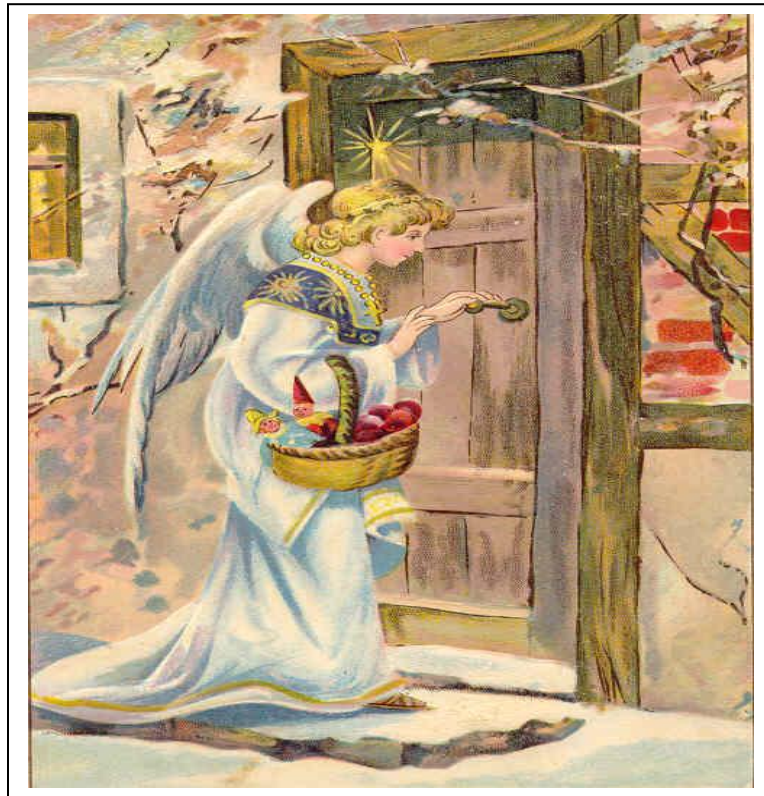


# ANGELIC FENG SHUI

## 101 WAYS TO MAKE YOUR HOME HEAVEN ON EARTH



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# *ANGELIC FENG SHUI*

## *101 WAYS TO MAKE YOUR HOME HEAVEN ON EARTH*

1. The door that you use the most to go in and out of your house is the threshold place. It is to be respected as a “crossing-over place”. It is your crossover from your haven/heaven on earth into the outer world when you leave your house and the crossover when you return to your sacred space.

Consider doing some sort of “change of energy” ritual at your threshold door, i.e. pausing to spritz yourself with a cleansing mist; anointing yourself with oil, i.e. holy oil when you return home and enter the crossing-over place.

2. The angels inspire us to “make room for change” or change will create it’s own space which oftentimes can be unsettling. CHANGEL – the Angel of Change – inspires us to create a “changing room” in our home.

A changing room can be a small room where you are able to re-arrange items easily. Suggestion: a small bathroom. You change towels; you change what is on top of toilet tank; you change what is around the sink. Having a “changing room” or a room where you consciously make changes, creates space for opportunities. It is a safe place where you allow yourself to be comfortable with change.

3. Get comfortable with change by changing what you are comfortable with in your home ever so often. This gives you the experience of “living in the leap” and being comfortable with flux in your life. When you get “vibes” that something in your house has been the way it is “forever”, consider in some way changing the energy, i.e. put a new slipcover on an old sofa.

4. Change is easier when there is a flow vibration in place. Here are ways to create a flow of heavenly vibration:

- Deal with: clutter – piles, papers, stuff that is there that we are not using, stuff takes up valuable flow space
- Deal with: Things we do not want to do – unfinished projects
- Deal with: Anything Unused – Unresolved – Tolerated – Disorganized

5. Clutter test for your home: Does your home lift your energy? Do you use what you see? Do you need what you see? Do you feel good in your home?

Clutter slows energy down because you cannot find what you need when you need it. Clutter creates earthly frustration energies which block divine flow. And yes, there is a difference between storage and clutter.

