

Friday Hard News Call

**INFORMATION REGARDING CALLS PRESENTED AND/OR SUPPORTED BY
2013 RAINBOW ROUND TABLE**

I TO ACCESS THE THREE WEEKLY CALLS via the Internet

A BBS RADIO Go To www.bbsradio.com; click on Talk Radio Station #2; click on "64K Listen"

Thursday: 9 pm – 12:00 pm EST **Stargate Round Table** **Host: Marietta Robert**

Friday: 9 pm – 2 am EST **Friday Night Hard News** **Hosts: T & R**

Saturday: 4:30 pm – 2 am EST **History of our Galactic World & NESARA** **Hosts: T & R**

Friday, Saturday: From **10 – 11 pm EST**, for one hour, the call moves to the Conference Call Line [PIN below] and then returns to BBS Radio.

- During the radio show, use the following phone numbers to ask questions or make comments
530 – 227-7602 [line 1]
530 – 413-4522 [line 2]
530 – 530-413-5011 [line 3 & 4]

- **BBS Toll Free # in Canada, US** 1 – 888-429-5471 This number picks up whichever line is available.

B Conference Call: 1-860-970-0300

Thursday PIN #	87 87 87#
Friday PIN #	23 23 23 #
Saturday PIN #	13 72 9#

C Skype: **BBSradio2**

D Archives for the 3 Programs listed above:

- To access the **FREE BBS archives** for any of these programs:
 - Go to [BBSRadio.com/ Station 2](http://BBSRadio.com/Station2); scroll down; click on **Live Talk Radio Shows**
 - Scroll down to **Hard News on Friday with Tara and Rama**, and click on **"Library Archives"**
 - When that screen comes up, click on ARCHIVES; when that screen comes up, check on the date you want. It opens in a new tab: you'll see the "free to listen box"; click the bars to play; use the tab to stop and start the tape.
 - Right hand click on "direct MP3 Link" and then you can download the program to your own computer, or click on "Listen" without downloading the archived program.

- The **2013 website also has an archive section:**

<http://2013rainbowroundtable.ning.com/> look under the "Archives" tab for written notes.

II TO ACCESS OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable

A Sunday, Mondays: 9 – 10:30 EST **Cheryl Croci's Activation Calls**
By telephone only: 1 – 605-475-5950; PIN 9467441#

**B Tuesdays, 2nd & 4th of each month:
9:00 – 11:00 pm EST** **Ashtar on the Road**
Hosts: Fran; Susan Leland channels Ashtar, Mother Sekhmet
www.Ashtarontheroad.com

- Phone Number: 1 – 605-562-3140; PIN 980339 #
- Call is free [except for long distance charges]
- Can also listen to the call via Skype

C Wednesdays: 7:00 – 9:00 EST **The Friends of The Aboriginal Moabite Nation Call**
By telephone only: 1- 712-432-0900 PIN 666238#
Replay # [good for 1 week] 1-712- 432-0990 PIN 666238#

Opening Meditation: Rainbird

Housekeeping: Rainbird

Thank you!

- BBS:**
- A listener-supported radio program; we know the White Knights listen but they cannot contribute anything; part of our job is to pay for them too
 - **We need at least \$ 386.76 for this week!!!** Much gratitude for gifts!! Many, many thanks to all who pay it forward. Thanks to new donors – makes it easier for all.
 - What we hear and learn feeds our minds and our souls! And, as LM Nada said, it is also part of our contribution to the work being done by Tara & Rama and to the changes going on. **Every little bit helps!**
 - Go to BBS.com/Radio 2; find the listing for Friday Night Hard News; find the **Paypal** button
 - BBS appreciates getting checks through the mail – no fees taken off by Paypal
 - **NO COST TO ACCESS THE ARCHIVES** for any of the T & R PROGRAMS, or the one for Thursday night: Stargate Round Table, hosted by MariettaRobert
 - Re: archives of the other programs on BBS: the money we pay to listen to someone else's archives is put towards our BBS bill!
 - The mailing address for those who do not like paying electronically:
**BBS Network, Inc. [Attention: Don]
5167 Toyon Lane
Paradise, CA 95969**
 - A check / money order means all you send is received; using Paypal incurs a fee.

