

**INFORMATION REGARDING CALLS PRESENTED AND/OR SUPPORTED BY
2013 RAINBOW ROUND TABLE**

I TO ACCESS THE THREE WEEKLY CALLS via the Internet

A BBS RADIO Go To www.bbsradio.com; click on Talk Radio Station #2; click on "64K Listen"

Thursday: 9 pm – 12:00 pm EST **Stargate Round Table** **Host: Marietta Robert**

Friday: 9 pm – 2 am EST **Friday Night Hard News** **Hosts: T & R**

Saturday: 4:30 pm – 2 am EST **History of our Galactic World & NESARA** **Hosts: T & R**

Friday, Saturday: From **10 – 11 pm EST**, for one hour, the call moves to the Conference Call Line [PIN below] and then returns to BBS Radio.

- During the radio show, use the following phone numbers to ask questions or make comments

530 – 227-7602 [line 1]

530 – 413-4522 [line 2]

530 – 530-413-5011 [line 3 & 4]

- **BBS Toll Free # in Canada, US** 1 – 888-429-5471 This number picks up whichever line is available.

B Conference Call: 1-860-970-0300

Thursday PIN #	87 87 87#
Friday PIN #	23 23 23 #
Saturday PIN #	13 72 9#

C Skype: **BBSradio2**

D Archives for the 3 Programs listed above:

- To access the **FREE BBS archives** for any of these programs:
- Go to [BBSRadio.com/ Station 2](http://BBSRadio.com/Station2); scroll down; click on **Live Talk Radio Shows**
- Scroll down to **Hard News on Friday with Tara and Rama**, and click on **"Library Archives"**
- When that screen comes up, click on ARCHIVES; when that screen comes up, check on the date you want. It opens in a new tab: you'll see the "free to listen box"; click the bars to play; use the tab to stop and start the tape.
- Right hand click on "direct MP3 Link" and then you can download the program to your own computer, or click on "Listen" without downloading the archived program.

- The **2013 website also has an archive section:**

<http://2013rainbowroundtable.ning.com/> look under the "Archives" tab for written notes.

II TO ACCESS OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable

A Sunday, Mondays: 9 – 10:30 EST **Cheryl Croci's Activation Calls**
By telephone only: 1 – 605-475-5950; PIN 9467441#

**B Tuesdays, 2nd & 4th of each month:
9:00 – 11:00 pm EST** **Ashtar on the Road**
Hosts: Fran; Susan Leland channels Ashtar, Mother Sekhmet
www.Ashtarontheroad.com

• Phone Number: 1 – 605-562-3140; PIN 980339 #

• Call is free [except for long distance charges]

• Can also listen to the call via Skype

C Wednesdays: 7:00 – 9:00 EST **The Friends of The Aboriginal Moabite Nation Call**
By telephone only: 1- 712-432-0900 PIN 666238#
Replay # [good for 1 week] 1-712- 432-0990 PIN 666238#

Opening Meditation: D'Yanna

Housekeeping: Rainbird

Thank you!

- BBS:**
- A listener-supported radio program; we know the White Knights listen but they cannot contribute anything; part of our job is to pay for them too
 - **We need only \$ 357 for this week!!!** Much gratitude for gifts!! Many, many thanks to all who pay it forward. Thanks to new donors – makes it easier for all.
 - What we hear and learn feeds our minds and our souls! And, as LM Nada said, it is also part of our contribution to the work being done by Tara & Rama and to the changes going on. **Every little bit helps!**
 - Go to BBS.com/Radio 2; find the listing for Friday Night Hard News; find the **Paypal** button
 - BBS appreciates getting checks through the mail – no fees taken off by Paypal
 - **NO COST TO ACCESS THE ARCHIVES** for any of the T & R PROGRAMS, or the one for Thursday night: Stargate Round Table, hosted by MariettaRobert
 - Re: archives of the other programs on BBS: the money we pay to listen to someone else's archives is put towards our BBS bill!
 - The mailing address for those who do not like paying electronically:
**BBS Network, Inc. [Attention: Don]
5167 Toyon Lane
Paradise, CA 95969**
 - A check / money order means all you send is received; using Paypal incurs a fee.

AN OPTION ON HOME PAGE: A BUTTON TO SET UP A MONTHLY SUBSCRIPTION

- T & R:**
- Needing help with food and gas and some bills
 - Pray for your own abundance, for that of loved ones and also for T & R.
 - Can donate via the Paypal button on the website: 2013RainbowRoundTable.ning.com

FROM ASHTAR ON THE ROAD: donate to the Santa Fe Coop so T&R can access organic, fresh food

Fresh Produce Donation for Tara&Rama

Your donation here sets up an account for Tara & Rama with Beneficial Farms Community Supported Agriculture in Santa Fe, New Mexico. This will make available a weekly supply of fresh produce raised with organic and sustainable methods.

These funds will be exclusively used to maintain this weekly account for a steady supply of produce to Tara and Rama. They and we are very grateful for your assistance.

It's in the A-O-T-R store & is designated for the food. People can do multiples if they want:

<http://www.ashtarontheroad.com/catalog/item/2497194/10263880.htm>

Fran will put the link on their page as well.

http://www.ashtarontheroad.com/tara_rama_A_A_news_reports.html

- **Please notify them if you're sending something:** koran999@comcast.net
- Rama's mailing address for cheques, Money orders:
Ram D Berkowitz
1704-B Llano St, # 249
Santa Fe, NM 87505

- **Phone contact** is via MariettaRobert: 317-773-0061
or by e-mail: stargatemarietta@gmail.com

- **Remember you can book a session with Mother, as well!**

MR: Please remember to support MariettaRobert's show also.

