

2017-01-12

Stargate Roundtable Call

INFORMATION REGARDING CALLS PRESENTED AND/OR SUPPORTED BY 2013 RAINBOW ROUND TABLE

I TO ACCESS THE THREE WEEKLY CALLS via the Internet

A BBS RADIO Go To www.bbsradio.com; click on Talk Radio Station #2; click on "64K Listen"

Thursday: 9 pm – 12:00 pm EST **Stargate Round Table** **Host: Marietta Robert**

Friday: 9 pm – 2 am EST **Friday Night Hard News** **Hosts: T & R**

Saturday: 4:30 pm – 2 am EST **History of our Galactic World & NESARA** **Hosts: T & R**

Friday, Saturday: From **10 – 11 pm EST**, for one hour, the call moves to the Conference Call Line [PIN below] and then returns to BBS Radio.

- **BBS Toll Free # in Canada, US 1 – 888-429-5471** - picks up whichever line is available.

B Conference Call 1-209-647-1600

Thursday PIN #	87 87 87#
Friday PIN #	23 23 23#
Saturday PIN #	13 72 9#

C Skype **BBSradio2**

D Archives for the 3 Programs listed above

- To access the **FREE BBS archives** for any of these programs:
 - Go to BBSRadio.com; scroll down the column on the left hand side and click on "Live Radio Shows"
 - The next page which comes up lists the programs alphabetically under the picture of the presenter. Find MariettaRobert's picture: Stargate Roundtable with Marietta Pickett and RIGHT click on "Library Archives".
 - When that screen comes up, LEFT click on the date you want. It opens in a new tab – you'll see the "free to listen box"; inside it is the tab that allows you to play the podcast.
- The **2013 Round Table website also has an archive section:**
<http://2013rainbowroundtable.ning.com/> See the "**Archives**" tab for written notes.
- Listen-in live 24/7 via conference phone dial 716-748-0144

II TO ACCESS OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable

A Sunday, Mondays: 9 – 10:30 pm EST Cheryl Croci's Activation Calls
By telephone only: 1 – 605-475-5950 PIN 9467441#

B Tuesdays, 2nd & 4th of each month: Ashtar on the Road
9:00 – 11:00 pm EST Host is Fran; Susan Leland channels Ashtar, Sekhmet & others
www.Ashtarontheroad.com

- Phone Number: 1 – 695-562-3140; PIN 163731#
- Call is free [except for long distance charges]
- Can also listen to the call via Skype

C Wednesdays: 7:00 – 9:00 EST The Friends of The Aboriginal Moabite Nation Call
By telephone only: 1-712-432-0900 PIN 666238#
Replay # [good for 1 week] 1-712-432-0990 PIN 666238#

Host: Marietta

Meditation: Angelsu

Group Reading: Spiritual Pathway Cards

Thur – Sun pm The Doorway doorway to everywhere, everything, higher dimensions
"I open the door and step into the higher dimensions"

Rest of the Week: Blazing Golden Sun – the power card; Unlimited

"Knowing my part in divine will, I flow with the Universe."

Amped up gift for all 7 days: an angel – Card of Angelica, the Angelic realms

"I move into the angelic realm and I acknowledge who I am on this plane."

Mayan Calendar: Rainbird

- **Go to Space2plaza.com** – to locate specific days & lots more information: on the home page, you can find out what your Mayan birthday is
- The link to www.lawoftime.org – more info on the calendar & how the 28 day/moon cycles work.

- **to learn about the Mayan Calendar, Go to Space2plaza.com which will link you further to www.lawoftime.org website for further information.**

There is Phoenix Books in Columbus OH – all manner of esoteric books that cannot be found generally.

