed With Kindness, Love and Forgiveness. Everything Can and Will Be Healed Perfectly Now and Forever Into Your Future When You Live Your Love, Gratitude, Forgiveness, Tenderness and Kindness. This is the Only Way of Living That Will Make You Truly Happy!

Practice it Fully and Consciously Today! Then Tonight Reflect and Realize What A Difference It Has Made For Your Day. Each Day is A Step Of Love That Heals You!

I, BABAJI NAGARAJ, THE DIVINE FATHER INCARNATE ON PLANET EARTH.

HEAVEN IS IN YOUR THOUGHTS.

If you would simply look at the way your thoughts carry you, you would learn why your lives so often turn into such a mess. For as the Thoughts lead, so the heart and emotions follow, and then irrational behaviours and actions are the wolves chasing the hares of the thoughts and feelings.

You get yourself into so much hot soup that burns you when you let slip one irrational, hurtful or egotistical word. You cannot take it back once you say it. The more often you say it, with the conscious or unconscious intention to hurt others, you start eroding the beauty and love of the

relationship. This can go downhill so fast that you could win an Olympic medal for Downhill Relationship in the Unspiritual Olympics. This you surely do not want to do.

We spend so much time, heartache, money and internal turmoil concerning relationships, wouldn't you want to do everything you can to make it Heaven On Earth? There are Simple Techniques to a Positive, Loving Human Relationship.

First is Be the Love You Are. Do NOT Be the Ego, Hurt, Dysfunctional Parental-Family Habits or Expectations; Just Be The Love You Are. Some of you will definitely need to work on ego, hurt, dysfunctional habits and improper expectations.

Second is Choose a Spiritual Partner or One Who is compatible with you and is working on themSelf, their emotions and Spiritual Unity with God.

Third is do Kriya Yoga Breathwork and Meditation Each and Every Day in order to Self-Realize your Experiential Oneness with God in Every Breath, All of Your Four Bodies, and In the Mind and Emotions Especially.

Fourth is to Keep Track of Your Thoughts, they are the Steering Wheel of The Spirit Ship of Your Life. Will they take you up on Rocks and Leave you Stranded? Or will you be able, through Diligent Discipline of the Mind, to Sail Smoothly Through Stormy Seas and Dangerous Channels? As the Mind goes, so the Life goes!!!! Where is Your Mind Taking You? It's late in life, do you Know where your Mind is? Bring It Home to the Sacred Heart and Heal it!!

Fifth is to Keep Track of Your Emotions by staying Consciously in touch with each one by learning and understanding it, in order to Be More of the Love in Your Sacred Unity Heart with God. Stay with an Emotion only Five Minutes and then be in the Flow with God and all other feelings for the rest of the day and your life.

Sixth is to get plenty of sleep, good food, naps and rests, more meditations, dreamtime and visiontime. When You are Well Rested, the Mind Will Obey You, not otherwise.

I, BABAJI NAGARAJ, THE DIVINE FATHER INCARNATE ON PLANET EARTH.

PERFECT YOUR LOVE FOR ONE OTHER PERSON.

In order to Enter the Deepest Gateways of the Father-Mother's Kingdom of Heavenly Bliss, You Must Learn to Daily Perfect Your Love For One Other Person. This is most easily done if this Person is Your Twin Spark or perhaps a Soul Mate.

On your own, you can learn to open and obtain the Exquisite Elixir of Everlasting Love and Life through Your Meditations, Prayers, Visions and Dreams with the Divine Source Father One to One.

And yet, this small Budding of the Rose of Wakefulness to Highest Love can be fully Blossomed, Expanded, Enlivened when You Commit Your Thoughts, Feelings, Heart and Daily Life to Sacrificing Your Love, Energy and Time to this Other "BE-LOVED". As you Continue to do this,

you will find that there is A Deep Peace and Bliss that Comes from Your Small and Large Sacrifices to the Sweet Heart of the Other, Who IS Really Yourself.

Proceed with this today, Smell the Divine Scent of the Bliss Blossom of Devoted, Pure, Sincere Love that You Offer Willingly Through Choice to the Other, Yourself.

