

Opening Meditation: Cheryl Croci
Sunday, Monday ascension and activation calls:
9 pm EST/6 pm 213-342-3000; PIN 9467441#

Housekeeping: Cheryl Croci

- BBS:**
- need \$145 for last week; \$300 for this week [\$445 in total]
 - A listener supported radio call - Grateful for all the donations from all of us!
 - Go to BBS radio.com; at top of home page, click on Station 2 where you will find the listing of the 3 calls we have every week. Scroll down to find the Paypal button.

T&R: Website: <http://2013rainbowroundtabel.ning.com> - scroll down to donate section

- Outstanding car repair bill : \$400: ET's Auto Repair: would like to gather \$100 for this
- Can trade with T & R for readings by Mother Sekhmet
- Please let them know when you are gifting:
E-mail: koran999@comcast.net
Mail: Ram D Berkowitz
2442 Cerrillos Road, #385
Santa Fe, NM 87505
Or contact MariettaRobert at 317-773-0061

Hard News: 888-429-5471 Toll free no. for Canada and US;
530 - 513-6472
530- 413- 9537

T: have every issue on the table at this moment that we thought would need healing!

R: the energies coming in are affecting matter & anti-matter

Camp Loveway: Guest was Georgio Sukalose from Ancient Aliens & History Channel
his website: www.extraordinaryadventures.com

- Today's show was dedicated to the Arab Spring and what is occurring in all those countries and what has become occupy Wall Street over here
 - and about the Mayan Calendar: this is not the end but the beginnings
- Spoke of **misguided ideas** like: CA breaking off and slipping into ocean
 - Yet some things will move about: the very southern part of Florida will experience water rising - get out of there to top part of state.
- **Rising of Atlantis:** Off shore drilling is going on, and the Keystone Pipeline that goes to the coast for oil to be picked by ships
 - the ancient city off coast of New Orleans is rising;
 - this brings up stories of pirates and the movement back and forth between Spain and the Barbary Coast in 15th & 16th century: the New Orleans coast line
 - why doesn't anyone want to talk about this: there are treasure people looking for this kind of stuff and they are being told by various agencies: "we'll have to arrest you if you go there"
 - the excuse: there are things going on along the coast line having to do with national security!
- Also played part of **David Icke's interview with Terran:**

- David was talking about Credo Mutyra - who was abducted either little greys or tall ones
- Credo has forgiven those who abducted him, examined and caused him pain
- forgave his captors: let's do the ho'o pono pono

Right Left and Centre: Robert Sheer, host

- talking about what happened to Trevon Martin: it's an inside job in Sanford, FL - a gradual increase in hate & violence against people of colour, and against women
 - part of plan to reduce population
 - Sargeant Bales [of Afghan shooting incident] is not the problem - there were multiple shooters in this event: a group of them went out
 - We have to **hold the generals accountable**: they violated oaths of office, goes back to 9/11
 - Sheer wants to know why Bush and Cheney still walking the planet?
 - Sheer very upset with Obama for not arresting them etc; he does know Obama's role
 - said he would be raked over the coals for bringing the subject up on the program today!
- The whole issue of election craziness of Republicans: none of the candidates can hold a candle to Obama
 - they have completely aligned with McConnell's words about making him a one term president
 - the fuel added to the fire is that every law created is trashed - has to do with bigger story:
- Brian Epstein, the economist, will be on next week:
 - why are none of the main media sites talking about **the Neil Keenan case?**
 - This is such a huge story - \$135 Trillion court case and the gold bonds and the 40 zeros have all to do with the healing of this
 - Brian will be talking about this on Mar 31:
 - the collapse is hanging by one thread in spite of talk about economy getting better: has to do with hedge funds, derivatives, and the games going on -
 - there are cracks within the Empire at the moment
- Why are all of these recent, sudden suicide-murders going on in households having to do with 13 families?
 - why is the nothing said about 360 "resignations" on main stream media?
- Pope in Mexico doing his yadda, yadda: discussing the drug games to do with Black Ops in US & elsewhere
- issues at hand: the financial fiasco, the larger story - it is coming to a swift conclusion at this moment.
- What R has been experiencing in terms of frequencies - had a talk with
KOS: all eyes are on this story of this young man of colour: this is the original story of Mother Zudiachus
R: people are watching these ones all the time: Al Sharpton is his colour
T: the spectrum we as humans have in terms of being able to "see" is very narrow: miss much which is around us because our physical vision is limited
R: many talking heads this week spoke of certain actions, motions etc - need to be healed
 - Rama was s brought up in an integrated family; saw the Bloods and the Cripps and their battles
 - as the stories change and we heal this within ourselves; after NESARA the prisons are opened up and the integration and healing chambers are available
- T:** there are people in Santa Fe who have put up pyramids called Star Orbs which are healing chambers
 - T has spent time in them, helping with crystals
 - People can create such healing themselves without waiting

- Only way out is to go within and focus the energies - to help heal yourself

R: yes, he knows the integration chambers and healing chambers are not on line yet, and when you meet the right people, more of the technologies for healing our bodies are coming out -

T: can't happen fully until arrests are done

- perplexing that there is another murder, death, violence
- re: George Zimmerman - he was on first name basis with the dispatcher in police dep't; he called in a period of 54 days, 6?????? time - not a good sign

R: Mother keeps telling him: we are here, we are you and you are us. If

T: we must look after our bodies with a spiritual eye right now: sound, colour,

Caller: Pres Obama is travelling to North Korea to meet the leader: it is not to confiscate or keep tags on weapons but to make amends to the people of the Koreas - is this correct?

T: yes, yet North Korea has said if anyone says anything about them, the nuclear card will be played

- South Korea completely controlled by overseer reptiles
- These ones first wanted Paraguay, then New Zealand's S Island, now North Korea?

Caller: another reason to be there is to meet our friend there who is 12 feet tall - could not be disguised in a uniform, as a Korean; yes he is a Syrian - rest assured, Pres Obama will want to say Hello

T: Reference to latest Ben Fulford article and the Japanese man who holds ancient artifacts

R: Mr X told Rama that the plates shattered by Moses/Aknaten were reconstituted and given to the ancestors of this family - the telonium steel plates - by celestial beings

Caller: notified that arrests had begun - correct? **YES**

Chemtrails still being dumped on them - thought this would stop if arrests started

T: we still have to do our parts - they will guide us, answer our questions, help us to understand what we have not been taught, but we have to do the work.

- So the answer is arrest the criminals and put the technologies to a positive use.
- Like the Ark of the Covenant - Moses/Aknaten took it from Egypt because he knew its power
 - the Dark priests followed as they wanted it [a nuclear weapon] but did not get it

R: there area stories about chemtrail planes being shot out of skies

- 10 planes were shot down in Afghanistan 15 years ago; US pilots were held by the Afghans

Caller: still B of A, Citibank still around - who will take them out?

T: they are not intact: lots of CEOs have been taken out; banks not doing so well!

- Listen to one program of Rachel, Laurence, young Turks etc etc - they are revealing info
- Stephanie Miller has lots of whistleblowers on her radio show, now she will be on TV
- We need to be apprised of what is going on

R: today on Camp Loveway that B of A is in serious, serious trouble and not able to stay afloat!