AN OPTION ON HOME PAGE: A BUTTON TO SET UP A MONTHLY SUBSCRIPTION

- T & R:**
- **RENT DUE \$1050 + \$ FOR BILLS;**
 - Help with food, gas much appreciated too
 - Pray for your own abundance, for that of loved ones and also for T & R.
 - Can donate via the Paypal button on the website: 2013RainbowRoundTable.ning.com
 - **Please notify them if you're sending something:** koran999@comcast.net
 - Rama's mailing address for cheques, Money orders: Ram D Berkowitz
1704-B Llano St, # 249
Santa Fe, NM 87505
 - **Phone contact** is via MariettaRobert: 317-773-0061
or by e-mail: stargatemarietta@gmail.com
 - **Remember you can book a session with Mother, as well!**
- MR:**
- Please remember to support MariettaRobert's show, too

Introductory Notes:

- the Gofundme for Rama's operation is doing well: <https://www.gofundme.com/RamaSurgery>
 - **please keep the donations coming & send them to his paypal a/c with a memo -**
 - **\$8,445 is the amount today – a/c of everyone - held up by Homeland Security**
- **CUSTOMER SERVICE # 1- 888-710-8061 For use in case you cannot hear: DON'T WAIT: CALL!!**
- **CONFERENCE CALL: 9 – 10 PM, EST: 1 – 641-715-3650 PIN#: 353 863#**
- **716-748-0044 - use this number to hear the call very clearly: Link is courtesy BBS!**
- Link for the entire program: <http://bbsradio.com/podcast/hard-news-friday-april-22-2016>

HARD NEWS

- have new speakers today! **RB:** sounds really good! T & R thank Marshall for them

R: Spoke with Lady Di, Dodi, LM Nada -

- in the Wesak Valley with a community of 2,500 people, 4 llamas and 2 yaks to make yak butter, yoghurt – no one will eat the yaks as they are vegans
- have Keshe equipment up there – above the timber line; still winter there
- the location does not show up on Google earth: have created a “Bermuda triangle”, an invisibility field, that does not show up in the matrix!

Prince is gone: sounds like something naughty happened – on one radio station, someone said it was an overdose: would have to be someone doing it to him as he did not drugs, was a vegan, no alcohol, no caffeine; sheriff found him dead, alone, in the elevator at his mansion

Happy WESAK, passover at this time!

- pay no attention to the **Presidency horserace – a total farce!**
 - Trying to force Hillary into the position; she's been annointed as a royal in the 13th families: they want Bernie to drop out!
 - **Dodi, Di, Nada:** the world is tired of dynasties: Nixons, Bushes, Clintons, etc
 - Bernie is out of left field – and then to go further: Michelle Obama & Angela Davis: it's about the rising black energy in the US that represents Mother and the restoration of equality of everyone: not about colour of the skin or colour of the eyes –
 - there are people coming in who have electric blue eyes, or electric green eyes: people are here already walking the West Wing, galactics with those kind of eyes that draw you in with overwhelming divine compassion and love – the rich deep blue!
- Spoke to the **snowflake beings in the ski basin**
 - Talked of using Dr Emoto's snowflake images for divine compassion & gratitude – focus on that energy
 - People are using their intuition more & more – they also understand that images are being beamed into the consciousness of all living beings, human, vegetable, mineral ;
 - the crystalline energies are vibrating at the 12th dimensional level and higher

Words to a song, written by Prince Baltimore

Also reads words by Jackson Browne – Lives in the balance

[SEE BELOW]

Audio: Empire Files: Abby Martin Exposes What Hillary Clinton Really Represents

https://www.youtube.com/watch?v=PV_PLCC6jeI

Published on 17 Apr 2016

Digging deep into Hillary's connections to Wall Street, Abby Martin reveals how the Clinton's multi-million-dollar political machine operates.

This episode chronicles the Clinton's rise to power in the 90s on a right-wing agenda, the Clinton Foundation's revolving door with Gulf state monarchies, corporations and the world's biggest financial institutions, and the establishment of the hyper-

aggressive "Hillary Doctrine" while Secretary of State. Learn the essential facts about the great danger she poses, and why she's the US Empire's choice for its next CEO.

<http://multimedia.telesurtv.net/v/the...>

CONFERENCE CALL

- Request to put the last audio / video on the blog
- 47 pages of solid links from Anonymous R posted it in last 2-3 days – didn't copy and paste in right format

Name of Document: need help having people review them

T: reads one of the documents she opened & reviewed - Ap 2, 2011 Francis

Reads: open letter from Anonymous to Hillary

Caller: understands that Rama is adjusting:

R: yes, he is feeling pain. His body – everything is re-adjusting, merging and re-arranging to where it should be: feeling it in the physical – he watches it! Gets shooting tingles which are sometimes really sharp!

Caller's question: friend half open about hearing Hillary is a clone; so why is she running around everywhere – what's the point of making a clone and let her keep running around?

T: there is a requirement not to interfere with free will choice, as people came here to find their way and have that choice. There is also Tita Lacoria who is saying enough is enough, and no-one will be here if she isn't here!

