



## DISSEMINATION ACTIVITIES (M43-M48) (1-JUL-2016 TO 31-DEC-2016)

### 1. PREVIEW newsletters

#### PREVIEW newsletters 2016 (M43-M48)

| No. | Date                                | Type of activity         | Main responsible | Title/ Description      | Place (of publication)  | stakeholders addressed | Size of audience (if known) | Countries addressed |
|-----|-------------------------------------|--------------------------|------------------|-------------------------|---|------------------------|-----------------------------|---------------------|
| 1   | 14-Nov-2016<br>(World Diabetes Day) | PREVIEW Newsletter       | USTUTT           | PREVIEW Newsletter no.7 | The newsletter was posted on the PREVIEW website and distributed by email to a subscriber list of interested individuals and organisations<br><br>NetUnion was doing the distribution campaign and obtaining the statistics afterwards. | Health professionals   | ~1000                       | International       |
| 2   | Autumm 2016                         | UNOTT PREVIEW Newsletter | UNOTT            | UNOTT Newsletter Autumm | The Newsletter was distributed to UNOTT PREVIEW Participants and Staff  | PREVIEW Participants   | -                           | UK                  |
| 3   | 2-Nov-2016                          | UNSYD PREVIEW Newsletter | UNSYD            | UNSYD Newsletter Spring | The Newsletter was distributed via email to all the UNSYD PREVIEW Participants and Staff  | PREVIEW Participants   | 130                         | Australia           |
| 4   | Dec-2016                            | UNSYD PREVIEW            | UNSYD            | UNSYD Newsletter        | The Newsletter was distributed via email to all the UNSYD PREVIEW   | PREVIEW                | 130                         | Australia           |



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| No. | Date | Type of activity | Main responsible | Title/ Description | Place (of publication) | stakeholders addressed | Size of audience (if known) | Countries addressed |
|-----|------|------------------|------------------|--------------------|------------------------|------------------------|-----------------------------|---------------------|
|     |      | Newsletter       |                  | Winter             | Participants and Staff | Participants           |                             |                     |



## 2. News and articles in the press

### News and articles in the press 2016 (M43-M48)

| No. | Publication date | Main author | Title | Place of publication | Stakeholders addressed | Size of audience (if known) | Countries addressed |
|-----|------------------|-------------|-------|----------------------|------------------------|-----------------------------|---------------------|
| -   | -                | -           | -     | -                    | -                      | -                           | -                   |



### 3. Conference contributions

#### 3.1. Oral presentations at conferences

##### Oral presentations at conferences in 2016 (M43-M48)

| No. | Date         | Presenter                 | Title  | Conference Title (City, Country)   | Stakeholders addressed  | Abstracts submitted | Abstracts approved | Abstracts published                 |
|-----|--------------|---------------------------|--|--|---|---------------------|--------------------|-------------------------------------|
| 1   | 27-Sept-2016 | Jennie Brand-Miller UNSYD | The PREVIEW Study – the global study of behavioural interventions to prevent diabetes  | Omni Innovation Medical Nutrition – launch of new product (GlucoControl)               | Medical professionals, dia, dietitians, dbetes educators, pharmacists | No                  | No                 | No                                  |
| 2   | 7-8-Oct-2016 |                           | Thomas Meinert Larsen (UCPH)   | DSAF (The Danish Association for the Study of Obesity) Annual Meeting Nyborg, Denmark  | Scientists in the health and obesity areas                            | YES                 | NO                 | NO                                  |
| 3   | 30-Nov-2016  | Anne Raben (UCPH)         | Interventions for obesity-related diseases with protein and GI (and physical activity) to prevent development of type 2 diabetes (PREVIEW Project) | EASO (European Association for the Study of Obesity) COMs Summit (Copenhagen, Denmark) | Scientists in the health and obesity areas                            | NO                  | NO                 | NO                                  |
| 4   | 30-Nov-2016  | Jennie Brand-             | Metabolic outcomes after an 8 weeks low-calorie diet in  | NSA (Nutrition Society of Australia) Annual Scientific                                 | Nutrition scientistis,  | YES                 | YES                | <a href="http://nsa">http://nsa</a> |



| No. | Date | Presenter       | Title  | Conference Title (City, Country) | Stakeholders addressed    | Abstracts submitted | Abstracts approved | Abstracts published  |
|-----|------|-----------------|--|----------------------------------|---------------------------|---------------------|--------------------|--|
|     |      | Miller<br>UNSYD | overweight, pre-diabetic individuals: the role of gender in the PREVIEW study. | Meeting                          | dietitians, food industry |                     |                    | <a href="http://meeting.asn.au/cms/wp-content/uploads/Abstracts-for-NSA-Website.pdf">meeting.asn.au/cms/wp-content/uploads/Abstracts-for-NSA-Website.pdf</a><br>(pp. 89) |



