

2012, April 19

Mother Sekhmet Thursday Night Call

Opening Meditation: Angelsu

Mayan Calendar: Rainbird

- Thursday - 1MIX - 13; very last day of wave of purification; also 1st day of Unial; Red Cosmic Dragon [west]
- Friday - IK - 1 of new wave; white Magnetic Wind [north]; a portal day meaning energy will be multi-dimensional; being open to listening to the voices of the wind
- Saturday - AKBAL - 2; blue lunar night, a new moon in Scorpio; protection, abundance, working with unseen, surrender self-judgement
- Sunday - KAN - 3; Yellow electric seed; Earth Day; opening to life, timing, harmony
- Monday - CHICCHAN - 4; Red Serpent; warrior aspect; open to change, 23rd day of month - NESARA DAY
- Tuesday - CIMI - 5; white world bridger; surrender ego and controlling behaviour
- Wed - MANIK - 6; blue rhythmic hand
- Thursday - LAMAT-7; Yellow stargate; yellow is south

Housekeeping: D'Yanna

BBS: Need only **\$75 for this week THANK YOU!** There is a **Paypal** button here

T & R: \$200 gas, food, a bill [also being helped by the Occupy group in Santa Fe - **THANKS**

- On the website: www.2013RainbowRoundTable.com There is a **Paypal** button on this site and we can write whether it is for BBS or T & R
[Paypal = a 5 day process; US Mail is the same]
- Please notify them if you're sending something: koran999@comcast.net
- Rama's mailing address for cheques, Money orders: Ram D Berkowitz
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- 317- 773-0061 if you don't have a computer, call MR and she will help

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Magic Mary: went to Hawaii in the 60s; met 2 Kahunas; after all that happened, she received a special prayer which she shares:

It's time to get it out to the planet; it opens up a part of the mind that needs to open when you say the prayer, pause at the end of each line to allow idea to be absorbed

I AM the I

I come forth from the void into light;
I am the breath that nurtures life;
I am that emptiness, that hollowness, beyond all consciousness;
The I, the It, and the All.

I pick my bow of rainbows across the waters, the continuum of time and space;
I am the ingoing and the outgoing of breath;
The unreachable, untouchable atom of creation;
I am the I.

We are the I, we are one with Source, with all on the planet; we are so blessed to be here, even if the times are not easy; we always given the strength and the help when we ask for it. We are grateful for life, for family - and know that all levels we are being healed - and she lists the levels!

Hard News:

T: started up with Red Dragon and ended with the Red Serpent - interesting

Rainbird: calendar goes in cycles: red is east; white is north; blue west; yellow south

- R:** things coming to a head - class warfare has turned hot - Sirian Comm - time to talk about the working poor; all talking heads - time to talk about the poor, what Dr King's march was about
- Highly credible story about the division in society: John Nichol and Ed Schultz laid it out yesterday, John Nichol told the story of funding of Scott Walker, perhaps by Kim Jong Il
 - Lucifer has purchased the Republican seat to run against Obama
 - Roger Ayles, Bill O'Reilly - time to cancel Fox News all the way
 - this station is not providing anything
 - Roger Ayles played with Nixon, Cheney, Rumsfeld, Rice etc - started GOP tv
 - he has relationship with Murdoch behind the scenes
 - lots of stories about Magic Mittens today
 - Ted Nugent got a visit from Secret Service, decided to take down his video
 - there were 30 of them; it became 2 or 3 in another story: all kinds of intensity as we approach new moon
 - What Rama sees happening is a line-up to Mother's yanni, centre of MWG - has to do with final key, and the key master is bringing forth a most important story
 - Al Sharpton is telling the stories no one else is telling
 - John Nichols brought up today on Ed's radio show [10 am - 1 pm]

Katherine, KOS office: we are in final few seconds; shakeup of ABC agencies, gov't dep's, cleaning of the clock as Sirian Comm leads us through

T: India launched an ICBM today - Ashtar on yellow alert

R: EPS test soon - will happen with no warning; Rama asked John Nichols and he said there may not be any warning; we will just wake up and it's on the TV

R: Crazy Steve has been in Santa Fe longer than Rama; he goes to flea markets, diff homeless shelters, 2nd hand stores;

- told Rama stories of artifacts soon to be brought out in terms of the healing of this - all of the nations have a link in this story: the Haplo groups, the Annunaki, including Mr Magic Mittens who

comes from tribe of Dan of the 13 tribes of Is Ra El, Ariadne

- he showed R some pieces of gold he carries around with him - he repeats the chant known to T & R 9x and the gold started to glow like the sun -
- all the ancient technologies are starting to come out now - does not matter where you come from, it is about the equalness of all of us - this is the biggest news of all the talking heads - BO is hitting it on the head - we will soon see the right cussed and stuffed

T: Thom Hartmann - someone called in; these are not the Republicans that Eisenhower was - spoke of Matthew Ch 25: are you really being your brother's keeper? This is not included; a Catholic man called in: the bishops' commission, committee related to doctrine - they completely denounced the deconstruction of the new deal, Paul Ryan's plan

R: the **cookie gate story:** Magic Mittens sitting with some Republicans in Penn and insulted the bakery in Bethel, PA; the people were talking with Mitt about how it was good to raise taxes to pay for education, infra structures, etc - Mitt would not talk about raising taxes - no response, but insulted the cookies! Bakery is famous there - in effect, insulted the town!

