

Fun Activities For Your Child's Wired Style



By Deb Ingino

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Note: Parents are to determine the age appropriateness of their child to any activity listed and of course parental supervision is important.

Wired Activities Index

Introduction	4
Fun Activities For Your D Wired Child	6
Fun Activities For Your I Wired Child	11
Fun Activities For Your S Wired Child	16
Fun Activities For Your C Wired Child	22
Additional Resources	28

Introduction

Today more than ever before, families need ways to connect and have fun, all the while being prudent home economists. In this book, we have assembled some activities for your children that cost little or nothing at all!

Children are meant to have fun. From these experiences, they have fun, at times they learn and can even grow some competencies. Think back to your childhood and the fun of skimming rocks on a lake to see which one would go further, or for you was it playing hide and go seek? To see the joy on your child's face when they are just being a kid and enjoying every minute of it brings parents fond memories and also to some degree gives us a feeling of success.

Fun doesn't have to come with an expensive price tag, the real key is to find activities that your children will enjoy, one that speaks to their wiring, where they can continue to develop their strengths. For example, even if you could afford an award winning horse that can jump 3 feet and always land perfectly, if your child doesn't enjoy being around horses, its not much fun for them. On the other hand, if you have a child who loves to dress up and entertain, then a few old accessories, an old shower curtain hung on a tree limb and a flattened out cardboard box as a stage can be an amazing adventure!

We've created this book with just that in mind. Affordable fun activities which allow your child to be a child in their wired strength! With our easy to use index, parents can find the activity that suits the wired style of their child, providing them an opportunity for maximum enjoyment!

Wired Style refers to the natural behavior wiring of your child. The DISC wired style we refer to is the four quadrant behavioral model based on the work of William Moulton Marston, Ph.D., which he developed to examine the behavior of individuals in their environment or within a specific situation. DISC looks at individuals' behavioral styles and behavioral preferences. By learning how we are wired, as well as our children, we can better understand how to discover and nurture their strengths setting them on the path to unleash the purpose for which they were designed! As an added benefit, working in the sweet spot of our children's wired styles, we learn the most effective methods of communication, motivation, optimal learning styles and more.

You will see some activities span 1 or 2 wired styles and some are listed for all 4 wired styles. While it is true that these activities will be fun for those styles, 'how' they have fun and what enjoyment they take away will be slightly skewed to their style. Parents can stretch their child out of their natural comfort zone by also providing each child with activities that are not naturally appealing to them while supporting them through their effort so they can have the experience of knowing that they have natural competency in some, not in others but at times it's the effort of participation that is important.

For more information on how to identify your child's wired style, go to www.MyWiredStyle.com .

We wish you and your family fun!!!



Typical D Wiring Characteristics

Outgoing
Assertive
Decisive
Strong willed
High energy

Fun Activities For The D Wired Child

- ❖ Balloon and Trash Can basketball- All you need is a small trash can, a balloon blown up without helium and separate your children into 'teams' and away you go.
- ❖ Play Grocery Store in your own home - Take out the calculator, some canned and boxed food from your cabinet that still has the price tag on it. Let your children take turns playing Clerk and customer. Let them use some monopoly money and coupons from the newspaper. Happy shopping!
- ❖ Pick a letter of the day and give each child a notepad or index cards and have them write down each time they see something that starts with that 'letter'. The one who has the most items, wins.
- ❖ I know you. Have each child answer questions about the other to show how well they know their brother or sister. Questions, like favorite color, favorite book, favorite movie, favorite food, etc....
- ❖ What if you could be someone else, who would you be and why. This is a great way to get your child in touch with their aspirations.
- ❖ What if you could go anywhere in the world, where would you want to go and what would you want to do when you got there?
- ❖ If you could have a special power, what power would you want to have and how would you use your special power?