**Keynote speeches/Invited speakers at conferences**

**Keynote speeches/invited speakers in 2016 (M43-M48)**

| No. | Date          | Presenter           | Title  | Conference Title (City, Country)                                       | Stakeholders addressed                     | Size of audience (if known) | Countries addressed |
|-----|---------------|---------------------|--|--|--|-----------------------------|---------------------|
| 1   | 7-10-Sep-2016 | J. Alfredo Martínez | Precision diets: new applications in obesity | 17 <sup>th</sup> International Congress of Dietetics- ICD Granada 2016 | Scientists in the health and obesity areas | -                           | General             |



### 3.2. Posters at conferences

#### Posters at conferences in 2016 (M43-M48)

| No. | Date           | Presenter              | Title  | Conference Title<br>(City, Country)  | Stakeholders<br>addressed                  | Abstracts<br>submitted | Abstracts<br>approved | Abstracts<br>published   |
|-----|----------------|------------------------|--|--|--|------------------------|-----------------------|--|
| 2   | 12-16-Sep-2016 | Pia Christensen (UCPH) | Metabolic outcomes after an 8 weeks low-calorie-diet in overweight, pre-diabetic individuals:<br>the role of gender in the PREVIEW study | European Association for the Study of Diabetes (EASD)<br><br>Munich, Germany | Scientists in the health and obesity areas | YES                    | YES                   | YES<br><br><a href="http://www.easdvirtualmeeting.org/resources/metabolic-outcomes-after-an-8-weeks-low-calorie-diet-in-overweight-pre-diabetic-individuals-the-role-of-gender-in-the-">http://www.easdvirtualmeeting.org/resources/metabolic-outcomes-after-an-8-weeks-low-calorie-diet-in-overweight-pre-diabetic-individuals-the-role-of-gender-in-the-</a> |



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| No. | Date | Presenter | Title | Conference Title<br>(City, Country) | Stakeholders<br>addressed | Abstracts<br>submitted | Abstracts<br>approved | Abstracts<br>published             |
|-----|------|-----------|-------|-------------------------------------|---------------------------|------------------------|-----------------------|------------------------------------|
|     |      |           |       |                                     |                           |                        |                       | <a href="#">preview-<br/>study</a> |





### 3.3. Abstracts

#### Abstracts 2016 (M43-M48)

| No. | Date           | Presenter              | Title  | Conference Title (City, Country)   | Stakeholders addressed                     | Abstracts submitted to the conference | Abstracts approved by the conference | Abstracts published  |
|-----|----------------|------------------------|--|--|--|---------------------------------------|--------------------------------------|--|
| 1   | 12-16-Sep-2016 | Pia Christensen (UCPH) | Metabolic outcomes after an 8 weeks low-calorie-diet in overweight, pre-diabetic individuals:<br>the role of gender in the PREVIEW study | European Association for the Study of Diabetes (EASD)<br><br>Munich, Germany | Scientists in the health and obesity areas | YES                                   | YES                                  | YES<br><br><a href="http://www.easdvirtualmeeting.org/resources/metabolic-outcomes-after-an-8-weeks-low-calorie-diet-in-overweight-pre-diabetic-individuals-the-role-of-gender-">http://www.easdvirtualmeeting.org/resources/metabolic-outcomes-after-an-8-weeks-low-calorie-diet-in-overweight-pre-diabetic-individuals-the-role-of-gender-</a> |



