



1. PRESS RELEASES

Table 1 – Press releases

No.	Publication date	Main author	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
1	10-Jan-2013	USTUTT	Uni Stuttgart an EU-Projekt zur Prävention von Diabetes Typ 2 beteiligt [University of Stuttgart engages in an EU-project aiming at the prevention of type-2 diabetes]	Website of “Informationsdienst Wissenschaft” [Scientific information service] http://idw-online.de/de/news514353	Scientific Community (higher education, research), journalists	32,000 subscriber 6,400 Journalists	Germany
2	2-Feb-2013	UCPH	PREVIEW project	Website of Copenhagen University, Denmark Faculty of SCIENCE	Scientific Community (higher education, research)	4,000	Denmark
3	14-Feb-2013	UCPH	New large multi-national EU funded diabetes prevention project, PREVIEW, headed by UCPH professor	Website of Copenhagen University, Denmark Faculty of SCIENCE	Scientific Community (higher education, research)	4,000	Denmark
4	21-Feb-2013	USTUTT	Diabetes II: Wie viel Bewegung bremst den Zucker? [Type-2 diabetes: How much physical activity slows down sugar?]	Website of “Südwestpresse” [newspaper] http://www.swp.de/ulm/nachrichten/wissen/gesundheit/Diabetes-II-Wie-viel-Bewegung-bremst-	General Public		Germany



No.	Publication date	Main author	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
				den-Zucker;art1185447,1864021			
5	26-June-2013	UOA	Aucklanders sought to lose weight and avoid diabetes	University of Auckland Website www.auckland.ac.nz http://www.scoop.co.nz/stories/AK1311/S00901/aucklanders-sought-to-lose-weight-and-avoid-diabetes.htm	Scientific and Academic Community, General Public		New Zealand
6	26-June-2013	UOA	Aucklanders sought to lose weight and avoid diabetes	Central Leader Newspaper	General Public		New Zealand
7	26-June-2013	UOA	Aucklanders sought to lose weight and avoid diabetes	Western Leader Newspaper	General Public		New Zealand
8	26-June-2013	UOA	Aucklanders sought to lose weight and avoid diabetes	East and Bays Courier	General Public		New Zealand
9	26-June-2013	UOA	Aucklanders sought to lose weight and avoid diabetes	Website of the Human Nutrition Unit www.hnu.auckland.ac.nz	Scientific Community, General Public		New Zealand



No.	Publication date	Main author	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
10	July-2013	MU	<p>Българи ще отслабват заедно с европейци</p> <p>[Bulgarians will lose weight together with Europeans]</p> <p>Проект набира 310 души с наднормено тегло, застрашени от диабет</p> <p>[Scientific project recruit 310 subjects with overweight and obesity at risk for diabetes type 2]</p>	Newspaper "Anons"	General audience		Bulgaria
11	10-July-2013	UOA	Overweight Aucklanders	Radio NZ National www.radionz.co.nz	General Public		New Zealand
12	25-Aug-2013	UCPH	<p>Vil du tabe dig og leve sundere de næste 3 år?</p> <p>[Do you want to lose weight and live healthier the next 3 years?]</p>	Søndagsavisen (4+7)	General audience	125,000	Denmark
13	1-Sep-2013	UCPH	Vil du tabe dig og leve	Søndagsavisen (1øst+2+5+6)	General audience	348,000	Denmark



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			sundere de næste 3 år? [Do you want to lose weight and live healthier the next 3 years?]				
14	29-Sep-2013	UCPH	Vil du tabe dig og leve sundere de næste 3 år? [Do you want to lose weight and live healthier the next 3 years?]	Søndagsavisen (1øst+1-Roskilde+1-Køge bugt+6)	General audience	303,000	Denmark
15	28-Sep-2013	UCPH	Vil du tabe dig og leve sundere de næste 3 år? [Do you want to lose weight and live healthier the next 3 years?]	Søndagsavisen (1,6)	General audience	303,000	Denmark
16	2-Oct-2013	UCPH	Forskere vil finde den optimale livsstil for diabetikere [Researchers will find the optimal way of life for diabetics]	Website of Danmarks Radio http://www.dr.dk/Nyheder/Indl and/2013/10/02/122756.htm	General audience		Denmark
17	2-Oct-2013	UCPH	Optimal kost og motion skal bremse diabetes-epidemi [Optimal diet and exercise will curb diabetes epidemic]	Website of Copenhagen University (in Danish) http://nyheder.ku.dk/alle_nyheder/2013/2013.10/optimal_kost_	Scientific Community (higher education, research)		Denmark



No.	Publication date	Main author	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
				og motion skal bremse diabetes epidemi/			
18	2-Oct-2013	UCPH	Proper diet and exercise to limit diabetes epidemic	Website of Copenhagen University (in English) http://news.ku.dk/all_news/2013/2013.10/proper_diet_and_exercise_to_brake_diabetes_epidemic/	Scientific Community (higher education, research)		Denmark and International
19	2-Oct-2013	UCPH	Proper Diet, Exercise to Limit Diabetes Epidemic	Website "Science Daily" http://www.sciencedaily.com/releases/2013/10/131002103038.htm	Students, researchers, healthcare professionals, government agencies, educators, general public	Nearly 15 million page views a month	International
20	2-Oct-2013	UCPH	Proper diet and exercise to brake diabetes epidemic	Website "Health Canal" http://www.healthcanal.com/metabolic-problems/diabetes/43532-proper-diet-and-exercise-to-brake-diabetes-epidemic.html	General audience, Medical/Health professionals		International
21	2-Oct-2013	UCPH	Proper diet and exercise to limit	Website "Medicalxpress"	Scientific Community, General	Monthly 2.5 million	International