Introductory Notes:

- the Gofundme for Rama's operation is doing well: <https://www.gofundme.com/RamaSurgery>
 - **please keep the donations coming & send them to his paypal a/c with a memo**
 - **\$9,160 is the amount today; they can now access their a/c**
- **CUSTOMER SERVICE # 1- 888-710-8061 For use in case you cannot hear: DON'T WAIT: CALL!!**
- **CONFERENCE CALL: 9 – 10 PM, EST: 1 – 641-715-3650 PIN#: 353 863#**
- **716-748-0044 - use this number to hear the call very clearly: Link is courtesy BBS!**
- Link for the entire program: <http://bbsradio.com/podcast/hard-news-friday-may-20-2016>

HARD NEWS

T: Redacted tonight: exposing the "riggedness" of the elections – South Carolina voting machines can be hacked into very easily so the votes don't match the exit polls.

- Bernie had a rally in Santa Fe today: not sure how many showed up – they were gathering at 8 AM to see him and he talked at 3 pm! Not a word of it in local news – shows how compromised the news networks are, beholden as they are to the 13 families!
- Mr Hair endorsed by NRA – and was blessed by Henry Kissinger last week, too who is some form of energy millling about in a form!!!

RanaMu, Tom the Cat – all we are watching is the absolute free fall and corruption in the city of Rome, aka the USA

- have an indication that Dilma Rouseff has been visited by CIA – an interview on RT
 - What happened there is a crime, supported by the men in Black
 - the RT reporter lives in Brazil: once a week there is a breadline and you hope when you get there that there is still bread; if there is none, you do without – people going hungry 7 without other kinds of necessities
 - It's been caused by the one who just usurped the power and who has made deals with someone in the US
 - Venezuela: Mudero being challenged by the Opposition which was funded by the US Black Ops
 - any country with business with the fossil fuel industry is going south
- Bernie: making some very strong statements about NOT fracking and Hillary is the fracking queen
- Gary Johnson of NM received \$10 M from the Koch brothers – he wants to get rid of all social services: it's another tentacle of darkness that lures!

RanaMu, Tom the Cat: we need to focus with the increased frequencies of love pouring in, and the transformation, transfiguring energies

- Bernie: could totally turn this story – so many stories about the angels and the Ascended Beings: this is a very wild walk and it may seem like he cannot do anything yet he can take the story to the White house – needs participation by the people. A delicate dance with the current energies; full moon coming up this weekend.
- They said please don't go into despair or giving in to the idea that we have lost – Bernie not going anywhere near that! R met Bernie, and Ben and Jerry in the 70s / 80s at Montpelier Cafe in VT, and cooked dinner for them at their home once – they are the ones who will bring the US back to balance – the simple joys of bringing simple things & and the least of us to the forefront so they have enough to just "be"

T: has to do with getting NESARA enacted – these ones are not willing to move or quit on their own

R: all things are possible and probable in the area of infinite peace and love!

T: Bayer corp is trying to buy out Monsanto; used to be IBFarben - Hitler's company

- in the 1937, it was made illegal for marijuana to be used; the hemp industry was cut out and the oil-based fabrics, etc were brought in

Audio: Conversations with Great Minds May 20, 2016

Robert Teitelman, BLOODSPORT: When Ruthless Dealmakers, Shrewd Ideologues, and Brawling Lawyers Toppled the Corporate Establishment joins Thom. The M&A craze of the 1980s - led by corporate freewheelers like Carl Icahn - changed the business world forever. But did it also make our economy more vulnerable to disaster?

Great Minds P1- Who Are the Ruthless Dealmakers?

<https://youtu.be/RsWASvOmOaE>

Great Minds P2 - The M&A Craze: What To Do?

<http://www.thomhartmann.com/bigpicture/great-minds-p2-ma-craze-what-do>

CONFERENCE CALL

Callers: raining in central Alberta; not in Fort McMurray where there is only a bit

T: in India, some places are at 130* and no shade; in Nepal, mudslides with 1000s of people displaced, and many dead

Caller: we need NESARA NOW

T: we are in the thick of it – the good news is that Hillary is being exposed in many ways

T: brings up an article about helping yourself through the chemtrails; describes the photo

- Could be Anywhere, America – including Canada

2016-06-17 3 of The Best Health Supplements For Chemtrail Protection **[SEE BELOW]**

The sun is plasma energy: Dr Keshe technology, the GEM spheres, the Lemurian plugs are also bringing in plasma energy.

Ross: Dr Greer's speech – has been seeing increased activity of the cabal and their plan to expedite an "alien invasion" and increase the chemtrail activity is a sign that we are getting close to the end.

Caller: has been practicing sun gazing: brings the sun energy into the pineal gland – there is a safe way to do it when sun is setting or rising – our brains are starved of the light! Barefoot on bare earth – 10 seconds every day. The sun is full spectrum light, it's like a download – relax into the feeling of the sun going into the optic nerve – very calming. The brain is starved for light which is why people have SAD.

T: in Santa Fe, the sun does not come up at a normal time due to the mountains

CD: if the sun is shining off water, can use that reflection too. Best experience was at Joshua Tree in the high desert – sun was crystalline there. The sound quality of the call is very variable tonight!

T: yes, the lines are not clear – and yes, T & R are in the high mesa / desert

T: activism in Canada: Idle No More; Black Lives Matter – in Toronto: tremendous amount of native women being murdered –

- about 100 years ago, 200+ Sikhs came to Vancouver and only 3-4 were allowed to stay –
- same thing happened with the Jews later on who were turned away
- brings up the story of Justin Trudeau “elbowing” an opposition member of the Parliament

- the new Filipino governor is going to re-instate the death penalty
- the Israeli defense minister resigned due to the extremism in Israeli society – Netanyahu offered the position of defence minister, one of the most hawkish of all
- a Palestinian journalist is released from an Israeli jail after 94 days there
- French parliament has voted to extend the state of emergency for another 2 months – there is lots of protest in the streets in France because the minimum wage is being lowered

• **Morley Safer** (November 8, 1931 – May 19, 2016) was a [Canadian-American broadcast journalist, reporter](#), and [correspondent](#) for [CBS News](#). He was best known for his long tenure on the news magazine *60 Minutes*, whose cast he joined in 1970 after its second year on television. He was the longest-serving reporter on *60 Minutes*, the most watched and most profitable program in television history.