- Today there was an announcement that 170 countries have signed on to the Paris Climate Summit Agreement; part 2 is that they have to go back to their own countries and they have to ratify all the items – Obama will write it off in his executive order as going to his congress won't work! Need 55% of the document to be agreed to by all of the countries: it does not do any good for anything in the environment.
- T is waiting to hear what Kathy Skogna has to say about the Keshe material: had not heard of it

Caller: feels that something is about to rip apart in the matrix

T: has astrology to look at: the Mars Retrograde right in the middle of things

Reading: 2016-04-18 Mars Is Moving Retrograde In Sagittarius & Scorpio: Here's How It Could Affect Your Life **[SEE BELOW]**

R: thinks Prince may have decided it was time to go and help out on the other side along with Len, Harriet and the others. Prince was from the Antares Arcturus midway station in the first place; his role was about a message that everyone has an equal role in this story, does not make any difference whether we have fur, feathers, etc.

Carlton: was not aware of how much Prince invested in causes of justice as per Van Jones
Lots of activity going on around Prince

C: any more intel about what happened: Knew he was vegan, etc – what have they heard?

T: was Prince connected with the Jehovahs Witnesses?

C: yes, and with that belief system, you do not make your good works open. Van Jones got let go from the White House and began the grass roots efforts; just before that Van Jones was distraught and Prince called him, had him out and talked to him: go to Israel and meditate for 2 weeks and then come back and we'll talk, and I'll help you.

- Prince has done lots of pop-up concerts – they are front events for him to do his community work in those cities.

T: he would do the concerts if there were only 30 -40 attendees; he would do it anyway

Raylene: on the radio, said he was channelling songs

T: gave money to the Trayvon Martin family

Raylene: the Oprah interview – he did not want to be on the earth for much longer, but he knew what he came to do – maybe he was not grounded in one way

T: they smell a rat! Lots of icons have been removed lately – Whitney Houston was a sacrifice, and they killed her daughter too. Since they were used by this bunch, they can come back if they want to, or go to another planet or star system. The ability to stay in touch with these things now is phenomenal – they are not gone and dead!

Raylene: just picked up JFK while she was listening!

C: what role did Hillary play in the Haitian relief thing?

T: the entire children's defense fund was her slush fund for a long time; all the foundation money went to their pockets

Rama: brings up Sean Penn and what he did in Haite

T: they used weather modification equipment to make the situation worse: over 1 M people died,
 • Clintons bought up lots of land in Haiti. Gen Wesley Clark and Maddie Albright had much to do with Herzegovina

- Keshe finally came out and announced his equipment that stops weaponry – and leading into the US crashing with the currency in China – the word is “imminent”!

T: There is an enormous amount of seriousness to this – of what is going on in the nuclear dep't and the nuclear fall out which is everywhere.

Ra: what Abby Martin said that is not being talked out is General Electric, Raefeon & other companies which have given enormous amounts of funds to their various super funds and into 501C4 fund that don't have to be revealed: George Soros gave \$25 M to one of her funds!

C: We have to love the clones, too, huh? **T:** Yes, they are still human beings! Mother has been regulating the temperature – massive exodus happening from the planet – these are choices – Sai Baba, Master Deng have ascended many times

T: Barack Obama was on with Charlie Rose and put Rose in his place several times; now in England with David Cameron

Raylene: why doesn't queen let son take over – but we don't want this either

T: sees Clinton on tv – looks worse each time – in answer to a comment, there will be no more clones brought back !!! This is the end of the game. Even though they don't think so.

- Natasha told Rama that Prince knew about the fake alien attempts and was getting ready to squawk about it – why they took him out.

Ross: why would he tell anyone he was going to do this? **T:** he didn't tell anyone – they knew and just killed him.

BBS RADIO

MOTHER SEKHMET / ALCYONE [M / A]

Greetings in the Light of the Most Radiant One; In the Office of the Christ and only in the Office of the Christ, we invoke the loving energies of St Germain and the Violet Flame.

Greetings, Children of Ra:

Indeed, that junk DNA is what all are not expecting us to wake up to, and she / A can say with great certainty that this is about something called the Force, where the mitochondria are calling the shots, and serendipity is the order of the day, that divine pathless path. And as we are going about our daily activities, moving from what seems like 3d into 5D and higher, we are already in the higher realms, and the junk DNA is already up to speed in our bodies: so as we think it, therefore it is, and it is happening faster and faster. It is causing great consternation for some who are not sure if they are totally losing it, or if they have finally made it to what they can determine is enlightenment.

- Yet what M/A can say about it all – when we think we have reached nirvana, enlightenment, we have light years upon light years of quantum fields to go where we know nothing. It is the sound of one hand clapping, the great sound; that is the great sound where we are in the space of no time, that's when it all gets in and this is happening for so many right now.
 - It is a paradox of galactic proportions: how do you fit it into how to conceive the next step. What we might think - we are there – that is no spoon; it is as we aware of our junk DNA, the junk DNA already taking care of the next evolutionary leap in consciousness light years before conscious mind can catch up
 - It is so fast and at the same time we are catching up in consciousness. Do not beat yourself up as this all sounds a bit convoluted: it is complicated, yet is it simply about the quantum mechanics of how we go from what we can say is flesh and bone, that becomes that spark that becomes crystalline energy and on our way to becoming a physical sun – already that is happening for so many.
 - It is quite a challenge to think of ourselves as a physical sun, yet it is within the reality of who and what we are. It is happening as we are speaking: her children do not want us to wake up – it is still about the veil – the rising tide of the millenials of what has been said now; it is what Bernie is saying: when this one 1/16 of 1% dictates how the rest of the world is to do their business, matters of state – there is a big issue. This is where Elizabeth Warren, Bernie and many others

T: Maxine Watters stuck her nose out there a little bit: says she wants to wring Hillary's neck – putting it mildly!