- ❖ Lets guess...pick some common items and have your child close his eyes and you hand them the item and they have 10 seconds to guess what it is. Whoever guesses right the most after 5 tries wins.
- ❖ Name that tune - Hum or play a short snippet of a song and each guesses the song.
- ❖ Hand puppets - Ok Moms and Dads it will mean that you allow them to use washable markers on themselves, but that's half the fun! The thumb is the chin, draw 2 eyes on the pointing finger and away we go!
- ❖ Sock puppets- turn old socks (maybe now yellow, used to be white socks) into sock puppets with some markers, cotton balls and non toxic glue and let the fun begin.
- ❖ Water balloon war- Just as it sounds, fill balloons with water and split them into 2 teams and let them see who can get the other team wetter. This is a great activity for a hot summer day.
- ❖ My Museum - give your child a few items from your home (non breakable of course) and tell them the approximate year they are from (the older the better) then have them set up a museum where they are the curator and research about the item or the time period its from and create a sign with this info for each item. Give them a room to set up their museum and everyone in the family gets to visit it after dinner.
- ❖ Tortizza - give your child a tortilla, a ¼ cup of yogurt and some fruit, veggies or cereal and let them have fun making their own tortilla pizza.
- ❖ Box Cars - Give your old shoe box and let him/her decorate it as their 'car'
- ❖ Box Garage - Now take a larger cardboard box and cut out garage bays for your child, then given them the box to decorate as the 'garage'.
- ❖ Sidewalk Chalk - pick up some non toxic sidewalk chalk and when the weather is right, let the sidewalk be your budding artists canvas!
- ❖ Laundry Sock Basket Ball - Take a pair of rolled socks to use as the 'ball' along with the laundry basket and let them take turn shooting socks.
- ❖ Bike wash - Set them up with a 'car wash'. A bucket with soap water, a sponge and a hose or bucket with clean water to rinse and let them wash their bicycles or carts just like a car wash.
- ❖ Teddy Bear Picnic - spread out a blanket outside or if during bad weather, indoors will do just fine. Spread out some paper plates, cups and some

small finger food and juice. Then have your children bring their favorite teddy bear or stuffed animal to the picnic.

- ❖ Bubbles- This inexpensive idea can be used to give your child an outlet for their energy and some fresh air for the both of you.
- ❖ Indoor Camping- This is a great game on those snowy winter days when everyone is longing to be outside. Create a tent in your living or dining room and some pots, pans, bowls, cups and finger food. Let the kids bring their sleeping bags or blanket and pillows from their room and create a camp out for them and you!
- ❖ Macaroni Art - Remember the lost art of macaroni glued to a page. Well reminisce with your children while you supply them with some dried macaroni (or cereal works well too), some white non toxic glue and construction paper and let them create their Macaroni Masterpiece!
- ❖ The Family Play - Stage a play where each of your children have a role whether on stage or off and after dinner, let them put on the show for the adults in the house. Don't be surprised if your D wired child wants to be the director and producer of the show!
- ❖ My Own Zoo - Have your kids gather their stuffed animals and create a card with information about the animal, their name, what kind of animal they are, where they are from and let them place the stuffed animals and signage all around (inside or out) and when they're done, you go with them to their zoo.
- ❖ Mailbox- using old shoe boxes with lids, let your child decorate their mailbox with construction paper and nontoxic glue stick. Once decorated let them place it in an area for all to see. Then encourage them to leave nice notes for each other in their mailboxes. Mom and Dad can leave little notes of love and appreciation too. Let your children take turns being mail carrier, delivering the family notes.
- ❖ My Own Beach - Whether in your living room in the winter or in your back yard in the summer, put out a blanket, pail, shovel, sunglasses, sun lotion and give your child a really large piece of poster board or paper to draw their own water. Then put on some fun summer music and talk about what they like most about the beach.
- ❖ Animal Doctor - Give your child a wrap bandage, some band aids, a clipboard and some file folders and let them play animal doctor with their stuffed animals.

- ❖ My Own Photo Studio - Drape a sheet as a backdrop and some fun toys and background decorations and let your child use an inexpensive digital camera to take pictures of their stuffed animals or dolls in their own photo studio.
- ❖ Scavenger Hunt With A Twist - Place a few items in hiding and let each child try and 'find' the treasure. Choose related items like a bowl, a spoon, an ice cream scoop, etc. At the end when all of the items are collected see if they can figure out what the items mean for them, its ice cream time!
- ❖ Bikes On Parade- Give your child some leftover streamers and scotch tape and let them decorate their bicycles and put them in a parade for all to see at the end of the day.
- ❖ Story Re-Write - Bring out the creativity in your child by having them write a new ending to their favorite story book. If they could have it end in some other way, what would it be?
- ❖ Contact your local recycling plant for a tour of the process. Many children are fascinated by what happens after our recycled material makes it to the curb.
- ❖ Most City Halls or Town Halls have a public information officer who you can contact for a tour of the building and they'll provide some great information on how the local government works too!
- ❖ Most Assisted Living facilities would love for a family with children to come in and either share a story, put on a play, sing songs or just engage with the wonderful people living at that facility. It's a great way for your children to share time with our treasured citizens who hold the wisdom of the ages.
- ❖ See if your local bank has a community program teaching children about the right way to handle money. It's a wonderful way to engage children in the process of fiscal responsibility early on.
- ❖ Have a neighborhood bakery that your family enjoys bread or cake from, and see if they'll provide your family with a tour of how the bakery operates behind the scenes getting their favorite treat out to them each week.
- ❖ The local firehouse may have a regularly scheduled open house where families can come in and see the 'big rigs', equipment and speak with the local firefighters as well. If you go, consider baking a cake or cookies to thank these heroes for all they do.
- ❖ Memory Lane - If your children lived part of their lives in another nearby neighborhood, take them back for a visit one day. Children love to be

reminded of fun times and the association they'll have with the 'old neighborhood' can last a lifetime.