- Call: 614-264-3100 can find hard-to-find books
- Owned by Robert Peters, a professional Astrologer

12th Thurs – 12 MULUC the red crystal moon; 12 is crystal tone – the grid matrix and expansion and progress: synergy; Muluc the moon is an artist aspect – listening; use telepathy as your guidance

13th Fri – 13 OC – the dog; it's the wolf moon too – 13 is Mother, too; unconditional love; connecting with our spirit guides; let go of fears, unwise use of anger; 13 is the universal tone of change – time for an inter dimensional shift;

14th Sat – 1 CHUEN – a new wave of the monkey, so we can practice our magical artistry
Saturday is ½ way through the tzolkein; we are still in the core days; balancing work and play; gifts: innocence, spontaneity, humour

15th Sun – 2 EB – 2 is polarity, stability; a lunar energy; **EB** is the human – about the enlightenment of human kind; attuning to spirit – this was also in the card reading above
contact with other dimensions; let go of dependence on the analytical mind

16th Mon – 3 BEN – Skywalker, a warrior aspect: striving towards self-illumination; gift is strength and the ability to bend dimensions

17th Tues – 4 IX - the magician, being impeccable

18th Wed – 5 MEN – eagle energy, visionary aspect; a harmonic 5, the 5th; a balancing energy

19th Thurs – 6 CIB – the warrior; being in awareness of right action; trusting in the journey; communicate with our spirit guides.

These days correlate with the angel card readings! Don't limit your potential!

MR: If anyone is moved to send a card to Angelsu - Address below

**Valley Manor
Su Jeffers/301
1410 Hospital Drive
Excelsior Springs, Missouri 64024**

marietta@newagetechnics.com – her paypal – can use it to help with radio show expenses or send something toward a necklace

To listen to the podcast:

<http://bbsradio.com/podcast/stargate-round-table-january-12-2017>

Hard News: LM Nada, Dodi Di

Natasha

- spoke to 2 super soldiers who have gone through the stargates in Iraq, through one of the ziggaurats – they were gone for 3.5 earth years & came back; families thought them dead
- Went to the Swan Constellation in the local Universe of Nabadon – beings from there have come back with them to help with the trillions of other galactics in our local sector as our planet is freed & becomes the 33rd member of the Intergalactic Federation of Worlds
- they and Natasha explained the real reason for the invasion, occupation of Iraq
 - The story parallels Stargate SG1 and Stargate Atlantis stories to the letter!
 - The gov't does not talk about this: in the Green Zone, there are 12-15' tall beings, ancient pre-adomic beings - Annunaki - working alongside the US – we won't see this on MSNBC or even RT
 - goes back to why they pulled off 9/11 for which not one has gone to jail for that and the subsequent issues
 - They also shared that so many folks have come forward to support Full Disclosure - They have enough power - the delicate story is how this gets done without one hair on our heads being harmed!
T: that is already happening as they are killing people all the time when it doesn't get done!
 - the ones who went through the Stargate talked of how many hundreds of thousands, millions of US soldiers have gone through various stages of secret training over there that is not done here, and how people have been altered, as is seen in the current Sci Fi movies – not pretty!
 - training being done by Black Ops, NAS; agencies without names except those who are correlated with the Secret Space Command: those who have aligned themselves with Nazi breakway civilizations since WW2
 - Swan Constellation is in our galaxy, but on the opposite end of it - 40,000 light years opposite from us
 - after the super soldiers came back, they said there are so many US soldiers in the Green Zone and surrounding areas of Baghdad & other areas leading into Iran & Afghanistan, and have seen the stargates in operation, and also the secret operations going on since the morning of 9/11 having to do with the operation of SG1
 - they have to do with the treasures found in the operational ziggauats after 6,000, 8,000, 12,000 years – the soldiers want to tell the truth, are tired of living the lie and living under a non-disclosure ban
- this is why Chelsea Manning is in an almost maximum security prison & has tried to kill herself a couple of times

- and why Julian Assange is sitting in the Equadorian Embassy - MI 5, MI 6 would love to get their hands on him, let alone the Black Ops in the US
Has to do with the creation of the empire, and that the truth has not been told

C-SPAN – Maxine Watters was talking and RT cut in – doesn't know if it was a hacking . .