M/A: The issue about how these ones have made their money from the interplanetary death merchants is at an end and they still want to play with the frayed ends of the rope, and they cannot even see they are hanging themselves with it . That is why the snowflakes told Rama today to focus on divine compassion and gratitude of the highest order for all these life forms.

- As the resident frequencies are so gigantic they affect every living consciousness no matter whether it is animal, vegetable, mineral: all have a role to play in this divine story.

We are moving very rapidly into divine crystalline now – that frequency is radiating out like someone rang the dinner bell – a clarion call that cannot be stopped now; they have heard the bell: it tolls for them. They have made their choices,

- The sun shines on everyone and it does not make choices, and now the sun shines on the Aboriginal Moabite Nation where black is the prominent order of the day, and the issues at hand are coming very much into front and centre and we still have to discuss and cuss if Mubia Amu Jamal deserves the death penalty.

T: he is not on death row any more – life time imprisonment remains – but he didn't do it

M/A: It's about this class warfare of consciousness; that is why the transfiguration, transformation of all living life is in flux; the junk DNA has kicked in and people are using their abilities and it is affecting the reality. They, her children, are extremely worried about exposure. They cannot continue the fake stories of supporting the international death merchants – cannot go against love. This is the order of business of the day

- As each moment is passing, more and more are coming forward to be brought front and centre as the largest story is about in this so-called country of the bastion of freedom as it is called – the USA – the dream that in our lifetime, these temples of the living goddess, everything free in America, you want to come to America, the dream - yes the dreamers do have a true vision here –

- What is being overlit in this process is the fact that the Beloved Ascended Master St Germain and his plan called New Atlantis is being made manifest as we are talking and they cannot stop it, not one iota. The 13 families do not want this to be talked about, yet it is more and more coming into front and centre; the focus of what Bernie is bringing to the conversation –

- He is not out of it at all; just taking a little moment to re-align the frequencies as we move into this realm of the stories about the dragon lady and her hubby which will take them down. She cannot hold an office – must understand, overstand, inner stand that Bill rescinded his oath of office: she did not – still a member of the bar, therefore she is not qualified to serve; she is not a citizen of the soil therefore disqualified against all the other issues at hand - like criminality – makes Lex Luther look like a school girl.

- It is in this moment is about sending these life forms love, even though they would choose to wipe us out without a thought; it is about divine compassion, gratitude, grace though they would give us a number with a white star on our chest - and bear in mind, the only camps that are in existence are for them, not us – the shoe is on the other foot now!

T: Can also do that on the galactic level

M/A: Indeed, and that is the first order of business and they will entertain that **right now**, in this nano second, that they have nowhere to turn except to their heart space and that is the last place they will go

T: They don't have the ability any more – they weaned it out of themselves, right? Chose power and control and greed over love, and love prevails so they are setting them up in plain sight for an Abby Martin to come along and say "Take a look at this angle!"

M/A: Is this what you would have the Commander in Chief to have the supposed launch codes?

They don't think so!

T: that is all over – none of them will get that!

M/A: Let us call it what it is: the return of the goddess: she is black; she is beautiful; her name is Michelle Obama. The return of the goddess is in this sotyr here How this gets revealed to the people – a key issue that plays into this is Lady Master Oprah, yes she is a millionaire, but she also represents the Moabite nation; also Rev Al and Rev.Jesse Jackson: yes, he is guilty of – he is a person of great interest to the F 3 White knights, implicated in the murder of Dr King; he watched Ralph Abernathy do it ; the truth will come out and we can go many directions with this cussing –

- the major sin is how we get in the way of each other and of people going home, and there is only one way – UP – through the heart space, the high heart – when you can look at someone, like former Secretary Henry Kissinger and have the divine compassion of Mother Theresa and sit with him and pray peace and give him all the divine mercy and gratitude he needs to take himself out – don't have to do a thing – the mitachlorians, the force – if you use the force in the wrong way like what you saw Kyle, Vader - cannot play with the forces of creation and think you are a master – you will be mastered and that is how we are in divine service to the Most Radiant one, that higher place inside Self -
- It is what we all are looking for- the conversation with God - Hi, Goddess! So easy and simple as we come like the Divine Child that does not have boundaries, barriers – we just see the magnitude, magnificence of Creation and we jump headfirst into Creation and all we experience is that ecstatic joy, being able to fly with the fairies, the angels, the archangels, the ants, Tree beard and his crew of shepherds - it is so magnificent, the beauty of beloved Gaia/ Vwyamus on this Earth Day. Even yet , send more divine compassion, gratitude for the earth: in a sense, her heart beat because they are still playing with the multi-national death merchants that have made technologies that wipe out cities, villages like parts of Aleppo that look like Mordor

T: isn't the weaving of the higher energies cancelling out this other piece?

