

I WILL

SIGN HERE

TAKE MY MEDS.

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- List medicines here.
- Keep it up to date.
- Carry it with you.
- Share with your doctor/pharmacist.
- Always take your medicine as directed.

QUESTIONS to ask my doctor/pharmacist

1. What's my medicine called and what does it do?
2. How and when should I take it? And for how long?
3. What if I miss a dose?
4. Are there any side effects?
5. Is it safe to take it with other medicine or vitamins?
6. Can I stop taking it if I feel better?



For helpful tips and resources, visit ScriptYourFuture.org today.

MY MEDICINES including prescriptions, over-the-counter medicines, vitamins and supplements

MEDICINE	WHY I TAKE IT	START DATE	REFILL DATE	HOW MUCH DO I TAKE?	WHEN DO I TAKE IT?
EXAMPLE: Naproxen	Arthritis	6/11	7/11	1 tablet, 250 mg	twice a day

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