During his 60-year career as a broadcast journalist, Safer received numerous awards, including twelve [Emmys](#), such as the Lifetime Achievement Emmy from the [National Academy of Television Arts and Sciences](#), along with three [Overseas Press Awards](#), three [Peabody Awards](#), two [Alfred I. duPont-Columbia University Awards](#), and the [Paul White Award](#) from the [Radio-Television News Directors Association](#).

[Jeff Fager](#), executive producer of *60 Minutes*, said “Morley has had a brilliant career as a reporter and as one of the most significant figures in CBS News history, on our broadcast and in many of our lives. Morley’s curiosity, his sense of adventure and his superb writing, all made for exceptional work done by a remarkable man.”^[6] He died a week after announcing his retirement from *60 Minutes*.^[7] Wikipedia

- **Mexican missing students:** hoping the Mexican gov’t will open the doors to the women who are speaking out on this issue
- **Canadian Gov’t:** to review its policy of holding refugees
- **Oklahoma** passes bill to make doing abortions a felony
- **Chelsea Manning** – Michael Ratner worked with her too – her appeal says that 35 years is very very harsh **T:** Hillary is in the middle of all the immigration stuff: Immigration lawyers are suing the Obama [aka Hillary!] for holding refugees in jail-like facilities – ICE is preparing to start a month long program of raids to round up middle American mothers and their children who came seeking asylum which is their right, and they have been subjected to a new hell of detention

T: these are desperate acts of the dark ones, and people are standing up to them.

T: 122°F in a city in India – increasing heat waves linked to climate disruption at human hands

T: a genetically modified food has been approved: salmon! Was developed by a Massachusetts based company – DON'T EAT IT!

Reading: 2016-05-20 **America and NATO's Outrageous Behavior, Greatest Threat that Exists**

- See the article below

BBS RADIO – MOTHER SEKMET AND ALCYONE [M/A]

T: Thom Hartmann this morning talked about what happened in Bernie's event in NV:

Greetings in the Light of the Most Radiant One; in the Office of the Christ and only in the Office of the Christ, we invoke the loving energies of St Germain and the Violet Flame.

T: we ask at this time for Heart Power as well as Brain Power; to drop our limitations as we say We are Divine Will – I Ching last week said not quite yet but close!

Greetings

- All that is transpiring at this moment is about peace and love, bringing in the frequencies that are lifting us higher into the realm of infinite joy. It may not feel this way in the moment; we may feel a bit brain dead and hung out to dry, yet it is not without good reason.
 - The frequencies are that intense making everybody a bit out there; creating that opportunity for us to love our selves and all situations even more. It is like one of the elders in Santa Fe says when he speaks about Bernie: our comfort zones have been made uncomfortable and the due diligence of the work at this time is to see to it that Bernie takes the next seat in the Oval Office.
- She can say from their [M & A] side of the fence – yet they are everywhere and nowhere - hypothetically speaking, we call her side of the fence The Other Side: yet there are no sides: we are all on THIS side of the story: you see us; we see you and we see them, and we are One.
 - The issues being brought to the surface is that we are all in this together. The least among us is the first order of business. We are black, brown, many colours of the rainbow – it seems we have a target on your back for the issues that are coming up to bring balance and peace.
 - It is what Bernie is bringing to the conversation. Since 9/11, our cops have become terminators, the SS, with one mission: to exterminate that which does not serve the Empire. Since we are all in this great barge travelling across the sky, that we fit into this category of “the least among us”, and it is these who are the people speaking the truth to power. We've heard the story about the black lady who died in Florida - senseless acts of random violence

T: and in the meantime, the guy who murdered Trayvon Martin auctioned off his gun for \$100,000 and got it!

M/A: And why do we have these kinds of things going on? It is our justice has been sold to the guy down the river, and the Supreme Court swears its allegiance to Opus Dei and our grandson, Lucy in The Sky with Diamonds. Lucifer has come back already to love so it is a

moot point: he's laughing at them: you took the bullet, guys and you took the 30 pieces of silver and believed the lies – and you don't have the power and you don't have the kingdom and you have little to show for it, except a bit of fluffy hair that does not know what it is talking about.

- There's a saying out there that a bag of hair does not have much sense, yet a bag of hair has all the nutrients and components for your DNA, RNA, and everything that is held within this temple of the living goddess; remember what Starman did in the movie: he cloned himself from a piece of hair of the lady's former husband that she had in her scrapbook.
- Out of nothingness comes the answers here, and it is all of us with a few bits of a "little help from our friends"

T: the Global Research story and the MJ 12 and the stories of the ET s that were suppressed

M/A: we get by with a little help from our friends; the best story is the fact that the energies have moved so much higher since she last talked [with us]; and our abilities and gifts get stronger every day. It is a time for joy, since we are all about joy, as well as the fact that we come to clean this planet – it is the Age of the 6th Sun: the blue star kachina, the red star kachina are here, Nibiru is here – it is not about invasion; it is about returning the gauntlet of power to all of us: we have the power and, at this moment, Bernie is speaking that we must take the gauntlet and use it – the time is now.