M/a: That is what the snow flake people told R that as you work with the snowflake image of Dr Emoto and radiate that image into the hearts and minds of every living being, they resonate with it the cells are nourished, there is no want, there is only the palce where I am satisfied to be in the moment and just sit and do the Omni Padma Hum [**SEE BELOW**]

- just repeating the sound frequencies that build up the standing columnar waves, the scalar waves – everything is built of these waves, frequencies variations on a theme of resonance, magnitude and how they interact with each other;
- it is the harmony of the spheres, magnificent concerto that is worthy of Ascended Master Lord Kuthumi's hand to write this concert of concerts
- It is being played on the grand stage on the western spiral arm of the Milky Way Galaxy for all to see; and this concerto of concertos - the dark ones are hearing this music which is gaining in volume and frequency and they cannot stop it and it is maddening to them and they cannot figure out how to stop it, and it eventually takes them out with grace and it is not about an ugly pool of goo on the floor – it is about merging in consciousness with Omni Padne Hum – it goes out upon the waves across universes upon universes upon universes – that bell that is calling us to holy dinner is what is being done in the moment now.

- we are so grateful that it is the force which has taken up the slack whether we know it or not, or believe it or not. The highest form of service we can do in this moment is share the good news of Lady Master NESARA: what Bernie is bringing to the table – we cannot continue to have mega corporations and multi national death merchants pick pocketing each third and putting it where they think no one will see - break up the big banks, level the fields and pass it all around via NESARA and divine brotherhoods, sisterhoods, all the ascended masters of the higher orders are here; the legions upon legions, upon legions of heaven are here –
 - if she were to show us all that is behind the curtain: it is not even a fair discussion as we have already won! The 13 families should pack it up and call it a day – OK, put the shackles on, I'm done.
 - If they were to uncloak enmasse – for some like Momand Pop in Kansas it might be too MUCH for their heart frequencies to grok how big this story is: they might want to leave because their frame of reference, vantage point of how to conceive a new vantage poin, view point – when we look at it through the view of the Force, they are outgunned, out numbered with no place to go except to the heart and that is where they will not go. There is no judge and jury out there, it is only in here [the heart]
 - When we have to put ourselves into a comatose state to sleep at night because of the crimes you have done against humanity **T:** how does this woman sleep?

M/A: she has a medical team around her like Dick Cheney; at a certain point, they show up with IVs, the machines, put the clone into stasis for a few hours so it does not shut itself down completely, and then figure out how to turn it back on. It is a shameful state of affairs but love them even more because we have already won.

- What she has to discuss tonight may not sound like much but on this particular Eve of Wesak Festival when Padma Sam baba, Quan yYn, Buddha, come in to share the simple wisdom of clear mind: as we go to that place of Clear Mind, there is no sound just the sound of One Hand clapping – that sound is a frequency that resonates around all the 7 super universes that begat the spark that turns this living flesh and bone into gold dust that flows through the veins. It is that easy

T: asks for a little toning: she wants the energy of the heart and the mind to merge so much into love right now, and the energy for Bernie and for those who know what they need to do to hold this one accountable. Everything seems to be necessary right now.

M/A: It is very necessary to have closure – since 9/11, and since Jack [JFK] was supposedly removed and the story about them [galactics] did not get told except the one about the day the earth stood still and the gloomy story about ET s eating your brains out. –

- they [the galactics] are about joy, ecstasy, orgasmic love that comes with the place of meeting yourself – it is like meeting your Twin flame in this moment.

TONING

- Greetings in the light of the most radiant one . . . kadoish, kadoish, kadoish; Adonai sabbaoth
 - Remember we walk with you as jaquar medicine woman; when you least expect us, there we are! Love all that you do in this moment; we have already won! Namaste!

R: He has been at Serpent Mound, was standing on a portion of it, just watching the waves of energy come out of Serpent Mound – violet, green, blue like the blue green orbs he always sees – hundreds and hundreds of the blue green orbs came out of the mound and went into the sky and shot out to various points across the nation and the planet. The message was we are upliftng everything – even in the darkest moments, we watched a great being called St Prince leave, but he is not gone: it's about the sound of his soul matrix which is so unique – it's the lifitng of the heart

T: Our work has just begun, and we are realizing more joy

R: feels himself being stretched: has no words to express what he is feeling; whatever they are doing to him in the scheme of things, he is being stretched – it is a joy and at the same time, suffering is optional.