6. Surround yourself with inspiring views – as you look at art on your walls; as you look out your windows. The angels remind us that art inspires us to be divine. Angels inspire us to reflect/mirror to ourselves “heavenly heights” and “angelic heights” through the presence of art in our home.

7. Write affirmations and put them on the back of pictures in your home. As you do this, you are embodying the energy that there is “behind the scene” energy supporting your positive efforts. This energy reminds us of the angels – always there “behind the scene” supporting us.

8. Create a “benefactors altar/shrine” in your home to acknowledge the love and support given by the invisible. Invisible sustainment comes from loved ones in heaven; angels; guides and guardians. Note: a benefactor’s altar/shrine is different from your own personal altar.

9. Nurture nature in your environment and you are nurturing yourself. Have fresh flowers; green plants in your home. A wonderful angelic feng shui plant is the Peace Lily. Having a vase of sunflowers in your home is an abundant feng shui technique, too. Sunflowers inspire us to live our lives with the fullness of our face and attention upon God. Orchids are to Western cultures, what lotus flowers are to Eastern cultures. When you raise orchids, you are opening/raising your lotus-flower/orchid-flower crown chakra energies.

10. If you respect the food you bring into your home, prepare for meals, that you are eating; you will come to have more respect for yourself. Acknowledge gratitude for all those involved in the farming, harvesting, marketing of the food you are eating. Say a blessing over the food as you put your groceries away after shopping; say a blessing as you prepare a meal; say a blessing before you eat a meal.

11. Use flower essences to enhance your environment. If you have a fountain, put a drop of flower essence in the water to energize the environment with the particular strength/essence of the flower. Flower essences can be purchased from Green Hope Farm: POB 125, Meriden, NH 03770; Tel: 603-469-3662; Fax 603-469-3790. Email: [green.hope.farm@valley.net](mailto:green.hope.farm@valley.net). Website:

[www.greenhopeessences.com](http://www.greenhopeessences.com)

12. Placing a mirror outside of your house, especially above the main door will deflect negative energies. You can do this a similar healing exercise as a visualization for your own body. Visualize yourself in a white protective bubble of light with mirrors around you that deflect any negativity projected towards you.

13. Keep the toilet seat down and keep plugs in plugholes. You are dedicating yourself to raising the vibration in your home. As you achieve this, you do not want the good energy seeping out.

14. Energize your home with crystals to activate energies you seek to enhance. Heavenly blue celestite is a wonderful crystal for aligning with the angelic kingdom.

15. If you are a Reiki healer, send Reiki energy into each room of your home. Do a house healing. If you have not taken a healing class, don't fret. Just stand in the center of a room. Put your arms above your head creating a "Y" with your arms and body. Ask God to fill you to overflowing with God's healing energies. Visualize the energies pouring into you and once you feel yourself "filled to the brim" with God's goodness, then visualize the energies pouring from you into the room. When you have totally energized the room with God's healing, give thanks to God.

16. Do a house blessing. Invoke the angels to bless you and your home. Simply say: Heavenly angels bless this home and all who occupy it. Be creative. Create your own house blessing ritual. Light a candle and walk through your home as an angel of light blessing each room with God's light and goodness.

17. Ask your angel team to inspire you by directing your vision or your thoughts to places in your home that could use an energy boost or even a healing. Honor your openness to angels and healing energy by utilizing your gifts to be a blessing to our home and those who share residence.

18. One of the easiest angelic feng shui healings can be found in two simple words: Lighten up! Energize laughter in you home through fun, happy videos and DVD's; making time to read the comics. Have a humor medicine cabinet, too. It's where you keep things that make you happy, i.e. videos that make you laugh. Keep a comic relief photo album. Only funny pictures allowed.

19. When you clean out the attic, it is a symbolic exercise of clearing the cobwebs of your mind and allowing your crown charka to expand with new ideas.

When you clean out the basement, it is a symbolic exercise of clearing out attachments and base charka security fears. Just because something is “out of sight” does not mean its energy is out of your field of experiencing it.

