

2017-02-16

Stargate Roundtable Call

INFORMATION REGARDING CALLS PRESENTED AND/OR SUPPORTED BY 2013 RAINBOW ROUND TABLE

I TO ACCESS THE THREE WEEKLY CALLS via the Internet

A **BBS RADIO** Go To www.bbsradio.com; click on Talk Radio Station #2; click on "64K Listen"

Thursday: 9 pm – 12:00 pm EST **Stargate Round Table** **Host: Marietta Robert**

Friday: 9 pm – 2 am EST **Friday Night Hard News** **Hosts: T & R**

Saturday: 4:30 pm – 2 am EST **History of our Galactic World & NESARA** **Hosts: T & R**

Friday, Saturday: From **10 – 11 pm EST**, for one hour, the call moves to the Conference Call Line [PIN below] and then returns to BBS Radio.

- **BBS Toll Free # in Canada, US 1 – 888-429-5471** - picks up whichever line is available.

B **Conference Call** 1-209-647-1600

Thursday PIN #	87 87 87#
Friday PIN #	23 23 23#
Saturday PIN #	13 72 9#

C **Skype** **BBSradio2**

D Archives for the 3 Programs listed above

- To access the **FREE BBS archives** for any of these programs:
 - Go to BBSRadio.com; scroll down the column on the left hand side and click on "Live Radio Shows"
 - The next page which comes up lists the programs alphabetically under the picture of the presenter. Find MariettaRobert's picture: Stargate Roundtable with Marietta Pickett and RIGHT click on "Library Archives".
 - When that screen comes up, LEFT click on the date you want. It opens in a new tab – you'll see the "free to listen box"; inside it is the tab that allows you to play the podcast.
- The **2013 Round Table website also has an archive section:**
<http://2013rainbowroundtable.ning.com/> See the **"Archives" tab** for written notes.
- Listen-in live 24/7 via conference phone dial 716-748-0144

II TO ACCESS OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable

A **Sunday, Mondays: 9 – 10:30 pm EST** **Cheryl Croci's Activation Calls**
By telephone only: 1 – 605-475-5950 PIN 9467441#

B **Tuesdays, 2nd & 4th of each month:** **Ashtar on the Road**
9:00 – 11:00 pm EST Host is Fran; Susan Leland channels Ashtar, Sekhmet & others
www.Ashtarontheroad.com

- Phone Number: 1 – 695-562-3140; PIN 163731#
- Call is free [except for long distance charges]
- Can also listen to the call via Skype

C **Wednesdays: 7:00 – 9:00 EST** **The Friends of The Aboriginal Moabite Nation Call**
By telephone only: 1-712-432-0900 PIN 666238#
Replay # [good for 1 week] 1-712-432-0990 PIN 666238#

Host: Marietta Robert

Meditation: Angelsu The Spiritual Pathway Cards

Thurs through Sun: The Card of Self Love

I Love myself truly.

Mon through Thurs: The Card of Release and Let Go

I let go of all that does not resonate with my true Being.

Amped-up gift for the whole week: Card of Matter, Formless into Formed

I am spirit living in a plane of my creation; I think and it becomes.

Mayan Calendar: Rainbird

- **Go to Space2plaza.com** – to locate specific days & lots more information: on the home page, you can find out what your Mayan birthday is
- The link to www.lawoftime.org – more info on the calendar & how the 28 day/moon cycles work.

• **to learn about the Mayan Calendar, Go to Space2plaza.com which will link you further to www.lawoftime.org website for further information.**

- **Phoenix Books in Columbus OH** – all manner of esoteric books that cannot be found generally; call 614-264-3100 to get Robert Peters, a professional Astrologer & the owner

16th Thurs – 8 KAN – we revisit the energy of the seed we just left, a healing aspect an openness to life; possibility thinking in the potential of creation; 8 is the octave, a galactic harmonic energy; fine tuning relationships tone. The flowering of our ideas.

17th Fri – 9 CHICCAN - portal day; a warrior aspect – remaining open to change, transmuting energy; 9 is expanded cycles, looking into deeper parts of ourselves.

18th Sat – 10 CIMI – world bridger, between past and present, life and death – more transformation – about forgiveness, moving into a state of grace.

19th Sun – 11 MANIK healing energy of the hand or the deer; 11 letting go of what no longer serves. We're in the midpoint between 2 eclipses [lunar, solar on 26th] Healing ourselves and others, accepting our own divinity.

20th Mon – 12 LAMAT - portal day – Lamat is the stargate! 12 a complex numerology – a crystal tone – cooperating, accomplishment, clear understanding. Follow your hunches! A visionary aspect – opening the stargate and seeing beyond the gate!

21st Tues – 13 MULUC – moon energy of remembering who we are; telepathy; getting in touch of awareness of awareness. End the cycle on moon, water energy

22nd Wed – 1 OC – the dog, conditional love. Practicing those energies; 1 tone of unity

23rd Thurs – 2 CHUEN – the monkey, balancing work and play.