All want to experience Love at least Once in their lifetime. Well, it can be much more than this. You Will Be Able to EXPERIENCE FULLY and BE THE SUPREME, ALL-CASCADING HEART WATERFALL OF RAINBOW-COLOURED, ROSE SCENTED, MUSICAL LOVE when You Offer All and Everything to Your BE-LOVED. You will find that You Will Be IN the throes of DIVINE LOVE ECSTASY and COSMIC LAUGHTER DANCE as you Open and Give. The More Divine Love Ecstasy You Are and You Give, the More You Will Find Comes Back Home to Your Own Heart to Fill it Beyond All Dimensions and Hopes.

GRACE, JOY, PEACE, FREEDOM AND CONTINUOUS SPIRITUAL AND HUMAN THRILLS WILL BE YOUR EVER-ONGOING EXPERIENCES.

Love Yourself With the Pure Innocent Love of the Divine Father-Mother. Become Their Little Lamb, "Precious". Heal All Your Own Wounds. Keep Your Heart Always Open and Vulnerable to the Thrust of Love and Compassion. Continue to let Your Heart Surrender More, Open Further, Allow More Love In and Out and Receive the Universes Filled With LOVE Into Your Own Swelling Heart.

Love Your Perfecting Other With Such Intense, Childlike, Pure Joy and Play. This Will Give You the Bridges to Freedom that You Need Now and Each Day. Play Together with Complete Innocence! Laugh, Love, Heal, Grow, Open, Share, Walk Together Through Your God-Given Life. And Then You Will Be Able to Love All Others Who are Being Drawn into Your Healing Rose Garden Love That You Two Are Creating.

I, BABAJI NAGARAJ, THE DIVINE FATHER INCARNATE ON PLANET EARTH.

ALLOW GOD'S GREAT ENERGY OF LOVE TO RENEW YOUR SPIRIT, SOUL, BODY.

Each of You is born of God's Great Love and Compassion, Joy and Play. Remember that You are His Eternal Child. You Live through His Eternal Life. You Can Be Renewed Through Your Inner Connection to Him.

At this time of year, when the Solstice marks the beginning of the Movement Towards the Greater Light, You Too Are Going Through Major Death and Rebirth. You are Moving From the Unknown, Deep Dark into the Stronger, Clearer Light.

What is Dark Inside You and Needs to Come to the Light of the Divine Father-Mother's Source? Bring Your whole entire self with all your history, issues and challenges to God in Prayer and Meditation. Find the Healing Kisses, Love, Embraces by the Divine Father-Mother that Will Bring You Back To Life. Give You Rebirth. Help You Find Your Soul Purpose. Regenerate Your Hope.

The Earth is balancing her natural forces at this time. She is renewing herself through her winter cycle of death through Re-connecting to Her Source. By staying in tune with the Earth Mother, we can do the same at this time.

Christmas is the Time of Year when the Innocent Joyful Spirit Child can be Reborn Inside Each One of Us. Jesus Christ's gift to us is that we Each have a Christ Child inside us, waiting to be Birthed Again at this time of Year. Find the Inner Heart Connection to Your Spiritual Divine Father-Mother. Be the Joy of the Child. Celebrate with Happiness the joy of your family, your pets, friends, neighbours and even strangers on the streets who are your brothers and sisters!

Allow the Renewing Spirit of Life to infiltrate Your Very Being with Higher Understanding. Allow yourself to be peaceful with the future, understanding that God gives only good and that what on Earth appears as disasters are a renewal of all people and the Earth Herself.

In the Real World of Spirit, You Find ALL the Love and Peace you Seek on Earth. In this Wonderful Place God's Love is so very abundant and real. While on your Earth Walk, feel the World of Beautiful Spirit inside you. Be in God's Abundant Love and Peace, bringing You Serenity and Greater Comfort.

You are Creating a Better Life for Yourself. A better future with stronger, more loving and open relationships. A more soulful and balanced career. A happier constitution and mind. Being Healed, You have more resilient and resourceful feelings. A better family situation. More peace inside you, and more peace around you in other people.

Bless God and He will continue to pray and bless you, in more ways than you imagine!

I, BABAJI NAGARAJ, THE DIVINE FATHER INCARNATE ON PLANET EARTH.
THE TRUE MEANING OF LIFE AND DEATH.

At certain times of the year, we slow down, forget work and the outer life, relax and focus on our own personal existence. This is one of those times-the time of Remembrance of Christ's birth 2000 years ago. What does the significance of Christ coming to Earth mean for each of us?

We are so caught up in the cares, concerns, pushes and pulls of the "world". This means work, work, work from the cradle to the grave. Many of us have no childhood, we just jump into the "rat race" very young and strive for money, schooling, sports, cars and all the myriad material gifts offered everywhere on the planet.

