



"To Encourage, Restore and Plant"

BRN No 200801452G

Arrows With Soul Pte Ltd

10 Genting Road #04-00

The Blue Building

Singapore 349473

Tel : (65) 65327532 Fax : (65) 65325565

www.arrowswithsoul.com

Summarised Evaluation Feedback

- 16 attended this batch of training. 15 feedback forms collected.

Below is the summarized feedback from participants after the workshop:

- 100% are aware of the New Economy skills and attitudes.
- 87% of them are encouraged to lead an integrated life.
- 100% felt motivated to change.
- 100% felt inspired to work on SELF and FAMILY.
- 93% would like to raise productivity and effectiveness for WORK.
- 80% would like to contribute to the community through SERVICE.
- 100% felt motivated to identify talents and align it with their work and personal life.
- 100% wanted to improve relationships with family, friends and colleagues.
- 100% were ready to overcome obstacles that come against them.

Below are some comments made on how they feel about the workshop:

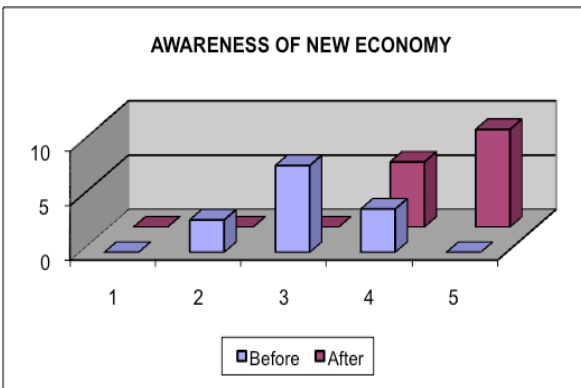
- Very interesting, informative, give clarity in life.
- Interesting/Value-added/Fun/Educating.
- Very motivating, very interesting.
- Inspiring/Interesting/Motivating.
- Help me to identify my core value and pursue the activity.
- Fantastic! It gave me even more insights to myself than the "7 Habits Workshop".
- Great, interesting talk and give us a lot valuable info and experience.
- Enjoyable & efficient workshop.
- Excellent - Exceeds expectations.
- Interesting & meaningful.
- Job well done. More souls being better than their best.
- Good speaker & willing to educate the further explain
- Sharp & engaging. No sleepy time!
- Very good facilitation - David energetic & passionate in sharing

APPENDIX

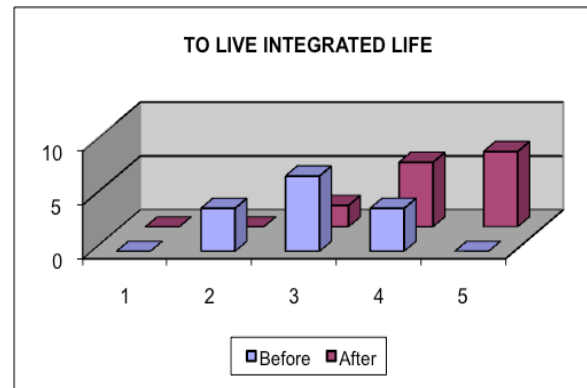
PLEASE FEEDBACK ACCORDING TO THE SCALE BELOW:

1 - Strongly Disagree 2 - Disagree 3 - No Comment 4 - Agree 5 - Strongly Agree
 1 - Very Low 2 - Low 3 - Neutral 4 - High 5 - Very High

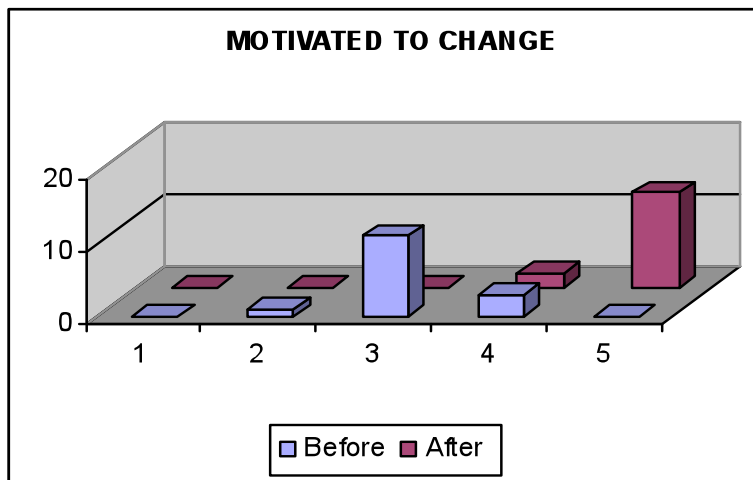
Q1. I have increased awareness about the new skills and attitudes essential in the New Economy.