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			diabetes epidemic	http://medicalxpress.com/news/2013-10-proper-diet-limit-diabetes-epidemic.html	Public	readership	nal
22	2-Oct-2013	UCPH	Proper diet and exercise to brake diabetes epidemic	Noodls - English http://www.noodls.com/view/853BDDAD09EA03A70A9504E7082789AA7820896A	Scientific Community, General Public	190 countries and 97 markets	Internatio nal
23	3-Oct-2013	UCPH	Prevention of type-2 diabetes prevention through diet, exercise and lifestyle	Website "News-Medical" http://www.news-medical.net/news/20131003/Prevention-of-type-2-diabetes-prevention-through-diet-exercise-and-lifestyle.aspx	Scientific Community, General Public		Internatio nal
24	3-Oct-2013	UCPH	Optimal kost og motion skal bremse diabetes—epidem / [Optimal diet and exercise will curb diabetes epidemic]	Nyhedsinformation.dk http://www.nyhedsinformation.dk/artikel/VisArtikel.aspx?SiteID=NI&Lopenr=131003004	Scientific Community, General Public		Denmark
25	3-Oct-2013	UCPH	Prevention of type-2 diabetes prevention through diet, exercise and lifestyle	News-Medical.Net http://www.news-medical.net/news/20131003/Prevention-of-type-2-diabetes-prevention-through-diet-	Medical Professionals		Internatio nal



No.	Publication date	Main author	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
				exercise-and-lifestyle.aspx			
26	4-Oct-2013	UCPH	Study Aims to Stem Type-2 Diabetes	Website of "Voice of America" http://www.voanews.com/content/diabetes-study-4oct13/1763104.html	Scientific Community, General Public		International
27	4-Oct-2013	UCPH	Diabetes study to investigate lifestyle choices	Website "Englemed Health News" http://www.englemed.co.uk/13/13oct043_diabetes_lifestyle.php	Medical Professionals, General audience	Readership of at least 200,000.	UK, International
28	4-Oct-2013	UCPH	Researchers plan new large-scale study into type 2 diabetes	Website "Diabetes.co.uk" http://www.diabetes.co.uk/news/2013/Oct/researchers-plan-new-large-scale-study-into-type-2-diabetes-96348415.html	Diabetes Community		UK, International
29	4-Oct-2013	UCPH	Hunt for perfect mix of diet, exercise to beat diabetes	Website of "Kuwait Times" http://news.kuwaittimes.net/hunt-perfect-mix-diet-exercise-beat-diabetes/	General Public		Arabian Gulf
30	4-Oct-2013	UCPH	Study to Assess Role of Diet and Exercise to Limit Diabetes Epidemic	Website "Nutrition Horizon" http://www.nutritionhorizon.com/news/Study-to-Assess-Role-	Food technologists and marketers		Netherlands, International



No.	Publication date	Main author	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
				of-Diet-and-Exercise-to-Limit-Diabetes-Epidemic.html			nal
31	4-Oct-2013	UCPH/UNOT T/SU	Hunt for perfect mix of diet and exercise to beat diabetes	Website "Express" (Home of Newspaper "Daily and Sunday Express", UK) http://www.express.co.uk/news/health/434166/Hunt-for-perfect-mix-of-diet-and-exercise-to-beat-diabetes	General audience		UK
32	4-Oct-2013	UCPH	Hunt for perfect mix of diet and exercise to beat diabetes	Scottish Daily Express	General audience		UK
33	4-Oct-2013	UCPH	Hunt for perfect mix of diet and exercise to beat diabetes	Daily Express http://infomedia.dk/mo/ViewPDFlauncher.aspx?Dockey=PMG%5c2013%5c10%5c04%5ce4052dd8.xml&UrlID=1e3a901b-8614-4625-b48c-664ba68995bd	General audience		Malaysia
34	06-Oct-2013	UCPH	Diabetes study to investigate lifestyle choices	Uk.anygator http://uk.anygator.com/article/diabetes-study-to-investigate-lifestyle-choices_845093			UK



No.	Publication date	Main author	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
35	8-Oct-2013	UCPH	Antallet af diabetikere eksploderer [The number of diabetics explodes]	Adresseavisen Syddjurs http://www.e-pages.dk/syddjurs/266/4	General audience		Denmark
36	8-Oct-2013	UCPH	Antallet af diabetikere eksploderer [The number of diabetics explodes]	Lokalavisen Hornslet Kalovig http://www.e-pages.dk/lokalavisenhornslet/91/18	General audience		Denmark
37	8-Oct-2013	UCPH	Optimal kost of motion skal bremse diabetes-epidemi [Optimal diet and exercise will curb diabetes epidemic]	Amagerlokalavis http://www.amagerlokalavis.dk/2013/10/08/optimal-kost-og-motion-skal-bremse-diabetes-epidemi/	General audience		Denmark
38	8-Oct-2013	UCPH	Optimal kost of motion skal bremse diabetes-epidemi [Optimal diet and exercise will curb diabetes epidemic]	Lokalavisen Budstikken Fredericia-Middelfart http://www.e-pages.dk/budstikken/2261/23	General audience		Denmark
39	10-Oct-2013	UCPH	Antallet af diabetikere eksploderer	Djursland Weekend http://www.e-	General audience		Denmark



