

The Power that Constructs and Forms Man and the Universe.

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The question is often asked, "What is the greatest discovery of all the ages?" The answer is that it is the discovery of steam or electricity or the radio or the phonograph or some of those discoveries that the natural man can apprehend.

But it always comes to me that the greatest discovery is the creative power of man's mind. That is, the formative power of thought. No other discovery is equal to that because it is the source of all activity, all consciousness, and everything that appears from your

body to the great universe around you came from the creative formative power of Mind, and that is thought.

We are constructing that which exists in the Infinite Mind. That is, we are giving the law through which the one Mind expresses itself from the unmanifest to the manifest. People frequently say, "Well, why do you study the details of creation? Why not accept the whole thing on faith and trust God to work it out?" Our answer is, "That God is Mind. <sup>That</sup> Mind is working out a great problem and that man is part of the problem. He is a co-worker with the Infinite Mind,

and to be a co-worker he must know how Mind works. He takes his part in the great work. Jesus said, "The Father worketh hitherto, now I work." And he also said, that he beheld what the Father did and he did in a like manner what the Father had worked out. So if that was true of Jesus, it is true of everyone of us. And as we study the man, the real man and the effect of the mind of man we find that thought is working constantly and bringing forth results in our minds, in our bodies, in our affairs. If this be true that our minds ~~show~~ <sup>through</sup> our emotions, produce effects upon our bodies, we should see to it that ~~those~~ <sup>those</sup>

effects are constructive instead of destructive. How shall we know the law of thought activity? Well, by studying and by asking of the one Mind what that law is. So we have through inspiration and intuition and experimentation found that there is a law of God; that we as a race have reached the place, where we must understand the law of Mind, where we must know how to use this power because we are using it <sup>in</sup> destructive ways and getting results of our misuse. We are to know the truth and the truth shall set us free. So it is up to everyone of us to know the law by and through which the mind works.

What is the foundation of that activity which we call the power of thought? Why, it is to know the Principle, that we have taken up in previous lessons. There is a realm from which man draws ideas and those ideas entering into his mind form the foundation of his thought. If he practices what we call the silence, he makes contact with that realm of ideas and those ideas are showered upon his consciousness and he can only use what he can radiate through the power of his thought. Man has been presented to me in a symbol which I might call the ~~prison~~<sup>prism</sup>. Our scientists/<sup>discovered</sup> that the ray of light contained

all the colors of the rainbow and in order to break up that ray of light into those component parts, the ray had to be passed through a ~~prison~~<sup>prism</sup>. That ~~prison~~<sup>prism</sup> broke up the potentialities of the white ray of light and reflecting<sup>ed</sup> on the screen, there they found all the colors of the rainbow. Well now man, represents that ~~prison~~<sup>prism</sup>. The white light of the spirit comes into man's consciousness and lives differentiated ~~he~~ throws out into the visible world the various colors, the seven colors, the primal colors of the rainbow. That's only a part of the great work, of course, which the mind does. But

if you could think of yourself as the clear prism without a flaw and that this white ray of the divine Mind was coming in through the top ray and focusing upon what is called the pineal gland. That is the eye of faith. We are told by physiologists that it is right in the center of the brain, this pineal gland, and it is like a half opened eye. They assume that some way in our ~~revolution~~ we once had a third eye and ~~they thought~~ <sup>that</sup> that third eye gave us sight in every direction. Like a fly, we wouldn't have to turn our heads around to see behind, or turn sideways to see things on the right or the

left. But that all seeing eye in us has been closed over for some reason and through the return to our primal all-seeing state, we are having these partial illuminations.

You may not realize it, but sometimes when you are in the silence, you feel like there was an electrical glow all about you. Sometimes it gets into your system, you feel the thrill of a higher life. You seem to be lifted up and carried on the very ethers. Now that is the descent into the consciousness of this white light. But you find that you have to interpret that, you get the idea but it is

given to you to express those ideas and this expression is quite a problem. We are, in our first illumination by the spirit, wonderfully lifted up, stimulated, and we think, "Why, I've got the whole thing. Everything is mine now." But as you go on in your development, you will find that unless you incorporate that white ray, that light into your consciousness and give it place, give it part of your very organism, it will dwindle away. Some people live in that light for a time and then they lose it and they wonder why. It is because they really haven't thought into it, they haven't made it a part of them-

selves. Now that is the great secret of a well balanced development.

