

Mark James Sciscenti, BA

1225 Calle la Mirada
Santa Fe, NM 8750

(505) 577-4261 C
e-mail: marksciscenti@gmail.com



Sacred Chocolate Ceremony

I offer chocolate ceremonies for groups of 6 to 40 people. The length of the ceremony is two (2) hours, plus set up and breakdown time.

The chocolate ceremony is a blessing and a communion with chocolate. It is based upon my own spiritual practices and includes a Mayan Blessing among other elements.

I have found that when chocolate is approached in a sacred manner that a deeply grounded and intensely heightened trance state can be achieved which can open a persons heart and soul to the Earth and to the Spirit in all things for guidance and teachings. Tracking the energy of chocolate communion in ones being can be a wonderful experience which can last for several days or more and affect your dreams.

The chocolate ceremony ranges from simple to complex. This depends upon the group and what the host can accommodate. For each ceremony I am open to the group energy and intuitive guidance in order to evolve the ceremony as the need arises. This also includes what the host would like. Generally, the larger the group the simpler the ceremony is.

For small groups I can offer simple to in-depth ceremonies, which can include a brief talk on the history of chocolate pertaining to the sacred connections of chocolate for the Mesoamericans; a shamanistic calling in of the spirits; a blessing of the individuals; invocation and offering to the spirit of cacao; a guided meditation journey to the spirit of cacao; sharing of four kinds of drinking chocolate ending with a small piece of eating chocolate or chocolate truffle; and a closing circle. An alter for chocolate which the host and participating guests can contribute too can be set up.

For larger groups I tend to limit the extent of the ceremony. This can change dependent upon the needs of the host. I generally limit the ceremony to the talk, invocation and offering, guided meditation, sharing of drinking chocolate, with the alter as an option.

I offer Mesoamerican drinking chocolate for the ceremonies which usually includes the Mesoamerican unsweetened chocolate for the small groups plus three other agave syrup or honey sweetened drinking chocolates. For larger groups I only offer the sweetened drinking chocolate. The varieties of drinking chocolate offered can be determined by the host. Please see the drinking chocolate description reference sheet for varieties offered.

Fee for the chocolate ceremony is: \$150 - \$200, sliding scale, plus wholesale cost of the drinking chocolate which is dependent upon how much is needed. Please inquire.

If you are interested in having Mark give a chocolate ceremony or chocolate presentation to your group or organization, please do not hesitate to contact him for details.