- John Nichols used to come to the bakery when he was a kid

Caller: thanks to T & R for bringing on the video on the website so it can work directly without going somewhere else

- and the other video clip about the Mexican thing, the discoveries - the guy making the presentation said he hoped no one was taping it - but it was
- He sees lots of synchronicities today
- Looking for the bigger picture: all becomes clearer the more you look at larger outlook
- thinking of what T & R have done, and what they have had to endure
- has to do his own thing where he is; trying to anchor what he's called to anchor where he is
- Thank you - and has also acknowledged Seth because he deserves a lot, too!

Guest: Michael King

MR called him because so many people are saying they cannot sleep

MK: need enough sleep to be able to do what we are called to do here

- sugar and caffeine were at the root of his difficulties - so sensitized that drinking green tea in the morning meant he was still awake at 1 pm at night
 - once adrenals are worn out, very difficult to build up again
 - full moon cycles are times when people have trouble getting to sleep
- Caffeines do not work to support a good night's sleep because of stimulating the nervous system & overworking the adrenals which then run out of the minerals [calcium, potassium, & others] that are needed to make the synapses work
- minerals in high quantities in the body mean things work better: nerves work better - take an earthen source, not a whole bunch of separate things as supplements
 - does not recommend calcium supplements or a high calcium clay - we need not to consume excessive amounts of calcium which uses up the magnesium, & magnesium governs relaxation of mind, nerves, & body
 - calcium is used to contract muscles - magnesium or potassium is needed to relax
- discusses further how adrenals are drained, and other aspects of the hormone system
- when adrenals are worn out, they are not re-built so much
- **Need to understand food combining**

Repairing adrenal function

- adrenals produce 50 - 60 hormones for regulation - heart rate, blood sugar, testosterone estrogen levels; after menopause, estrogen created by adrenals - menopausal symptoms are the result of adrenal exhaustion because cannot balance ?? - liver also has something to do with it
 - when they are exhausted, they cannot back up the reproductive glands
 - eating concentrated sweets of any kind, the changes of more painful periods same is true of coffees and other over-stimulations
 - fastest way to drain the kidneys is to use marijuana internally, also causes rapid aging, diminishes immune power; blood shot eyes are sign of ill health -
 - to turn it around: consume things provided by Nature that are related to building ching essences it is the most foundational life force we have; stored primarily in kidneys and is taken out when use recreational drug - potential exhaustion more likely today because of hybrid drugs sweet stuff is really hard
 - adaptogenic herbs will help rebuild adrenal, kidney - those who take the adrenal, kidney building herbs will sleep better
 - kidney jing - **chi gong and these kind of exercises help a lot** - go to **website, archives** go to end
 - heart balanced chi gong - brief description of some exercises to help build kidney jing
 - builds up fairly quickly, but have to do it regularly
 - people who run a lot and get runners high - the chi flows; can get
 - foods eaten really matter - stay away from an oil with a sweet, or an oil with a starch: eg raw cream with a bowl of fruit
 - bananas can keep you sick because of candida they promote
 - too many nuts the same - Raw organic soaked nuts are bad for you
 - almond butter on bread not a good idea
- **on website a food article to listen to - "OK, so where do I start?" & go to "so what foods CAN I eat?"
- ways to build kidney jing** -
- • sun gaze - connect heart energies to centre of earth & give to earth

Cathy: marijuana & building up kidneys

MK: kidney & adrenal builder - has certain herbs good for kidneys, adaptogenic

- rejuvenation for women or men
- all the minerals that help - minerals are the basis of all metabolic processes
- Earth and sea greens, and the sacred clay are the place to start without a great expense
- Sacred clay to take; also clay baths to pull the toxins out
- Change the diet too
- The diet does not build jing as powerfully as certain herbs
- Alfalfa for some - also improves digestive process
- Jing can be affected by over growth of candida;

Caller: taking magnesium and potassium a couple of times a week

Mother:

Greetings in the light of the most Radiant One, in the Office of the Christ and only in the office of the Christ; we invoke the loving energies of St Germain and the Violet Flame