- ❖ Volunteer at a local food pantry with your children. Bring a bag of groceries and let them see when they 'give back' how it works and the blessing it is to the families who are in need.
- ❖ Garage Sale Giving - have your children select a charity they want to help (the local animal shelter, the food pantry, etc.) and have them help you gather items that they are willing to 'sell' in the garage sale. Then all of the money collected they go with you to the organization to drop it off.
- ❖ Time Connect - Make a plan with your children that no matter where everyone is at a special time that day, you'll think of each other. Then when you're having dinner later that evening, everyone exchanges stories about where they were during the time connect and what they were doing.
- ❖ Garage Band Anyone - Have some old musical instruments around the house or create your own with spoons, garbage pails, empty paper towel roll, rubber bands and more. Then create your own 'garage band'! It may not sound great but it is fun to see how creative your children get and they might enjoy you not telling them to "turn down that noise".
- ❖ Contact your local bookstore and see what their schedule is for free events, most have them and they vary by age group.
- ❖ Create your own board game. Help your children to take the best ideas from each of their favorite board game and come up with your own.
- ❖ Write a list for each child of all of the wonderful qualities you see in each of them and one by one, tell them each the wonderful strengths you've recognized in each of them...then spend a lifetime helping them develop those strengths even further.



Typical I Wiring Characteristics

Playful
Imaginative
Entertaining
Charming
Popular

Fun Activities For The I Wired Child

- ❖ Balloon and Trash Can basketball- All you need is a small trash can, a balloon blown up without helium and separate your children into 'teams' and away you go.
- ❖ Kitchen art - aluminum foil sculptures are fun! Have some extra small pieces of aluminum foil left over, then save them up and when you have enough give it to the kids to make some sculptures and you guess what they are.
- ❖ Play Grocery Store in your own home - Take out the calculator, some canned and boxed food from your cabinet that still has the price tag on it. Let your children take turns playing Clerk and customer. Let them use some monopoly money and coupons from the newspaper. Happy shopping!
- ❖ Pick a letter of the day and give each child a notepad or index cards and have them write down each time they see something that starts with that 'letter'. One who has the most items, wins.
- ❖ Hold up a picture from a newspaper or magazine and have your child make up a story about the picture
- ❖ Share a drawing. Each child has a piece of paper and crayons and begins drawing their picture when 1 minute is up, the exchange pictures with each other and finish each others drawings.

- ❖ I Know You - Have each child answer questions about the other to show how well they know their brother or sister. Questions, like favorite color, favorite book, favorite movie, favorite food, etc....
- ❖ What if you could be someone else, who would you be and why. This is a great way to get your child in touch with their aspirations.
- ❖ What if you could go anywhere in the world, where would you want to go and what would you want to do when you got there?
- ❖ Lets Guess...pick some common items and have your child close his eyes and you hand them the item and they have 10 seconds to guess what it is. Whoever guesses right the most after 5 tries wins.
- ❖ Discovery Day. Choose a color or item and have each child write it on an index card or piece of paper. Then, while you are all out together they keep track of how many times they saw that color or item and where. They each share what they observed at the end of the day.
- ❖ Name That Tune - Hum or play a short snippet of a song and each guesses the song.
- ❖ Hand Puppets - Ok Moms and Dads it will mean that you allow them to use washable markers on themselves, but that's half the fun! The thumb is the chin, draw 2 eyes on the pointing finger and away we go!
- ❖ Sock Puppets- turn old socks (maybe now yellow, used to be white socks) into sock puppets with some markers, cotton balls and non toxic glue and let the fun begin.
- ❖ Water Balloon War- Just as it sounds, fill balloons with water and split them into 2 teams and let them see who can get the other team wetter. This is a great activity for a hot summer day.
- ❖ My Museum - give your child a few items from your home (non breakable of course) and tell them the approximate year they are from (the older the better) then have them set up a museum where they are the curator and research about the item or the time period its from and create a sign with this info for each item. Give them a room to set up their museum and everyone in the family gets to visit it after dinner.
- ❖ Tortizza - give your child a tortilla, a ¼ cup of yogurt and some fruit, veggies or cereal and let them have fun making their own tortilla pizza.
- ❖ Polka Dot Hat - Take some empty sherbet tub's and your left over color dot stickers (maybe you have them left over from your garage sale?) and let your little ones make polka dot hats for themselves.