AUDIO: HBO Real Time Guests: Friday Apr. 22, 2016



The Interview:

Lawrence Wright has been a staff writer for The New Yorker since 1992. He is the author of several books, including *The Looming Tower: Al-Qaeda and the Road to 9/11*, which won the 2007 Pulitzer Prize for General Non-Fiction. **Twitter:** [@lawrence_wright](https://twitter.com/lawrence_wright)

The Panel:

Charles Cooke is a writer for the *National Review* and author of *The Conservatarian Manifesto: Libertarians, Conservatives, and the Fight for the Right's Future*, now out in paperback. **Twitter:** [@charlescwcooke](https://twitter.com/charlescwcooke)

Lesley Stahl is currently in her 25th season as a Correspondent for CBS *"60 Minutes"* and is the author of *Becoming Grandma: The Joys and Science of new Grandparenting*. **Twitter:** [@LesleyRStahl](https://twitter.com/LesleyRStahl)

Van Jones is the founder of [The Dream Corps](#) and a CNN contributor. He is a senior fellow at the [Center for American Progress](#), where he focuses on “green collar jobs” and how cities are implementing job-creating climate solutions. **Twitter:** [@vanjones68](#)

Mid-Show Interview:

Thomas Middleditch plays tech entrepreneur Richard Hendricks on HBO’s “[Silicon Valley](#),” which is premiering its third season on April 24th. **Twitter:** [@middleditch](#)

Audio: completion of Abby Martin

Audio: Max Keiser [KR904\] Keiser Report: Marquis de Sade & Modern Bankers](#)

[April 21, 2016](#) <https://youtu.be/GneZBLC65SM>

We discuss how the Marquis de Sade would approve the modern banker for their joy of making off with the substance of others. We also look at Deutsche Bank turning on their co-conspirators in gold and silver rigging and they also cover the New York pension funds telling hedge funds to ‘shove it’. In the second half Max interviews Arthur Hayes of [Bitmex.com](#) about making leveraged bets on China with bitcoin without being Zhou Tonged.

Audio: Laura Flanders Show

<http://www.lauraflanders.com/?video=czzohXCyYeE>

Making sense of the election season with an historian. From Confederate monuments and the Black Lives Matter movement to election politics and utopian communities, Foner discusses today’s politics through the legacy of the past, and Laura takes a new look at a hundred-year-old proclamation. Foner is DeWitt Clinton Professor of History at Columbia University, is one of this country’s most prominent historians, and the foremost expert on the civil war and reconstruction. He is the author of more than 20 books, including many classics, such as **Free Soil, Free Labor, Free Men: The Ideology of the Republican Party Before the Civil War; Nothing But Freedom: Emancipation and Its Legacy;** and **Reconstruction: America’s Unfinished Revolution, 1863-1877.** His most recent book is **Gateway to Freedom: The Hidden History of the Underground Railroad.**

The F Word: <https://soundcloud.com/lauraflanders>

“Concentrated Media Power is Real Power: We’ve Let Markets Rule the Public’s Airwaves”

Reading: The Cat’s Meow

Closing: Rainbird

Music: Rumi: I want to sing like bird’s sing
Louis Armstrong: What a wonderful world!

INFORMATION RELATED TO THE NOTES

2016-04-29

Om mani padme hum

From Wikipedia, the free encyclopedia

Om mani padme hum
The mantra in Tibetan with the six syllables coloured



Om maṇi padme hūṃ^[1] (**Sanskrit**: ॐ मणिपद्मे हूं, IPA: [õːː ɳ ː h̥ ː]) is the six-syllabled **Sanskrit mantra** particularly associated with the four-armed **Shadakshari form** of **Avalokiteshvara** (**Tibetan**: འཇགན་འབྲུག་པཎ་ལས་ཀྱི་སྐུ་འཕགས་ཀྱི་འཇམ་མཐོན་པོ་ལྷ་སྐུ་ *Chenrezig*, **Chinese**: 觀音 *Guanyin*, **Japanese**: 観音 (かんのん) *Kannon*), the **bodhisattva** of compassion. The first word **Om** is a sacred syllable found in **Indian religions**. The word *Mani* means "jewel" or "bead", *Padme* meaning the "**lotus flower**", the Buddhist sacred flower, while *Hum* represents the spirit of **enlightenment**.^{[2][3]}

It is commonly carved onto **rocks** or written on paper which is inserted into **prayer wheels**. When an individual spins the wheel, it is said that the effect is the same as reciting the mantra as many times as it is duplicated within the wheel.



outside

"om mani padme hūṃ", written in **Tibetan script** on a rock
the **Potala Palace** in **Tibet**



Khyongla Rato Rinpoche teaching on "**Om Mani Padme Hum**" on
September 22nd, 2014, at **The Tibet Center**, NYC

14th Dalai Lama

"It is very good to recite the mantra Om mani padme hum, but while you are doing it, you should be thinking on its meaning, for the meaning of the six syllables is great and vast... The first, Om [...] symbolizes the practitioner's impure body, speech, and mind; it also symbolizes the pure exalted body, speech, and mind of a Buddha[...]"