20. Allow yourself to be inspired to let go of anything and everything that is no longer useful and purposeful in your life. You cannot carry your entire life on your back. It does take courage. Call upon Archangel Michael, ask for his assistance, and start letting go today. Borrow Archangel Michael’s sword to cut yourself free to all detachments to possessions that are no longer purposeful in your life. Archangel Michael is wonderful to call upon when there are energies that need to be removed from your home. Also remember, Michael your divine security system; God’s protector angel.

21. The angels will assist you in bringing divine order into your life. As you walk with the angels through your home, energize the intent by affirming: Divine order is in my life. God is here with me. Even in the midst of chaos and uncertainty, be certain that “God is always in the room with you.”

22. Make room in your life for simple joys. For example, if a simple joy is having hot chocolate on a chilly morning, have a mug, hot chocolate mix and marshmallows on the shelf in your cupboard. We always have first aid ready for when we have a physical boo-boo. It’s important for us to have a “first joy” kit, too.

23. When you want to start something new, support yourself by listening to a new radio station, eating something new, learning about something new, watching a new TV show. For any new season, or any new adventure, support yourself by uncluttering and giving newness a chance to be birthed and have breathing room. Before beginning any new project that requires that you flow with new ideas or new visions, walk through your home with the feng shui angels and eliminate any cramped spaces. Remember to create wing space for wingspan.

24. Even though you are not literally moving out of your home, let yourself imagine that you are taking the same steps as you would in preparation of a move. This is what movement is all about. Moving into a new experience; moving into new energies. Ask yourself – room-by-room- what items do you want to take forward with you? What items do you want to release?

25. Banners are a wonderful treatment for healing inflexibility energies. They “wave” and energize the front of your home with movement, i.e. the banner blowing in the wind. Banners allow you to show your colors and joy symbols to the world. Utilize banners to support change in your life, i.e. when you feel stagnate, buy a new banner with a symbol that speaks to your soul. For example, if your inner child wants more fun in your life, get a Snoopy banner.

26. Archaii Charity is God’s messenger who inspires you to make choices that amplify your awareness that you are loved by God. Charity inspires us

that “chair-ity” begins at home by having a comfy chair that you can read in; nap in; feel like you in the arms of God.

27. Release to the trash man anything that is broken or cracked. If it does not work and it cannot be fixed, release it.

28. Any items such as televisions, radios, telephones, computers, CD players, record players – that are inventions intended to provide communication, information – and are no longer functional, need to be released. If tools of communication do not work in your home and you retain these items in your sacred space; communication will be blocked and/or impacted in your life.

29. Having too much stuff truly does impact our well-being. We are guardians or stewards over all of our possessions. For example, if you own property, you are the earthly guardian of the land as long as you own it. Stuff is property, too. The more stuff you are guardian over, the thinner your energy is spread out over the possessions. Are you spreading yourself too thin for things that no longer have relevance in your life?

30. Don't hesitate to invite an auctioneer into your life and make a clean sweep of the household items you no longer need or desire in your life. Or perhaps you can donate items to charity. A feeling of being depressed mentally or “weighed down” can be caused by the weight of possessions. Our personal energy is slowed down in our homes when it cannot move about because of too much stuff.

31. When you are in a relationship and share sacred space with another, focus on items that mirror to both of you the “togetherness” commitment in the household. Pictures of the two of you together; items you purchased together. When there is difficulty in the relationship, move a “togetherness” item to another sector of the home to give each of you a new perspective of the relationship. You may also wish to create a special altar when you place the “togetherness” items and create the altar with the intent to heal whatever concerns are being experienced.

32. An easy feng shui technique to support movement of positive energies is to move 27 objects in your home. By adding the 2 and 7 together, you reduce 27 to the one digit number 9. Nine is known as the universal number. It is a number of a larger vision, higher learning and enlightenment.

33. You can expand angelic feng shui technique #32 by moving 27 objects for 9 days in a row. This gets energy moving in your home and inspires you by seeing the objects in a new light. You will find that there is an object that is moved here, moved there, and then moved right out the door because you no longer have an energy connection to it.