- The only viable candidate out there is Bernie; all the rest have nothing to do with reality. We must step into non-ordinary reality, walk with the goddess along the banks of the Amazon River - did we know there are purple dolphins along the amazon river, there are violet flame dolphins and pink dolphins in the Amazon and they do glow with the violet – they are still there.
- Someone called up Sam Seder today; on a recent trip to the Amazon to hang out with John of God, and take a little journey to meet some of the people along the river. He saw violet flame dolphins and the people along the river put a finger on their lips and said "Shhhh! The dolphins will come to you in your dreams and share with you the open book of the wisdom of where we came from – the Pleiades and beyond. And now is the time – all our relatives, all our relations . . .
- We are on the good red road going home and that water woman singing with the drum letting us know that the heart beat of the mother will never stop; it is the heart beat of every single one of us speaking at this time.
- All of their children - as Ellen Ratner said, justice will be served. And she can speak no further about it: the Paschat people know what to do and it is being done. It is about freedom's holy flame; a line has been crossed in the heavens and the line is about justice, peace, gratitude, grace, mercy –
 - as all the things that transpiring in these sacred nano seconds – it is about us; we hold the keys to this sacred story, as the 144,000 x 10 hundred thousand x 10 hundred thousand avatars –
 - It may sound like she is preaching to the choir, yet since the choir is in session: it is about how we do the heartbeat, the song of the Mother – it is the lady of the flowing waters – Gaia and her Twin Flame Vywamus who say: we are returning to our wholeness

and you with us; it may seem like eons of time yet it is right now and she does mean right now!

- The ones who have played with the Gauntlet of Power and used it for foul purposes: they know they have nothing to walk upon, stand upon: it is black ice melting into nothingness – just another nano second and they are in the water. And of course she gives them a life raft which is about the return of the goddess at this time
 - So many lifeforms that returning to wholeness in spite of the storm which has come to conclusion. Yet there is still a bit that needs to be healed, and it is about the separation of self that many think - it is difficult to cross into her realm –
 - As she said, she is in our midst: there is no veil. This side of the story is their side of the story: they see us, we see them, every single day brothers and sisters . . . she knows not how to give the names of the planets and systems they are from. Yet they are all on the star charts and have coordinates, vectors, across space time, given to them by astronomers
 - every single day, more and more is coming to the surface to be showered with divine grace and love, in spite of the old stories. It is simply that heart beat of love that is unconditional . . . It goes without saying that she has divine compassion for her children as they have committed such horrendous acts – she has no words!
 - Only to say - we have the power now, use it wisely. The return of the 6th sun – the stories of their temples in Atlantis and Lemuria for healing all the wounds which have ever gone on
 - it is coming full circle where these temples, these frequencies are coming back – the wisdom keepers, in the forms of the Indigo Children, the Millenials, have the wisdom to build the technolgies out of simple materials from Radio Shack for the body, for the home – no need to buy another gallon of gas or pay another \$100 to GE who are planning to kill us anyway when the moment comes.
 - Send them more Divine compassion, grace, love and gratitude – they know their time is up and everything is transforming, changing –
 - It cannot continue and they are watching their own demise each day – it is why we watch the big hair story, full of bluster & venom – because the heart has been shut down.

T: talking about MJ 12, Majestic. Now we are talking about, in July, a NATO summit in Poland, and suggest going to war against Russia; the ET grays came to warn us not to do the same thing they did on their planet: the APEX planet – we would destroy our planet as they destroyed theirs

M/A: Mr Putin knows what to do: there will be no war, no nukes – the rest of platitudes from the talking heads who don't know their ass from a hole in the ground!

M/A: The media has been compromised: turn it off and listen to Snatnam Kaur, Nassim and Metatron – the wisdom is out there; Amy [Democracy Now] is doing what she can along with Mr Thom and a few others – the rest need to go.

T: you are not cursing Rachel Maddow are you?

M/A: She is mixing lies with truth every single day: we can see it is affecting her, and it is not a fun story as it is about deception and not giving the whole of the story. The Fact of the matter is that we are free now and we have our gifts and abilities – use them!

- Take a quantum leap off the cliff as RanuMu says, knowing that we can fly; we are not longer stories now, as Professor Xavoer said: the real works begins: we walk on water, we walk on air; we have the power – use it.

T: Mother, let's not have people being foolish now

M/A: No foolishness: you take your power and you use it: take a quantum leap and you will walk – it is about the jaquar medicine woman who will slap you on the back or just touch us and we will know it

T: our physicality has had a few rough times lately

M/A: that is correct! It is about healing these frequencies, these structures, the patterns of particles that flow in a motion that is as we see in outer space is what is inside us – a reflection of every single particle

- All of it is for us to take our power with love and use it at this time.

T: Bernie is going to be contesting the nomination at the same time as the summit about going to war with Russia takes place: will be a contentious point. Asks about us receiving help from the galactics.

M/A: There is no good reason for us to do any such thing [war with Russia]! Suspend your disbelief – she cannot give dates: as the Captain and the Admiral and the 4 Muskateers have said: **no nukes and we mean it.** There are issues at hand where energies want to play: they can play but **not in this realm. THAT IS THE LAW; END OF DISCUSSION!**

Greetings in the Light of the Most Radiant One – kadoish, kadoish, kadoish

R: has been at the Ganges River, just doing the sound mantras, raising the frequencies so everyone and everything gets raised to the higher frequencies

- Right now there is a heat wave in India; many people have died. It's not all about climate change; it's also about the planet moving into higher realms, higher frequencies, vibrations - moving into closer orbit to the Pleiades as we move across the plane of the Milky Way Galaxy – and with that, comes even higher frequencies. There are so many beings showing up.
- As he was sitting by the river, they are cremating people along the river 24/7 and putting ashes in the river; at the same time there are beings showing up in the physical to take away the ones that are leaving – for everyone that leaves, a million more show up.
- It is that the legions upon legions upon legions of heaven are here; fear not – we have already won, as Bernie has said. The work is not having folks vote for Trump or Miss Clinton – don't want to dance with the devil as the devil always wins.