We must think out these propositions. In other words, we must become

conscious, we must become aware of the God Mind and in that way we

build into ourselves, the divine <sup>ideals</sup> ideas and they become part of the

man. Now that is the creative power of our own thought, and as we

radiate this white light why it becomes to us <sup>as</sup> an energy, there is such

a thing as thought transference. Our thoughts go out and <sup>effect</sup> ~~the best~~ of

<sup>other</sup> the people you feel the radiation of those with whom you associate.

And as you begin to develop in soul consciousness, you become more

and more sensitive to that. Some metaphysicians become so sensitive that they get nervous when they come in touch with what might be called adverse or discordant radiations. If an angry person sends out a thought why they feel it. If there is discord or inharmony in a house, they feel the atmosphere of it. Now if you don't know the positive whole of your being, you let that sensitiveness carry you away. That is, you become so sensitive that you can't live comfortably in the world. What are you going to do about it? Some people think that that is a form of spirituality. So it is, in one

way, but if it withdraws your comfort, it isn't really good for you.

You have within you a positive power that will so poise you in this

God-Mind, this white light, that the radiations of other people and

~~adversaries~~ <sup>atmospheres</sup> in houses or in places will have no effect upon you what-

ever. Now that is part of the thought development in the christian

metaphysician. He must so poise himself, so establish himself in

the Christ Mind.—We call this white light the Christ Mind.—This is

the light that shines frequently in the darkness and the darkness

comprehends it not. But by opening your understanding you do com-

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prehend it and incorporate it. You become it, and that is the on-going of the soul, through the use of the mind.

Now the natural man is rather incredulous, rather skeptical about the power of thought. He will admit that his thought moves his arms, his legs, but he won't admit that it has anything to do with the movement of his digestion. It does, it effects the digestion. What we call the subconscious activities of the mind are affected by the conscious mind. The thoughts that enter into your mind affect your digestion, affects your circulation. Your heart is ruled by

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your mind, but not altogether. That movement may have been active at some period in your development and has become subjective. But under certain conditions, under certain emotions, your heart will go pit-a-pat, won't it? It stirs right up. You say, "O, I feel my heart thumping." Why? Because your mind has had a thought of some kind, a thought of fear, or some great emotion that has started the thought that controls the action of your heart. So we find, as metaphysicians, we have to take these mental conditions into our science. When we find people that have what they call heart trouble and the doctor

says that they have this kind of a heart disease or that kind, the doctors have a lot of names for these ills that all originate in the mind really, why we have to take that matter up and use the constructive power of thought in connection with his divine source. We must know in such cases that there is absolutely nothing to fear. We must assure our patients that he is not going to be injured and that the trouble he anticipates won't come to pass. Nine tenths of our fears never come to pass.

I once heard of a man who said that he lived a long time.

He was an old man and had seen a great deal of trouble most of which had never come to pass. And that's the way with most of us. We see a great deal of trouble, we anticipate it and it never comes to pass. Nine tenths of it doesn't come to pass. Well, what causes us to carry this burden of anticipated evil and worry about things? Why, it is all in our minds. Right in the mind and ~~you~~ you can build up in our minds these conditions, these fears and the fear of hatred and fear of grief until you charge your whole system with it. How do you do it? Why through a continual impulse that you are pouring out through the

mind. Then the mind is a real battery. We talk about <sup>or</sup> dynamo. Why the mind is the greatest dynamo. If you could lay hold of a galvanic battery that <sup>would</sup> shock you up to the supreme volt it wouldn't be anything compared with the voltage that you send out in your own thoughts, especially when you get to thinking high thoughts. When you begin to think about spiritual things why your mind becomes tremendously dynamic. You are affecting every cell in your organism. How careful then we should be, what we think, how we think and especially about things that bring adverse conditions. Now when we lay down funda-

mentally that we should understand the truth, <sup>that</sup> there is one good mind. That God isn't evil and that he doesn't think evil towards us, there is no evil eye. And there is no power in evil of any kind that can affect us adversely. It doesn't make any difference whether it is the devil or malicious animal magnetism or some person which is sending us evil thoughts or it doesn't make a bit of difference what it is, know that there is right with you at all times, a mind that is essentially good, that it is charged with the ideas of good and that it never created an adverse to that good. Well people say, "Why