| No. | Date         | Presenter             | Title  | Conference Title (City, Country)  | Stakeholders addressed                           | Abstracts submitted to the conference | Abstracts approved by the conference | Abstracts published   |
|-----|--------------|-----------------------|--|---|--|---------------------------------------|--------------------------------------|---|
|     |              |                       |  |   |  |                                       |                                      | <a href="#">in-the-preview-study</a>  |
| 2   | 7-8-Oct-2016 | Thomas Meinert Larsen | Metabolic outcomes after an 8 weeks low-calorie diet in overweight, pre-diabetic individuals: the role of gender in the PREVIEW study. | DSAF (The Danish Association for the Study of Obesity) Annual Meeting Nyborg, Denmark | Health Scientists in Denmark                     | YES                                   | YES                                  | NO  |
| 2   | 30-Nov-2016  | Jennie Brand-Miller   | Metabolic outcomes after an 8 weeks low-calorie diet in overweight, pre-diabetic individuals: the role of gender in the PREVIEW study. | NSA (Nutrition Society of Australia) Annual Scientific Meeting                        | Nutrition scientistis, dietitians, food industry | YES                                   | YES                                  | <a href="http://nsa.meeting.asn.au/cms/wp-content/uploads/Abstracts-for-NSA-Website.pdf">http://nsa.meeting.asn.au/cms/wp-content/uploads/Abstracts-for-NSA-Website.pdf</a> |



| No. | Date | Presenter | Title | Conference Title (City, Country) | Stakeholders addressed | Abstracts submitted to the conference | Abstracts approved by the conference | Abstracts published           |
|-----|------|-----------|-------|----------------------------------|------------------------|---------------------------------------|--------------------------------------|-------------------------------|
|     |      |           |       |                                  |                        |                                       |                                      | <a href="#">f</a><br>(pp. 89) |



#### 4. Scientific publications in journals

##### Scientific publications in journals in 2016 (M43-M48)

| No. | Title  | Main author              | Title of the periodical or the series | Number, date or frequency | Publisher | Place of publication | Year of publication | Relevant pages           | Permanent identifiers (if available) | Is/Will open access provided to this publication? |
|-----|--|--------------------------|---------------------------------------|---------------------------|-----------|----------------------|---------------------|--------------------------|--------------------------------------|---|
| 1   | PREVIEW behavior modification intervention toolbox (PREMIT): a study protocol for a psychological element of a multicenter project | Daniela Kahlert (USTUTT) | Frontiers in Psychology               | Vol 7, August 2016        | Frontiers | Online               | 2016                | Article 1136<br>10 pages | doi:<br>10.3389/fpsyg.2016.01136     | yes   |



## 5. Interviews

### Interviews given in 2016 (M43-M48)

| No. | Date        | Interviewee                     | Title  | Place of publication   | Stakeholders addressed | Size of audience (if known) | Countries addressed |
|-----|-------------|---------------------------------|--|--|------------------------|-----------------------------|---------------------|
| 1   | 23-Aug-2016 | Santiago Navas-Carretero (UNAV) | Interview about the summer course  | Radio Euskadi  | General Public         | -                           | Spain               |
| 2   | 25-Aug-2016 | Laura Pastor Sanz (UCPH)        | Interview about PREVIEW project  | Radio Euskadi<br>(Radio Channel from the Bask Country, Spain)  | General Public         | -                           | Spain               |
| 3   | 27-Aug-2016 | Anne Raben (UCPH)               | “Gravar comida poco saludable ayuda a la gente a cambiar sus hábitos”<br>“Taxing unhealthy Food Helps People Change Their Habits ” | El Diario Vasco<br>(Local Newspaper from the Bask country, Spain)<br><a href="http://www.diariovasco.com/sociedad/201609/03/anne-raben-experta-obesidad-20160903000806.html">http://www.diariovasco.com/sociedad/201609/03/anne-raben-experta-obesidad-20160903000806.html</a> | General Public         | -                           | Spain               |



## 6. Other activities

This section summarizes all dissemination activities that could not be assigned to any of the other activity sections presented before. They include clinical sessions, meetings, distribution of leaflets, among others.