T: no Bill Mahers tonight **R:** he's doing live standup tonight, waking people up!

Audio: Democracy Now – from New Orleans – remembering the life and legacy of Fr Dan Berrigan – died on Sat just short of his 90th birthday

2016-04-30 Father Daniel Berrigan, Anti-War Activist & Poet, Dies at 94 [see below]

<https://riseuptimes.org/2016/05/02/democracy-now-remembering-daniel-berrigan->

[presente-videos/](#)

Audio: The Laura Flanders Show

[Union Banking and Progressive Ice Cream: Ben and Jerry & Keith Mestrich](#)

<https://youtu.be/ZZLmf6Lspd8>

A bank founded by a garment workers union, and a global ice cream company founded by a couple of hippies from Brooklyn. Keith Mestrich, the President & CEO of Amalgamated Bank, talks about running a big bank with a social justice mission. And Ben Cohen and Jerry Greenfield of Ben and Jerry's Ice Cream talk about Bernie Sanders and progressive business principles - do they exist? Later in the show, Laura comments on the rise of automation - is it the end of human connection?

The F-Word: **<https://soundcloud.com/lauraflanders/the-human-cost-of-automation>**

[There was about 30 minutes when the show dropped: they re-play the last 2 minutes of the program so we remember where we were.]

Audio: completion of the **Conversations with Great Minds** segment

Audio: Max Keiser [**[KR916](#)** **[Keiser Report: Hegemony, control and Russian bonds](#)**

May 19, 2016

<https://youtu.be/hO6ZPdx371Q>

We discuss how regarding everything beyond their control, central banks have created a financial and economic system not free for its participants. We look at the end of hegemony spotted in the price of Russian bonds and at the Bank of Japan failing, yet again, to get any sign of life from the Japanese economy. In the second half, Max interviews the 'Silver Guru', David Morgan of **[TheMorganReport.com](#)**, about the latest in the gold, silver and bond markets.

Reading: When God was a Woman

Closing: Rainbird

Music: Return to your soul, Rumi song #1

Entering the Sacred: from "The Lost Chord"

Reading: brief – on unicorns

INFORMATION RELATED TO THE NOTES

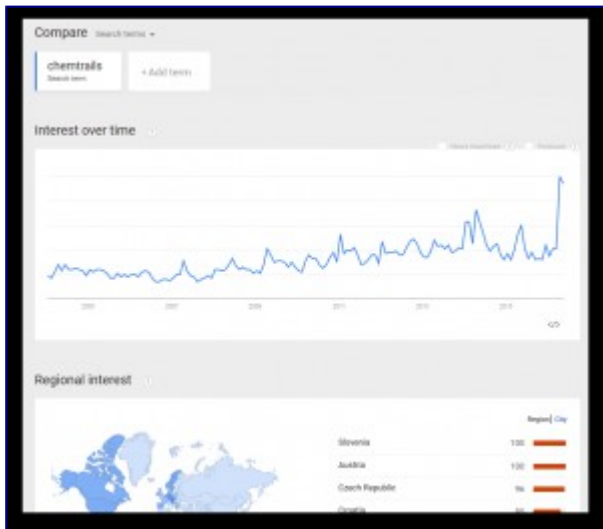
2016-06-17 **3 of The Best Health Supplements For Chemtrail Protection**

<http://thespiritscience.net/2016/05/16/3-of-the-best-health-supplements-for-chemtrail-protection/>



by [Lance Schuttler](#), *Spirit Science*

A couple weeks ago I was listening to an audio recording from a website called [Oraclereport.com](#), which was discussing a combination of things including astrology, geopolitics and weather modification. During the weather modification segment, it was said that chemtrail warfare might begin to escalate as the cabal/NWO is being defeated and is seeking to fully enact their agenda in complete desperation. (As a side note, if you are interested in astrology, geopolitical affairs or the combination of the two, I highly recommend reading into the work of Laura Walker at [Oraclereport.com](#))



“Chemtrails” trending at its highest ever in April 2016.

The timing of this is significant because according to Google Trends, the keyword search for

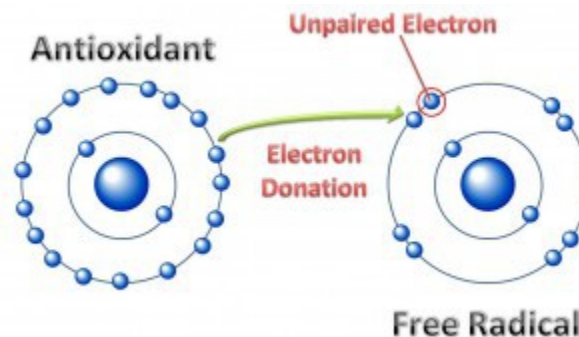
“chemtrails” was at it’s highest ever in Google’s history in April of 2016. The link to this picture can be seen [here](#).

Contributing to this was musician [Prince’s youtube video](#) where he discussed chemtrails, Chuck Norris (no this isn’t a Chuck Norris joke) [writing an article](#) exposing chemtrails and [Vin Diesel](#) also exposing the darkness of chemtrails on his facebook page.

As I was listening, I began to think about ways in which people can help protect themselves against the harmful effects chemtrails can create. At the moment, there are a few health supplements I am using that I will explain a little bit more about below.

Fulvic Acid

Fulvic acids are created by soil-based microorganisms that are extremely healthy for plants and animals alike. Fulvic acid is the most potent anti-oxidant known as it has 14 tetra trillion (that is 14 with twenty-one zeros behind it) electrons to donate and accept. (The fact that it can both donate and accept electrons is unique to fulvic acid alone)



Fulvic acid has 14,000,000,000,000,000,000 electrons it can donate or accept to neutralize and stabilize free radicals.