- today, **Dodi, Di and Mr X** told him that **Putin has nothing to do with this**: it's about independent private contractors as well as the Bush/Clinton Crime Family and the Trump Crime Family who also hire contractors to play with the hacking: the Black Ops made it look like Russia did it: **it was never Russia!**
- What about the **story of Trump and the prostitutes: a true story!** This has to do with the British Intell who found out about it and looked at the cameras which were in place.
 - There's a big **lawsuit against Trump for trashing the hotel room!**
- **Yes**, all this **will come to light, with proof; Putin and the FSB have a dossier!**
 - R**: the secret dossier – sex, money laundering, arms dealing, goes into realm of arch criminals with WMDs, and lots of dead people:- everything goes into Vatican, Opus Dei – as dark as can be, and then some!
 - Putin is no friend of the Bavarian Illuminati, the Gnostic Illuminati, or the Vatican!
 - He is friends with the Andromedans and is out for full disclosure; he has been around for 500 years and is not about to let any of this go down the drain!
 - we are playing a bloody game called brinkmanship on the edge of Ukraine: US tanks, troops in Poland and elsewhere
 - Steve Cohen: this is not funny at all; more of a brinkmanship game than when JFK was here

R asked **Dodi, Di, Mr X** – how far does this have to go?

Mr X: don't worry: your father is on red alert [Lord Ashtar] – do not panic; won't have to do the air raid drill that used to be done in the early 60s

T: Donald Trump is as lethal as Hillary

- DT owes \$10 BILLION to China – from LM Nada
 - Owes billions to 150 companies of his 500 companies
 - owes \$ 600 Million to Putin
 - owned and opeartated by the foreigners – a big problem
- a problem because he has refused to protect the people's

MR: he said yesterday in his interview he owes the people nothing!

R: he's the biggest liar;

- RT, Free Speech, World Link tv tell the truth more or less, yet FS and WL are still under the gun and still have to lie, as they are part of the overlordship of the media moguls

R: scary stuff

Guest: Michael King – topic is sleep; improving sleep, sleeping all night

- Stressors: life stressors, worry – one of the biggest ones; economic issues, work-related issues
- Hormones have to coordinate
 - adrenals/cortisol – has to be off; pineal gland/melatonin – has to be on
- Daylight shuts off the melatonine and turns on the cortisol
- We are using various substances that xhausting the adrenals: #1 -sugar; coffee which also stimulates the nerves; marijuana [a major culprit]; green tea, black tea – stimulates the mind; chocolate has a similar kind of caffeine – can keep people awake if eaten late at night; even matte.

- Cortisol is the wake-up hormone: if it is at a high level, will keep you awake – but not always
Green tea, black tea – keep the mind awake
- Coffee: stimulates the nerves more: the wake-up; more alert – can feel the energy in the adrenal area in the back by the kidneys;
 - acid in coffee plays a role in lowering energy after a while too; destroys the probiotics in the gut – can lead to pathogen overgrowth
 - it's a bitter herb: it stimulates bile production so digestion improves esp if eating fats – digests fat; can detoxify by encapsulating bile, toxic waste from the blood stream
 - coffee enemas are used in certain cases

O: what is excessive coffee?

- Has to do with condition of your adrenals
tells story of what happened to him when he was younger – major insomnia at one point started learning about herbs: began to repair adrenals – got off sugar, ate vitamins, minerals, herbs – adrenals repaired then found he could get to sleep
- Acidity of coffee upsets the kidneys – kidneys are a delicate organ and are hardy; they require electrolytes and coffee destroys the calcium in our body – kidneys strain with the acid load and when trying to sleep at night, find going to bathroom many times at night.
- Often sleeping problems are related to our diet!!!

MR: asks about a product to support kidneys/adrenals

- a few things that can be done to turn things around faster:
kidney chi essence – has to be re-built – marijuana, coffee, sugar – drain the adrenals
MR: what about CBD oil – is it OK?

MK: the claim is only rarely will you find a CBD oil that is minus the THC
if the oils are consumed without heating, it will be OK

MR: Discussion about the subject for medicinal purposes is CO2 extracted - this is in Europe.

MK: cannabis oil does have medicinal benefits – but it drains the kidney gene, the life source for the body

Understands that the leaves themselves without crystals are good for rejuvenation

what he has found to be successful

need to change the diet – no sugar; but fruits without oils [has to do with food combining]

For vegetarians: fruits and honey will work

T: what about coconut oil?