Caller: BofA called him today, he authorized a payment for next week on his credit card

T: we are responsible for what we have created: only group work will get this done

- they were going to take down freedom of speech -
- on Friday's Anonymous call, Keith Olberman was at the top; last week, it was Dylan Ratigan

R:KOS told him the whole nation is focussed on Samford, FL -

- during the week, the talking heads asked if BO would weigh in on it: he did on Friday.
- This now ties in with other events around the planet & dialogue of how we work with each other.
- For the first time we have a black man in the WH and this is HUGE; he has the dignity to say

this could have been my son!

- The dialogue needs to go deeper in how we respect people - he has our attention.
- About the third party: the OTHER 3rd parties that have a solution : **those 3rd parties are us**

T: be aware, go to www.move-to-amend.org and sign up

- Citizens United is only part of it; 5 out of 9 justices in Supreme Court are Opus Dei which means they murder for the Vatican
- Need also to clean house in the Peoples' House - we are not being represented at all!
- The younger ones are getting into the political arena; the 20, 30 year olds are stepping in
 - Our children have said "Enough is enough!"

Caller: what about gas prices?

T: BO has made it clear there is no truth to idea that the President can do anything about gas prices

- Has to do with getting off fossil fuels; gas comes from Middle East which means Israel

R: we watch the clowny clone show, the idiots running for president are giving no solutions for jobs or anything else.

- The talking heads are saying Obama will be re-elected: he has been groomed for 1000 years.
- The others are trying to take us to Armageddon - praise, respect, thanks and love them

T: Bill Mayers show last night: the least interesting man in the world: Mitt Romney

Randi Rhodes said he's not even handsome!

T: those 3 [clowny clones] are trying to complicate matters even more

- Trayvon called 9-1-1 while he was walking away from George - news has just come out!
- The police department is so guilty; George is so programmed
- Jeb Bush - his own Republican party pushed against this law, but he did it anyway
 - really dangerous when people's minds are so limited, and society is so unequal as in the US, and we blindly support all kinds of political programming
 - yet they are having trouble keeping us from finding the real events & the truth

Caller: if he called 9-1-1, there should have been an immediate response, as he was in an urban area 56th time in 64 days you've called, George - the police knew what they were doing, too

Caller: not to go and check was a dereliction of duty

T: they knew what they were doing!

- And again, our society has no remedial parts to it, no preventive medicine
- As we treat drug addiction as a health issue, not a crime issue; and bullying as a mental health issue, this will change much
- Also, our children don't have basic knowledge of their bodies, their minds or their spirits, and what they are learning is untrue

T: with ref to Rama's question: Obama is going to authorize the laying of the pipeline, not letting the oil flow

Audio: update on Trayvon Martin [from another source: not Chris Hayes or M H-P]

- Special Prosecutor has been appointed - good
- Obama's words: this is a tragedy; I think about my own kids, it is absolutely vital that all aspects of the incident are investigated. My main message is to the parents: if I had a son he'd look like Trayvon. His parents are right to expect justice
- Speaker: has gone through the police report thoroughly
 - one police officer - said he overheard Zimmerman crying for help
 - at no point, did I ask Zimmerman what happened
 - Zimmerman was at some point questioned, but Officer Smith's answer is odd: as a police

- officer, he should have asked him questions at the scene when person is most harried!

Audio: Chris Hayes from March 24th, 2012

Chris: • Tells about someone who was arrested because making signs as part of demonstration preparation

- part of a larger story of how the NYPD has turned itself into an internal spying org
 - Monitoring all kinds of groups which have a legitimate reason to exist
 - Michael Bloomberg said a while ago I have my own standing army! It is so!

Peter: doesn't know the scope and extent of their monitoring, but some questions are

- what is the reason for their monitoring? What do they do with the information?

Chris: Germani Williams, a NYC council member, has asked : protestors are not terrorists why are they being treated as such???

Peter: not just racial justice groups which are being monitored

Chris: has been a shift from apprehending people and arresting, etc to preventing crimes which is OK but this has been a slippery slope:

Peter: the PD is under democratic control; we can tell them what to do: give them good solutions

Chris: but secrecy works against the democracy

What about life imprisonment for 14 year olds with no hope of parole?

There are 2 cases being argued this week

what are core constitutional issues?

Supreme Court Decision: Death penalty is not for children

kids who commit homicides are not necessarily in charge of what they do

in late 1980s, started putting children in adult prison system - even though driving age is being raised, and people cannot vote until they are 18, children can be put in prison

- kids are swayed by their group; also by what they saw as they grew up
 - a 14 year old cannot leave the household if it's violent or has drugs or guns
- yet the US still has the harshest sentencing of all countries in the world
 - Children as young as 12, 13 year olds can be sentenced
 - 70% of children sentenced to die under 14 are black or brown -
 - no question about kids of colour being targeted - people think they will always be criminal or are not redeemable

The group is trying to infuse hope, rehabilitation - the kids will change and grow up

- we undermine our society if we don't treat the children with respect

Issues of justice between people of all colours

Speaker: he knew about the story had begun before he wrote about it:

- too depressing to write about such cases time after time, and see nothing done
- The attention in the black media brought the main media into it and made it a national issue
- One speaker thought this kind of injustice was finished in the 60s
 - shocking to see there is still no justice!
- Another who is blogging about this case wanted to discuss with others - writing helps make clarity for both the writer and the readers who can respond: easier than on TV shows

Chris: the rise of social media can drive issues up to the level of main stream media - this is hopeful

Audio: several section of Melissa Harris-Perry's show from this morning, Saturday, March 2012

- discussion of Trayvon Martin and the implications of race in the case
- role of the police / racial profiling
- role of

Music: from a film which included Whoopi Goldberg

Music: from Brother Sun, Sister Moon by Zepherelli
scene of a church in Assisi

Music: Miriam Makeba and friend "I Shall be Released"

Music: The Lion Sleeps Tonight

T: Cheney is getting another heart transplant today !!!!!!!!!!!!!!!

R: keep an eye on the news: things are happening

Astrology: Richard
what is happening

- with the moon where it is: probably be an emotional day in the churches
 - going to be emotional for a while; once moon gets into Gemini, past Venus & Jupiter
- will see how the media treats this - usually have 12 -1 4 days of a story, then goes to a new one

R: Relative to Richard's comment: Iran has taken a back seat to the Martin case; it is still in the wings

Ri: it's a matter of scale: personal, regional, national, global - a matter of perspective

Thursday: moon will be in Gemini, and make no aspects with any other bodies for 36 hours: should be a good energy for telepathic work - then moon goes into Cancer, but before that, the sun makes an exact square to Pluto which will trigger something else: a new story in the media????

- New story could be interesting story as the sun is involved [innermost point of the solar system] and also Pluto [farthest out in solar system]: Pluto is Divine Will, the sun is Divine Love
- There is a lot of tension in the chart: enough to break anyone down!

Friday: moon square Uranus,

Thursday, Friday - some new story; new light shining on a hidden thing

T: related readings: one from Cynthia
one from Ascension Earth 2012:

Ri: this is the most powerful new moon of the solar year: sets the tone until we reach the equinox

- This week something new got started; will take a while to become visible

T: a V-shaped craft seen over Phoenix on March 8th: a V-shaped craft that seems to be the same size and shape as what they saw in Sweden - matches the description

Reading: message from the Galactic Federation of Light March 23/12 [SEE BELOW]
T comments on the Mali people who have staged a coup d'etat in their country;
they are the ancestors of ?