It is also one of the richest sources of electrolytes known, which helps to maintain electrochemical balance, pH balance and maintain electrical conductivity within the body.

Fulvic acid also helps to catalyze enzymatic activity, transport vitamins and minerals into the cell, stimulate the breakdown and safe elimination of herbicides and pesticides, increases the absorption rate of nutrients in the cell, enhances healthy cell division, increases the [DNA contents within cells and increases the synthesis rate of RNA in cells](#).

Additionally important in relation to chemtrails is how fulvic acid deals with radioactive elements and harmful metals. First, with heavy metals, fulvic acid transforms them into ionic form which means they become bio-available and absorbable forms of the metallic minerals. Thus, it is said fulvic acid is [“nature’s way of chelating metallic minerals”](#) and making them usable by the body. Quite an impressive feat.

According to [Supreme Fulvic](#), “radioactive substances react rapidly with fulvic acid, and only a brief time is required for equilibrium to be reached.”

However, not all fulvic acid health supplements are created equally. [Optimally Organic says](#) that

those coming from dried rock bed mineral deposits (like many products coming from New Mexico and Utah) are much too high in carbon, making them ineffective.

Also according to [Optimally Organic](#), their fulvic acid is best though as it is water-extracted and comes from lush vegetation.

Nascent Iodine

Nascent iodine is iodine in atomic form, where regular iodine is in molecular form. According to [Harmonic Innerprizes](#), this atomic form of iodine is what is produced by the thyroid gland and is absorbed easily by the body. This then helps to normalize the production of the T3 and T4 hormones and helps to balance metabolism within the body. Additionally, nascent iodine dramatically helps with the detoxification processes of the body as well.

Nascent iodine is particular effective in supplying our body with the iodine it needs. In a person who has sufficient iodine, radioactive iodine cannot bind into our body and will be flushed out safely. However, it again is important to ensure the body is receiving enough absorbable iodine. Furthermore, a chemical known as ethylene dibromide, [which is commonly found in chemtrail sprays](#) (also found in Mountain Dew and Gatorade, among others) acts to remove iodine from the body. So again, it is important to ensure enough usable iodine is within a person's body.

Additional Support

In addition to fulvic acid and nascent iodine, there are certainly other supplements a person can look into using, such as medicinal mushrooms, chlorella and spirulina. Looking into cilantro (a great heavy metal and generally great detoxifier) and other organic greens like parsley, spinach and arugula might also be helpful as these greens help to keep our blood clean and our bodies healthy.



I personally also believe consuming even more organic fruits and veggies (as well as the herbs and greens listed above) can also help dramatically. It is an unhealthy body whose most effect the chemtrails will create. In a healthy, vibrant and clean body, the chemtrails may have little effect. Use organic foods as medicine.

We must also remember with the usage of supplements and a clean diet to get plenty of sunshine. This is perhaps the biggest reason chemtrails and geoengineering is taking place: to block out the Sun. I believe strongly that the Sun is constantly sending us all codes of divine light/information that is seeking to upgrade our DNA and that the information that is being sent is continuing to evolve just as we on this planet evolve. There is a divine plan unfolding and the darkness on this planet knows it.

They do not have the power to stop it, but only to stall it. Blocking out the codes of light from the Sun is a way for them to stall what is taking place. However, it will not be successful and a beautiful new, peaceful and cooperative paradigm is emerging. If indeed the chemtrail spraying is escalating, it is a good sign that the final purge of darkness is very

close. In trust, confidence and faith, let us remember the words from wise Hopi Indian elders:



2016-05-20 America and NATO's Outrageous Behavior, Greatest Threat that Exists

By [Eric Zuesse](#)

<http://www.globalresearch.ca/america-and-natos-outrageous-behavior-greatest-threat-that-exists/5526141>



On May 18th, two top people at NATO, one being its current Secretary General — the very top person — [laid out in preliminary form the case for war against Russia](#), which presumably will be presented in more detail at the NATO Summit to be held in Poland on 8-9 July this year.

As if that weren't bad enough, there's the matter reported by Bryan Cloughly at Strategic Culture, headlining on May 19th, ["Surging Towards yet Another War"](#), where he pointed out that

"The United States has no territorial rights of any sort, in the South China Sea which is 7,000 miles (11,000 kilometres) from its west coast. There is nothing in international law that justifies its unilateral military 'challenge' to China's presence" there, in that area [which is contested between five countries: China, Philippines, Vietnam, Malaysia, and Brunei](#). The American government, which has no authority to speak for the entire world regarding *international law*— of which the U.S. itself has been perhaps the most frequent violator during the past 16 years — isn't "policeman of the world," certainly not judge and jury and executioner (well, maybe *executioner*) of the world, but instead it's merely an aspiring global thug: "The Pentagon [declared](#) on 10 May that China's 'excessive maritime claims are inconsistent with international law as reflected in the Law of the Sea Convention in that they purport to restrict the navigation rights that the United States and all states are entitled to exercise.'" Cloughly points out that the U.S. "refuses to ratify the Law of the Sea Convention — while ordering every other country to abide by it."