MK: it's a good oil

other herbal oils that are quite safe – black cumin oil

yesterday, learned about www.andreasseedoil.com

- has hempseed oil, black sesame, black cumin, sunflower seed oil, coriander seed oil
premium flax seed oil and some kind of a blend
- Black cumin is the most therapeutic, coriander is 2nd most therapeutic
- **need oils for quality hormone production**

food combining: fats and sweets – fats and starches convert to sugar which creates fungal overgrowth – why pizza is the worst food to eat: combination of fats, cheese, starchy stuff and we all love pizza!

- We'll always have a problem with it: break the rules and then use herbs, clays, restrict diet for a while – if you go through all this to recover enough times, you give it up!!!
- Get bloated, gaseous – he hangs on to things for so long until he just has to stop!

• **Coconut oil is an exception:** flax seed oil too

- to make a stirfry with rice – **use coconut oil;** anything on bread, **use coco oil – unless you like the taste of another one** – but they might not be as good for food combining as coconut oil

- **Grass fed Butter:** he loves the taste of butter: yet if you put it on toast: you are toast; same is true when putting it on potatoes – it's **an oil and a starch combination**; it is worse than coconut oil – it's insulin resistance

Q: What do you do to **clear up fungal overgrowth?**

- Use Immune Power – can turn around a compromise like eating pizza in 2-3 days if you take a lot: 24-48 capsules a day.
- The 10 day Berberine combo
these are all berberines: organic grapefruit, golden seal, barberry, blood root – don't use this for a long time, but good for short term use and resetting the clock – a berberine fights a fungus until it knocks it out.
- Friendly flora: use to re-build the probiotics in the body after cleaning probiotics; humic , prebiotics

O: how do you know if you need all of this?

- MK:** Says it's common sense: If your digestion is not up to par
if energies low
if have colds or flu
or not going to bathroom as frequently as you think you should
- Diet has to change: if we consume meat and we've had antibiotics – the digestion is not up to par, and that could sit in the transit zone for as much as 3 days!
 - Inside the gut, the meat rots
 - He takes digestive bitters – has a laxative effect in the body – if he eats something that is difficult to digest like cheese, nuts, fish – takes Digestive bitters, and then digestive enzymes

O: Is there a certain amount of time that the body takes to move the food through?

- 3 meals a day means 3 movements a day – use digestive bitters with every meal if that is not happening
- rebuilders of the adrenals glands also help: he has adrenal/kidney rebuilding compounds
- need minerals, good fats, herbs that stimulate or support hormone building
 - discusses what to take, how much
- also *Day Calm, Deep Sleep* – what it does, how much

Q: what about the problem of men having to pee when going through their menopausal change?

- **Aging is misunderstood;** we don't age and die because of time but because of more time under the influence of more toxins: body is getting polluted; telomeres getting shorter; low mineral content, medication, lots of sugar, junkfood; stress; caffeine – these are the causes of the body breaking down
- All this can be turned around: will take time to deal with all the stressors
- Aggressive means burying self in clay for 24 hours!!!

what kind of clay? His sacred clay is the most potent so doesn't take as much as other clays

- he learned this from a man in his 90s who did this
 - he's seen swimming pools filled with clay in pictures from Europe
- the closest thing we can do for ourselves: take clay baths if you have a bathtub – or put it in a hot tub – need to look into the motor etc of the tube – call him!
 - we would do this gradually – we have more chemical exposure than most other societies when the chemicals coming out can cause harm - need to do it gently! He has heard of stories of a man who had oil slick on the top of the water with his first clay bath; another man's water turned black – he was a Viet Nam vet

in the bath: sacred clay for externally – 1-2 tbsp – their clay is potent and ¼ cup is enough to being with – can add more as you get used to it. An average bath is about 45 minutes – some is better than none . . .

- **Yes can drink sacred clay** – mix it with water: Mineral Manna – sacred clay; ancient plant minerals and humic phobic earth and himalayan salt ormalite [the happy clay which enhances the heart- assists with overall rejuvenation
 - if you have Minearl Manna – 1 tbsp
 - He makes it – call them
- **to drink either Sacred Clay or Mineral Manna:**
 - this is about human body cleansing: purging toxins, cleaning out sinuses
 - 1st thing in am: take 1 qt of water + 1tbsp of either Sacred Clay or Mineral Manna
 - shake it up, consume as much as you can – this is for the purpose of a kidney flush in the morning – this is a **therapeutic flush**: hydrates the body; flushes toxins that build up in the night; remineralizes the body; provides electrolytes; alkalizes the body
 - this drink – and save a bit of the sediment in the bottom of the qt and take it just before going to bed: this is key to sleeping well

Website: www.VitalityHerbsandClay.com all kinds of information on that site!