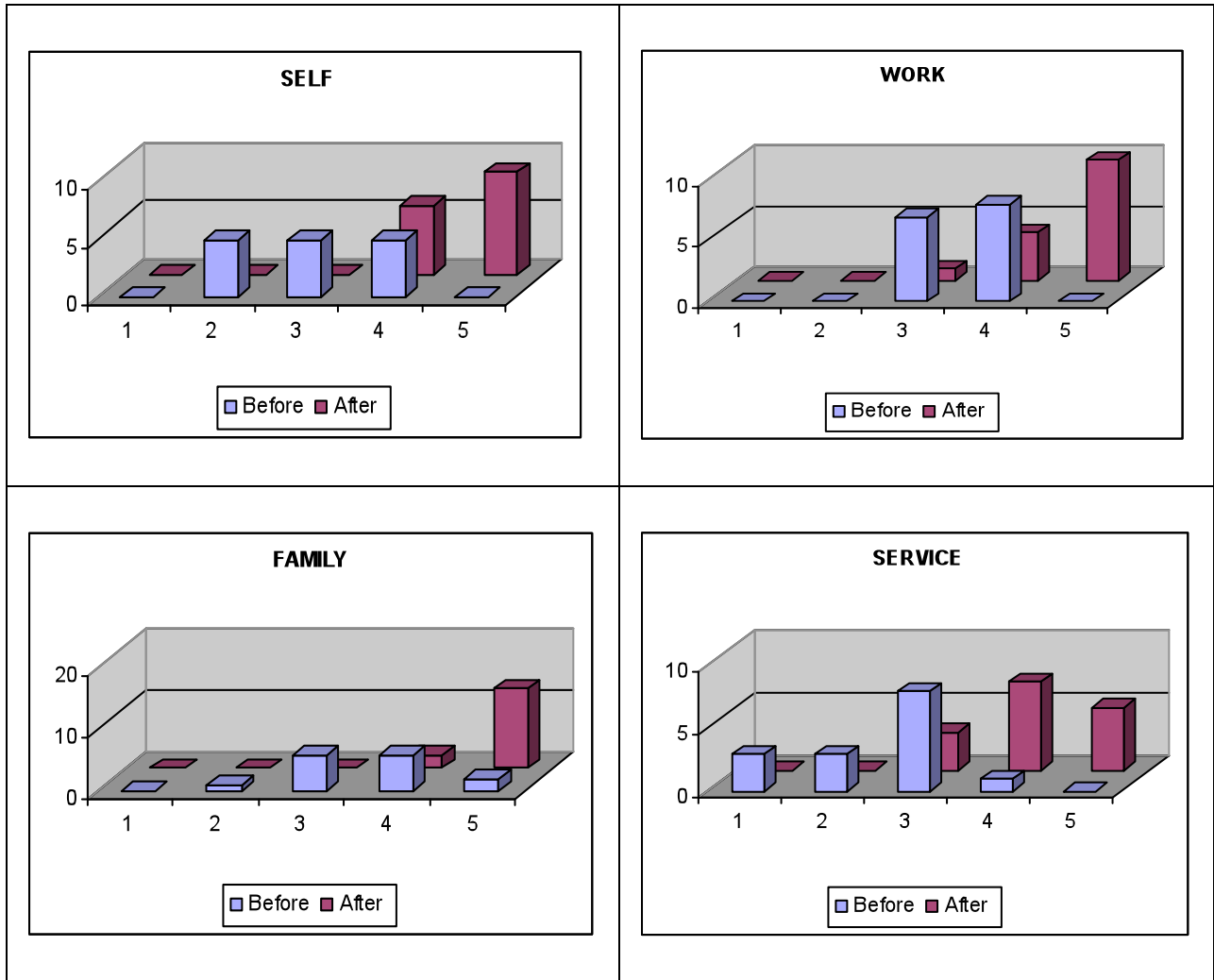
Q2. I have skills and knowledge to lead and integrated life.



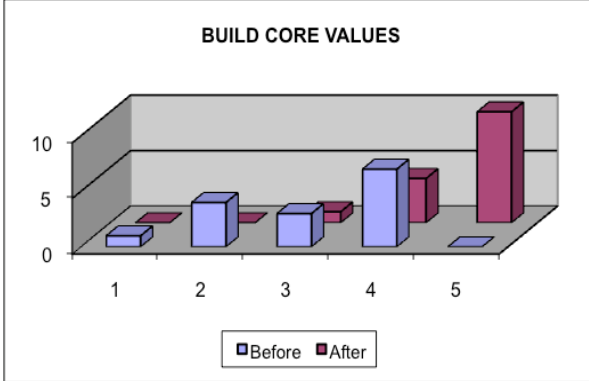
Q3. I feel motivated to change the way I work and live my life.