Reading: Celia Fenn: March 2012 Equinox Report [SEE BELOW]
• Venus crosses the sun twice every 120 years; the first one was in 2004; the second one is happening on June 6th, and not again for 120 years.
• This is a Very important event as "Venus is the Solar System body that connects us with the vibration of Love and Beauty and the Divine Feminine." [Celia Fenn]

Reading: EcoAstrology Update: Equinox and Aries New Moon - Stephanie Austin [SEE BELOW]
7 universes revolve around the centre of the Milky Way galaxy - this is the centre of the entire universe???

Reading: **The Home of the Gods-Atlantis from legend to discovery** by Andrew Tomas
T reads the introduction to the book: Tomas was born in St Petersburg in 1913; lived in Australia, travelled to the Himalayas; London
Tomas wrote: **We are Not the First**

- 13,000 years ago is one half of a 26,000 year cycle, the time taken to go through 12 constellations
 - the Orion war lords blew away the dolphin constellation, the Arachnid constellation, Ophiucus
 - they talk about a Yuga in terms of galactic time - 13,000 years marks the middle point of a yuga
- Lisa Renee will tell us that we have Pashcat DNA when Mother came and brought the goodly company, the Indigos of the time who incarnated voluntarily on the planet after and Ice Age was put on us
 - We were running around in the Ice Age as barbarians eating each other and dealing with survival and Mother came in to help

Caller: talk about Akhnaton: she agrees about Moses / Akhnaton
• Would Moses have looked like Akhnaton with the bee hive head?

T: that was from Hyperborea - yes

R: we wore the head dresses made of gold and silver and copper and bronze and urum and therum which means they were knew of the power of those metals and their effect on awareness

Caller: Queen of Sheba: same as Hatshepsut?

T: same time period - right before the Thutmose pharaohs

- has to do with the 520 years biblical / Hebraic chronology being off
- Creators of the bible wanted to cut that connection off
 - by making name changes
 - by excluding the truth that we were gods

Audio: The Year of the Indigo - Lisa Renee

[A TREMENDOUS EXPLANATION!]

Lisa presents the perspective of the 'Guardian Races': the paradigm shift, transcending fear and 'Armageddon' programs propagated by and for the 'Controlling Forces/ET' agenda, the role of the Indigo and Starseeds and the critical task of our own connection to 'Spirit/God' source.

Part 1 of 6 <http://www.youtube.com/watch?v=2PSg5vRjdTg>

Part 2 of 6 <http://www.youtube.com/watch?v=csZ1xwinxE>

Part 3 of 6 <http://www.youtube.com/watch?v=OdzTTRIMzmU>

Part 4 of 6 <http://www.youtube.com/watch?v=QtHO-hUh8Y>

Part 5 of 6 <http://www.youtube.com/watch?v=TPB6e2jru6E>

Part 6 of 6 <http://www.youtube.com/watch?v=5wRDuhbYvd8>

Reading: **Benjamin Fulford** March 20, 2012

[SEE BELOW]

About Noashi Onodera who claims he is the legal and rightful emperor of Japan; he shows the artifacts he has inherited to substantiate his claim: three ancient imperial treasures that are said to be the oldest inherited items on earth

Closing: **Farewell song from Rama** "Ancient Love, I hear you calling"

2012, March 23

Message from the Galactic Federation of Light

The governments of your world are playing a game of quid pro and quid pro quo. (Latin: What for, what for what.) We have given them every opportunity to step down peaceably and offer their assistance in the implementation of your new system. They have refused time and again to cooperate and now it is time for them to be removed in any way possible to clear the path for your further development and your new governmental and financial systems. Please allow us the opportunity to assist you to remove these stubborn individuals and institute worldwide governmental regime change that will once and for all end this dark period in your planet's history.

So much waits on the removal of those sworn to the old system of corruption and chaos, and we need to get underway with the vast sweeping changes of your world as time is running very short and there is so much work yet to be done to secure your paths to ascension. What we propose is a sweep of governmental offices from top to bottom, from bottom to top, and remove each and every individual from their position, either elected or appointed, who are aligned with the forces of darkness otherwise known as the Cabal.

We see this as a means to an end, and this must be accomplished and must be accomplished within a suitable timeframe so we can begin to implement the many other changes that are necessary as you move forward into your year of 2012. Many changes to your civilization are just up ahead, and many of you have no idea the impact these changes will have on your society and your planet. We are here in your skies and have traveled here from great distances to assist you in what will be your time of need. There is no reason to be frightened. Together we can suitably handle these changes and allow you to safely move forward into your futures.

Many of your government officials would rather see you suffer than to step down from their positions of power, so we see no other alternative than to remove them forcibly. This can and will be done without a need for violence on any level, but it is up to those of your governments being removed how they wish to proceed. These men and women need to understand that they will face harsher penalties for their actions by refusing to step down from their positions. Their jobs are, and have always been, in service to the citizenry, and they were called upon to act always in a manner that would be best for the welfare of the people. Instead, everything they have done worked against the people, to strip them of their money, their health, their rights and their freedom. This will now end, and we offer our assistance to our Earth allies who must now move forward and remove these individuals from their offices and take them into custody. This must be done in the name of the people, and it must be done in the name of your new world.

It was known all along that these individuals could not keep their positions of power within your governments as there is no place for corruption and dishonesty, selfishness and greed in your new world, especially through the ranks of your governmental bodies. How these individuals were to vacate their positions has always been a matter of choice, and it is their choice now. They have stubbornly refused all offers to make this as easy a transition as possible for them, and they are now out of time and out of bargaining power. The next time they hear from us and our Earth allies will be when we are knocking on their door to take them away and into custody.

This is the way it must be as this is the way they have chosen it to be. We wished very much for this process to proceed differently, in a way that would be a smooth transition for them and also a smooth transition for the citizens of your countries. Instead, it will be a rockier transition, but nonetheless the end result will be what we, your Earth allies, and the awakened people of your world want and understand is necessary for the betterment of all of you and your society as a whole. We will now move ahead with this phase of the operation and begin the take down of those seated within your governments who are aligned with the powers of the dark and who are corrupt through to the bone. They will be replaced by those souls of honor and integrity, balance and foresight, and who possess within them an honor of duty. These men and women are highly trained at the positions they will fill and they are, or will be, sworn to uphold the law of light, of freedom and the sanctity of the human soul and spirit, and if anyone who takes office fails to maintain this focus they too shall be removed.

We have much confidence in these men and women who will be stepping in to these leadership roles and you may be very confident in them as well. Many of these individuals have waited in the wings for their time to shine, and that time has now come. We will converse with our Earth allies and set up a suitable removal process of those still aligned with the dark,

and we will move forward with this operation as soon as is possible as time is of the essence. We wish for all our Lightworkers in the field to again be pillars of strength and a fountain of information for those who will thirst through misunderstanding, fear and confusion at what they will be witnessing. Try to keep in mind that for those who yet have no idea of what is transpiring around them, the removal from office of so many of those they have come to trust can be quite a shock, and we wish you all who know and understand what lies at the heart of these events to be there for your brothers and sisters and offer your guidance and your knowledge to help better ease them through these transitions.