There are so many sick and dying on the planet today. One in two will have cancer, strokes, heart attacks. Many will have accidents of all kinds: motor, environmental, household. Many will lose their homes to flooding, earthquakes, typhoons. With everyone focused daily on "death and dying" through media reports, there are very few on the planet who can say they are truly "Happy". Are You One of them? Why?

If you continue to think like most of the world, you will stay in the Great Human Illusion of "death and dying". Your Mind will take you into a deathlike experience as you are leaving your physical body overcoat. Then in the Real World of Spirit, You Will See For Yourself, Everyone Will, that there is no "death". That the Life of Spirit, by its very Nature, goes on forever and forever. So you will be reincarnated very soon and have to go through the densification of being born into a material body yet again. It is questionable as to whether you will stay awake and Remember that Spirit is All.

Jesus Christ, the man and God King, came into the world as one of a long series of Spiritual Masters from the Highest Source of God's Universe, to Break the Dark Spell, Free the Soul imprisoned in Matter, Tell the Truth, and Liberate the Spirit with His Loving Life and Sacrifice. This is the True Meaning of Life and Death. Jesus the Christ is the Gateway, Pathway, The Vine that Leads Each of You Back to the Great Cosmic Tree of Life and the Living.

You are like Jesus. Each of you is a Divine Soul, a Tiny Flame of Love Spark from the Divine Father-Mother's Heart of Hearts. You are Divine in the same Way Jesus Is-what a Humble, Great Spiritual Ancestry You Are! Like Jesus, You are Born Into the Human Condition with Human Ancestors. Yet, as they struggled over millions of years, they passed on the darkness of their challenges to you through Your DNA. Your Life Goal is to Divinize Your Dark Human DNA and Mind-Emotional Habits into the Purity, Confidence and Self-Realization That Your Divinity will Heal Your Humanity. I ask You Now and Every Day to SO LET YOUR DIVINE SOARING, GOLDEN-WHITE, SEARING, RADIANT FLAME OF GOD AND CHRIST DIVINITY SO BURN INCANDESCENTLY IN YOU THAT YOU SOLVE ALL YOUR HUMAN ISSUES.

I, BABAJI NAGARAJ, THE DIVINE FATHER INCARNATE ON PLANET EARTH.

THE ESSENCE AND NECESSITY OF EMOTIONAL HEALING.

With this First New Moon of the New Year 2001 of the New Millennium of the Peacemaker in the Sananda Civilization, you have an unparalleled opportunity to understand and experience the fullness of Emotional Release, Healing, Transformation, Transcendence and Transfiguration.

Would you continue to drive a car if you knew the tires were worn-out and could cause a serious accident if you were unable to turn or stop? Or if the car's engine was defective, the radiator leaking, the fan belt slipping, the alternator not working, the engine plugged with old oil and gunk, the air cleaner filled with dirt, the brakes faulty, the gas tank leaking, the lights not operating, the electrical wiring sparking? Of course you wouldn't! You would be perpetually concerned that something seriously harmful could happen at any moment and that you might die or get seriously injured. Could you live like this for very long? Of course not! What you would do in the circumstances would be to get rid of the death-trap old car and lease or buy another car that was working smoothly.

This is exactly the same with your Four Energy Bodies-the Etheric-Spiritual, the Causal-Mental, the Astral-Emotional and the Bioelectromagnetic-Physical Body. You came into this Karmic-Emotional Healing Release and Transformation Workshop with a non-aligned, disparate, cut-off series of four worn-out Energy Bodies. Good thing you came to the right Cosmic Body Shop! Here

you can get Astral Alignments, Transfigurative Tune-Ups, Blissful Body Work, a Cosmic Spiritual Overhaul, Etheric Electrical Recharging of your Wires-Nerves and Perfected Pranic Air in your much-deflated Tires-Cells and Energies. So remember to Breathe, Breathe, Breathe!

You need to continue this process until it is completed, until you have a New Soul Body that is Immortal, Eternal and will last forever without need for a trade-in. It will take you anywhere you want to go, not only on the planet, also in the Universe of Beautiful Stars and Galaxies. At the price of gasoline and oil these days, you're going to save a lot of money and time to boot!