34. Let your home nurture with sweet memories. Our belongings have dialogue with us. What are your possessions saying to you? Walk with the angels and listen to the stories that the objects of your home share with you.

Only you can determine when something that once had special meaning and supported you has ceased to be a blessing.

35. If you want to energize prosperity in your home, have a Prosperity Pot by the door of your home. Always have a coin in your pocket to put in your Prosperity Pot. When you hear the sound of the coin falling into the pot, affirm that you are hearing abundance in your life loud and clear.

36. The objects in your home should radiate the energy of your own spirit. They are expressions of you and the uniqueness of you. There is no better way to radiate your spirit's energies throughout your home than through dance. Roll up the carpet and jitterbug, waltz, and cha-cha to your favorite tunes. If you are living the single life, fill your dance card with angelic partners.

37. Give your home a name. Let the name be a message to you about your spiritual ideals.

38. Do a house reading using an inspirational deck of cards, i.e. SPIRITUALS. Center yourself while holding the deck of cards in your hands. Ask that God inspire you through the cards with insights on positive energy changes to make in your home/sacred space. Then draw a SPIRITUALS card and read the message. Perhaps you are standing in your hallway and draw "Angel of Decision – I am making and following through on decisions". Let yourself pause and reflect about any decisions you have contemplated making with regard to the hallway and items in the hallway. (See order form at end of booklet to order deck of SPIRITUALS.)

39. Let the angels inspire you in ways to bring more light into your home and into your life. Fill your home with light and you will at the same time be filling yourself with light. Cleaning the windows, supports more light shining into your home and life. Have a place – whether inside or outside of your home – where you can sit in the sun. Helen Keller said, "Keep your face to the sunshine and you cannot see the shadow".

40. Buy a wand at a children's store. Consider the wand as a spiritual tool that supports your ability to direct energies in your home. Point the wand to the front door of your home and say a word that conveys a powerful energy of manifestation to you. It can be something magical like Abracadabra or even a word you create. Visualize yourself magnetizing the door with an energy that draws wealth and abundance to you.

41. Have a blessing basket of little gifts that you have ready to give to friends when they come to your home. Ask visitors if you can take their picture for your phone album in order to cherish their visit in the future.

42. Pay attention to when light bulbs burn out and replace them. Keep the light bright and shining in your home and in your heart.

43. Pay attention when items need new batteries. Keep the energy flowing abundantly in your home.

44. Have a place in your home where you gather goodness for others. A place for a bag of canned goods that is ready to be given to a canned good drive.

45. Consider house cleaning a sacred ritual. Before beginning, remove all jewelry that can possibly absorb the energies you are removing. Call in the cleaning angels to help you do a thorough cleaning of your home. Ask them to assist you with their light vibration. As you clean your home and stir up the dust bunnies, ask the angels to transmute all “stirred up energies” into light.

46. When house cleaning, open windows. Light candles. Play uplifting music. Music raises the vibrations in the house and transmutes negative energies into a higher frequency or blessed energy.

47. Use smudge sticks to clear atmosphere of negative energies. Angel fragrances are now available.

48. When you have completed your house cleaning, it is important to then cleanse yourself. If possible, take a bath with sea salts. Sea salts are wonderful in cleansing oneself of negative energies.

49. Consider creating space in your home as a Sanctus Sanctum, a “refuge room”. There is a place where you can take refuge and feel yourself close to God. There are times when the soul wants to tell the world: Do Not Disturb. So many things in this world demand our attention. It is nice to have a place where you can go and “God gaze”. A place where the only thing you are looking at is God. You may go God gazing through meditating; through prayer; through reading Scripture or other inspirational writings. Find a place where you take refuge with God.

50. If you would like to fill your life with blessings, somewhere in your home place an Angelic Blessing Bowl. To create an Angelic Blessing Bowl, first find a bowl that is special to you. Fill the bowl with whatever items mirror abundance to you: pictures of family members and friends, holy medals, coins, crystals, jewelry that sparkles.

51. Have a “good fortune” fountain in your home. When you hear the sound of the water flowing in your home, let it be an inspirational reminder that you are choosing to place yourself in the flow of God’s goodness.

