Cinderella's stepmother syndrome and Homoeopathy

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Contents
Introduction........................................................................................................... 1
Definition............................................................................................................. 2
Etymology........................................................................................................... 2
Causes................................................................................................................ 3
Loneliness and Estrangement ............................................................................. 3
Rumination ......................................................................................................... 3
Relational Tendencies ........................................................................................ 3
Overcompensation ............................................................................................. 3
Disempowering double standards ..................................................................... 3
Punching bag syndrome .................................................................................... 3
Unsupportive husbands..................................................................................... 3
Professional preference and bad advice .......................................................... 4
Pathophysiology.................................................................................................. 4
Symptoms.......................................................................................................... 5
Treatment.......................................................................................................... 5
Bibliography...................................................................................................... 9

Introduction
Cinderella’s stepmother syndrome is named after Cinderella who was fairy-tale character oppressed by her stepfamily until she magically attends a ball and ultimately marries a prince. During this tenure, she suffers with a lot of abuses, anxieties and depression. In this way she represents a syndrome often seen in day to day life.
Definition

Cinderella’s stepmother syndrome is the term used to describe the behaviors that stepmothers display in order to become more accepted by the family. (Causa occasionalis/ Psora/ Syphilis/ Sycosis)

Etymology

**Cinderella complex** - fear of being independent causes unconscious desire to be taken care of by others.

**Cinderella syndrome** - false accusations made by adopted children of being mistreated or neglected by their stepmothers.

**Cinderella dermatosis** - skin disease characterized by ash-gray macules occurring most often on palms, extremities, buttocks, and scalp.

**Cinderella stepmother syndrome** - overcompensation by a stepmother in an effort to be accepted into new family.

**Cinderella-in-reverse syndrome** - the stepmother’s sacrifice to be better than best and her tendency to overcompensate at her expense.

**Mini wife syndrome** - the extraordinarily attached daughter becomes insecure and depressed after entry of a stepmother.

**Super Stepmom Syndrome** - Stepmothers feel the pressure and expectations from all angles; their husband, his kids, the ex-spouse and her kids as well (if she has any). As a result, some have a tendency to react to the emotional stresses within the stepfamily by becoming over-involved.

**Evil stepmother syndrome** - stepmother feels pleasure in teasing and neglecting her step children.
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Causes

Step mothering is itself the seamless hurricane for depression. The main causes are as below-

Loneliness and Estrangement
Stepmothers often feel detached from their husbands over stepfamily issues. (Psora)

Rumination
When people ruminate, they over-think or obsess about situations or life events, such as work or relationships. There starts a cycle of rethinking the past, worrying excessively about the future, not taking action, going over and over the same issues, letting concern spread to other issues, until there is a rush of concern and a feeling of being stunned. (Psora/Syphilis)

Relational Tendencies
The combination of the stepmother’s relational tendencies with that of her often less emotional or relational husband and a bunch of annoyed step children may cause a lot of depression. (Psora)

Overcompensation
The stepmother’s sacrifice to be better than best and her tendency to overcompensate at her expense may lead to Cinderella-in-reverse syndrome. (Psora/Syphilis)

Disempowering double standards
Stepchildren are allowed and supported to dislike and resent their stepmothers, while a stepmother must always show unconditional love for her stepchildren. (Psora/Sycosis)

Punching bag syndrome
Often, stepmothers get blamed for things they are not responsible for. (Psora/Syphilis)

Unsupportive husbands
Remarried men with children may expect their wives to be more maternal than they were with their children. Such expectations can crash with women’s schedules and desires. (Psora)
Professional preference and bad advice
Stepmothers often face a lot of bad advices and forced acts which they never expect. (Psora)

Pathophysiology
The monoamine-deficiency theory postulates that the underlying pathophysiological basis of depression is a reduction of the neurotransmitters (Psora/ Syphilis) serotonin, norepinephrine or dopamine in the central nervous system. Serotonin is the most extensively studied neurotransmitter in depression.