We cannot thank those of you in the field enough for the work you have been doing. Nothing you do goes unnoticed by us, and we are deeply grateful for everything that you have been doing in the name of progress for this world. We understand many of you are growing impatient awaiting to see the changes long discussed, but we tell you they are just up ahead and once they begin they will not slow or stop and you will never have cause to wait impatiently again. Try to see and understand that what has been transpiring behind the scenes has been extremely complex, and at times, very dangerous for those of the light, and it was necessary that we, as well as your Earth allies proceed as slowly and as cautiously as possible to protect our mission, as well as to protect lives. No time has been squandered away through inactivity; instead, we and our Earth allies have been working continuously, pressing forward in our mission and gaining ground each and every day. In due time when we are able to speak freely with you, we will explain everything that we have been doing unbeknownst to you, and at that time we are very confident you will see that there was great cause for you to remain as patient as possible.

As we have said, this part of your mission will be over shortly, and the next phase of operation will see you fully abreast of each and every development and there will be no longer any need for secrecy. This will come as a relief to many of you who at this time have only a few sources of information, and we were not able to reveal everything through our channels. This is changing as we are now able to share more with you, and in the days ahead there will be nothing that we cannot openly discuss with you. Look for the changes in your governments to coincide with the mass arrests of those of your criminal Cabal, their underlings, and many of their associates.

Many of these individuals are associated through their illegal and underhanded dealings, and as such will be removed from your society whether they are elected government officials or not. Those who hold positions within your governments have never been, and are not today, entitled to any kind of special treatment or protection from your laws which they have broken time and again. They will be arrested and charged just as any criminal would in your society and held to face the charges against them. While these proceedings move forward your new governments will take shape through those who have shown themselves worthy and who have earned the trust of us as well as our Earth allies. You will be meeting these men and women in the days ahead, and we wish for their welcoming to be warm, exciting, and full of expectation, for what they will be bringing is a new and better way for all of you.

Look for these changes to be rapid and look for them to be far sweeping as the corruption reaches through the many branches of your governments. Your new governing bodies will take root and grow strong and healthy, bearing fruit for the people of your world. Allow this process time to nurture and to grow, and again be patient as this is a very delicate process that must be handled with due care. What we are speaking of is not an easy process for any world. We have handled many situations just as this before, and we will see to the successful conclusion of this operation as well. Bear with us at this time and show your support for us as well as our Earth allies. We know how long you have waited for this day, but we tell you this day has now come and all your waiting and your hard work will be well worth all of it.

Please continue to monitor your news outlets for these breaking news stories and share this information with all who wish to understand better this event. Again, we wish for this event to be the 'shot heard 'round the world' that will awaken as many as possible as to how their world is changing all around them. Help them to see that these arrests are good news and nothing to be frightened of, and help them to see that there is a better way and a better world available to them. Help them to see these arrests are clearing the way, making it all possible, and a better world is what will stand when all the smoke clears.

We are the Galactic Federation of Light.

As channeled through Greg Giles

Thursday 22nd March : Finding the Beauty and Harmony :

So here we are...on the other side of the Equinox. Yes, it was a huge shift in energies as we embrace the new flow of energy that will take us to the December portal and further. Certainly, I am happy that we were able to hold the energy and that all the dire predictions of doom and gloom did not come true. Is it not exciting that we are maturing into our role as Earth Keepers, and that we are able to find that point of balance within ourselves that also manifests as balance in the outer world.

Archangel Michael has reminded me that we are moving towards our first big alignment of the Year, the Venus Transit on the 6th of June. The first Venus Transit in 2004 was a trigger point for many of the shifts and changes that we have experienced in the last few years and that have brought us to this point. We can expect that this second Venus transit will also be a trigger point for more shifts as we head into our date with destiny in December. Venus is the Solar System body that connects us with the vibration of Love and Beauty and the Divine Feminine. At this time, these energies are rising on the Earth, and we are being drawn towards expressing Love and Beauty in our Lives. Anything that is not aligned in frequency with these rising frequencies is going to come under stress at this time.

You may have noticed in the last few days a sense of irritation and almost anger with things that are not aligned with your own sense of beauty and balance. These dissonant energies have always been there, but you will notice them more as the harmonious frequencies of the Venus energy enter the Earth field, and of course, amplified by Jupiter and expanded into our consciousness. It is also true that as we connect with our Solar System energies more closely as we reconnect with the higher chakras and Higher Consciousness, we will become more aware of the flows of energy within our Star/Sun system Solaris. Right now we are being embraced into the flow of HARMONY and BEAUTY, and everything that is not of this frequency is becoming very obvious. That is why it may seem like something of a paradox right now, where the increase of harmony makes you feel more disharmonious, but it is merely the result of seeing more clearly what is not "in harmony" in your life.

The good news, especially for those of you in the North, where Spring is beginning, is that this vibration of Love and Beauty will be felt more and more as the year progresses, and especially around June and the time of the Venus transit.

Connecting with the frequency and energy of Beauty and Harmony will be necessary in this year if we are to make it through the shifts with a sense of equilibrium and joy. The best place to find this is, of course in nature. As we reconnect with this frequency of the Divine Feminine in ourselves and in our world, we will more and more realize that it is already there, in nature, and that as we connect with the patterns and harmonies in Nature we also connect with the Divine Creative Intelligence and the frequencies of Divine Love manifest in all of creation.

The Dolphin Angels and Masters are also working with us right now, to assist us to reconnect with these frequencies, and I am working on a project that will help to bring these frequencies into peoples lives through music and sound. The project is called "New Earth Rising : Dolphin Dreaming", and I will be happy to introduce you to the music and the energies very soon. Meanwhile, here is some beautiful music to bring in the frequency of the Divine Feminine and the Sacred Energy of the New Earth:

http://www.youtube.com/watch?feature=player_embedded&v=SYolzWpE1Z4

Monday 19th March : As we approach the first Equinox of 2012, the energies on Planet Earth are becoming very active and intense and a little unstable. Many people have noticed this, especially in the wake of a series of Solar Flares that have brought new information and new Light Codes for Evolution into our Planetary and Personal Light Body Fields. But, at this time, there is more going on than simply Solar Flare activity. The Earth is preparing herself for the alignments and passages of 2012, we are being brought "up to speed" in a very literal way.

Firstly, the Solar Flare activity brought through the new Light Codes that would begin anchoring in the 8th and 9th Dimensions of Consciousness and begin the structuring of the Earth Keeper Councils. This information is

received by the Pineal Gland and then the Pituitary Glands in the Body. Both of these glands are in "hyper" mode right now. This can be compared to a major "download" or "upgrade" in a computer, where the new information requires extensive repatterning and rebooting. Our cells are receiving new instructions and our neural networks receiving new patterns. We need some "down time" to reboot. I personally spent the week-end in bed just allowing the process. The most likely symptoms of this process are dizziness, as the Pineal is activated to the maximum, inability to sleep also due to Pineal activation, and mood swings and depression, this related to pressure on the emotions and hormonal system via the Pituitary gland.