where did all of this appearance of evil come from? Now I know that I have evil thoughts and I sometimes do evil things and if I am the offspring of <sup>an</sup> Infinite Good, where did I ever get that evil tendency?" Well, our answer is, that "You are <sup>a</sup> free agent. You can think whatever you want to think. That is the only way that God could make us conscious beings is through the freedom to think as we will to think. You can think independent of the Infinite Source, you can think independently of these divine ideas but if you do that, you are apt to build up a consciousness that is out of harmony with the universal

law. That's the way evil has come about. We are told in the allegory of Genesis that the Lord God, Jehovah, the I AM, told this Adam man, this man who was becoming conscious of himself that he mustn't eat of the tree of the knowledge of good and evil. And people have thought that that was a real tree. In a way it is a tree. Now the Garden of Eden in man's consciousness is his body. Our body is a wonderful garden. You'll plant every thought that you express in some part of your body. Your body is the soil through which the mind plants the thoughts. So in Genesis we are ~~taught~~ told to increase and

multiply and replentish the earth. This is the earth, your body. So that increase and that multiplication takes place in your mind and if you depart from <sup>be</sup> one principal, <sup>be it</sup> you don't get your light direct from Infinite Mind, you get it from some other source. You may get it from the sense side. You may get it from sensation and if you are not careful sensation will become so attractive that you forget the light, <sup>forget</sup> the light of the Spirit and <sup>will</sup> be submerged in sensation. And sensation always has it's positive and it's negative. In other words, when you enjoy sensation, you say, "How pleasant that is. I

just love that." But <sup>here</sup> ~~that~~ is something which we call reaction or it is the feeling of, well you become <sup>saturated</sup> ~~saturated~~ with your high sensation and the reaction you call <sup>pain</sup> ~~feeling~~. One is pleasure and the other is <sup>pain</sup> ~~feeling~~ or one is good and the other is not so good, evil. There is <sup>the</sup> ~~a~~ source of good and evil. Now neither of those really exist in Infinite Mind. Infinite Mind knows only the perfection which it is. We speak of this tree of the knowledge of good and evil. Now you can find that tree in your garden. We are told in the allegory that there is the tree of life in the midst of the garden and the

tree of the knowledge of good and evil. Now we are told by physiologists that we have two nervous systems. ~~That~~ is the motor system and the sympathetic system. ~~That~~ <sup>well</sup> the motor nervous system is composed of a great central trunk running down the center of the spinal column called <sup>the</sup> spinal cord and that these branches, nerves, run out in every direction and if you have ever seen a picture of the nervous system you will say at once, "Why that looks exactly like a tree, exactly like a tree." Well, that is the motor system, that is the tree of life. Now the tree of life or the motor system in the human body

has no sensation whatever. You might cut your spinal cord and you would never know it. You would lose of course, the control of the parts of the body, corresponding to it. But there is no sensation. So where is the tree of the knowledge of good and evil? Why that's in the sensory nervous system. That's in front. That is where all the emotions are. That central home is the solar plexus and it is like a tree also. Now the tree of, the sensational tree or nervous system and the motor system cross and meet. ~~They~~ <sup>the</sup> are the connecting link so physiologists say. And they bring forth a certain energy

and radiate a force at the end of the nerves. And then it is at the end of the nerves that we feel sensation.

I might work this out for you and show you that the Bible is absolutely correct in its symbology and that we would find everything in ourselves that we find in the world about us. But the real garden of Eden is in man's body. But it is something more than mere nerves and brain cells, but these are the vehicles of mind. So we have the sensory nerves responding to sensory ideas. But back of that are the spiritual ideas. And as I say, when we get this wonderful man

into action and get wrong results, we say at once, "Why that is evil." And when we get good results we say, "That's good." So we have our good and our evil. And this sensation in us is governed by an identity. Everyone of these nerve centers has its focal point around which it works and that focal point is presided over by an identity. Now in the scripture that identity <sup>that</sup> / controls the nervous system is called one of evil. It is really Satan for it becomes adverse. That is what Satan is. It is an adverse state of consciousness to the one life. But it has its place and when we understand the law and use

it and begin to spiritualize this evil; this sensation, why it gives us new and more beautiful sensations than we ever had on the physical plane. We are up into spiritual consciousness and as I say, we get beautiful results from lifting up sensation and straightening it out. But we must <sup>gauge</sup> ~~stay~~ our emotion us and when the light of the Christ begins to flow into you, you will find yourself if you are not careful looking upon evil with a pretty hard <sup>2</sup> ~~plane~~. You want to get away from it but where did it come from? Why, all there is to ~~it~~ you made and you have got ~~to~~ <sup>to unmake it</sup> ~~the unmaking~~. You have got to set it

