



Emotional Healing Through Dealing with Past Issues – Part 1E

NOTE: REMEMBER, as previously stated, this series was written on October 1st and God has delivered me since then; I wrote it as it was given to me at that time!

The Holy Spirit is there to comfort us when the past issues begin to come out; He will help us during these times and always!!

God let me know that all those memories that I had buried in that compartment in my mind has to be uncovered. He let me know I am in a safe place in my life and in my church. God let me know also I have Pastors who love me and will not hurt me or judge me by the past – they love me for who I am in Him and encourage me and pray for me all the time and I thank them for that and love and appreciate them very much!!

In order for God to give me good memories, the bad memories must go; I must deal with the issues and bring every thought captive into the obedience of Christ – every negative thought, every thought which reminds me of what I have been through, every thought that is contrary to the Word of God, every thought that says I am an orphan, no one cares, etc. has to go in the Name of Jesus!!

This is what God gave me to say in place of the lying thoughts from the enemy:

- 1. I am not what I went through!**
- 2. The things which happened to me do not define who I am!**
- 3. I am a child of God; I am fearfully and wonderfully made!**
- 4. I am not who people say I am or who the enemy says I am!**

People, the environment (your surroundings), things, the enemy, traumatic or nontraumatic events in our lives (from birth onward) does not define us!! God is the Only One who defines who we are!! God said in **Genesis 1:26: “...Let Us [Father, Son, and Holy Spirit] make mankind in Our image, after Our likeness...”** (biblegateway.com – AMP). **Psalm 139:14** lets us know we are fearfully and wonderfully made!! Therefore, we are fearfully and wonderfully made in the image and likeness of God the Father, God the Son, and God the Holy Spirit – the Trinity!!! God is ALL we need!!! We will stop being traumatized if we STOP PUTTING OUR TRUST IN MAN (WOMAN) AND START DEPENDING ON AND TRUSTING IN GOD!!!

Now, back to the discussion about Dissociative Identity Disorder (DID) – again, this information is from the [medical dictionary’s web site](#): “Dissociation does not necessarily mean that a person has a dissociative disorder or other mental illness. A mild degree of dissociation occurs with some physical stressors; people who have gone without sleep for a long period of time, have had "laughing gas" for dental surgery, or have been in a minor accident often have brief dissociative experiences. Another commonplace example of dissociation is a person becoming involved in a book or movie so completely that the surroundings or the passage of time are not noticed. Another example might be driving on the highway and taking several exits without noticing or remembering.

Moderate or severe forms of dissociation are caused by such traumatic experiences as childhood [abuse](#), combat, criminal attacks, brainwashing in hostage situations, or involvement in a natural or transportation disaster.