

Adopt a politician Guidelines:

- Always show respect for the public office. Treat everyone with courtesy, even if they should become abusive or try to provoke you. It is always an option to say “Thank you for your time” and walk away.
- Always represent FredPats in a dignified and professional manner, dressing and speaking appropriately for the occasion.
- Deal with issues and not personalities.
- Never become combative, abusive or threatening in any way. Never resort to violence, threats of violence, or physical contact of any kind. Avoid any appearance of prejudice of any sort.
- Know and stick to the facts, and persuade through reason and not raw emotion. Do your research. Don’t necessarily believe e-mails or information until you have checked the facts. You can ask for information from the appropriate Legislative Watch or Issues Watch committees.
- Since we are a grassroots organization, please do not state that you are an official representative of Fredericksburg VA Patriots. You are part of a volunteer group that is monitoring the elected officials in order to report back to Tea Party members so that they can make informed decisions.
- Stick to these core values, not your own personal pet peeves or hot button issues:
 - Constitutionally limited government
 - Fiscal responsibility
 - Free markets
- You should not volunteer to monitor any official with whom you have a prior negative or personal involvement.

Remember that you are representing more than your own views; you are representing the Fredericksburg VA Patriots, a group of patriots who are counting on you to gather legitimate information on which they can base important decisions.