52. Make certain that furniture is not placed so close to the wall that it touches the corners. Corners of the rooms of our houses are where dimensions come together. By keeping the corners open, you are outwardly supporting your inner communication connections with the angels.

53. Anoint the corners of your home with holy water and ask that just as the corners are structural meeting points, may the energies that flow from the



corners fill your home with an awareness of heaven and earth coming together.

54. Just as there is a landscape outside of your home, there is an inner landscape that is alive with hidden forces. Opening your awareness to these energies is conscious choice to surround yourself with energies that work for you not against you. Invite and invoke angels and archangels into your home.

55. Consider placing one or two angel statues at the front door - symbolic of angelic protection for your home.

56. Making positive changes in your living space results in being more in tune with the universe. When your living space is blessed with angelic feng shui, your physical life is blessed, too. Create a home of peaceful flowing energy and it will help to create inner peace with you. Affirm: Let there be peace on earth and let it begin with me. Play recordings of the song "Let there be peace on earth". Send me a SASE and I'll send you a free BE A PEACEMAKER bumper sticker to display in your home.

57. Candles are angelic messengers of God's light. People light candles in churches for people in need. Your home is a sacred space, too. Light candles to shine light upon your spirit. Do not wait for the electricity to go off before having a "candlelight" experience.

58. Create a personal altar in your home. An altar is a place to go and be at peace with yourself and the world. Your altar can be in your Sanctus Sanctum/refuge room. Place fresh flowers, a bowl of fresh water, a candle, photos of loved ones in beautiful frames on your altar. Your altar is a haven from all the zaniness and stresses of daily life.

59. The angels inspire us to use the "Goldilocks approach" to furniture rearrangement. Keep rearranging until it "feels right". Instinctively you place yourself in harmony with all the elements in the environment. This is why you sleep regularly on one side of the bed. You instinctively know what feels like the right place for you.

60. A simple angelic feng shui tip: give yourself room to breathe. Give your home space to breathe. Consider buying an air purifier.

61. Determine your animal totem in Chinese feng shui, which is the totem for the year you were born. Have this totem in your home. For example, if you were born the Year of the Dog, you could have a dog figurine to remind you of this "angel with fur" messenger to your soul. Also consider researching your totem in Native American calendar traditions. Learning about animals as God's messengers in your life is a way of opening your mind and your home to universal consciousness. Ted Andrews' ANIMAL SPEAK is an excellent reference guide to animal symbolody.

62. Your home is in a sense a “body” and your angelic feng shui choices maintain the health and well being of the homebody. Pay attention to your sensitivity to your home. When something does not feel right, recognize that you are sensing vibrations that are calling out for healing. Check out buying an atmospheric lamp with magic mister. You can even add potpourri to the water to add fragrance to the air. Do not forget the importance of the senses in your home. Sweet smells and sounds create a feeling of peace and harmony in your home and make a lasting impression on our moods and emotions.

63. Take out the garbage regularly. Garbage is low vibration energy. Consider having an outside the house receptacle for holding the trash until your community’s trash pickup day.

64. Sounds of nature have the power to bless and energize our moods. Let the angels of nature inspire you with divine messages on sounds that will help you feel relaxed and at peace. Perhaps the sound of ocean waves? Or the sound of the wind blowing through wind chimes? Let the angels bring music to your ears and to your home.

65. Staying connected with people is important. Keep a telephone directory of people you want to stay in touch with; have on hand cards for people you want to honor and remember; have a place in your home, i.e. a “parlor,” for visiting with friends. Make certain that when people come to your home they feel they are welcomed.

66. Placing a bank note, i.e. \$20 bill, under the base of a jade plant is a symbolic gesture to the universe that you want your money to grow.

67. To sell your house, shine a bright light behind it.

68. To create abundance in the home, have your refrigerator and pantry well stocked. Just as in traditional Chinese homes, the rice container is never allowed to be empty; we in the West can keep the bread or potato bin or pasta jar full. This practice symbolizes you will never be short of food.