This energy is being felt by everyone on the Planet in some way, whether conscious or not. And, as if that were not enough, there is another process happening right now. Archangel Michael informs us that the Earth is raising her "base frequency" right now, which means that on the holographic level the frequency rate is rising and everything is accelerating. This is to facilitate the Earth's passage through the 2012 Portal at the end of the year. You can imagine it like the Earth lining up to pass through the eye of a needle, the aim has to be just right and the speed just right, so that we all make it through.

What this means on the physical level is that the lower chakras, the Base, Sacral and Solar Plexus, are all accelerating their spin. Which in turn means that any old "stuff" still lurking there is being spun off and there is pressure on these chakras. This in turn means that you may feel pain and stress in your body as the body gets used to the increased frequency. The good part of this, of course, is that the higher frequencies will support the manifestation of the New Earth in the physical plane at the same time that the old stuff is getting spun out of the cycle. We can expect more of the old to fall apart and more of the "new" to start to manifest.

You may feel, a bit like I have, that you are being spun out of the cycle yourself, but hold in there, it is just a time of change, transition and acceleration, like changing gear as you head out onto the open road!

I would also like to say that it is our beautiful children who are assisting us with this change....there are so many beautiful Crystal Starchildren now who have been born in the last ten years and who are "wired" for this acceleration. In fact, they are leading it, and that is why so many children are having a difficult time physically right now.

And another point is that as we accept this acceleration and seek to bring it into balance within ourselves, we are assisting the planet in not having to experience a "disaster" to release this energy. Remember this time last year, with Japan and the tsunami? This year, let's hope we can work to balance this energy together with the Elementals and the Dragons so that the Earth can stay in balance.

So, to everyone reading this, hang in there for the next few days and stay balanced. Rest when you need to, look after your physical being, and know that this will pass in a few days! This is our privilege, to carry the energy as Earth Keepers and assist our beautiful Planet in her Journey of Ascension.

2012, Mar 20 **EcoAstrology Update - Equinox and Aries New Moon**

Important Dates:

March 19: Equinox/Sun enters Aries 10:15 PM PDT; Ceres conjunct Eris (21°47' Aries)
March 22: New Moon 2° Aries 7:37 AM PDT
March 24: Sun conjunct Uranus
March 29: Sun square Pluto

March 20, 2012

Dear Friends,

We have just crossed a potent equinox threshold, and are now approaching the mother of all new moons, the annual new moon in Aries. All new moons mark the beginning of a new cycle; this one calls us to remember that we are creating our future -- breath by breath, thought by thought, heart by heart. At both the spring and fall equinoxes, there is a significant reduction in the Earth's magnetic field, facilitating the release of old programming and awakening to new perspectives. Aries is the first sign in the zodiac, representing the spark of initiation, the ignition of courage, and the exploration of what is possible. In the Northern Hemisphere, Aries marks the beginning of spring; south of the equator, what was seeded six months ago is now ready for harvest.

We are learning to surf ever increasing flows of light and transformation. Dealing with the fear of change is one of the greatest challenges we face right now. Because we are all connected, we are not only feeling our own fears, but those around us as well. Busyness, clutter, constant social activity, being chained to computers, cell phones, and/or television keeps us distracted but also enslaved. Rather than trying to out run the dark, we can turn on the light, i.e. become conscious of what is running us unconsciously. Meditation, art, quiet time in nature, and processing tools like Leslie Temple-Thurston's square technique (detailed at (<http://www.corelight.org/resources/marriage-of-spirit/chapters/chapter-eleven/>)) help us see what is really true. Staying centered makes the difference between riding the wave or getting tumbled around. If you don't already have a daily meditation practice, start and stay with one that works for you. There are many excellent books and resources available -- visit http://www.dharma.org/ims/ss_newtomed.html and/or read Lawrence LeShan's book *How to Meditate* which describes the benefits of different kinds of meditation. Some spiritual first aid suggestions for challenging times:

1. Take 5 slow, deep breaths; that interrupts the release of fight or flight stress hormones, helping you respond consciously from your cerebral cortex rather than from unconscious, reptilian brain reflex.
2. Get outside. Take a walk around the block if you don't have time to go to a park, beach, or your favorite place in nature.
3. Take a few drops of Rescue Remedy, a combination of flower essences which helps you stay centered, connected, and conscious (<http://www.flowersociety.org/flower-essences-for-times-of-crisis.pdf>)
4. Pray for help; ask for courage, patience, a stronger witness, whatever you need at that moment.
5. Remember that you are in an evolutionary process, and that "This too shall pass."

Not only are the Sun and Moon in Aries, but Mercury, Uranus, Vesta, Ceres, *and* Eris, greatly amplifying the cosmic call for courage, and speeding up the evolutionary pace. Beware of irritability and jumping to conclusions. Watch for important revelations and developments emerging by the end of the month, as the Sun conjuncts Uranus on March 24 and squares Pluto on March 29. The waves of change increase as Uranus and Pluto move closer to their first exact square on June 24 (and keep coming, as they form six more exact squares through the spring of 2015). The recent surge of solar flares, along with the current astrological alignments, continue to bring light to the dark, flushing up the shadow for all, personally and collectively. From the level of mind, not much makes sense these days; only by dropping into our hearts can we understand and know how to respond rather than react.

Mars, the planet most associated with Aries, is still retrograde for another three weeks (January 23 – April 13), challenging all of us to embody the skillful expression of the Warrior archetype and the sacred masculine, to use our power and passion to serve and protect, rather than dominate and destroy. *Where do you need to take a*

stand? What judgements and resentments do you need to release? What is your sacred work? Meditate and watch your dreams for important messages around this New Moon, as it opposes the Super Galactic Center (SGC) at 2°11' Libra, a colossal black hole with the mass of billions of suns, around which the Milky Way and dozens of other galaxies revolve. The stellar transmissions emanating from the SGC function as a spiritual beacon, triggering memories of our cosmic origins and destiny. Streaming across millions of light years, they impel us to embody the talents and tasks encoded in our birth charts.

Mars is opposite Chiron and square the Lunar Nodes and Juno, emphasizing that the masculine principle must be healed and brought back into balance. From Pat Liles, astrologer and shamanic practitioner: *"There is an on-going Grand Cross/Grand Square formed by the North/South nodes squaring Mars on one hand and Chiron on the other (continuing roughly from the Full Moon of March 8 to Full Moon of May 5). The Nodes always point us in the direction where we are revisiting and healing our past experiences and issues and where we need to stretch and grow and embrace the new. Chiron is opening wounds buried deep within the psyche offering an opportunity to clear anger and fear issues represented by Mars. War has taken its toll on our souls. The Nodes sit on the Gemini/Sagittarius axis helping us let go of our mental traps and small-mind need for constant stimulation and logical explanations for life, and broaden our philosophical horizons and let meaning and deep connection with truth lead our hearts. The masculine, symbolized by Mars square the nodal axis and opposite Chiron, is coming to the time of laying down its role as the dominant, logical paradigm of the last few thousand years. There's plenty of saber rattling still going on in the world, but now we enter a time of healing that deep wound of unchecked masculine dominating the feminine aspects of life. We honor and bless the elements that played out this drama of duality that was so necessary for the collective consciousness."*

The sacred feminine is called forth as Ceres, a former asteroid now classified as a dwarf planet, conjuncts Eris, whose discovery in 2003 doubled the size of our solar system. This combination spurs women to fully stand in their power and prompts men to get in touch with their heart. In mythology, Ceres is the Roman version of Demeter, the Great Goddess of the Earth, and Eris is the sister of Ares, the Greek God of War, so this duo also bids us to respect Mother Nature and collaborate with her. The asteroid Juno conjoins the North Node in Sagittarius and stations retrograde two days after this New Moon, further emphasizing the cosmic imperative to update our beliefs about men, women, relationship, and life on Earth.

