

## **Timetable and Programme for the 2017 Soul-Voyagers Network Annual Retreat**

**Arrive from 10.00 am for lunch Friday 27th October and leave  
after lunch on Sunday 29th October 2017  
Charney Manor, Charney Basset, Oxfordshire OX12 0EJ**

For those of you who can join the 2017 Annual Retreat our theme this year is

### **‘Varieties of Transpersonal Experience’**

Together we will sound a note, invoke the transpersonal and invite the journey to unfold.

Mysteries of consciousness, of subtle energies, of ancestral work, imaginal and shamanic journeying, inner dialogue and contemplation, and outer expression as individuals and in relationship.

Our presenters this year are once again Soul-Voyagers members gifting their energy and experience to offer presentations and workshops based on their personal transpersonal exploration, training and research. At the same time feedback from the last retreat is encouraging us to delve into the rich transpersonal experience of all the Soul-Voyagers members present, and create an encounter where this can be shared.

### **Programme for the Soul-Voyagers Annual Retreat**

#### **Friday 27th October 2017**

**Arrival 10.00 am - 12.30 am**

12.30am - 1.30pm **Lunch**

2.00pm - 2.30 pm

**Walking Meditation** - We will be led in silence in a walk around the grounds (weather permitting) connecting with the earth energies of this sacred space.

2.30pm - 3.30 pm - **Welcome to the Gathering - led by Ingeborg Borst**

Once again we pitch our Soul-Voyagers tent in the Solar at Charney Manor and gather for our meeting. We invite you to bring a talisman to place on the alter for the duration of your stay, and welcome everyone to share something of their journey through the past year.

To encourage transpersonal energy to flow we will share our experiences in small groups formed randomly through ‘cosmic pick’ thus giving us the possibility of a ‘cosmic surprise’!

3.30pm - 4.00pm **Tea**

4.00pm - 6.00pm **Mika Hadar-Borthwick BA, MSTAT, CST, SYT - Aura Balancing**

Mika was born to a lineage of Hasidic healers and has seen and felt energy fields since childhood. Mika trained in a variety of systems including Yoga, Jungian work, Alexander Technique, Buqui, Chi Gung and Cranio-Sacral Therapy. At the heart of her work is a deep understanding of our subtle bodies and of ways to work with the aura. Mika has developed ways to stabilise body and mind and harmonise the energy system, composing a teaching programme of subtle yoga therapy and subtle Integration.

6.30pm - 7.30pm **Supper**

**7.45 - 9.30pm (In the barn) Pam Douglas-Smith (via Skype from the USA) - The Enchanted Map - Where are you on your Spiritual Journey?**

*Pam is an ordained Unity minister who currently serves at the Unity Spiritual Enrichment Centre in Port Townsend, Washington, USA. Pam has spent a lifetime studying metaphysics and mysticism, especially the Mysteries of the Grail, Magdalen and the Mystical Cathars. We live in a time of the re-emergence of the Hidden Streams of Gnostic Mystical Christianity with its deep soul wisdom reflective of the Great Mysteries. Esoteric scholars Joseph Campbell and Carl Jung find the legends of the Christian Mythos and the Grail to be numinous doorways into our soul journeys.*

**Saturday 28th October 2017**

8.00am - 8.30am Optional walking /silent meditation

8.30am - 9.30 am **Breakfast**

**9.45am - 1.00pm Jen Kershaw - The Ancestral Wild Wood**

Jen Kershaw is a UKCP registered psychotherapist presenting for the first time the story of helping a group of traumatised slave women. Jen experienced this throng of women accompanying her on her journey home after the project in ancestral healing she ran for a year in Liverpool came to an end.

As part of this workshop you will be invited, nearer the time, to identify an ancestor, who seems to be in need of healing, and with whom you would like to work to help him or her move on.

Help will be given so that you can facilitate this even if you have not done such a thing before.

The work will be experiential, and there will be both pair and group work, culminating in a ritual for release.

**(Coffee will be available at an appropriate time during the workshop)**

1.00pm - 2.00pm **Lunch**

2.00pm - 2.30 pm For the Steering Group and Elders pre AGM meeting in the Library  
Everyone else free time until 2.30 pm

**2.30pm - 3.45pm AGM/ An Appreciative Enquiry - Led by Suzanne Ross**

*All present are included in planning for the coming year.*

*There will be a briefing paper to read in advance giving feedback from the Steering Group on the year's work, and ideas for discussion at the AGM.*

3.45pm - 4.15pm **Tea**

4.15pm - 4.30pm **Non Davies 'A Tent of Blue'**

4.30pm - 5.30pm **Mary Haskins - Grandmother Group**

6.30pm - 7.30pm **Supper**

7.30pm - 9.30pm - **The Sacred Funk Trio**

We will celebrate the transpersonal with a journey into the spirit world of the Yoruba through a soulful infusion of jazz, celtic, classical and funk music produced by Lekan Babalola (percussion), Kate Luxmoore (clarinets) and Reuben Reynolds (guitar). Kate has joined Soul Voyagers because of her deep interest in Ancestral Healing, and she and Lekan follow the Ifa-Yoruba spiritual path. Lekan is a Babaluwo (initiated as a priest) in this faith.

## **Sunday 29th October 2017**

8.00am - 8.30 am Optional walking/silent meditation

8.30am - 9.30am **Breakfast** (Please clear your room after breakfast)

10.00am - 12.00am **Ingeborg Borst - Transformational journeying**

Ingeborg is an experienced psychotherapist (E.A.P), herbalist, shaman and NLP mastertrainer. She has run successfully a psychotherapy practice for more than 20 years and taught in international institutes all over Europe. She has helped people to gain insight in their skills and into their own resources, supporting their development in how to accomplish personal growth. By using shamanic techniques integrated in hypo-psychotherapy she is able to perform deep healing on many levels.

In this workshop she is taking you into the world of different realities, to experience how to journey - for yourself or a client - and to use your unconscious resources. Remember "you know much more, than you think you know".

**(Coffee will be available at an appropriate time in the workshop)**

12.00am - 1.15pm **Concluding Ceremony - Led by Pauline Compton Tough**

Time to break up the tents, pack up for another year, say goodbye and prepare to leave.

What has been our experience of invoking the transpersonal?

Will our transformation and integration of everything we have learnt change the way we look at the world - our world?

Are we nourished, inspired and full of hope to help create another more peaceful world?

Our talismans from the altar remind us that everything we learnt is going home with us, and that we are looking forward to meeting again another year.

1.15pm - 2.15pm **LUNCH - then departure**