right. And here comes the hard part of the christian metaphysicain's ongoing. You can't get on, you can't raise your powers to a higher degree until you get out of your ideas this clamping down power of evil. Now one who is conscientious and self righteous and really pure at heart is apt to clamp down and restrain his <sup>2</sup> ~~faith~~ until he loses all power, until the body is starved out and it dies, dies of inattention, dies for lack of life. What should you do? Why you should withdraw all condemnation. Paul said, "There is now no condemnation to them that are in Christ Jesus." So we, in our thoughts,

look upon this sense man as good. We say, "There is only good and all things must be good. The evil, the error, the sickness, the disease, the death that comes through this ignorant use of sensation, has as its foundation, good. We must find that good and deny the evil. Get rid of it. So let us enter into the absolute truth. Then we <sup>will</sup> become kind. We will have mercy on ourselves. We will have mercy on our bodies. We won't hold them any longer in and under condemnation. Withdraw all condemnation. Don't condemn yourself for your sins. Some people say, "Then I'll never reform if I don't condemn myself,

condemn my sin. Well, that condemnation never leads to reform. It's found that in our prison, the penalty and punishment that the law puts those criminals through, ~~hardens~~ hardens them. And that is exactly what we do with the sinner within ourselves. Now the carnal mind or this adverse sense consciousness ~~there~~ <sup>has</sup> built up, well it might be called a film. You know that these motion pictures reflect onto the curtain a little image. And that image is constantly at work there. Well the same thing is true in us. An image of sense in the mind will reflect itself out into the body. An image of condemnation in the mind will

impress itself upon your body; <sup>you</sup> will stop sometimes, the activities of a good function by just condemning it. Some people sometimes condemn some function like their stomach or they condemn their eyes, they condemn their ears or they condemn their lungs, by pronouncing them diseased and evil. "I've got such a weak stomach." That is not true, your stomach is good and strong. Why don't you see it that way? Why don't you see it as God sees it? God made man and he gave him a perfect body consciousness. We are taking that consciousness and thinking it into these functions. Now your stomach is

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simply an idea in divine mind. An idea that digests other ideas, which makes other ideas its servant and uses them to carry on its work. Now you must enter into the idea of that and see it as absolutely good, pronounce it good and you can change a weak stomach to a strong stomach. You can change an inefficient stomach to an efficient stomach, one that will do good work. So with every function, I don't care what it is, be careful what you say about it, because it is thinking, and it is thinking the thoughts that you put into it largely.

Now this brings us to the consideration of what is called the conscious and the subconscious mind. We don't dwell to any extent as christian metaphysicians upon these psychological divisions of the mind but they have their place. It is not always necessary to know all of the details of thought. When people analyze their thought until they split ~~halves~~ <sup>hairs</sup> and get away from the one great central idea, which is, that there is a divine Mind and that divine Mind is right here with all the ideas necessary to bring perfection into its man, its perfect man. Then think of yourself as the perfect man expressing

perfect ideas and thinking righteous thoughts. For as a man thinketh within himself, in his heart, so is he. And Shakespeare caught that idea also. He said, "There is <sup>There is</sup> neither good nor ill but thinking makes it so." If you think ill of your neighbor, why you will begin to radiate a thought of that ill, whatever it may be. If you think condemnation, to your neighbor or yourself, you get the reaction. You will bring forth according to your thoughts. Well now, how are you using this wonderful formative power which God has given <sup>to</sup> every one of us? Are you using it in a Christ way, Are you saying to these who seem to

be doing evil, "Forgive them, Father, they know not what they do." Or are you believing in enemies, setting up that thought of ~~enmity~~ *Enmity* in yourself and sending it out, we get it back.

It is found that the <sup>*emanations*</sup> thought ~~irradiation~~ or the radiations of thought travel in circles. There is always a limit to the force of thought. It goes out and when it reaches its limit <sup>to</sup> through the attractive power of the mind, it comes right back. But in its journey it usually takes on some other thoughts just like it and when it comes back, it comes back sometimes with a terrific force.