"The path is indicated by the next four syllables. Mani, meaning jewel, symbolizes the factors of method: (the) altruistic intention to become enlightened, compassion, and love. [...]"

"The two syllables, padme, meaning lotus, symbolize wisdom[...]"

"Purity must be achieved by an indivisible unity of method and wisdom, symbolized by the final syllable hum, which indicates indivisibility[...]"

"Thus the six syllables, om mani padme hum, mean that in dependence on the practice of a path which is an indivisible union of method and wisdom, you can transform your impure body, speech, and mind into the pure exalted body, speech, and mind of a Buddha[...]"

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Thoughts to be had whilst chanting, transcribed in simplification keeping essence:

Being and non-beings proliferate loving compassion and indivisible intelligent equanimity; Om Mani Padme Hum.

That is the natural ubiquitous pervasive force of consciousness. These frequencies are in the Sanskrit tongue, act as a harmonic sound resonance against blocking energy, or sleeping energy. Plants reflect this action as well because of the phonetic strength of vibration that is stimulated by natural pronunciation.

—H.H. [Tenzin Gyatso, 14th Dalai Lama](#), "On the meaning of: OM MANI PADME HUM"[10]

PRINCE LYRICS "Baltimore" (feat. Eryn Allen Kane)

[Eryn Allen Kane:]

Baltimore

[Prince:]

Nobody got in nobody's way
So I guess you could say it was a good day
At least a little better than the day in Baltimore
Does anybody hear us pray
For Michael Brown or Freddie Gray?
Peace is more than the absence of war
Absence of war

[Prince & Eryn Allen Kane:]

Are we gonna see another bloody day?
We're tired of the cryin' and people dyin'
Let's take all the guns away

[Prince:]

Absence of war, you and me
Maybe we can finally say
Enough is enough, it's time for love
It's time to hear
It's time to hear the guitar play, guitar play
Baltimore, ever more

If there ain't no justice then there ain't no peace
If there ain't no justice then there ain't no peace
If there ain't no justice then there ain't no peace
If there ain't no justice then there ain't no peace

[Prince & Eryn Allen Kane:]

Are we gonna see another bloody day?
We're tired of the cryin' and people dyin'
Let's take all the guns away

If there ain't no justice then there ain't no peace
If there ain't no justice then there ain't no peace
If there ain't no justice then there ain't no peace
If there ain't no justice then there ain't no peace

We have to interrupt the regular scheduled programming
to bring you up to date on a developing situation in Los Angeles
www.azlyrics.com/lyrics/prince/baltimore.html

JACKSON BROWNE LYRICS

"Lives In The Balance"

I've been waiting for something to happen
For a week or a month or a year
With the blood in the ink of the headlines
And the sound of the crowd in my ear
You might ask what it takes to remember
When you know that you've seen it before
Where a government lies to a people
And a country is drifting to war

And there's a shadow on the faces
Of the men who send the guns
To the wars that are fought in places
Where their business interest runs

On the radio talk shows and the T.V.
You hear one thing again and again
How the U.S.A. stands for freedom
And we come to the aid of a friend
But who are the ones that we call our friends
These governments killing their own?
Or the people who finally can't take any more
And they pick up a gun or a brick or a stone
There are lives in the balance
There are people under fire
There are children at the cannons
And there is blood on the wire

There's a shadow on the faces
Of the men who fan the flames
Of the wars that are fought in places
Where we can't even say the names

They sell us the President the same way
They sell us our clothes and our cars
They sell us every thing from youth to religion
The same time they sell us our wars
I want to know who the men in the shadows are
I want to hear somebody asking them why
They can be counted on to tell us who our enemies are
But they're never the ones to fight or to die
And there are lives in the balance
There are people under fire
There are children at the cannons
And there is blood on the wire

<http://www.azlyrics.com/lyrics/jacksonbrowne/livesinthebalance.html>

2016-04-18 **Mars Is Moving Retrograde In Sagittarius & Scorpio: Here's How It Could Affect Your Life**

by [Carmen Di Luccio](#), *Collective-Evolution*

Mars is retrograde from the period of April 17th to June 29th. This occurs every two years on average and it is the least common of all the retrogrades.

When a planet goes retrograde, it appears to be moving backwards from our geocentric (Earth-based) perspective. Technically it is not really going backwards, but it appears that way due to the positioning of the orbiting path of our planet and the retrograde planet.