Phone: 541-482-9633 talk to Julie or Barbara about products, diet

Consultations: Michael

- he can look inside like a medical intuitive to determine physical condition, look at root causes for current situation, creates a program diet, stressors, soul path readings, etc
- \$100 / hour; \$25 every 15 minutes – prorated.

COR: interpretation of aging – thinks it's a great definition – also uses some of his products

MK: has talked to a man who claims to be 1400 years old – they just transition, don't "die"

T: there are unicorns that are 2-3,000 years old – can tell by the rings on the horns

T: yes, they have friends who are very old – Sherula incarnated here on earth to show people the way: 221 years old: born in 1795 - looks about 50

- Agartha network; Inner Earth in response to Omena's question about not wanting to live that long: we would not feel like that if we lived like that – to do that is an entirely different world!

- The article read last week about the Vrill Society, the Thule Society – the Pleiadian ladies in that were at least 140 years old – there are lots of Pleiadians on the ground!

R: the gals at St John's Colledge are at least 200 years old and only look like 20

MR: talks about Robert walking on Mt Shasta – 2 golden skinned Pleiadians showed up to give him direction: they were totally golden

O: is there a golden planet: did a reading for a lady last week who was from a planet of giants

R: there is a Golden Ray Galaxy that is part of the 27 galaxies around Super Galact Centre

- our MWG is part of the 27 galaxies that converge at S G C

T: Their people said to be careful about talking about this:

- there is an herbal substance: **herbal red mercury** which reverses the aging process – from cinnabar

- this is really true and some people don't like us talking about this:

R: started searching this – goes into creating nuclear devices without having to do nuclear fission

- herbal red mercury is part of the technology of the vimanas, the starships referred to in the ancient Vedic literature

MR: her uncle just made his transition this evening; was 95, fighter pilot in WW2 – had a good visit with him last Saturday

O: he has made it all the way up!

MR: at this point, it was a blessing: put him on dialysis 15 years ago – the drs called him the poster child for kidney dialysis – 3x a week for 15 years!!!

O: he's happy where he is now!

MK: if we could regenerate the kidneys, the body would regain those functions – Mother Nature is quite able to do these things

- when he realized the power of herbs – does so much more than other kinds of supplements – there are certain herbs for certain parts of the body

MR: asks him how he learned all this

MK: motivated to help his Mum who was sick most of her life; also his Dad who was in the military and had bad food, stressors, etc – also what he went through after living in a daze for so long – had chronic fatigue and knew he would not last long if he didn't do something – started with apple cider vinegar and honey

Two more things to help the body go to sleep:

1. 1/8th to ¼ teaspoon of raw honey just before going to bed – the helps the body to produce more melatonin in the body – and combined with a Mineral Manna sludge helps
 2. taking a dose of Earthen Sea Greens or the Vital Cleanse and Nutrify - consume in water or juice: the surge of the super foods causes the body to go to sleep sooner: the body is satisfied
 - then they do the morning drink with the Mineral Manna etc as described above – means they don't really eat until later in the day
 3. recent addition for energizing: **Hyssop mint tea** and he has added a Chinese herb to this deep organ cleansing, the herb is an adaptagen and lengthens the telomeres
 - Consumes this during the day: energizing, de-toxifying, tastes good,
 - can put a little honey in it – just make sure no fats either before or after
 - once he quit liquid oils [except for coconut oil], meat, eggs, cheese, finds he can eat fruits & honey in quantities he was not able to do before
- Once we get the toxins out, we get younger without trying

MR: reminds us to be gentle with ourselves – rapid detox is way too hard on us

MK: the clay baths are critical: the Viet Nam vet could only stay in the water for 5 minutes – got out and after he got back to balance, he went back for 10 minutes and in a few months, could finally do the 45 minutes and was a changed man- electric foot baths for 6 years had not given the same results

email: @vitalityherbsandclay.com

- some of what he has shared are fairly recent additions