T: asks for balance in this time of storm, the illusion of fear

- it's about our grandson, Lucy in the sky with diamonds
- answers to the questions of life's most pressing question: what Magic Mary said: I AM THAT I AM.
The frequency of the Office of the Christ
- this is the most intense little drama in this sector of the MWG - it is about the healings, the comings and goings and in the midst of this, the one who held the planetary presence [Romney is Lucifer]
 - as has been said, he bought the nomination with the cash he has received from the 13 families -
 - how is this a balanced story in the present time-space continuum?
 - It is about the least among us who are the most powerful - we are the key masters, who walk with the goddess
 - Now AA Michael and Sananda Kumara hold this position [Planetary Presence]
- this man does not know how to interact with the people & maybe getting hands, feet dirty in process
 - this game is being laid before the people - it is for us to decide to understand
- So many of the ones who are our wayward children who have presented themselves - it is done to awaken that which is within us, the people; we are co-creator gods and always have been; now called to active duty
- You speak of Beltane - the new moon with the eclipses: these ones can't hold a candle to the light which is pouring forth, the light of god which never, never fails - from what she has observed, we are the creator gods
 - how we wake each other up is the greatest story; and having the wisdom to understand when we hear a line of shit
 - It's about carrying the frequency of love in the intensest dark time; the light from a million suns is affecting every single thing, and supersedes everything except the Office of the Christ
- Well done - and the best is yet to come! As we seize the day - we are witnessing the last seconds and how do we do this in love.
- What we are going through in these moments as we look at evening news; we are not being told everything unless we watch alternative channels which are the real channels of information
- the biggest story is we are manifesting who and what we are and her wayward children know it - the final seconds are being played - so hot in the kitchen right now with current issues

T:

- issues concerning the atom which has been used out of balance - being mitigated even tho media says nothing about it

Mo: how bright our light is shining from her vantage point - our news of the awakening the quantum cosmic leap we are talking about: the light that is pouring forth from the trillions of sons/suns and daughters of the most high brings tears to her eyes in terms of how bright is the light blazing forth - the light of god that never fails, is so brilliant, is affecting our children and they are scared shitless of our power - which we must use it with responsibilities

T: they are so frenzied about things: N Korea, India with their missiles

Mo: if we touched them now, they would scream with fear that we want to take them out

T:

Mo: in spite of the news as it appears to be, understand the inner workings of the technologies cannot

hold a candle to Lord Shiva, can't hold a candle to the soma - River Gonga

- The **missiles, technologies** - whether they have a payload or not, they **are already inert**
 - they are screaming for attention from god, goddess, anyone who will listen; the heart is at a place where they know they must ask for love; it is the nature of self-preservation of the molecule, the spark
- T: remember that one person [who said] that human kind is naturally inclined toward peace

MO: Yes, it is inherent that we would flow to the highest orgasmic joy, not moving toward fear

- These ones like Magic Mittens know the time is about us [the people] now, that it is their twilight
 - yet the resurrection happens because the heroes, the prophets show up in the nick of time
 - the naqual, taking a walk on the wild side with the goddess, the Pashcats, the bird people; we have reptilian brothers and sisters working on the bridge of the Nibiru; they never fell from grace - they are of the Elohi frequency
 - we are witnessing Armageddon played out on our mass media tv; sometimes, just gotta turn it off & go outside and watch Father Sky, Mother Earth
- If you want a sudden download, go on and keep watching - Ashtar will let you know the right moment
- The **understanding is you do the work**, the meditation each day about healing this story - it is the work inside each of us - how can I do work in this community and open the door or push a shopping cart for some one, or talk to our friend Crazy Steve: he is awake and aware, some days he is brilliant; other days he sits and talks to himself - when he is out of his body, he can do things like he did today for Rama; other days he can hardly pull himself away from the bus stop because he feels so bad - the agencies all know him, but cannot help him as there is no more money!
 - Brings us back to first story: The least of us among us are the most precious
- This is why this man is doing the discussions which are so deep - it is time according to the laws of our republic to tax the heaven out of the rich

T: won't happen - NESARA

Mo: we are making a point about the changing of the time, of the reality

T: another level that is not apparent; this discussion on inequality in society is being heard more in the news

- someone said I don't want to be a rich man when everyone else is suffering
- this goes back to the nature of humanity and having a balance

Mo: we speak to all 7-8 billion souls - you are rich beyond Solomon's mines & then some

- we are co-creator gods with the power of Q; in an instant, we can transform this reality, yet we may not understand how powerful we are as co-creator gods
- cannot find the words to describe how blessed, how powerful we are. Anyone of us is as important as anyone else.
- There is enough time, money, love, air to breath for all of us - it is going to be spread out now, whether wayward children like it or not - they have had 26, 800 years and it is enough time!
 - End of Mayan long count - we are here and the cleansing is already beginning - speaking of the soul matrix of nature itself
- We speak of the little soiree - has to do with every agency, every branch of your gov't - when all is done, will have maybe 61 - 64 good members of Congress as we move forward