No.	Publication date	Main author	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
			[The number of diabetics explodes]	pages.dk/lokalavisennorddjursw/101/2			
40	12-Oct-2013	UCPH	Optimal kost of motion skal bremse diabetes-epidemi [Optimal diet and exercise will curb diabetes epidemic]	Nordjyske Stifstidende, Sektion 2, Side 17, 12. oktober 2013	General audience		Denmark
41	12-Oct-2013	UCPH	Vil du tabe dig og leve sundere de næste 3 år? [Do you want to lose weight and live healthier the next 3 years?]	Søndagsavisen (4,5,7)	General audience	225,000	Denmark
42	12-Oct-2013	HEL	Diabetes voidaan ehkäistä – osallistu elintapatutkimukseen (Diabetes can be prevented – take part to a lifestyle study)	The biggest newspaper in Finland: Helsingin Sanomat	General audience	837,000	Finland
43	14-Oct-2013	UCPH	Du får nemt for meget sukker, når du drikker din frugt [You can easily get too much sugar when you drink your fruit]	Website of Danmarks Radio http://www.dr.dk/Nyheder/Levnu/Godmad/ekspert-bitz/2013/1009100347.htm	General audience		Denmark



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44	14-Oct-2013	HEL	Haussa paras ruokavalion ja liikunnan yhdistelmä diabeteksen ehkäisyyn (We are looking for the best combination of diet and physical activity to prevent diabetes)	Website of the University of Helsinki Faculty of Agriculture and Forestry http://www.helsinki.fi/mmtdk/esittely/uutiset/2013/131014_preview.html	General audience	not known	Finland
45	15-Oct-2013	Grethe Andersen (SAB)	Forskningsprojektet PREVIEW [The research project PREVIEW]	http://www.diaetistforum.dk/Aktuelt/Nyheder/2013/Oktober/Forskningsprojektet_PREVIEW.aspx#.UnO1Hp17yig	Other (Dietists)		Denmark
46	19-Oct-2013	UCPH	Fuldkorn eller kød? [Whole grain or meat?]	Newspaper BT Plus Guide	General Audience		Denmark
47	21-Oct-2013	UCPH	Vil du tabe dig og leve sundere de næste 3 år? [Do you want to lose weight and live healthier the next 3 years?]	MetroExpress national newspaper	General Audience	130,000	Denmark
48	29-Oct-2013	UM	Voeding en beweging onder de loep om diabetes in te dammen	http://www.mumc.nl/actueel/nieuws/voeding-en-beweging-	Scientific Community (higher)		Netherlands



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			[Focus on Food Intake and Physical Activity to limit diabetes]	onder-de-loep-om-diabetes-te-dammen	education, research)		
49	29-Oct-2013	UNOTT	Experts search for the perfect mix of diet and exercise to beat diabetes	University of Nottingham website http://www.nottingham.ac.uk/news/pressreleases/2013/october/experts-search-for-the-perfect-mix-of-diet-and-exercise-to-beat-diabetes.aspx and http://exchange.nottingham.ac.uk/research/experts-search-for-the-perfect-mix-of-diet-and-exercise-to-beat-diabetes/	Scientific Community (higher education, research)		UK
50	4-Nov-13 and 20-Nov-2013	UNSYD	Participants needed for world's largest diabetes prevention study	University of Sydney website http://sydney.edu.au/search/?collection=Usyd&scope=sydney.edu.au,blogs.usyd.edu.au&query=Press release	General audience		Australia
51	10-Nov-2013	UCPH	Vil du tabe dig og leve sundere de næste 3 år?	Berlingske national newspaper	General Audience	-	Denmark



No.	Publication date	Main author	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
			[Do you want to lose weight and live healthier the next 3 years?]				
52	01-Nov-2013	UNAV	Por los barrios – Buscan 300 voluntarios en el Mercado de Santo Domingo para un estudio que ayude a prevenir la diabetes [Around Neighbourhood – 300 volunteers wanted for a study preventing diabetes]	Diario de Navarra – Local Newspaper http://www.coavna.com/documentos%5Cactualidadynoticias%5CDN11113.pdf	General Audience	>47,000 (written press)	Spain
53	05-Nov-2013	UNAV	El sobrepeso y el riesgo de diabetes afecta a unos 80.000 navarros [Overweight and diabetes risk affects 80,000 Navarra inhabitants]	Diario de Navarra – Local Newspaper Also online version http://www.diariodenavarra.es/noticias/navarra/mas_navarra/2013/11/05/sobrepeso_riesgo_diabetes_afecta_000_navarros_135834_2061.html	General Audience	>47,000 (written press) online audience unknown	Spain
54	06-Nov-2013	UNAV	Contra la diabetes, cintura fina [Against diabetes, little waist]	Diario de Navarra – Local Newspaper	General Audience	>47,000 (written press)	Spain