Breathe. Bless. Release. Remember who you really are. These cosmic alignments and challenging times teach us that: *"It's not the day you have to manage, but the moment. It's not the dragon you have to slay, but the fear. And it's not the path you have to know, but the destination."* (Mike Dooley)

Namaste,
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Your support is greatly appreciated.

2010, January 10 **The Year of the Indigo – by Lisa Renee**

January 2010

by Lisa Renee

Dear Family,

Happy "2010" and Welcome to the Year of the Indigo! Last November brought in a powerful new energy cycle, one of which has left us staggering in its wake attempting to establish the personal inner and outer balance required to navigate this new terrain. What is happening right now in the multidimensional fields is such a humongous transition to our consciousness that any "words" to describe this event is entirely not adequate.

This year will be the first cycle of which this planet will begin to build and house the energy architecture that supports the Indigo Race consciousness and its group ascension mission. The Indigo races have been building braid by braid, brick by brick - the foundation that allows transduction and exchange of the 6D Indigo Light spectrums that also include the higher octaves of the Blue Ray consciousness. The Blue Ray consciousness, are also known as the Oraphim, are the cosmic parents of the Indigo races and are accessible and able to support the incarnated Indigo races now. These "Unity Field Blue Ray Races" have been recently introduced via 13th gate circuits reconnected into our planetary grid and its holographic matrix field. On December 9th we were actually able to see what a Stargate with a pulsing Blue Ray projecting outwards from its black hole center actually looks like in photograph and video captured over Norway. This [Norway Spiral](#) was hastily blamed on a failed Russian missile test, however my personal experience with the Turquoise Ray or "Blue Light" is of a completely different nature. (For details be sure to listen to the BBS Radio show "[As You Wish](#)" on 12/19/09 where James Gilliland and myself shared our direct personal experience and Guardian perspective on the Norway Spiral)

These Stargates are access points (like wormholes) in the time space fields and they have never been opened as they are now. This is a part of the sequences of activation during the Galactic Consciousness Cycle that make available to this plane - frequency, dimensions, and entities that are beyond the seven solar planes of our 3D planet Earth. The Guardian perspective is that these "galactic" levels and where we are going have never been connected to this density before. We stand at the Threshold of the Unknown and are the courageous souls that are here to bring the unknown into physical embodiment. More phenomena will continue to occur and be documented this year, as the invisible is being made visible to us with increasing clarity. These open wormholes allow easy connection points between the human races in this 3D density and the multitude of races that exist in other dimensions. It will not be surprising to see increasing levels of "credible" extra terrestrial contact finally being allowed to be reported in the mass media. It is just a matter of time.

Hypnagogia

Additionally, this last shift brought another powerful crank forward in the "frequency dial" which has drastically changed our relationship to the space/time field. This last cycle radically collapsed a series of decrepit or obsolete timeline architectures which gives us a real sense of "losing" time, or existing in some strange "in-between" time state. This state is similar to being within the [hypnagogic](#) state, a different brain wave state which places our conscious awareness in the dimensional space between "being awake and being asleep". (Before you go to sleep at night do the 12D shielding technique. Then pay attention to that space where you are just about to fall asleep to unconsciousness, as your body is deeply relaxed, you will feel warmth spreading in your body and a low tone ring in your ear, sometimes if you leave the light on you will see the light flicker in your periphery vision, or an object in your periphery. This is the entry to the hypnagogic state. It is the state where Astral projection is practiced.)

From the Guardian perspective this state has been outside of our "waking" visible light spectrum (and is being reintroduced to us while awake now). This state is when you are just beginning to "see" the layers of the hologram's matrix architecture. (It also the entry to the Astral plane and 12D shielding and fear control is highly suggested before intentionally entering) Over the course of history philosophers and scientists both have documented many theories about this consciousness state, however, their final conclusion usually chocked up to some illusory hallucinations from the observer. However in actuality these objects in view (while in hypnagogia or lucid dreaming states) may be encodement symbols, geometries and math that are used in the language of the holographic matrix field that create our perception of reality. The brain neurochemistry will organize these holographic bits into colors and shapes that move or fit together. (These holographic matrix fields are set up as a hierarchal system of "celestial management structures" that define and govern each dimensional plane of existence. Each plane has a "gatekeeper" consciousness or species that is existing within its dimensional space) Science refers to these moving objects commonly observed within hypnagogia as the "[Tetris Effect](#)" of which has spawned a video game that many of us have played on our cell phones or computer.

This brings us to the realization that the next series of these incredibly high octaves of "galactic" frequency are being sequentially downloaded to our planet and into our bodies. It is changing our brain wave state and its related neurochemistry functions. It is changing our DNA Structure. We are feeling this energetic impact as a deep foundational cellular shift in our bodies. Everything we thought we are is moving away rapidly. We are beginning to "see" the patterns of the matrix and the structures that define its architecture. Who Are We without the Matrix to define us? We are about to find out.....

The Factory Reset

During the last few weeks similar to an old computer system being updated, we are undergoing a process similar to a "system restore to the factory reset". This is akin to the reformatting of our hard drive (wiping away all data archives) and the total replacement of our "motherboard" circuitry. The hard drive is the storage space of all of our data (i.e. cellular memories and brain file storing) while the motherboard is the centralized circuit board of which distinguishes all the memory and its impulses be routed and checked against the appropriate "belief system program" or installed software. This installed software is likened to the "personality program" and the autonomic functions of the body. (i.e. breathing, sleeping, eating, hormonal distribution, energy management functions, etc) Those electrical impulses are powered and managed by the multiple instruction sets received and directed into functioning by the motherboard. Needless to say, if the foundational structure of which manages our every bodily function and its "personality program" is being replaced, we are going to feel very odd, disoriented, and at times, in a state of total nervous system exhaustion. This will be a recurring theme in the ascension waves all throughout this year, as more and more people undergo this "factory reset".

The [transmogrification](#) required during this last frequency download and its "factory reset" has been especially potent and powerful to downright de-habilitating. For many of us the ability to have an "average" accepted functioning that is generally required of our 3D physical body and the personality attached to it has been severely compromised. We have had to slow down our movement tremendously. This means we cannot continue in whatever foundational lifestyle pattern we had (old energy patterns) and must find new creative resolutions in supplying our (newly soul infused) body what it needs to be nourished. Additionally the energetic platforms that supported our old lifestyle are officially now nonexistent, so if we persist in the old way we will find ourselves suffering greatly. Many times it just requires letting go of what it appears to be on the surface, such as an "insurmountable problem" and the mental "analysis paralysis" that comes with our old way of "strategic problem solving". Strategic problem solving has flown out of the window and only the "now moment" presence remains. (Anyone still working with a mental pre-planning strategy in micro-managing their life will continually run into obstacle after obstacle, like two steps backward and no steps forward.) We have been given a new control panel for our life and we are now learning how to use it by giving up control!