69. If it ever seems like you are in a spiral of negative communication, i.e. bad news coming from everywhere, re-think the ways you are “receiving” information in your home. Switch on the answering machine rather than picking up the phone when it rings; do not read your computer e-mail as regularly as before; cut back on newspapers. Look for ways to take control of “receiving” messages. It is a statement that you are making that you will not allow yourself to be flooded by negative messages.

70. Freshly cut flowers, beautifully arranged, animate your home with color and fill your space with energy. Flowers are a source of inspiration. You are loved by God. Woo yourself; court yourself with bringing flowers to your soul. Sometimes when we are in relationships, we wait for someone to buy us flowers. Buy flowers for yourself; buy flowers for your soul.

71. Take time to enter your home as a visitor would enter. Slowly observe what someone coming into your home sees at “first glance”. Play the game “eye spy” with the angels and see what objects and energizes welcome guests. Bless all who do come to visit your home. People shower rose petals on a bride’s path. Take rose essence and bless your walkway as a blessing to all who come up your path.

72. According to legend find a three-legged toad and you will find money. Buy a three-legged toad and turn the frog towards the front door in the daytime so he goes out to collect money for you. In the evening, turn your frog friend looking into the house so the money stays with you. You can find a three-legged toad at feng shui remedy websites.

73. Place feathers around your home to remind you and your family members that the angels are always watching over you. Feathers and pennies on your journey through life are “heaven-sent” blessings. Keep them to remind you that God showers blessings upon you.

74. Have plenty of lighting around your doorway. When you make it easy for people find a door, it in turn makes it easy for you to find the doors you need to find in your life. If you want something new to come to you, make certain the entranceway to your house is uncluttered. In other words, clear the pathway.

75. Acknowledge the angelic guardians of your home and property. Thank the angels daily for watching over you, your family and your home. Bless your home by taking time daily to have an attitude of gratitude and thank God for everything in your life.

76. We refer to our home as our “household”. Ask yourself: What does my house hold? It is mirroring to you energies that your soul holds as well. Take time to truly sense the soul energy of your home. Your own soul, your home’s soul energy, the surrounding environment’s soul, the earth soul, and “soul on and soul on” all overlap and share growing room together.

77. Sense the center or heart of your home and honor it by placing something that mirrors to you the passionate energy of your heart. Walk through your house to get a sensing of the place that feels like the “heart of your home”. At that spot place something that mirrors “heart” energy to you. Support your own happy heart by having a “happy heart” inside the “body of your home”.

78. Objects that convey symbolic messages can help shift energy in your home. If you want more love, have more images of hearts around your home. The hearts become messages of your desire to see more love in your life and this starts by seeing the hearts throughout your home.

79. Have open space in your home. Leave open space for the invisible to be made visible. Leave open space for the fairies to play. Leave room for the

angels to dance. Leave room for whatever and whomever you want to come visit.

80. Pay attention to what you see outside your windows. If there is anything that you see outside of any window in your home that ‘stirs you up,’ either change the view on the outside if you are able to do it, i.e. bush with dead branches needs to be trimmed, or do something about it from the inside of the house, i.e. place something near the window that balances the negative energies outside.

81. If you are feeling depressed, wake up in the morning at daybreak. Create a circle of candles on the floor and sit smack dab in the middle. Juice your fire spirit with the support of a new dawn. Remember, however, that just as an abundance of fire energy gets you “fired up,” too much can cause you to fire up emotions with others.

82. A simple healing you can manifest inside your home is to leave your shoes at the door. Taking your shoes off allows for a very intimate exchange between your feet and the floors of your home. You are able to “get in touch” with the foundation of your home and feel grounded and supported by the earth beneath you.

83. Cracked items weaken your energy and your energy field. Chipped items can create a “chip on the shoulder” experience and broken items can cause wounds that are not fully healed to open.

84. Bells clear space of negativity. Ring a ding ding!

85. Place in a prominent space in your home a JOY JOURNAL. Keep it out in view where you can easily see it. This helps you remind yourself to record all the joys in your life and reminds you that yours is a joyous life.