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55	05-Nov-2011	UNAV	Entre 50.000 y 100.000 navarros de más de 18 años padecen o están en riesgo de sufrir diabetes tipo 2 [Between 50,000 and 100,000 people in Navarra suffer from or are at risk of developing type 2 diabetes]	Diario de Noticias – Local Newspaper. Also online version http://www.noticiasdenavarra.com/2013/11/05/sociedad/navarra/entre-50000-y-100000-navarros-de-mas-de-18-anos-padecen-o-estan-en-riesgo-de-sufrir-diabetes-tipo-2	General Audience	>8,500 (written press) online audience unknown	Spain
56	Nov-2013	UCPH	Optimal kost og motion skal bremse diabetes-epidemi [Optimal diet and exercise will curb diabetes epidemic]	Magazine (“Rask”) [Healthy] Danish magazine for patients, relatives and personnel.	General Audience		Denmark
57	Nov-2013	UCPH	Hvilken mad og motion kan bremse diabetes-epidemi? [What type of food and exercise can slow down the diabetes epidemic?]	Magazine “Diabetes”	General Audience		Denmark
58	5-Dec-2013	UCPH	Vil du tabe dig og leve sundere de næste 3 år?	MetroExpress national newspaper	General Audience	130,000	Denmark



No.	Publication date	Main author	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
			[Do you want to lose weight and live healthier the next 3 years?]				
59	9-Dec-2013	UCPH	Vil du tabe dig og leve sundere de næste 3 år? [Do you want to lose weight and live healthier the next 3 years?]	MetroExpress national newspaper	General Audience	130,000	Denmark
60	17-Dec-2013	USTUTT	Bewegungsverhaltenstraining gegen Übergewicht und Typ II Diabetes (Behaviour change program preventing overweight and type-2 diabetes	Webpage University of Stuttgart Stuttgarter Zeitung (http://www.uni-stuttgart.de/hkom/presseservice/pressemitteilungen/2013/104_13_sport.html)	General public		Germany
61	17-Dec-2013	UOA	Study seeking people to lose weight and avoid diabetes	Central Leader Newspaper	General Audience		New Zealand
62	17-Dec-2013	UOA	Study seeking people to lose weight and avoid diabetes	Western Leader Newspaper	General Audience		New Zealand



No.	Publication date	Main author	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
63	17-Dec-2013	UOA	Study seeking people to lose weight and avoid diabetes	East and bays Courier Newspaper	General Audience		New Zealand
64	17-Dec-2013	UOA	Study seeking people to lose weight and avoid diabetes	University of Auckland Website www.auckland.ac.nz	Scientific and Academic community, general public		New Zealand
65	5-Jan-2014	UCPH	Vil du tabe dig og leve sundere de næste 3 år? [Do you want to lose weight and live healthier the next 3 years?]	Berlingske national newspaper	General Audience	-	Denmark
66	17-Jan-2014	UCPH	Vil du tabe dig og leve sundere de næste 3 år? [Do you want to lose weight and live healthier the next 3 years?]	MetroExpress national newspaper	General Audience	130,000	Denmark
67	12-Feb-2014	UCPH	Vil du tabe dig og leve sundere de næste 3 år? [Do you want to lose weight and live healthier the next 3 years?]	MetroExpress national newspaper	General Audience	130,000	Denmark



No.	Publication date	Main author	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
68	24-Feb-2014	UCPH	Vil du tabe dig og leve sundere de næste 3 år? [Do you want to lose weight and live healthier the next 3 years?]	MetroExpress national newspaper	General Audience	130,000	Denmark
69	Feb-2014	Dr. Pia Christensen, Assoc. Prof. Thomas M .Larsen and Prof. Anne Raben	Det verdensomspændende projekt PREVIEW skal forebygge type-2 diabetes [The worldwide project PREVIEW to prevent type 2 diabetes] http://www.swiflet.com/bpdksy/gepleje/sygepl/7/23/	Sygeplejersken			Denmark
70	Mar-2014	HEL	Millainen ruokavalio ja fyysinen aktiivisuus ehkäisevät tyypin 2 diabetesta? Kansainvälinen monikeskustutkimus PREVIEW (What kind of diet and physical activity prevents type 2 diabetes? International study PREVIEW)	Website of the University of Helsinki, Faculty of Agriculture and Forestry, Department of Food and Environmental Sciences: http://www.helsinki.fi/elintarvikke-ja-ymparisto/preview/	General Audience		Finland



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71	9-Mar-2014	UCPH	Vil du tabe dig og leve sundere de næste 3 år? [Do you want to lose weight and live healthier the next 3 years?]	Søndagsavisen (1,2,5,6)	General Audience	348,000	Denmark
72	16-Mar-2014	UCPH	Vil du tabe dig og leve sundere de næste 3 år? [Do you want to lose weight and live healthier the next 3 years?]	Søndagsavisen (4,5,7)	General audience	225,000	Denmark
73	1-Apr-2014	HEL	Kuinka diabetesta voidaan ehkäistä? –osallistu elintapatutkimukseen (How can diabetes be prevented –take part to a lifestyle study)	Newspaper (free of charge): Metro	General Audience		Finland
74	4-Apr-2014	UCPH	Vil du tabe dig og leve sundere de næste 3 år? [Do you want to lose weight and live healthier the next 3 years?]	MetroExpress national newspaper	General Audience	130,000	Denmark