So we reap what we sow. If you sow a good thought, if you believe in yourself as good and only think good and radiate that kind of thought, why that kind of thought goes out. And people everywhere catch your radiation, your good thought. And they add to it. Now thoughts are like birds of a feather. They get together and those thoughts <sup>*come back to you*</sup> and if you send out a good thought it will come back loaded with good.

So Jesus laid down that law you remember in giving. Give and it shall be given unto you. It will be poured into your <sup>*basom*</sup> being.

That is, the very center of your consciousness. We have distributed all through our organism these thought centers and they are thinking all the time. When you get developed to a certain point you feel these centers acting through your whole body consciousness. You can line them all up with the one central idea of their divine perfection. You will sit with the son of man on his throne judging *the* twelve tribes of Israel. That's what Jesus meant. That seems a mystical saying but it has to do with the twelve centers of consciousness in man. This is only one of the phases of thought.

Now the central idea is that we shall everyone of us know ourselves as the sons of the living God. And that that God is here, and that God is working through us for a good purpose. We get into wrong states of mind by condemning ourselves. We think that in some way a great creative force has thrown us out into the world without our *volition* ~~permission~~ and we get rebellious of it. We get out of tune with the whole world ~~with~~ and ourselves. Now that is an inefficient and foolish state of mind. When you once understand the truth you quit that kind of thought right away. And you will find

that peace and harmony <sup>begin</sup> again in your thinking and your affairs will straighten out, your health will be restored, and you will be what is called a new creature in Christ Jesus by <sup>changing your</sup> ~~seeing through~~ Mind.

"Be ye transformed by the renewal of your mind," said Paul and he also said, "Let the same <sup>Mind</sup> be in you that was in Christ Jesus. Think about that. <sup>Let</sup> The same mind be in you that was in Christ Jesus.

Now some people think that <sup>is</sup> sacrilegious that we should have that wonderful mind of God in us that Jesus had. But its logical, its true. There is only one Mind, why shouldn't we have that mind in us?

How will we ever reform? How will we ever get out of our sins, our shortcomings unless we have this one Infinite Mind in us? That same mind that Christ Jesus had. <sup>Let us affirm, Let us</sup> reach right out and in

and lay hold of that One Mind. Now let us say today that I have in me the same Mind that was in Christ Jesus. Its true but have you <sup>had</sup> the courage and fearlessness to say it? If you have, you will get somewhere but if you side step, if you think, "O well, maybe someday I will have the courage to say that, I don't know, I'm not going to do it right away." Don't put it off. Now is the day of salvation.

Now is the day in which we are to everyone be saved. But you'll find that you have to do something in this salvation. That's your work, you must cultivate your own little plot of ground. And don't just put your ideas away off in the <sup>future</sup> ether. I remember one of Ralph Waldo Emerson's <sup>he was</sup> children talking about idealists. He said he knew a man who was an idealist. That his mind soared <sup>to empyrean</sup> heights and would go down into Plutonian depths but he never ~~was~~ <sup>came back?</sup>

Well that means that these idealists that are looking to a great heaven somewhere and a deep hell somewhere and yet they never get

their religion into practical operation. They never deliver the goods. Now we believe in delivering the goods in this matter of religion. People say, "Well christianity is a fake." That's what the people of the world are proclaiming today. "That our civilization is going to pieces and that christianity hasn't saved us, and there is no prospect of its saving us and <sup>they</sup> we are not looking to it even for help." Has christianity really ever been tried? I say, "No." People haven't understood christianity. They haven't understood the power. They don't know about christianity as a science.

Christianity is <sup>the</sup> science of the Mind, Science of thought. When the people begin to lay hold of this power of mind and line up with it, we find that it will straighten out all their affairs. Then we are going to have a new civilization on this earth, We are the first <sup>fruits</sup> of that new civilization and it is <sup>to be</sup> based upon the civilization that is established in the heavens, in the ether and Jesus Christ is the head of this planet. He the Cosmic Mind, created us. It was through his work that we came into existence. We are his children and we must recognize him as our parent. We came forth through his

mind. And if we work and work in line with that Mind we will be successful in all our work. And we'll come to this new understanding, this new place, this new joy, we will be restored to the kingdom, the kingdom of the heavens.

Now lets right here today, make a ~~MEMORABLE~~ conscious union from the spiritual side, which is thas Christ Mind. Now lets hold that we do *accept*, that we do think the thought of the Christ. We acknowledge the Christ in all our ways.