- ❖ Box Garage - Now take a larger cardboard box and cut out garage bays for your child, then given them the box to decorate as the 'garage'.
- ❖ Sidewalk Painter- give your child a clean paint brush and a paint tray filled with water and let them 'paint' their masterpiece on the driveway.
- ❖ Sidewalk Chalk - pick up some non toxic sidewalk chalk and when the weather is right, let the sidewalk be your budding artists canvas!
- ❖ Bike Wash - Set them up with a 'car wash'. A bucket with soap water, a sponge and a hose or bucket with clean water to rinse and let them wash their bicycles or carts just like a car wash.
- ❖ Teddy Bear Picnic - spread out a blanket outside or if during bad weather, indoors will do just fine. Spread out some paper plates, cups and some small finger food and juice. Then have your children bring their favorite teddy bear or stuffed animal to the picnic.
- ❖ Bubbles- This inexpensive idea can be used to give your child an outlet for their energy and some fresh air for the both of you.
- ❖ Indoor Camping- This is a great game on those snowy winter days when everyone is longing to be outside. Create a tent in your living or dining room and some pots, pants, bowls, cups and finger food. Let the kids bring their sleeping bags or blanket and pillows from their room and create a camp out for them and you!
- ❖ Macaroni Art - Remember the lost art of macaroni glued to a page. Well reminisce with your children while you supply them with some dried macaroni (or cereal works well too), some white non toxic glue and construction paper and let them create their Macaroni Masterpiece!
- ❖ The Family Play - Stage a play where each of your children have a role whether on stage or off and after dinner, let them put on the show for the adults in the house. Don't be surprised if your I wired child wants to play every role in the show!
- ❖ My Own Zoo - Have your kids gather their stuffed animals and create a card with information about the animal, their name, what kind of animal they are, where they are from and let them place the stuffed animals and signage all around (inside or out) and when they're done, you go with them to their zoo.
- ❖ Lunch Bag Puppets- Take some paper lunch bags and let your child color them to create cute puppets. Show your younger children how to fold their fingers into the crease of the bag to work the puppet.

- ❖ Today's Color - Choose a 'color of the day' and your child announces each time they see that color whether it's a car, an awning, a sign, anything.
- ❖ Mailbox- using old shoe boxes with lids, let your child decorate their mailbox with construction paper and nontoxic glue stick. Once decorated let them place it in an area for all to see. Then encourage them to leave nice notes for each other in their mailboxes. Mom and Dad can leave little notes of love and appreciation too. Let your children take turns being mail carrier, delivering the family notes.
- ❖ My Own Beach - Whether in your living room in the winter or in your back yard in the summer, put out a blanket, pail, shovel, sunglasses, sun lotion and give your child a really large piece of poster board or paper to draw their own water. Then put on some fun summer music and talk about what they like most about the beach.
- ❖ Animal Doctor - Give your child a wrap bandage, some band aids, a clipboard and some file folders and let them play animal doctor with their stuffed animals.
- ❖ Scavenger Hunt With A Twist - Place a few items in hiding and let each child try and 'find' the treasure. Choose related items like a bowl, a spoon, an ice cream scoop, etc. At the end when all of the items are collected see if they can figure out what the items mean for them, its ice cream time!
- ❖ Decorate My Lunch Bag- Give your child the paper bag you'll be packing their lunch in and their crayons or non toxic makers and let them decorate their lunch bag to show to their friends at school the next day.
- ❖ Bikes On Parade- Give your child some leftover streamers and scotch tape and let them decorate their bicycles and put them in a parade for all to see at the end of the day.
- ❖ Story Re-Write - Bring out the creativity in your child by having them write a new ending to their favorite story book. If they could have it end in some other way, what would it be?
- ❖ Most Assisted Living facilities would love for a family with children to come in and either share a story, put on a play, sing songs or just engage with the wonderful people living at that facility. It's a great way for your children to share time with our treasured citizens who hold the wisdom of the ages.
- ❖ While most police departments don't have open houses for obvious reasons, see if they will accept some home baked goodies that you and your children could bake and drop off together with a big thank you to these amazing servants for all they do as well!