No.	Publication date	Main author	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
75	4-May-2014	UCPH	Vil du tabe dig og leve sundere de næste 3 år? [Do you want to lose weight and live healthier the next 3 years?]	Søndagsavisen (1,2,5,6)	General audience	348,000	Denmark
76	14-May-2014	UM	Overgewicht Verslaggever neemt deel aan grootste onderzoek naar voorkomen suikerziekte 'Vechten tegen obesitas is én strijd tegen 27 doden per dag' Overweight: Journalist participates in a large research on prevention of diabetes 'Fighting obesity is a battle against 27 deaths per day' http://www.limburger.nl/article/20140514/REGIONIEUWS01/140519261	Dagblad de Limburger/ Limburgs Dagblad	General Audience	Large part of Population of Zuid-Limburg	The Netherlands



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77	14-May-2014	UM	Lifestyle experiment 'Afscheid van de bourgondier' 'Farewell to the burgundian' Column of the same journalist http://www.slideshare.net/JohannvandeBeek/afscheid-van-de-bourgondier	Dagblad de Limburger/ Limburgs Dagblad	General Audience	Large part of Population of Zuid-Limburg	The Netherlands
78	17-May-2014	HEL	Kuinka diabetesta voidaan ehkäistä? –osallistu elintapatutkimukseen (How can diabetes be prevented –take part to a lifestyle study)	The biggest newspaper in Finland: Helsingin Sanomat	General audience		finland
79	1-Jun-2014	UCPH	Vil du tabe dig og leve sundere de næste 3 år? [Do you want to lose weight and live healthier the next 3 years?]	Søndagsavisen (4,5,7)	General audience	225,000	Denmark



2. CONFERENCE CONTRIBUTIONS

2.1 Presentations

Table 2 – Presentations at conferences

No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Size of audience (if known)	Countries addressed
1	16-17-Nov-2012	Prof. Anne Raben (UCPH)	-	Danish Association of the Study of Obesity (Odense, Denmark)	Scientific Community (higher education, Research)	60	Denmark, Sweden, Norway
2	3-Mar-2013	Dr. Pia Christensen (UCPH)	Protein in the prevention and management of obesity and type-2 diabetes	Protein Symposium (Lund, Sweden)	Scientific Community (higher education, Research)	60	Denmark, Sweden, Norway
3	21-Mar-2013	Dr. Pia Christensen (UCPH)	Formula diets in the treatment of obesity	Annual meeting “Adipositas foreningen” of the Danish obesity patient association (Copenhagen, Denmark)	Patients	20	Denmark
4	15-Sep-2013	Prof. Anne Raben (UCPH)	PREVIEW: PREvention of diabetes through lifestyle intervention and population studies In Europe and around the World	IUNS 20th International Congress in Nutrition (Granada, Spain)	Scientific Community (higher education,	4,000	International



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Size of audience (if known)	Countries addressed
					Research)		
5	15-Sep-2013	Prof. Mikael Fogelholm (HEL)	The PREVIEW-Intervention trial: Design and Methods	IUNS 20th International Congress in Nutrition (Granada, Spain)	Scientific Community (higher education, Research)	4,000	International
6	15-Sep-2013	Prof. Edith Feskens (WU)	The PREVIEW-Population Studies: Design and Methods	IUNS 20th International Congress in Nutrition (Granada, Spain)	Scientific Community (higher education, Research)	4,000	International
7	15-Sep-2013	Prof. Jennie Brand-Miller (UNSYD)	The role of diet for the prevention of diabetes	IUNS 20th International Congress in Nutrition (Granada, Spain)	Scientific Community (higher education, Research)	4,000	International
8	15-Sep-2013	Prof. Gareth Stratton (SU)	Physical Activity and the prevention of diabetes: PREVIEWing the evidence	IUNS 20th International Congress in Nutrition (Granada, Spain)	Scientific Community (higher education, Research)	4,000	International
9	3-Nov-2013	Dr. Teodora Handjieva-Darlenska	The PREVIEW project for prevention of type 2 diabetes in Europe, Australia and New Zealand	Medical and social problems in obesity – the role of the European research projects	General audience and Scientific community	300	Bulgaria



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Size of audience (if known)	Countries addressed
		(MU) Dr. George Bogdanov (MU)		Symposium is organised by the Bulgarian association for the Study of Obesity and Related Diseases (BASORD), Department of pharmacology and toxicology, Medical University –Sofia (Partner of PREVIEW) and Bulgarian Academy of Science and Arts			
10	3-Dec-2013	Prof. Nadka Boyadjieva (MU) Prof. Svetoslav Handjiev (MU)	Presentation of the PREVIEW project The diets varying on Glycemic index from the pan-European project DiOGenes is a good base for the new European project PREVIEW	PREVIEW- Prevention of diabetes in obese subjects (Sofia, Bulgaria) Symposium is organised by the Department of pharmacology and toxicology, Medical University –Sofia (Partner of PREVIEW) and Bulgarian Academy of Science and Arts	Scientific community (students, PhDs, health professionals)	150	Bulgaria
11	29-May-2014	Prof. Anne Raben (UCPH)	Presentation of PREVIEW project	European Congress on Obesity – ECO 2014 Special session: lessons from EU projects, Sofia, Bulgaria	Scientific community	700	Bulgaria