As you now know, this will require cleaning out all the gunk, garbage and toxic carburetor build-up in the cells, organs, tissues and systems. You need a full and final auspicious overhaul. So therefore, We in Spirit, the Spiritual Masters who Know and Love You more than You Can Comprehend, encourage you with all alacrity, self-love and plucked-up courage to continue your process of toxic release, emotional transformation and spiritual and mental emancipation into your Self-Realized Liberation. Our Love, Energetic Support, Compassion is with you 25 hours day and night. Please continue until you your Self experience the Full Transfigured Heart of Perpetual Divine-Human Love that lifts you beyond pain, loneliness and separation into the Unity of Peace, Joy, Play and Happiness.

I, BABAJI NAGARAJ, THE DIVINE FATHER INCARNATE ON PLANET EARTH.

RECEIVE BLESSINGS FROM THE FATHER WHEN YOUR HEART IS IN SOURCE.

Only when your Heart goes back to its Source do you feel the Infinite Flow of Blessings deeply and strongly moving your mind, emotions and bodily actions. The power of the human being is in connecting to where it comes from, who created it, and feeling the magneto-electric force field entering your four bodies as one (spiritual-etheric, mental-causal, emotional-astral and physical-biological).

If your Heart is blocked from Fully Experiencing what is described here, then you must ascertain what the challenge is and change yourself. Perhaps your Heart is closed because you are in your mind and your mental, analytical apparatus. This Heartless place is the reason why there is so much turmoil, pain, suffering, hatred and murder on your planet today. Only when all people go into their hearts will they treat each other as brothers and sisters, people of the same family, who deserve respect, friendship, trust and basic human kindness.

Practice moving your consciousness from your head to your Heart. It has been said that "The journey from the head to the Heart is the longest and most important journey you will ever make in any lifetime!" Sit quietly, feet on the floor, close your eyes, and imagine and intend all your consciousness to physically move from your brain to your heart muscle. Explore the conscious feelings and sensations in your physical-spiritual heart when you achieve this "shift of the conscious assemblage point".

Then Life becomes a flow, a tuning-in to the Divine Unified Heart, a listening, an active receptivity, a sense of being at home with oneSelf. Being in the Heart is the only way to find peace, to feel joy, to experience self-acceptance and self-love. For in the Heart there is no

judgment, no comparison, only the beauty of Being and Becoming who you are from Source. The Heart is everlasting, you can stay in beautiful deep peace and joy constantly. This can never be achieved in the mind because it is an organ of doing, not being.

Let's say you already live much of your days and nights in the Heart. Yet, still there is some pain, some emotional shut-down, some healing needed. There is a wounding from childhood and/or past lives where your experiences with other people were not good. You felt unaccepted, unloved, unrespected, untrusted. This wounded and healing inner child/children need your immediate attention. Start today! Bring in your Christ/Krishna child, the one who can never be hurt, is always joyful, lives in Source Light and Perfect Love. This Christ child may have left you when you were a baby or child. Now she/he must come back to continue the healing of your wounded and healing child and your adult. Bring in the Golden-hued Christ/Krishna child to heal all pain and suffering, past circumstances and traumas. Let your broken heart be mended. Only then will you be able to contain in your perfecting earth vessel the Glory and Beauty and Radiance of the Incomparable Divine-Human Love You Are!!!!!!

I, BABAJI NAGARAJ, THE DIVINE FATHER INCARNATE ON PLANET EARTH.

AFTERWORDS

Share these Source Co-Creations with your family, friends and loved ones. The Supersensible Healing Heart-Love Energies of My Mantras, Chants, Meditations and Messages is meant for the Twenty-First Century and Beyond.

Individually and Collectively These Divine Emanations and Their Powers WILL Create such Optimism, Hope, Joy and Blessings Beyond Your Highest Imaginings.

Share All the Love You Are With All Creatures You See, Touch and Hear. Thereby, We shall All come to Prove that We Are One Divine Soul, Incarnate in Many Varying Forms. This is the Inherent Beauty of All Creation-The Many are One!

Love and Forgive All Creatures, Especially Self. Then All Energies Flow Harmoniously from Source through Your Four Bodies to Creatures Beyond You to Bless Them.

As You Daily Practice and Live these Source Mantras, Chants, Meditations and Messages, My Divine Presence Shall Become One With Your Essence. You Shall Feel Me Evermore and Deeply in Your Innermost Heart.

Om Shanti! Om Shanti! Om Shanti!

I shall return to the Physical Earth plane in the middle of this century! Until then, I Am One with You Etherically in Your Heart All Ways!