- ❖ Neighborhood Sit In. - It's not what you're thinking. On a warm summer night, spread blankets outside in your yard or nearby park (within their posted curfew hours of course) invite each neighbor to bring a picnic basket and have a nighttime sit in telling stories, jokes or even sharing a bit of each families history of moving into the neighborhood.
- ❖ Memory Lane - If your children lived part of their lives in another nearby neighborhood, take them back for a visit one day. Children love to be reminded of fun times and the association they'll have with the 'old neighborhood' can last a lifetime.
- ❖ Volunteer at a local food pantry with your children. Bring a sack of groceries and let them see when they 'give back' how it works and the blessing it is to the families who are in need.
- ❖ Garage Sale Giving - have your children select a charity they want to help (the local animal shelter, the food pantry, etc.) and have them help you gather items that they are willing to 'sell' in the garage sale. Then all of the money collected they go with you to the organization to drop it off.
- ❖ Funny Faces - Each child takes turns making the funnies faces they can while you take pictures. Then at dinner time, print out the 'best' funny face for each and put it right at the dinner table as their seating card.
- ❖ Time Connect - Make a plan with your children that no matter where everyone is at a special time that day, you'll think of each other. Then when you're having dinner later that evening, everyone exchanges stories about where they were during the time connect and what they were doing.
- ❖ Garage Band Anyone - Have some old musical instruments around the house or create your own with spoons, garbage pails, empty paper towel roll, rubber bands and more. Then create your own 'garage band'! It may not sound great but it is fun to see how creative your children get and they might enjoy you not telling them to "turn down that noise".
- ❖ Contact your local bookstore and see what their schedule is for free events, most have them and they vary by age group.
- ❖ Write a list for each child of all of the wonderful qualities you see in each of them and one by one, tell them each the wonderful strengths you've recognized in each of them...then spend a lifetime helping them develop those strengths even further!



Typical S Wiring Characteristics

Shy
Easygoing
Sweet
Affectionate
Peace Keeper

Fun Activities For The S Wired Child

- ❖ Balloon and Trash Can basketball- All you need is a small trash can, a balloon blown up without helium and separate your children into 'teams' and away you go.
- ❖ Pebble Art- Let your child choose a few smooth medium size pebbles to bring home and decorate with non toxic markers.
- ❖ Play Grocery Store in your own home - Take out the calculator, some canned and boxed food from your cabinet that still has the price tag on it. Let your children take turns playing Clerk and customer. Let them use some monopoly money and coupons from the newspaper. Happy shopping!
- ❖ Penny Toss. Small paper cups on floor, they toss pennies to see how many they can get in the cups
- ❖ Penny Year - give your child a bowl of coins and have them find all of the coins from the year they were born
- ❖ Share A Drawing. Each child has a piece of paper and crayons and begins drawing their picture when 1 minute is up, the exchange pictures with each other and finish each others drawings.

- ❖ I Know You. Have each child answer questions about the other to show how well they know their brother or sister. Questions, like favorite color, favorite book, favorite movie, favorite food, etc....
- ❖ Ask Your Child - What if you could be someone else, who would you be and why. This is a great way to get your child in touch with their aspirations.
- ❖ Discovery Day. Choose a color or item and have each child write it on an index card or piece of paper. Then, while you are all out together they keep track of how many times they saw that color or item and where. They each share what they observed at the end of the day.
- ❖ Paper Plate Pals - Tape 2 paper plates together with enough room for your little one's hand to slip in and have them create their Paper plate pals' face with crayon or non toxic markers. Maybe even scotch tape some torn tissue paper as hair!
- ❖ Water Balloon War- Just as it sounds, fill balloons with water and split them into 2 teams and let them see who can get the other team wetter. This is a great activity for a hot summer day.
- ❖ My Museum - give your child a few items from your home (non breakable of course) and tell them the approximate year they are from (the older the better) then have them set up a museum where they are the curator and research about the item or the time period its from and create a sign with this info for each item. Give them a room to set up their museum and everyone in the family gets to visit it after dinner.
- ❖ Tortizza - give your child a tortilla, a ¼ cup of yogurt and some fruit, veggies or cereal and let them have fun making their own tortilla pizza.
- ❖ Box Cars - Give your old shoe box and let him/her decorate it as their 'car'
- ❖ Box Garage - Now take a larger cardboard box and cut out garage bays for your child, then given them the box to decorate as the 'garage'.
- ❖ Sidewalk Painter- Give your child a clean paint brush and a paint tray filled with water and let them 'paint' their masterpiece on the driveway.
- ❖ Sidewalk Chalk - Pick up some non toxic sidewalk chalk and when the weather is right, let the sidewalk be your budding artists canvas!
- ❖ Laundry Sock Basket Ball - Take a pair of rolled socks to use as the 'ball' along with the laundry basket and let them take turn shooting socks.