86. Buy a new broom...and yes, sweep every room clean. It works with moving energy, not to mention dirt.

87. To clear out negative energy, put the Hallelujah Chorus or Ode to Joy on a loop-to-loop recorder and feel the energies of the house lifted up to heaven and totally transmuted into light by the feng shui angels.

88. Chime in abundant energies by hanging chimes so when your doors open the chimes ring. I shared in *Commune With the Angels*: When something is right; when something is true, everything chimes in the key of you. Have chimes that you resonant to and your house will be chiming in the key of you.

89. If you want abundance to “flower” or some aspect of your life to blossom, hang a painting of blossoming flowers where you can see it or place a vase of beautiful flowers in a prominent spot. Whenever you walk by the painting or

vase, connect with the consciousness that your outer world mirrors to you that your life is blossoming; your career is flowering and flourishing.

90. If there is something you want to do as a new hobby, dedicate space in your home for all the materials. The way to make a dream start taking shape is to start making it tangible. Bring the dream into reality by having the tools or supplies you need to do it and have them out and visible. The fabric you bought and stashed in a bag in a closet can easily be forgotten. Inspire your creativity by bringing your tool or supplies out in the open and “out to play”.

91. Get your camera out. Take pictures of your home while walking with the feng shui angels. Look at the pictures carefully. You will be amazed at the new perspective you get from a photograph.

92. Einstein was once asked, “What’s the most important question in life?” He responded, “Is the Universe a friendly place or not?” Your home is your mini-Universe. Make it a friendly place; make it visitor friendly; make it angel friendly.

93. Objects in your home that are meant to shine, keep them shining. If they are meant to sparkle, keep them sparkling. Angels are big on sparkle and shine!

94. Do an angelic feng shui healing for your clothing, too. Any pockets with holes? Mend them immediately. Anything where energy is leaking, heal it. With regard to your wardrobe, get real about your clothes. If they do not fit, pass them on. If you keep clothing of multiple sizes in your closet, it is a confusing energy. Only keep the size you are wearing. If you are in weight reduction program, keep a size that is your goal. Release the rest.

95. If there is something that is a mystery to you, a problem you have not yet solved, get a mystery novel out of the library or off the shelf of your book collection and put it on your altar. It will energize you with the belief that you are a good sleuth and can solve the mystery.

96. The hearth energy in homes is truly connected to heart energy. Many homes do not have a hearth, yet you can create the energy in other ways. Be a fire tender to your soul’s light. Light a candle for a short time every day. Used colored candles for supportive energy of what you desire. Burn a green candle for healing and growth. Burn a red candle for passion and creativity. Burn a pink candle for love and nurturance. You can identify what is important to you and support yourself with warmth, fire and light.

97. Love every inch of your home. Make time to admire the beauty of your home. I love when clients ask me to cast a spiritual astrology chart for the date they bought their home or I use their settlement date and time as the time of birth of their home. The chart mirrors to you messages about your guardianship and stewardship to your home and how your home is a blessing to you.

98. William Blake wrote: Exuberance is beauty.” Let your enthusiasm for your home soar to new heights. Let your exuberance open you to all that is beautiful in your “home sweet home,” which mirrors all that is beautiful in you. Feel excited when you are coming home.

99. If you are someone who decorates the refrigerator door with pictures, change it every so often with new pictures of your loved ones. We “freeze” people in time on our refrigerators. Pictures we place on our refrigerators are wonderful in that they mirror to us the love of friends and family that feeds our soul as well as the food inside the refrigerator.

100. When we sometimes misplace items in our home, we generate a frustration energy which floats around the house like a cloud of negativity. Next time you cannot find an item, look at the situation with a whimsical attitude, “Ok, I get it. This is a game of hide and seek!” Let your playful inner child do the looking. Decommission the frustrated adult. Make problems fun games that are like puzzles waiting to be solved.

101. Have a fiesta in your home. Celebrate! You do not have to go out to dress up. Decorate your home for whatever is special to you. Let your house sparkle with the enjoyment of various activities. When your house sparkles with joy, so does your soul.

Jayne Howard Feldman

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