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Size of audience (if known)	Countries addressed
12	1-3 June-2014	Dr Teodora Handjieva-Darlenska	PREVIEW project for prevention of type 2 diabetes in overweight and obese patients in Europe and around the world	10 th International Symposium on Obesity and Related Diseases (ISORD 2014), 1-3 June 2014, Albena, Bulgaria	Scientific community	100	Europe, Asia, Russia, India



2.2 Keynote Speeches

Table 3 – Keynote speeches at conferences

No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Size of audience (if known)	Countries addressed
1	7-May-2013	Prof. Anne Raben (UCPH)	Diabetes and Obesity – Diabesity – The Dangerous Twins	Health Connect 2013 (Stuttgart, Germany)	Scientific Community (higher education, Research), health professionals, politics, economy	100	Belgium, France, Germany, Hungary, Netherlands, Poland, Spain



2.3 Posters

Table 4 – Posters at conferences

No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Size of audience (if known)	Countries addressed
1	12-May-2013	Prof. Anne Raben (UCPH)	PREVIEW: PREvention of diabetes through lifestyle Intervention and population studies In Europe and around the world	European Congress on Obesity ECO 2013 (Liverpool, UK)	Scientific Community (higher education, research)	2,000	International
2	18-Oct-2013	Prof. Jennie Brand-Miller	PREVIEW: PREvention of diabetes through lifestyle Intervention and population studies in Europe and around the world	Australia and New Zealand Obesity Society Annual Meeting, (Melbourne, Australia)	Scientific Community	1,000	Australia
3	23-Nov-2013	Amy Liu	Prevention of Diabetes in New Zealand and around the world, 3 year randomised prospective cohort lifestyle intervention study	Auckland District Health Board Celebrations week	Auckland District Health Board employees	5,000 employees	New Zealand
3	27-29 August 2014	Prof. Jennie Brand-Miller	PREVIEW: Prevention of diabetes through lifestyle intervention and population studies in Europe and around the World. On behalf of the PREVIEW Consortium	Australian Diabetes Society and Australian Diabetes Educators Association Meeting 2014, Melbourne, Australia	Health professionals, including endocrinologists and diabetes	500	Australia



No.	Date	Presenter	Title	Conference Title (City, Country)	Stakeholders addressed	Size of audience (if known)	Countries addressed
					educators		



3. INTERVIEWS

Table 5 – Interviews

No.	Date	Interviewee	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
1	Apr-2013	Dr. Teodora Handjieva-Darlenska (MU)	Interview about PREVIEW project	Newspaper “Life today”	General audience		Bulgaria
2	Jun-2013	Prof. Nadka Boyadjieva (MU)	Interview about PREVIEW project	Bulgarian National Radio (BNR)	General audience		Bulgaria
3	10-Jul-2013	Marta Silvestre (UOA)	Overweight Aucklanders	Radio NZ National www.radionz.co.nz	General Public		New Zealand
4	23-Sep-2013	Prof. Nadka Boyadjieva (MU)	PREVIEW-Prevention of diabetes mellitus type 2 and obesity	Scientific Newspaper “Forum Medicus”	Scientific audience	5,000	Bulgaria
5	23-Sep-2013	Prof. Alfredo Martínez and Dr. Santiago	The University of Navarra is looking for volunteers to participate in a nutritional	University Radio	General Audience		Spain



No.	Date	Interviewee	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
		Navas-Carretero (UNAV)	intervention				
6	23-Sep-2013	Prof. Alfredo Martínez and Dr. Santiago Navas-Carretero (UNAV)	The University of Navarra is looking for volunteers to participate in a nutritional intervention	SER for Navarra	General Audience		Spain
7	2-Oct-2013	Prof. Anne Raben (UCPH)	Interview about PREVIEW project	Danmarks Radio DR P1 Radioavisen 12.00 (resumé) http://www.dr.dk/radio/ondemand/radioavis/radioavis-19996#!//	General audience		Denmark
8	4-Oct-2013	Prof. Anne Raben (UCPH)	Study Aims to Stem Type-2 Diabetes	“Voice of America” http://www.voanews.com/audio/audio/331941.html	Scientific Community, General Public		International
9	22-Oct-2013	Prof. Jennie Brand-Miller	The Seven Deadly Sins that can Ruin your Hard Work	Sydney Morning Herald and Canberra Times http://www.smh.com.au/comm	General audience		Australia