Retrograde motions represent a process of reworking how we orientate ourselves with the themes and energies of that specific planet. The most noticeable retrogrades are those of Mercury, Venus, and Mars.

Mars: Assertion, Willpower, Courage, Desires, Aggression, and Anger

Mars is a male planet that represents how we 'take action' in our lives. It is a driving force associated with our forward momentum in achieving our goals and desires. When it goes retrograde, it is a time for us to go back and make the necessary changes so that we can proceed forward in a much more clear, strong, and functional way.



The events and circumstances that have happened from February 17th – April 17th will play a central role during this period of reworking our own Mars energy. Any new initiatives we have put in place during that time may face challenges and cause frustration during the retrograde period occurring until June 29th.

We need to be aware that it is necessary to identify and reflect on these challenges so that we can later proceed into new territory in a more empowered way after June 29th. The retrograde period is not a good time to start anything that is completely new, but in some cases it can be a good time to start or revisit an idea that had been conceived prior.

This period can be more complicated for people who are very assertive and not reflective enough. It could manifest as 'inner tension'. This will especially apply to most people born under the Mars-ruled signs of Aries and Scorpio, as well as others who also have a strong Mars energy (indicated by ones natal astrology chart).

Also, most people born between November 14th/15th and November 29th/30th will also notice its effects more strongly as well. Alternatively, those born during Mars retrograde (less than 15% of the population) may actually find this period to be more productive for them

It is important to observe the feedback you get from the Universe to get a clue into what changes you need to make in order to empower yourself towards a stronger future.

Mars Starts Retrograde in Sagittarius-Conjunct Antares, then in Scorpio

Mars starts its retrograde motion in the sign of Sagittarius and will also be aligned with the star Antares of the Scorpio constellation. This is a major star as it is one of the brightest that is visible to us here on Earth. It is red in colour and has similar properties to Mars. Antares is associated with intensity and extremes, power and control, as well honours and success. Mars turning retrograde at this point represents the need for us to go back and make the changes we need in order to attain the success indicated by this star.

Sagittarius is about exploration, expansion, experience, perspective, teaching, travel, philosophy, publishing, sales, and marketing. Here, Mars wants to go on an adventure and explore new territory, but before we can venture in this direction, we need to rework the way we embody the Mars energy.

Mars returns into Scorpio on May 27th and for this part of the retrograde period we are gaining new awareness about what needs to be changed in the way we assert power, share values and resources, and express sexuality. Scorpio is also about our fears, losses, secrets, and the darker aspects of our lives. This specific retrograde is an opportunity to reflect and shift how we convey ourselves in these areas.

Pluto in Capricorn also starts retrograde motion around the same time as Mars, which really emphasizes the Scorpio and Antares themes of power and control and the need to rework that to achieve a positive shift in the structures of our lives. This is also indicated by Mars's conjunction to Saturn following the post-retrograde period in August.

What to Reflect on During Mars Retrograde

Are you asserting yourself appropriately in your life? What are you being shown by the Universe? How are people responding to the way you take action? What do you need to go back to and change in order to proceed with your goals and aspirations? Which of your past decisions, ideas, or initiatives should you now experimentally proceed with?

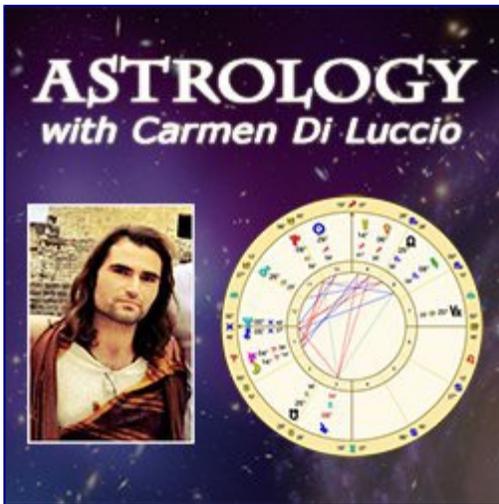
These are some examples of what to reflect on during this time. From June 29th – August 22nd we will be able to proceed with the Mars energy in a way that is more confident and reworked based on our experiences from now until then.

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Receive future articles by Carmen Di Luccio by [clicking here to join his mailing list](#). Carmen also offers personalized astrology readings/consultations based on your exact birth date, time, and location. [Click here](#) for more information. [Carmen Di Luccio](#)

I am a professional astrologer and available for personal readings. I've been passionately studying astrology for almost a decade and I love it! It is a great tool for me to help guide others on their journey towards self-actualization and personal growth. I am also a public speaker and I do workshops in the Toronto area. Other interests of mine include superfoods, crystals, and love to

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<http://www.collective-evolution.com/2016/04/18/mars-is-moving-retrograde-in-sagittarius-and-scorpio-heres-how-it-could-affect-your-life/>