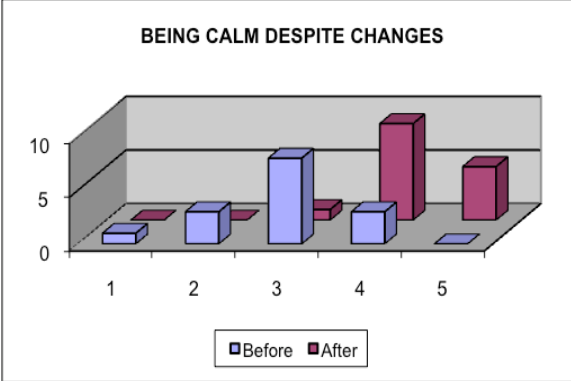
Q4. I am inspired to raise productivity and effectiveness in the following areas:



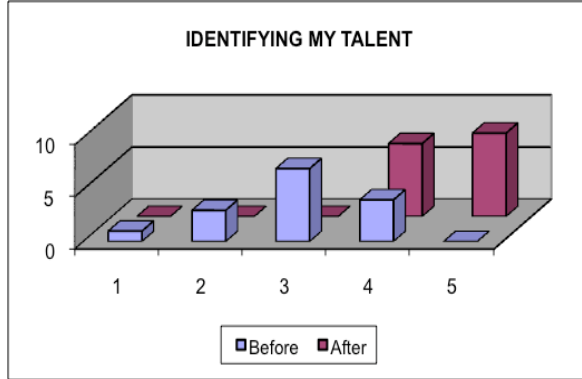
Q5. I am inspired to build my own core values.



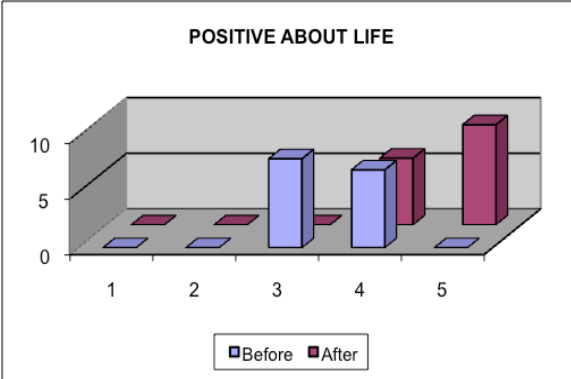
Q6. I feel equipped for serenity and calm despite changes.



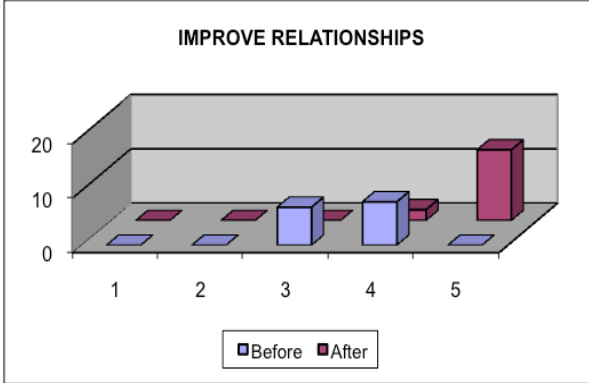
Q7. I feel motivated to identify my talents and align it with My Life (work and personal).



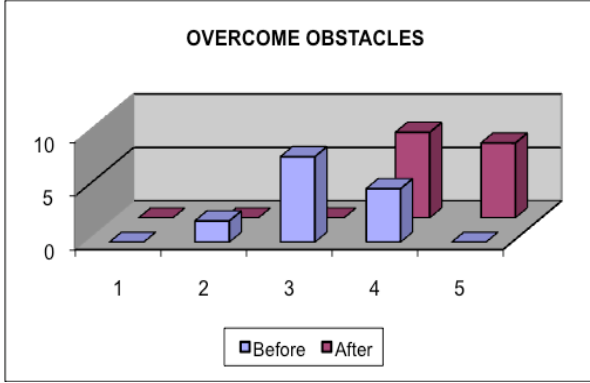
Q8. I feel positive about my life (work and personal) and new possibilities.



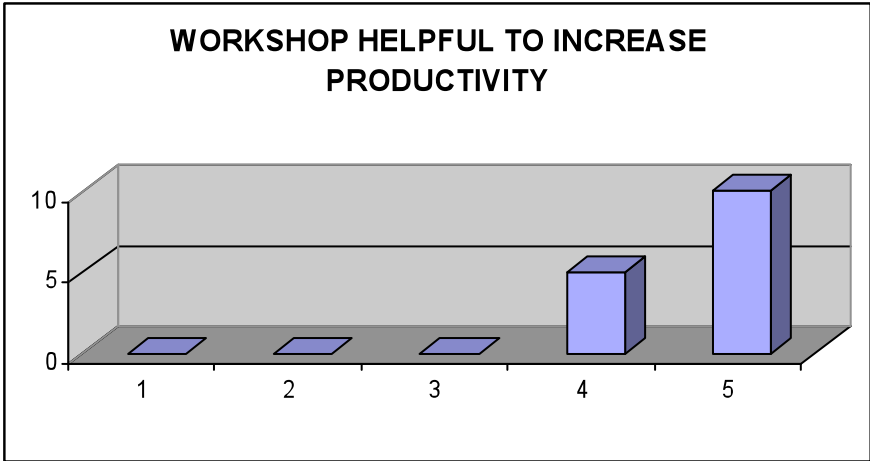
Q9. I am encouraged to improve relationships (work and personal).



Q10. I have the confidence to overcome obstacles to achieve the quality of life that I want.



Q11. I feel that the workshop can help my company and colleagues to increase productivity and effectiveness.



Q13. The Trainer's performance:

1 - NEEDS IMPROVEMENT

2 - COULD BE BETTER

3 - GOOD

4 - WELL DONE!