- ❖ Bike Wash - Set them up with a 'car wash'. A bucket with soap water, a sponge and a hose or bucket with clean water to rinse and let them wash their bicycles or carts just like a car wash.
- ❖ Teddy Bear Picnic - spread out a blanket outside or if during bad weather, indoors will do just fine. Spread out some paper plates, cups and some small finger food and juice. Then have your children bring their favorite teddy bear or stuffed animal to the picnic.
- ❖ Bubbles- This inexpensive idea can be used to give your child an outlet for their energy and some fresh air for the both of you.
- ❖ Spoon Friends - Have some old wooden spoons you can spare? Then give them to your child to decorate with markers to create their own spoon friends.
- ❖ Indoor Camping- This is a great game on those snowy winter days when everyone is longing to be outside. Create a tent in your living or dining room and some pots, pants, bowls, cups and finger food. Let the kids bring their sleeping bags or blanket and pillows from their room and create a camp out for them and you!
- ❖ Macaroni Art - Remember the lost art of macaroni glued to a page. Well reminisce with your children while you supply them with some dried macaroni (or cereal works well too), some white non toxic glue and construction paper and let them create their Macaroni Masterpiece!
- ❖ The Family Play - Stage a play where each of your children have a role whether on stage or off and after dinner, let them put on the show for the adults in the house. Don't be surprised if your S wired child wants to be the stage hand or operate the curtain rather than act.
- ❖ My Own Zoo - Have your kids gather their stuffed animals and create a card with information about the animal, their name, what kind of animal they are, where they are from and let them place the stuffed animals and signage all around (inside or out) and when they're done, you go with them to their zoo.
- ❖ Lunch Bag Puppets- Take some paper lunch bags and let your child color them to create cute puppets. Show your younger children how to fold their fingers into the crease of the bag to work the puppet.
- ❖ Today's Color - Choose a 'color of the day' and your child announces each time they see that color whether it's a car, an awning, a sign, anything.
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let them place it in an area for all to see. Then encourage them to leave nice notes for each other in their mailboxes. Mom and Dad can leave little notes of love and appreciation too. Let your children take turns being mail carrier, delivering the family notes.

- ❖ My Own Beach - Whether in your living room in the winter or in your back yard in the summer, put out a blanket, pail, shovel, sunglasses, sun lotion and give your child a really large piece of poster board or paper to draw their own water. Then put on some fun summer music and talk about what they like most about the beach.
- ❖ My Own Photo Studio - Drape a sheet as a backdrop and some fun toys and background decorations and let your child use an inexpensive digital camera to take pictures of their stuffed animals or dolls in their own photo studio.
- ❖ Scavenger Hunt With A Twist - Place a few items in hiding and let each child try and 'find' the treasure. Choose related items like a bowl, a spoon, an ice cream scoop, etc. At the end when all of the items are collected see if they can figure out what the items mean for them, its ice cream time!
- ❖ Make Your Own Place Mats For Dinner - give your children some construction paper, crayons or non toxic markers and let them create their own place mats to be used for lunch or dinner later that day.
- ❖ Decorate My Lunch Bag- Give your child the paper bag you'll be packing their lunch in and their crayons or non toxic makers and let them decorate their lunch bag to show to their friends at school the next day.
- ❖ Bikes On Parade- Give your child some leftover streamers and scotch tape and let them decorate their bicycles and put them in a parade for all to see at the end of the day.
- ❖ The Seedling - Buy a package of seeds and a small bag of potting soil and have your children plant the seeds and take pictures of them twice each week and 'chart' the progress of how the seed germinates.
- ❖ Contact your local recycling plant for a tour of the process. Many children are fascinated by what happens after our recycled materials makes it to the curb.
- ❖ Most Assisted Living facilities would love for a family with children to come in and either share a story, put on a play, sing songs or just engage with the wonderful people living at that facility. It's a great way for your children to share time with our treasured citizens who hold the wisdom of the ages.
- ❖ Have a neighborhood bakery that your family enjoys bread or cake from, and see if they'll provide your family with a tour of how the bakery

operates behind the scenes getting their favorite treat out to them each week.

- ❖ Have someone from another cultural steeped in tradition that you know and trust from work, church, etc. See if they'd be willing to do a 'show and tell' of sorts with your children showing them artifacts from their culture while telling your children stories of how children grow up in their homeland.
- ❖ While most police departments don't have open houses for obvious reasons, see if they will accept some home baked goodies that you and your children could bake and drop off together with a big thank you to these amazing servants for all they do as well!
- ❖ Kids love toy stores and some are amazed even more when they see what goes on behind the scenes. Contact your local store to see if they'd allow for a quick tour behind the scenes of how the toy gets from the manufacturer to the store shelves.
- ❖ Neighborhood Sit In. - Its not what you're thinking. On a warm summer night, spread blankets outside in your yard or nearby park (within their posted curfew hours of course) invite each neighbor to bring a picnic basket and have a nighttime sit in telling stories, jokes or even sharing a bit of each families history of moving into the neighborhood.
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- ❖ Time Connect - Make a plan with your children that no matter where everyone is at a special time that day, you'll think of each other. Then when you're having dinner later that evening, everyone exchanges stories about where they were during the time connect and what they were doing.
- ❖ Garage Band Anyone - Have some old musical instruments around the house or create your own with spoons, garbage pails, empty paper towel roll, rubber bands and more. Then create your own 'garage band'! It may not

sound great but it is fun to see how creative your children get and they might enjoy you not telling them to “turn down that noise”.