### Other activities in 2016 (M43-M48)

| No. | Date       | Type of activity | Main responsible         | Title/ Description  | Place (of publication) | Stakeholders addressed                   | Size of audience (if known) | Countries addressed |
|-----|------------|------------------|--------------------------|---|------------------------|--|-----------------------------|---------------------|
| 1   | 3-Aug-2016 | Lecture          | Laura Pastor Sanz (UCPH) | XXIX Curso Universitario de Verano Universidad de sAnta Catalian, El Burgo de Osma, Soria, Spain<br><br>(summer course)<br><br>Lecture title:<br><br>“Prevención de la obesidad y la diabetes: retos y desarrollo del estudio multinacional | Soria, Spain           | Health professorional and general public | 20                          | Spain               |



| No. | Date           | Type of activity | Main responsible   | Title/ Description   | Place (of publication) | Stakeholders addressed                        | Size of audience (if known) | Countries addressed |
|-----|----------------|------------------|--|--|------------------------|---|-----------------------------|---------------------|
|     |                |                  |  | PREVIEW"<br><br>(Obesity and diabetes prevention: challenges and development of the multinational study PREVIEW) |                        |   |                             |                     |
| 2   | 23-24-Aug-2016 | Summer school    | UNAV (Alfredo Martinez)and UCPH (Anne Raben)<br><br>Lecturers from PREVIEW:<br><br>Jose Alfredo Martinez Hernández (UNAV)<br><br>Anne Raben (UCPH)<br><br>Santiago Navas Carretero (UNAV)<br><br>Pia Christensen | Progresses in understanding, preventing and managing obesity and diabetes:<br><br>PREVIEW Updates                | San Sebastian, Spain   | Students<br><br>Members of PREVIEW Consortium | 50                          | International       |



| No. | Date | Type of activity | Main responsible  | Title/ Description | Place (of publication) | Stakeholders addressed | Size of audience (if known) | Countries addressed |
|-----|------|------------------|---|--------------------|------------------------|------------------------|-----------------------------|---------------------|
|     |      |                  | (UCPH)<br>Thomas Meinert<br>Larsen (UCPH)<br>Jennie Brand-Miller<br>(UNSYD)<br>Margriet Westerterp-<br>Plantenga (UM)<br>Gareth Stratton (SU)<br>Julia Thurn (USTUTT)<br>Sylvia Hansen<br>(USTUTT)<br>Edith Feskens (WU)<br>Tanja Adam (UM)<br>Mikael Fogelholm<br>(HEL)<br>Anita Vreugdenhil<br>(UM) |                    |                        |                        |                             |                     |





| No. | Date                               | Type of activity   | Main responsible                                 | Title/ Description   | Place (of publication) | Stakeholders addressed | Size of audience (if known) | Countries addressed |
|-----|------------------------------------|--|--|--|------------------------|------------------------|-----------------------------|---------------------|
|     |                                    |  | Louise Dye (SAB)                                 |  |                        |                        |                             |                     |
| 3   | 24-Aug-2016                        | Cursos de Verano UPV/EHU (University of the Bask Country, Spain)<br>Progresos en la comprensión, prevención y manejo de la obesidad y la diabetes: proyecto PREVIEW. | Laura Pastor Sanz (UCPH)                         | Youtube video<br><a href="https://www.youtube.com/watch?v=hkFgufcdEng">https://www.youtube.com/watch?v=hkFgufcdEng</a> | General Public         | -                      | Spain                       |                     |
| 4   | 11-Oct-2016<br>(World Obesity Day) | Scientific event (short video describing the project)  | MU.<br>Lecturers: Dr Mironova, and Prof. Hadjiev | Scientific event covering different topics on obesity, insulin resistance, behaviour etc.                              | -                      | -                      | -                           | Bulgaria            |



| No. | Date       | Type of activity                          | Main responsible  | Title/ Description   | Place (of publication)  | Stakeholders addressed      | Size of audience (if known) | Countries addressed |
|-----|------------|---|---|--|---|-----------------------------|-----------------------------|---------------------|
| 5   | 3-Nov-2016 | PREVIEW video                             | Anne Raben  | PREVIEW video filmed during the International Congress of Dietetics in Granada, Spain. | YouToube and PREVIEW website  |                             |                             | International       |
| 6   |            | PREVIEW Website "Success Stories section" | UOA, UNOTT and UNSYD for providing the stories<br><br>NetUnion for making them available through PREVIEW website. | Success stories from UOA, UNOTT and UNSYD  | <a href="http://preview.ning.com/page/success">http://preview.ning.com/page/success</a> | Visitors of PREVIEW Website |                             | International       |