America's — and NATO's — biggest danger to the world, however, is its (their) *aggressions against Russia*, by:

1: Violating the promise that the agents of U.S. President George Herbert Walker Bush made in 1990 to the USSR's, and then Russia's, President, Mikhail Gorbachev — and on the basis of which the USSR was dissolved and the Warsaw Pact terminated — that [NATO would not be expanded "one inch to the east" \(i.e., toward Russia\)](#), a promise that was [violated by](#) Bill Clinton (Czech Republic, Hungary, Poland), George W. Bush (Bulgaria, Estonia, Latvia, Lithuania, Romania, Slovakia, Slovenia), and Barack Obama (Albania and Croatia — with current [aspirants](#) being Bosnia, Georgia, Montenegro, Macedonia, and Ukraine). Gorbachev would have had to have been crazy to have ended the Cold War under those conditions if he had known about it — known that

GHW Bush and his successor Presidents are a bunch of lying thugs. But because he trusted the word of Bush and his agents (such as James Baker, Francois Mitterrand, and Helmut Kohl), Russia is now in this extremely vulnerable position, and Gorbachev himself thus has [the lowest approval-rating of all Russia's rulers since the czars: below even that of Stalin \(28%\) and Yeltsin \(17%\)](#).

Another poll, of only 20th-Century leaders of Russia (i.e., excluding Putin and Medvedev, both of whom scored atop that other poll), [rated Brezhnev the best, and Gorbachev the worst](#). (That poll included Czar Nicholas II, who, along with Lenin and Khrushchev, rated near 50% approval. The only leader who was almost as low-rated as Gorbachev's 20% was Yeltsin, at 22%.) Though Gorbachev was a sucker, America's recent Presidents have been even worse than that — and the entire world is now threatened by what they did (and, under Obama, *are doing, perhaps culminating*).

2: Overthrowing the secular leader of Libya, who held that nation together and gave it the highest living-standard in Africa — overthrowing Muammar Gaddafi because he was friendly toward Russia — turned that country into a failed state and another festering hotbed for jihadists.

3: [Scheming ever since 1949 to overthrow Syria's secular leaders so as to enable Saudi oil to be pipelined through it into Europe so as to choke off Russia's largest oil and gas market and hand it to the fundamentalist Saud family who own Saudi Arabia, and the fundamentalist Thani family who own Qatar— both of which families \(and especially the Saudis\) are top financial backers of jihadists \(everywhere but in their own countries\), which are America's best foot-soldiers against the leaders of nations who are friendly to Russia](#) (and in Chechnia were trying to get Putin overthrown).

[Obama even prioritizes ousting Assad over defeating Syria's jihadists, as a consequence of which Syria has by far the world's highest misery-index in Gallup's polling of 140 nations, and a comprehensive article on the subject](#) noted that "at least [18,000 Syrians have had organs removed during the war thus far](#)" and, "All this tragic human horror only occurs because of an overly aggressive, imperialistic US-Israeli foreign policy creating a path of chaos and destruction across the Middle East and North Africa secretly [supporting Islamic terrorists](#) to fight US-Israeli proxy wars to illegally overthrow sovereign national governments like Assad's." Unfortunately, that commentator ignored the key fact: that the reason Obama wants Assad overthrown is that Assad supports and is supported by Russia. (Israel's government might have different motivation on that matter, but [likewise supports the jihadists](#) — and is importantly [profiting from the organ-trade](#).)

4: [Overthrowing the democratically elected President of Ukraine in 2014](#) and replacing his democratic government by [a barbaric fascist regime](#) which perpetrated [a massive ethnic-cleansing operation against its former Donbass region](#), which had [voted 90% for that President](#). Then slapping economic sanctions against, and now even threatening invasion of, Russia, for Russia's having [protected Crimeans](#) (who had [voted 75% for that overthrown President](#)) from their being similarly invaded, and from Obama's intended take-over of Russia's key naval base there at Sebastopol. (Oh, and did I mention, [crashing Ukraine's economy](#), and [stripping it](#) — but there's too much [misery](#) in Ukraine now to even begin to itemize.)

5: Creating the refugee crisis in Europe, which doesn't only produce hell for the millions of refugees from America's coups and invasions, but which also weakens Europe — an American 'ally,' but an 'ally' which America's Presidents don't want to be able to overtake the U.S. so as to

become the world's top dog.

6: Now increasingly trying to do the same thing in Asia, especially to keep China down.

This is a far cry from the America of Franklin Delano Roosevelt, who would be twisting in his grave to know what his successors have been doing after the anti-communist war was won in 1991. It's become a shameful America, which is shameless. And the American people *aren't* to blame for it; [the American aristocracy, which rule here](#), are. The American people have been [conquered, too](#). America's aristocracy are as guilty as sin. They're top dog, but this dog is rabid, and it now threatens the entire world. It's not just George W. Bush, Barack Obama, and the Kochs, and George Soros, but it's the whole hypocritical lot of them, the entire [American aristocracy](#), the people who don't merely run this lunatic asylum, they're the schemers who've made it go mad and are trying to sic it against the rest of the world.

So, perhaps we'll see what happens after July 8th and 9th. Will they call off their war? Or — as expected — escalate it to the next level?

*Investigative historian **Eric Zuesse** is the author, most recently, of [They're Not Even Close: The Democratic vs. Republican Economic Records, 1910-2010](#), and of [CHRIST'S VENTRILOQUISTS: The Event that Created Christianity](#).*

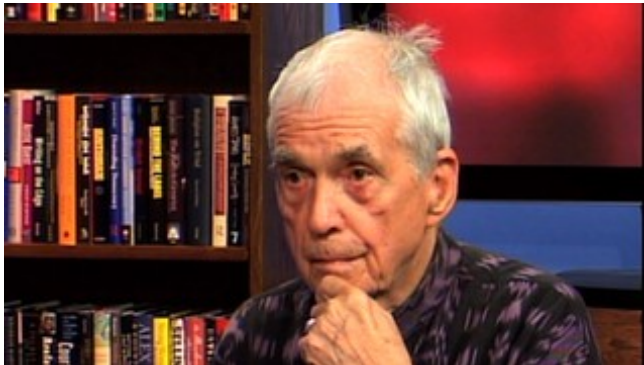
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2016-04-30 Father Daniel Berrigan, Anti-War Activist & Poet, Dies at 94

<https://riseuptimes.org/2016/05/02/democracy-now-remembering-daniel-berrigan-presente-videos/>

Democracy Now! Remembering Daniel Berrigan — Presente! (Videos)

May 2, 2016 · by [Rise Up Times](#) · in [Peaceful protest](#), [nonviolent action](#), [Activism](#) · [Leave a comment](#)



Daniel Berrigan.