- ❖ Contact your local bookstore and see what their schedule is for free events, most have them and they vary by age group.
- ❖ Make cards or draw pictures for the troops overseas.
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Typical C Wiring Characteristics

Responsible
Analytical
Perfectionist
Neat
Deep thinkers

Fun Activities For The C Wired Child

- ❖ Pebble Art- Let your child choose a few smooth medium size pebbles to bring home and decorate with non toxic markers.
- ❖ Kitchen Art - aluminum foil sculptures are fun! Have some extra small pieces of aluminum foil left over, then save them up and when you have enough give it to the kids to make some sculptures and you guess what they are.
- ❖ Play Grocery Store in your own home - Take out the calculator, some canned and boxed food from your cabinet that still has the price tag on it. Let your children take turns playing Clerk and customer. Let them use some monopoly money and coupons from the newspaper. Happy shopping!
- ❖ Penny Toss. Small paper cups on floor, they toss pennies to see how many they can get in the cups
- ❖ Penny Year - give your child a bowl of coins and have them find all of the coins from the year they were born
- ❖ Pick a letter of the day and give each child a notepad or index cards and have them write down each time they see something that starts with that 'letter'. The one who has the most items, wins.

- ❖ When in the car, have your child observe number of people in the cars around you and keep track of how many cars have just one person
- ❖ I Know You - Have each child answer questions about the other to show how well they know their brother or sister. Questions, like favorite color, favorite book, favorite movie, favorite food, etc....
- ❖ What if you could be someone else, who would you be and why. This is a great way to get your child in touch with their aspirations.
- ❖ Discovery Day. Choose a color or item and have each child write it on an index card or piece of paper. Then, while you are all out together they keep track of how many times they saw that color or item and where. They each share what they observed at the end of the day.
- ❖ Paper Plate Pals - Tape 2 paper plates together with enough room for your little one's hand to slip in and have them create their Paper plate pals' face with crayon or non toxic markers. Maybe even scotch tape some torn tissue paper as hair!
- ❖ My Museum - give your child a few items from your home (non breakable of course) and tell them the approximate year they are from (the older the better) then have them set up a museum where they are the curator and research about the item or the time period its from and create a sign with this info for each item. Give them a room to set up their museum and everyone in the family gets to visit it after dinner.
- ❖ Tortizza - give your child a tortilla, a ¼ cup of yogurt and some fruit, veggies or cereal and let them have fun making their own tortilla pizza.
- ❖ Box Cars - Give your old shoe box and let him/her decorate it as their 'car'
- ❖ Box Garage - Now take a larger cardboard box and cut out garage bays for your child, then given them the box to decorate as the 'garage'.
- ❖ Sidewalk Chalk - pick up some non toxic sidewalk chalk and when the weather is right, let the sidewalk be your budding artists canvas!
- ❖ Laundry Sock Basket Ball - Take a pair of rolled socks to use as the 'ball' along with the laundry basket and let them take turn shooting socks.
- ❖ Bike Wash - Set them up with a 'car wash'. A bucket with soap water, a sponge and a hose or bucket with clean water to rinse and let them wash their bicycles or carts just like a car wash.
- ❖ Teddy Bear Picnic - spread out a blanket outside or if during bad weather, indoors will do just fine. Spread out some paper plates, cups and some

small finger food and juice. Then have your children bring their favorite teddy bear or stuffed animal to the picnic.

- ❖ Bubbles- This inexpensive idea can be used to give your child an outlet for their energy and some fresh air for the both of you.
- ❖ Spoon Friends - Have some old wooden spoons you can spare? Then give them to your child to decorate with markers to create their own spoon friends.
- ❖ Indoor Camping- This is a great game on those snowy winter days when everyone is longing to be outside. Create a tent in your living or dining room and some pots, pants, bowls, cups and finger food. Let the kids bring their sleeping bags or blanket and pillows from their room and create a camp out for them and you!
- ❖ Macaroni Art - Remember the lost art of macaroni glued to a page. Well reminisce with your children while you supply them with some dried macaroni (or cereal works well too), some white non toxic glue and construction paper and let them create their Macaroni Masterpiece!
- ❖ The Family Play - Stage a play where each of your children have a role whether on stage or off and after dinner, let them put on the show for the adults in the house. Don't be surprised if your C wired child wants to design the sets rather than act.
- ❖ My Own Zoo - Have your kids gather their stuffed animals and create a card with information about the animal, their name, what kind of animal they are, where they are from and let them place the stuffed animals and signage all around (inside or out) and when they're done, you go with them to their zoo.
- ❖ Today's Color - Choose a 'color of the day' and your child announces each time they see that color whether it's a car, an awning, a sign, anything.
- ❖ Mailbox- using old shoe boxes with lids, let your child decorate their mailbox with construction paper and nontoxic glue stick. Once decorated let them place it in an area for all to see. Then encourage them to leave nice notes for each other in their mailboxes. Mom and Dad can leave little notes of love and appreciation too. Let your children take turns being mail carrier, delivering the family notes.
- ❖ Animal doctor - Give your child a wrap bandage, some band aids, a clipboard and some file folders and let them play animal doctor with their stuffed animals.