No.	Date	Interviewee	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
				ent/seven-deadly-calories-can-ruin-the-hard-work-20131021-2vwwl.html			
10	24-Oct-2013	Prof. Svetoslav Handjiev (MU)	International Day in the Fight against Obesity	Web-site "Edna" National Darik Radio	General audience	500,000	Bulgaria
11	30-Oct-2013	Prof. Nadka Boyadjieva (MU)	Searching of volunteers for healthy weight loss	Newspaper "Jult Trud"	General audience	300,000	Bulgaria
12	5-Nov-2013	Prof. Jennie Brand-Miller (UNSYD)	Is there a better diet for diabetes prevention?	Health Report with Dr Norman Swan for ABC Radio	General audience		Australia
13	5-Nov-2013	News about the study without interview (UNAV)	Santo Domingo Market and the University of Navarra have started a campaign for preventing type 2 diabetes	COPE PAMPLONA	General Audience		Spain
14	5-Nov-2013	Prof. Alfredo Martínez (UNAV)	Santo Domingo Market and the University of Navarra have started a campaign for preventing type 2 diabetes	ONDA CERO RADIO (local programme)	General Audience		Spain



No.	Date	Interviewee	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
15	5-Nov-2013	Prof. Alfredo Martínez (UNAV)	Manage your overweight for preventing diabetes: Santo Domingo Market and the University of Navarra have started a campaign for preventing type 2 diabetes	National Broadcasting Radio for Navarra (RNE-1)	General Audience		Spain
16	06-Nov-2013	Prof. Alfredo Martínez (UNAV)	Santo Domingo Market and the University of Navarra have started a campaign for preventing type 2 diabetes	National Broadcasting TV (TVE1)	General Audience		Spain
17	11-Nov-2013	Prof. Jennie Brand-Miller (UNSYD)	The PREVIEW study to prevent diabetes	ABC Australia's public broadcaster http://www.abc.net.au/radionational/programs/healthreport/the-preview-study-to-prevent-diabetes/5079590	General audience		Australia
18	13-Nov-2013	Prof. Alfredo Martínez and Rodrigo San Cristóbal (UNAV)	Manage your overweight for preventing diabetes: Santo Domingo Market and the University of Navarra have started a campaign for preventing type 2 diabetes	National Broadcasting Radio for Navarra (RNE-5)	General Audience		Spain



No.	Date	Interviewee	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
19	26-Nov-2013	Prof Alfredo Martinez and Dr. Santiago Navas-Carretero (UNAV)	Nutritional status and introduction to PREVIEW study	Navarra Pharmacy Council	Specialised audience (pharmacists)		Spain
20	29-Nov-2013	Dr. Marta Cuervo and María Hernández (UNAV)	Discussion on healthy diet and prevention of type-2 diabetes and introduction of PREVIEW Study	Local TV TeleNavarra	General Audience		Spain
21	19-Dec-2013	Marta Silvestre (UOA)	3 year weight loss trial begins	Local Tv NZ (Tv1) http://tvnz.co.nz/breakfast-news/three-year-weight-loss-trial-begins-video-578234	General Audience		New Zealand
22	22-Dec-2013	Prof. Alfredo Martínez (UNAV)	Future's feeding. Broad documentary with the most important researchers in nutrition in Spain, including Prof. Alfredo Martínez, who talks about ongoing research projects, among them PREVIEW	Documentary in "Documentos TV". National Broadcasting Television in Spain (TVE)	General Audience		Spain



No.	Date	Interviewee	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
23	23-Dec-2013	Dr. Daniela Kahlert (USTUTT)	Maintenance of health behaviour change	SWR 4 (Public Radio)	General audience		Germany
24	05-Jan-2014	Dr. Daniela Kahlert (USTUTT)	Physical activity, behaviour change and prevention of type-2 diabetes	SWR 1 (Public radio)	General audience		Germany
26	2-feb-2014	Dr. Pia Christensen (UCPH)	TV interview	TV2 GoAftenDK TV interview	General Audience		Denmark
27	9-May-2014	Prof. Anne Raben (UCPH)	Diet and exercise combinations to counter type-2 diabetes http://www.youris.com/Bioeconomy/Interviews/Anne-Raben--Diet-And-Exercise-Combinations-To-Counter-Type-2-Diabetes.kl	Youris. Com European Research Media Center	Scientific Community, General Public		International
28	10-May-2014	Prof. Anne Raben (UCPH)	What Is The Best Diet And Exercise Combination To Counter Type-2 Diabetes? http://www.science20.com/new	Scientific Blogging Science 2.0	Scientific Community, General Public		International



No.	Date	Interviewee	Title	Place of publication	Stakeholders addressed	Size of audience (if known)	Countries addressed
			s articles/what is the best diet and exercise combination to counter type2 diabetes-136080				
29	12-May-2014	Prof. Anne Raben (UCPH)	Diet and exercise combinations to counter type 2 diabetes http://medicalxpress.com/news/2014-05-diet-combinations-counter-diabetes.html	Medical Xpress	Scientific Community, General Public		International
30	26-Mar-2014	Prof. Ian Macdonald	Radio Interview	Radio Nottingham	General Audience		UK



4. SCIENTIFIC PUBLICATIONS IN JOURNALS

Table 6 – Scientific publications in journals

No.	Title	Main author	Title of the periodical or the series	Number, date or frequency	Publisher	Place of publication	Year of publication	Relevant pages	Permanent identifiers (if available)	Is/Will open access provided to this publication?
1	Glycemic index and metabolic risks: how strong is the evidence? (Editorial)	Prof. Anne Raben (UCPH)	The American Journal of Clinical Nutrition		American Society for Nutrition		2014	1-3	doi: 10.3945/ajcn.14.090415	