Photo: Democracy Now!

[Democracy Now!](#) May 2, 2016

The legendary anti-war priest Father Daniel Berrigan died [Saturday] at 94. He was a poet, pacifist, educator, social activist, playwright and lifelong resister to what he called "American military imperialism." Along with his late brother, Phil, Dan Berrigan played an instrumental role in inspiring the anti-war and anti-draft movement during the late 1960s as well as the anti-nuclear movement.

In 1968, Father Daniel Berrigan made headlines when he traveled to North Vietnam with Howard Zinn to bring home three U.S. prisoners of war. Later that year he and eight others took 378 draft files from the draft board in Catonsville, MD. Then in the parking lot of the draft board office, the activists set the draft records on fire using homemade napalm to protest the Vietnam War.



Comment and photo from Jeremy Scahill's Twitter account

Always loved this picture of Dan when the FBI finally caught him. It looks like the agents are being arrested.



In the early 1980s Father Berrigan helped launch the international anti-nuclear Plowshares movement when he and seven others poured blood and hammered on warheads at a GE nuclear missile plant in King of Prussia, Pennsylvania.

Georgetown University theology professor Chester Gillis once said of Father Berrigan: "If you were to identify Catholic prophets in the 20th century, he'd be right there with Dorothy Day or Thomas Merton."

Father Berrigan appeared on Democracy Now! numerous times, most recently in 2006:

[Holy Outlaw: Lifelong Peace Activist Father Daniel Berrigan Turns 85](#)

At his 85th birthday celebration, Father Berrigan read one of his famous poems, "Some."

<https://youtu.be/EGzQ9wEdjeE>

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Democracy Now! Videos Honoring Daniel Berrigan (Presente!)

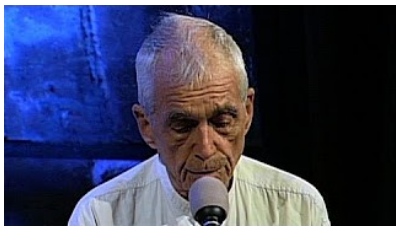


[12:48](#)

[In 2006 Interview, Fr. Dan Berrigan Recalls Confronting Defense Secretary McNamara over Vietnam War](#)

[Democracy Now!](#)

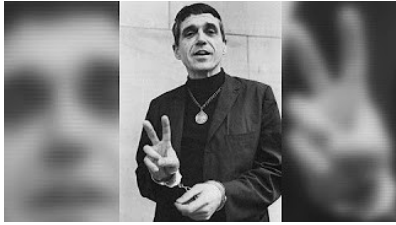
<http://democracynow.org> – We revisit a 2006 **Democracy Now!** interview with legendary antiwar priest, activist and poet Father ...



[4:58](#)

[Dan Berrigan in His Own Words: Antiwar Priest Speaks About 9/11 in Democracy Now! Studios in 2002](#)

[Democracy Now!](#)



9:15

[RIP Father Daniel Berrigan: Remembering the Life and Legacy of the Antiwar Priest & Poet](#)

[Democracy Now!](#)

<http://democracynow.org> – We spend the hour remembering the life and legacy of the legendary antiwar priest, Father **Daniel** ...



4:34

[Friends Remember Fr. Dan Berrigan: “He Said He Didn’t Believe in Heroes, He Believed In Community”](#)

[Democracy Now!](#)

<http://democracynow.org> – We speak with close friends of the legendary antiwar priest, activist and poet Father **Daniel Berrigan**, ...



8:25

[“His World Was Always Filled with Such Beauty”: Frida Berrigan on Her Uncle, Priest Daniel Berrigan](#)

[Democracy Now!](#)

<http://democracynow.org> – As we remember the life and legacy of Father **Daniel Berrigan**, who died on Saturday at the age of 94, ...

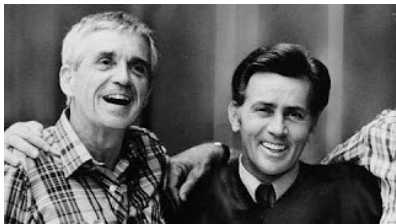


[2:29](#)

"The Cause is the Heart's Beat": See Father Berrigan Recite His Poem "Some" in 2006

[Democracy Now!](#)

<http://democracynow.org> – In addition to being a legendary antiwar priest, organizer and activist, the late Father **Dan Berrigan** was ...



[4:02](#)

"It was the Happiest Day of My Life": Martin Sheen Recalls His Arrest Alongside Father Dan Berrigan

[Democracy Now!](#)

<http://democracynow.org> – Actor and activist Martin Sheen became close friends with **Dan Berrigan**. He played the trial judge in the ...



[49:30](#)

Daniel Berrigan remembered in his own words

[Interfaith Worker Justice](#)

Democracy Now! devotes the hour to remembering the Jesuit priest and champion of peace and justice.



• [1:58:34](#)

[White House Assassination Squad: Seymour Hersh, Amy Goodman, Daniel Berrigan \(2009\)](#)

• [The Film Archives](#)

<https://www.youtube.com/user/thefilmarchives>

• Seymour Myron "Sy" Hersh (born April 8, 1937) is an American investigative journalist and author based in Washington, D.C. He ...

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