- ❖ My Own Photo Studio - Drape a sheet as a backdrop and some fun toys and background decorations and let your child use an inexpensive digital camera to take pictures of their stuffed animals or dolls in their own photo studio.
- ❖ Scavenger Hunt With A Twist - Place a few items in hiding and let each child try and 'find' the treasure. Choose related items like a bowl, a spoon, an ice cream scoop, etc. At the end when all of the items are collected see if they can figure out what the items mean for them, its ice cream time!
- ❖ Make Your Own Place Mats For Dinner - give your children some construction paper, crayons or non toxic markers and let them create their own place mats to be used for lunch or dinner later that day.
- ❖ Decorate My Lunch Bag- Give your child the paper bag you'll be packing their lunch in and their crayons or non toxic makers and let them decorate their lunch bag to show to their friends at school the next day.
- ❖ Bikes On Parade- Give your child some leftover streamers and scotch tape and let them decorate their bicycles and put them in a parade for all to see at the end of the day.
- ❖ Story Re-Write - Bring out the creativity in your child by having them write a new ending to their favorite story book. If they could have it end in some other way, what would it be?
- ❖ The Seedling - Buy a package of seeds and a small bag of potting soil and have your children plant the seeds and take pictures of them twice each week and 'chart' the progress of how the seed germinates.
- ❖ Contact your local recycling plant for a tour of the process. Many children are fascinated by what happens after our recycled material makes it to the curb.
- ❖ Most City Halls or Town Halls have a public information officer who you can contact for a tour of the building and they'll provide some great information on how the local government works too!
- ❖ Contact your local post office to see if they provide tours on some of their basic mail operations.
- ❖ Most Assisted Living facilities would love for a family with children to come in and either share a story, put on a play, sing songs or just engage with the wonderful people living at that facility. It's a great way for your children to share time with our treasured citizens who hold the wisdom of the ages.

- ❖ See if your local bank has a community program teaching children about the right way to handle money. It's a wonderful way to engage children in the process of fiscal responsibility early on.
- ❖ Have a neighborhood bakery that your family enjoys bread or cake from, and see if they'll provide your family with a tour of how the bakery operates behind the scenes getting their favorite treat out to them each week.
- ❖ Have someone from another cultural steeped in tradition that you know and trust from work, church, etc. See if they'd be willing to do a 'show and tell' of sorts with your children showing them artifacts from their culture while telling your children stories of how children grow up in their homeland.
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- ❖ Family tree - work with your children building a family tree. You generate the family history 'who's who' and give it to them to begin creating the tree. Then, at the next family get together, let them share it with the extended family.
- ❖ Neighborhood Sit In. - It's not what you're thinking. On a warm summer night, spread blankets outside in your yard or nearby park (within their posted curfew hours of course) invite each neighbor to bring a picnic basket and have a nighttime sit in telling stories, jokes or even sharing a bit of each families history of moving into the neighborhood.
- ❖ Contact your local nursery and see if they have someone on staff who can give your family a tour and some inside information on how they keep those lush plants so green for so long.
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Additional Resources

Books:

[My Wired Style Natural Behavior Style Kit](#) – Armed with this kit parents have the tools they need to identify their child's wired style and how to discover the best approaches to nurturing their child to success.

[Discovery Adventure Club Children's Book](#) – Helping children to recognize and appreciate the different personality wiring recognized through four charming friends on their adventure.

Other Resources:

[My Wired Style Webinar](#) – An easy to use internet link for parents to learn how to use their My Wired Style Children's Natural Behavior Style Kit from the comfort of their own home.

[My Wired Style Podcast](#) – Go to itunes and subscribe to this weekly podcast where we explore ways to navigate through the wired styles.

[My Wired Style Community](#) – Log onto the community button at mywiredstyle.com to see what other parents and educators are saying.

For additional information about any of these resources go to

<http://www.mywiredstyle.com>