In order to create inner harmony we can no longer ignore the places we have neglected or abused within

ourselves. Every last vulnerability, limitation belief, sore spot, emotionally hurt areas, physical issues are blaring to the surface, demanding our attention. Many times we have been physically leveled to make sure we sit "inside" it and do not run away from it by creating distraction. There is no running away from what we have to face inside ourselves at this time. It has been incredibly uncomfortable for many. We are truly walking the path of forced "self mastery" these days.

This self mastery requires another applied level of a multidimensional lifestyle approach. (How do I serve my physical, emotional, mental and spiritual selves in an integrated and balanced way?) Many of these intense recent changes are occurring within our foundational life structures which have included: radical dietary changes, changes in biorythm and biochemistry, sleeping and napping patterns, physical or emotional distress, changed working and social interaction patterns, radical turnstile of abrupt changes moving within relationships, residence and jobs. It's very surreal every day, everything happening in the exact now moment (at the 11.9999 hour) with only the flow of synchronicities to direct the way we move throughout our life.

Flatlining or Freaking Out

Some of us undergoing this recent upgrade and or have been a part of the recent planetary grid healing have been in a state similar to "hibernation" since the week of Christmas. Like a bear sleeping in the winter, a conservation of personal energy has been directly enforced. There is no energy leakage or forays into external fields allowed that compromise this new lightbody upgrade, along with the recovery and rest it requires to integrate. This hibernation state has a similar quality of "flatlining" where you are almost ready to check your pulse to make sure your system is still online. I have found myself continually in deep meditation states, shallow breathing and perfect stillness. Generally during this hibernation phase, there is no available energy for intense brain focus, conversation exchanges or initiating new projects. The physical body has needed to be very still while its coordinates are being moved through the time space fields to a platform of "no time". The calm and depth is so vast it is almost a "flatline" of non existence and emptiness. It is a space way beyond any self introspection. We are being moved (our space/time coordinates, which is also includes our astrological configuration imprints) into a completely new energy platform architecture, a space of no-time.

The other camp undergoing this shift is having a deep contrast in experience. Those not able to release the mental body enough to relax through this planetary transformation are having bouts of extreme anxiety, obsessive worry or old addiction patterns rearing. During the last sixty days I have observed people experiencing panic and anxiety like never before. These negative thought patterns are being largely impulsed from the mental body and are a part of the required discipline and healing of that body in order to relax it into submission to trust the higher source intelligence. The internal "Armageddon" experience happens when the mental body of the personality program (ego) is undergoing a threat of submission or perceived annihilation, as enforced naturally when the higher soul bodies (source intelligence) starts to take over the flesh. At this point there is nothing but trust to surrender to this process, however many people undergoing their spiritual awakening do not have the tools or context to understand what is happening to them. When we are uninformed and confused it creates much more fear and resistance. As we know resistance makes the process much more difficult and the person undergoes a lot of suffering, otherwise known as the "dark night of the soul". We continually go through the layers of the "dark night" until we have disciplined our ego mind from thinking and being in control of the bodies. Since we are going to see many more people confused in this awakening process of the "dark night", understanding this so you can hold the light that comforts and supports them is of paramount service to them and our planet.

To get beyond ego suffering we have been encouraged to raise the octave of our 3D Solar Plexus body (our 3D conscious mind matrix control panel) to the 5D Higher Mental Body. Several treatment meditations have been provided as a support in the ES Community.(Clear Mental Body Treatment, 5D Higher Mind Integration, Umbilicus Reset, Negative Form Removal, Physical Health Upgrade, Fear Removal programs) During these intense days we will need a daily spiritual practice and the building of our spiritual "muscle". Once we have

mastered the negative ego (i.e. fear), inner peace is achieved in all circumstances. Some skill in this area will be imperative to maintain psycho-spiritual integration in the current and forthcoming changes. We have been given a target date to be fully removed from the 3D collective mental body within the next two years. Set your intention now to serve your soul and to be freed of the 3D mind control programming. Never give up and place your trust in God Source as your supply.

Recent Starseed Projects

With the new November 8th Ascension cycle a new controller technology of a mental body atomic harness was placed in the 3D holographic architecture. This exacerbates the mental body pressure clearly observed by the amounts of people experiencing crisis points of stress. Because males tend to be more mental body focused, many have undergone severe anxiety to anti-depression medication to heart attacks. It feels like a crushing weight to someone who does not realize what is happening to their mind or body. We have been given much support and help to raise the octave of the mental body to a 5D higher mind integration to avoid the impact of this mental body harness. Negative ego clearing and staying in the now moment is a simple and effective tool.

Gridworkers have been working to reroute new transit pathways that allow exit points for those that choose to pass their physical bodies within the next two years. This means that many will be able to transit all the way beyond the reincarnation state, freeing them from returning to this plane again. This is great news. This is largely because of the Astral plane reorganization and the collapse and demolition of false ascension matrices existing previously in the 4D planes. (These souls do not have to be caught up in the false umbilicus that was leading them to the Astral Plane)The false ascension matrices are the complex architecture that created "white light" webbing and holographic reality inserts like a double sided mirror in the 4D Astral Layers. These complex systems were feeding off of souls connecting to the "white light" at the 4D octave. This is an area many planetary lightworkers were getting lost within the astral layers of delusion, creating complacency and a drunken type of bliss. (This is called a "comfort implant" to keep one inert and ineffective) A massive system of false white light siphoning was terminated by the Founders (Guardians) during the week of Christmas. This was a systematic preparation leading up to this as during 2009 the "Aquarian Project" which was healing the vulnerable Gallbladder meridian structures and merging of the 2D and 4D layers (emotional bodies of the human race) in the astral plane allowed the Founders to "get to" this system and destroy it. Yes, they use the word "destroy" as this situation was not pretty. Since this was a 4D astral plane architecture, much Egyptian memory clearing as well as the energetic rubble of this major structure dismantling has left a felt residue of toxicity and trauma. It had many black magic systems attached to it and was connected to that "collective thoughtform". The clearing of this toxicity is happening now and has resulted in a multitude of bizarre symptomologies such as allergic type responses from the body. This is coming from an "overload" so resting and detoxing yourself is mandatory. Remember energetic parasites create physical ones and the microorganisms in our physical self have reflected this change. Allergic symptoms are from inflammation which is caused by infection or injury to the body. If you feel heat, swollen, bloated or allergic, anti-inflammation therapies, staying alkaline, possibly fasting or eating very little with proteolytic enzymes (i.e. pancreatin, bromelain, digestive enzymes, wobenzyme) helps the body a lot. When the body is this overloaded there is not enough resources for complex digestion and the load is placed on the liver and kidneys. Be aware to care for your detoxification organs now.