5. OTHER ACTIVITIES

Table 7 – Other activities

No.	Date	Type of activity	Main responsible	Title/ Description	Place (of publication)	stakeholders addressed	Size of audience (if known)	Countries addressed
1	Mar-2013	Newsletter	SU		INGENIUM Newsletter Applied Sports, Technology, Exercise and Medicine research centre, University of Swansea, UK	Scientific Community/ Medias		UK
2	May-2013	Workshop	MU	Workshop with medical students and doctors on PREVIEW. Lectures from the partner and Bulgarian team	Sofia, Bulgaria	medical students and doctors		Bulgaria
3	30-Jun-2013	Newsletter	UOA		NOVA – Auckland District Health Board monthly staff newsletter	Health Professional, Auckland District Health Board employees	5000 staff employed at ADHB	New Zealand
4	Jul-2013	Poster	MU	Posters on PREVIEW for hospitals, medical offices, etc.	Sofia, Bulgaria	General audience		Bulgaria
5	Jul-Aug-2013	UOA	PREVIEW	Emailed GP and practice nurses	GP and practice nurses	20 GP/nurse	New	



No.	Date	Type of activity	Main responsible	Title/ Description	Place (of publication)	stakeholders addressed	Size of audience (if known)	Countries addressed
	and March 2014		Diabetes Prevention trial	/ practices, ADHB community liaison to distribute to their health professional contacts		contact with 500-2000 based clientele	Zealand	
6	Jul-Dec 2013	Newsletter and posters	UOA	PREVIEW diabetes prevention trial	Auckland Diabetes Centre staff newsletter and posters throughout the clinic	Auckland District Health Board diabetes centre staff and patient/family	25,000 patients with diabetes, family members at high risk	New Zealand
7	Oct-2013	Flyer	HEL	Tunnetko vähäisen liikunnan ja ylipainon riskit? Tyypin 2 diabetes on ehkäistävissä elintapamuutoksilla. Tule mukaan vaikuttamaan tulevaisuuteesi! (Do you know the risks of inactive lifestyle and overweight? Type 2 diabetes can be prevented with lifestyle	The flyers were distributed in the health centres owned by the city of Helsinki	General practitioners and Health centre customers in Helsinki	not known	Finland



No.	Date	Type of activity	Main responsible	Title/ Description	Place (of publication)	stakeholders addressed	Size of audience (if known)	Countries addressed
				changes. Come along and have an impact on your future!)				
8	Dec-2013	Flyer	UNSYD	Distribution of PREVIEW flyer at the International Diabetes Federation 2013 meeting (World Congress of Diabetes) in Melbourne Australia	The flyers were printed in Sydney and distributed in Melbourne, Australia	Health professionals	10,000	International
9	Feb 2014	Meeting	SU	Applied for international between Aspire Academy and the UK for Early Career Researchers, funded by the British Research Council- PREVIEW Project	Early Career researchers Aspire Qatar	Academics	45	UK Qatar
10	Feb-2014	PREVIEW Info material distribution	UCPH	Letters to 400 General Practitioners	-	General Practitioners	400	Denmark
11	Apr-2014	meeting	SU	ABM Obesity strategy group meeting	Swansea University	Panel members, practitioners	20	UK



No.	Date	Type of activity	Main responsible	Title/ Description	Place (of publication)	stakeholders addressed	Size of audience (if known)	Countries addressed
12	May-2014	meeting	SU	ABMU Health Board, Diabetes update meeting	Swansea University	Academics, scientific members, Practitioners	30	UK
13	May-2014	Flyer	UNAV	Distribution of PREVIEW flyers for the recruitment of participants in primary health care canter and hospital areas	Pamplona	General public, potential participants		
14	Jun-2014	Seminar	SU	Preview Project	Swansea University	Nurses, Medics, Consultants, ABMU 12members,	50	UK
15	May-2014	Newsletter	USTUTT/UN SYD	PREVIEW Newsletter #1	The newsletter was distributed by email to a subscriber list of interested individuals and organisations	Health professional s	~1000	Internatio nal
16	May-2014	Newsletter	Grethe Andersen (from SAB)	PREVIEW Newsletter #1	The newsletter was posted to http://www.diaetistforum.dk	Diabetes professional s		Denmark



No.	Date	Type of activity	Main responsible	Title/ Description	Place (of publication)	stakeholders addressed	Size of audience (if known)	Countries addressed
17	14-May-2014	Facebook site	HEL	PREVIEW-tutkimus (PREVIEW-study)	Facebook https://www.facebook.com/previewtutkimus	General audience	not known	Finland
18	28-31- May-2014	Exhibition and distribution of flyers	UCPCH	PREVIEW EU projects village	European Congress of Obesity – ECO 2014	Academic, Scientific members and industry	700	International
19	Jun-2014	Newsletter	USTUTT/ UNSYD	PREVIEW Newsletter #2	The newsletter was posted on the PREVIEW website (to be confirmed) and distributed to subscribers by email to interested individuals and organisations	Health professionals	~1000	International