Dopamine
- Balance: pleasure, pain avoidance, sense of inner and outer reality
  - Imbalance: hallucinations, reward deficiency syndrome, addictions, anhedonia
- Balance: novelty seeking, motivation
  - Imbalance: impulsive risk taking, reward deficiency
- Balance: energy, socialization, vigilance, concentration
  - Imbalance: ADHD, OCD, most of depressions
- Balance: required for mood stability, lucid thoughts and emotional stability
  - Imbalance: aggressive dysphoria, liberation of appetite, anorgasmia
- Balance: cognitive impulse control, relaxation
  - Imbalance: negative self rank, rumination

Norepinephrine

Serotonin

Role of neurotransmitters in depression
Psychosocial stress and stress hormones like neurotransmitters such as serotonin, norepinephrine, dopamine, glutamate and gamma-aminobutyric acid (GABA) as well as neurocircuitry, neurotrophic factors, and circadian rhythms are responsible for depression.

**Symptoms**

- Preoccupation with position in the family
- Anxiety
- Feeling of rejection
- Feeling if ineffectiveness
- Feeling of guilt
- Feeling of hostility
- Exhaustion
- Loss of self-esteem

**Treatment**

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MIND — AILMENTS FROM - abused; after being — children carc.

MIND — AILMENTS FROM - abused; after being — indignation; with carc.


MIND — AILMENTS FROM — anxiety — prolonged; from aur. carc. pic-ac.

MIND — AILMENTS FROM — anxiety; from — calc-p. calc. carc. cimic. cocc. hyos. ign. kali-p. lyc. nit-ac. op. ph-ac. RUTA samb. SIL. Spong. staph.

MIND — AILMENTS FROM — cares — worries — loved one; over a COCC. vanil.


MIND — AILMENTS FROM — criticized; from being agar. gels. ign.

MIND — AILMENTS FROM — disembarrassed; from being agar. gels. ign.

MIND — AILMENTS FROM — dishonor; from being aggregate; of lac-e.


MIND — AILMENTS FROM — emotions; from — sad. calc. caut. nit-ac. ph-ac.
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MIND - AILMENTS FROM - failure - social failures pers.


MIND - AILMENTS FROM - fortune; from reverse of abmr. con. dig. lach. stann. staph. SYMPH. VANIL.

MIND - AILMENTS FROM - friendship; deceived aur-m-n. aur, ign. mag-c. mag-m. nux-v. ph-ac. rhus-g. sil. sulph.


MIND - AILMENTS FROM - grief – prolonged aur-s. carc. caust. cocc. kali-p. ph-ac.

MIND - AILMENTS FROM - grief - silent grief anthropi. carc. NAT-M, tub.


MIND - AILMENTS FROM - neglected; being sacch.


MIND - AILMENTS FROM - pride of others grat.

MIND - AILMENTS FROM - protection - parental protection; excessive bar-c. calc. sil.
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MIND - AILMENTS FROM - responsibility – unusual aur-m.n.
MIND - AILMENTS FROM - responsibility aur. carc. mag-m.
MIND - AILMENTS FROM - unusual; anything ambr.
MIND - ANXIETY - duty; as if he had not done his alun. ars. moias-l.
MIND - DELUSIONS - betrayed; that she is adam. dros. falco-pe. hydrog. lac-h. ol-eur. petr-ra. rad-br. Rhus-g. urol-h.
MIND - DELUSIONS - worthless; he is adam. agn. anac. aur. falco-pe. lac-c. lac-h. nat-ar. positr. thuji.
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MIND - SADNESS - friends, as if having lost affection of Aur. Ham. Puls. thuj.
MIND - SADNESS - misfortune; as if from AUR. Calc. chinin-s. cycl. ph-ac. phel. phos. puls. rhus-t. staph. sulph.
MIND - SADNESS - past events; about aids. luna psil.
MIND - SADNESS - quarrel with husband, after Anac. tritiv-gg.
MIND - SADNESS - wrong way, as if having done everything in bros-gau. Naja

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Radar 10

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