Resurrection Prototyping Update

Additionally the Resurrection template (began last April 12, 2009) for some of the Starseed protoypers has begun a new cycle of embodiment. The Aurora families are directing and working primarily with these new templates that call for re-encrypted raw material for the physical self. This means an elemental body structure upgrade to the raw material of the physical self as it has been recorded in the chemical constituents of the 3D DNA program. (The Founders liken the elemental physical body in 3D as an "inanimate" clay that has to be "re-animated" with God Source, the living light code.) Once freed of the false umbilicus structure, the power

management in the monadic atomic body that connects at the 1D level is changing (at what is known as) the transduction sequence record. The transduction sequence is the exact moment of cellular record of incarnational birth into this physical body. For now, those doing this project, this means our body is being released of the "cellular record" of physical birth into 3D. Upon the power/energy management structure changing within the electromagnetic battery body, the etheric webbing that is closest to the physical body is "growing a new skin". This "new skin" appearing on the etheric webbing is in actuality the process of which the cellular matrix in the etheric body is projecting its new "skin" into the cells of the physical body. Apparently this is a step of how the re-encryption to the elemental structure of the physical body is being accomplished. They mention this process is a milestone that is breaking the hierarchal link between multidimensional systems that have been using a "consumptive model". Consumptive model means that the "entity" needs to consume something external to itself in order to "exist". The Resurrection Template is designed to break the link in the chain that creates the consumptive modeling in all dimensions. (Consumptive modeling is another way to say, consuming another life form or in extremes, vampirism, parasitism and the feeding of phantom matrices.) It means the entity can sustain itself and exist from its inner source without requiring an external energy/battery source of which to continue its existence. Because of the change in our bodily energy management conversion, we may consume very little food. It's really quite amazing!

We are in this adventure together and until next....Stay in the luminosity of your Avatar Heart Path! This year and forward, we should experience more energetic support and connection for our Indigo Family more than ever!

Love, Lisa

© 2010, Lisa Renee

This ES Monthly News Article reflects the Guardian Perspective of the Ascension Timeline (2012 Timeline) as support, both energetically and informationally, for the Galactic Families of Starseeds and the Indigo Races. This Spiritual Family has accepted the Guardianship role to support the foundation of Cosmic Citizenship as an evolutionary model for this planet and humanity, and this is a level of earth based advocacy designed for this specific group. There is absolutely no value difference given on the role each being has chosen for its expression. The Guardian Groups mission directive is rehabilitation of the hologram, repairing its energetic architecture (dna), embodying the Ascended Human Protoform, supplying informational context on Ascension dynamics and Exopolitic (ET) Agendas and reeducating both human and non-human's to be congruently aligned to the Universal Law of One. Freedom, Fraternity, and the Sovereign Right of All Beings to be a Knower of God Source is protected by the Collective Unity Vow shared among our Universal Guardian Groups.

2012, Mar 19 **Benjamin Fulford 3-20-12**... "Rival emperor stakes claim to Japanese throne, shows evidence he is the real deal" ... "The 10 Commandments were given to his Ancestors by 'Celestial Beings'"

[Rival emperor stakes claim to Japanese throne, shows evidence he is the real deal](#)

by Benjamin Fulford. March 20, 2012



Naoshi Onodera holding what he claims is an 8000 year old

Sumerian object, the Japanese imperial "Jewel."

Naoshi Onodera claims he is the legal and rightful emperor of Japan and that Emperor Akihito is descended from a group of illegitimate pretenders who were put up as puppet rulers by foreign cabalists who use the Satanic star as their symbol. He says the sitting emperor is using fake replicas of the three ancient imperial treasures used to justify his position on the throne. These items are known as the jewel, the sword and the mirror and are said to be the oldest inherited items on earth. The real ones are in his possession and he is willing to have scholars and legal experts verify this and other evidence, Onodera says. This is an extremely important claim because it is intimately connected to the start-up of the new financial system and the possibility of fundamental regime change in Japan.

In recent years Japan has been controlled by a small clique centered around Hiroaki Fushimi, a distant imperial relative who has been trying to seize the throne and thus take control of the Japanese financial system. As a part of this plot, Fushimi arranged the murder of Princess Masako's fiancée Katsuhiko Oku in order to force her to marry the crown prince so that he could substitute one of his own children as Masako's child and heir to the throne, according to several imperial family members. Oku, who worked for the North America Number 2 Division at the Japanese foreign ministry was sent to Iraq where he was murdered, they claim. Fushimi has been an agent for George Bush Senior and has provided the Bushes with fraudulent financial documents, they say. Emperor Akihito has been a powerless puppet manipulated by this clique which includes the Prince Hitachi, the imperial family sources say. Fushimi refused to confirm or deny these claims when reached through his secretary.

This clique is now isolated and hiding in the Imperial Palace behind 6,000 uniformed guards. However, since White Dragon Society members are part of the inner staff of the Imperial palace, they must surrender and allow Eihiro Katsu, the senior Ministry of Finance Bureaucrat and Bank of Japan Governor Masaaki Shirakawa to open up the BOJ Black Screens and release the funding for the new financial system. Japan's Ministry of Finance will then receive an initial payment of \$10 trillion to be used for post-earthquake rebuilding and to set up a new International Economic Planning Agency.

The issue of who has the ultimate legal claim to ownership of the vast hoards of Japanese Imperial Treasure that helps back up the new financial system will have to be decided by scholars and jurists at a later date because the new financial system needs to be started up ASAP. The man on the spot with the actual legal signing rights is Eihiro Katsu so for now the sword of global destiny is hanging over his head.

In any case, Onodera is undeniably in possession of some extremely unique and historically valuable

artifacts. The "Jewel" he holds above has an eight petalled flower carved on it. Onodera says this object has been in his family for 8,000 years and has its origins in ancient Sumer. The flower is the oldest known example of the eight pointed star or the seal of the prophets, he says.



The other object he showed was the "sword." The sword has an inscription on it saying it belongs to a king.

Onodera says it dates back to his Zhou dynasty royal ancestor from 1000 BCE. The sword is the oldest known Chinese sword, he says, and it is badly eroded.

The third treasure, the "mirror," dates back 2100 years and is originally from Korea, he says. Apart from holding what he claims are three treasures of the Japanese Imperial throne, Onodera had many other interesting items such as this item:



Tibetan Kings used this to sacrifice virgins until Tibet was conquered by China a thousand years ago and the Chinese emperors put an end to the practice, he says.

The other point to be made about Onodera's claims is that many of Japan's Yakuza gangs and right wing organizations support him. Onodera has been under the protection of the Nichiren Buddhist sect and has kept his identity, and claims, secret until now.

According to Onodera, when foreign armies invaded Japan in the 1850's and 1860's, they found the Japanese government owned 3/4ths of the world's known supply of silver. In order to get their hands on it, they supplied an impoverished Northern lineage with rifles that could shoot 400 meters while they sold the richer Southern "legitimate" lineage rifles that could only shoot 100 meters. The symbol of the Northern Army's flag was a 5-pointed star, the symbol of Lucifer, also known as Satan. The Southerners were massacred and foreign banking families got their hands on some of the treasure. Ever since then, he claims, Japan has been run by these puppets of foreign financiers.

Onodera also makes a more startling claim. He says his family is directly descended from the biblical Abraham. His claims are backed up by the fact that the family tree of Abraham corresponds exactly with the family tree in the Japanese foundation myths. To confirm this Onodera produced what he claims is the original stone tablet of the 10 commandments. He says it was given to his ancestor by "celestial beings."



Onodera says all of the items in his possession are available for expert scrutiny so long as he and his staff are able to monitor the objects at all times.

Needless to say, Onodera also has complex genealogical tables, documents and other evidence to back his claim to being the heir of the oldest known, still extant, royal lineage on earth.