Caller: from AZ - he watched Ashtar on the Road video; Part 3 had a section saying Obama was corrupt and taking payoffs, Alex Jones & ?? - caller thought they were responsible for sending

T: first two videos are fine; the 3rd one went south - it is connected to Restore America 3rd ones

- Alex Jones is a Jesuit, owned by Vatican, not to be trusted; Faction 3 and Faction 2 extremely different

- Faction 3 in charge of NESARA, and an alignment with spirit
- Faction 2 aligned with military and this has taken the longest

Mo: Sam Kennedy and Tim Turner have nothing good to say about Obama, except hate which comes out every day - it is about division, not about light - we will see this when our body makes it or not

MR: someone told her today, the place that we have that can get rid of nuclear waste in US was shut down by Obama because someone called him: if he would shut it down, he would win that state ?? True?

Mo: NO; lots of misinformation about [mother tells what some did with their money which resulted in the creation of the Tea Party, for example]

- this is about the rise of the next little story - KKK - not to be tolerated, related to hate crimes going on against BO

T:

Mo: we are talking of billionaires, millionaires, that funded [negative programs, many aimed at BO]

MR: is that plant shut down?

Mo: there is a bit of misinformation - **has not been shut down**, some would like to shut it down and make him look like the fake Barry Soto, s-called fake Kenyan - not the case, all he does is about healing

- It is about the lunatic fringe on the right who want to take him down; **he represents their demise**
- any form of twisting the story - they will use it to make him a one term president - **daily death threats**
- All the forces of light are here; not one hair on his head shall be harmed - has to do with 19.5 degrees

T: when Hillary was in the bar with her shades on and dancing - there were moles in the group who were supposed to kill Obama - how many times has she tried? Those characters will not get away with it.

- There are so many stories she has learned today

Mo: a lot of energy generated towards this man and his family that has been directed in the form of hate speech that goes directly back to KKK and lynch mobs - this planet is not going there.

- Daily the ships are being seen - we keep asking and they are here daily and soon someone may break the story - may be Current tv with Stephanie Miller and Bill Press
- Rachel said she was rooting for Current TV because she wants to see all the progressives

Cathy: going back to 101 attempts on Obama - got a picture of two wizards - dark lord and light lord one tries to take out one, and the other responds - a star wars on earth -

- What are some of the uncanny weirdnesses that happen? They are paid assassins who get the job done, but what is happening there?

Mo: they have an inexhaustible amount of cash that they can throw - try to buy a planet, insanity at highest level that is not about to be confined

T: what she sees, feels - today, BO said you want to shut the gov't down, will be on your watch, not mine!

- Go ahead and do it! [in a speech in which he challenged the Republicans]
- obstruction of justice by John B, Ryan, McConnell, Cantor already being discussed
- when they did not pass the Buffett rule - 78% of population wanted this to happen

Mo: the US will not send Us troops into Syria

T: being discussed in Security council and Ahmadinejad said to the US: dont' jump the gun and choose the violence card

MO: not the fact that we came with excess baggage of

- but the fact that we had an idea and asked Mother to teach us how to create and manifest universes -
- so we said here it is; here is free will choice and the law of the One; do it in the light of the most radiant one - 26,000 years and we are only seconds away from auto, self-destruct sequence
- the auto destruct sequence is about sending hate, and not love and is within us

T: what does love look like to stop the annihilation of a country's people - Syria?

Mo: what we are not quite seeing is what we are doing in the skies

- this is only seen on Disclose.tv or rumour mills or 2013 - we cannot find the real news; YouTube is out there with ships

Caller: she took a picture in the skies - lasted 15 - 20 minutes; it was like a fireball - in Russia, it was how ?? came in

- recently, start of April - near miss of asteroids; a 9 on a scale of 10 on NASA - was this true?

Mo: many events happening where we come in - not all technologies that look like meteor or fireballs are pieces of rock - they are probes monitoring or collecting data;

- we have technologies which are living machines - they make Data look like a toaster oven
- The silver orbs in the skies are
- Observe what is happening on planet; at right moment, give F-16s a run for their money
- at impulse power, our planes cannot keep up with light speed - yet there are craft that can do it - just not telling us!

Caller: at 70% as far as arrests?

Mo: in the moment, these stories are about to break - a tsunami - our media will have to do double time as to how many criminals to be talked about - Bernie Madoff will look like a choir boy

- **97-98% arresting being done;** ready to pop - going on all the time

Closing: Cathy

We ask for the light of god to flood this earth! For the light of god to heal all life forms.