To listen to the podcast:

<http://bbsradio.com/podcast/stargate-round-table-february-16-2017>

Omena: just sending hope and clarity to all

COR: TC pointing out: earth has been in a sort of quarantine: not just cut off from other cultures but energetically as well – now more open to astrological occurrences - the light switch has been turned on - and affect us more: actions, decisions, self-awareness

- An English friend e-mailed: had a vision that when Nibiru passes by it will be the switch going on in human consciousness; she has a powerful galactic presence
- not unusual for people beginning to ask how this planet functions in relation to the stars, etc
- we are becoming more inter galactic: starting to accept ourselves as being that long before people use that phrase; we have started to hear this as part of the common conversation

• knows there is lots of impatience about when is going to happen – **we are moving into the 5th dimension;** it is a gradual process: we are the portal, the rainbow bridge – start seeing ourselves as in that event - it's an ongoing progression.

MR: the process of understanding that it is gradual process so it is not such a shock to our system

O: does that explain the physical exhaustion that people are experiencing?

COR: Yes every single cell is going through a major upgrade: can't do it all at once or we'd burn out - kinda feels – she could take a 4 hour nap in the middle of the day!

MR: feeling that too

O: wants it to end soon

COR: thinks we are getting there: so much light coming into the planet right now – and we are shifting with it too: starting to respond intuitively and at a cellular level, and a few years ago, we'd not be responding at all: quite a big move for us all!

Randy: not much of a voice tonight – when he was going in and out of consciousness last night: saw the biggest set of jail doors he has ever seen: each bar was 6-7" across. And the doors slammed shut with a huge noise: something is truly caged now!

- Has been under the weather since the 14th – his neighbours also have headaches, hard to breathe, congestion, etc etc – 25,000 mg of Vit C moved nothing : bodies are purging

COR: drink lots of water, take lots of rest; this is an astounding upgrade we are going through: monumental!

O: glad to get the information she's just got: thought something was wrong with her.

- helps to understand! What are we going to do when it's all done??

MR: will it ever be done as we keep on progressing!!!

COR: millions are progressing!!!

Caller: the ascension symptoms

- working with crystals helps; some help break energetic blocks
- a homeopathic for migraine release – she uses naturalbio brand – has access to a naturopathic drugstore!!!
- Give information on certain beneficial crystals

This is the information Sonjah provided: from **The Book of Stones**, and other sources.

BLACK KYANITE: Is a stone of connection, of building bridges between disparate aspects of experience. It can bridge energetic blocks allowing disparate energies to gently move into resonance and find a common frequency. It can help one find a way to bridge different beliefs and ideas. It can assist one in finding a way to incorporate ALL ASPECTS OF SELF INTO A HARMONIOUS WHOLE.

- AFFIRMS: "I INCORPORATE ALL ASPECTS OF MYSELF INTO A HARMONIOUS WHOLE."

"I ASCEND IN THE MOST BLISSFUL AND JOYOUS WAY; THIS IS REFLECTED IN MY REALITY UPON THIS EARTH."

NUUMITE: I journey into the depths of my psyche. I release energies trapped in my subconscious - parts of myself that may have been lost to fear, guilt or shame.

- I recall and release fixated energies from childhood, birth or even past lives. I have the courage and determination to do whatever inner work is necessary to be healed and whole
- "I SURRENDER TO MY MASTERY"

AZEZTULITE: A rare and light bearing crystal. Azeztulite is a stone for the New Age. Its extremely pure vibration, one of the most refined in the mineral kingdom, is attuned to the highest frequencies. It brings higher frequencies down to the earth to aid spiritual evolution. It expands your consciousness.... etc. etc.

- It activates the ascension points at the base of the spine, middle abdomen and center of the brain to shift to a higher vibration while still in the physical body....

- She also recommends A "SELENITE" WAND

HARD NEWS

Elizabeth Warren called out of the blue a day or two ago

- all heaven and hell is breaking loose in DC, as we can see with the unravelling of the fake administration
- all of this is the ABC agencies and up to the secret space program at the International, intergalactic space conglomerate; we are watching the unravelling of what 19.5* held together for 8 years and in a matter of 24 days it was . . .
- **Pray for me; hold her in the Violet Flame**

Rama asked her about the seat she holds – the clone of Teddy Kennedy was killed; he's alive and well, will be back; she knew she was representing the contractual military agreements to sell weapons to Saudi Arabia which are now killing Yemenese children

EW: as if I have to forfeit my life for what I did, you and the world are going to be free

- She said she would leave it in Mother's hand; also confirmed Trump is having fits night and day – staff staying out of his way – has fits of rage and screams at the staff

Tom the Cat: a combination of ??? - he's a very angry man-child who has been raised by ??? - there is no goddess in there

R: the lifeform is not human: blaze the Violet Fire

- a very serious story as we are playing with nuclear brinkmanship issue – Putin will do nothing stupid; neither will the folks over here: the person in power is insane –
- every single day, everyone is speaking to this

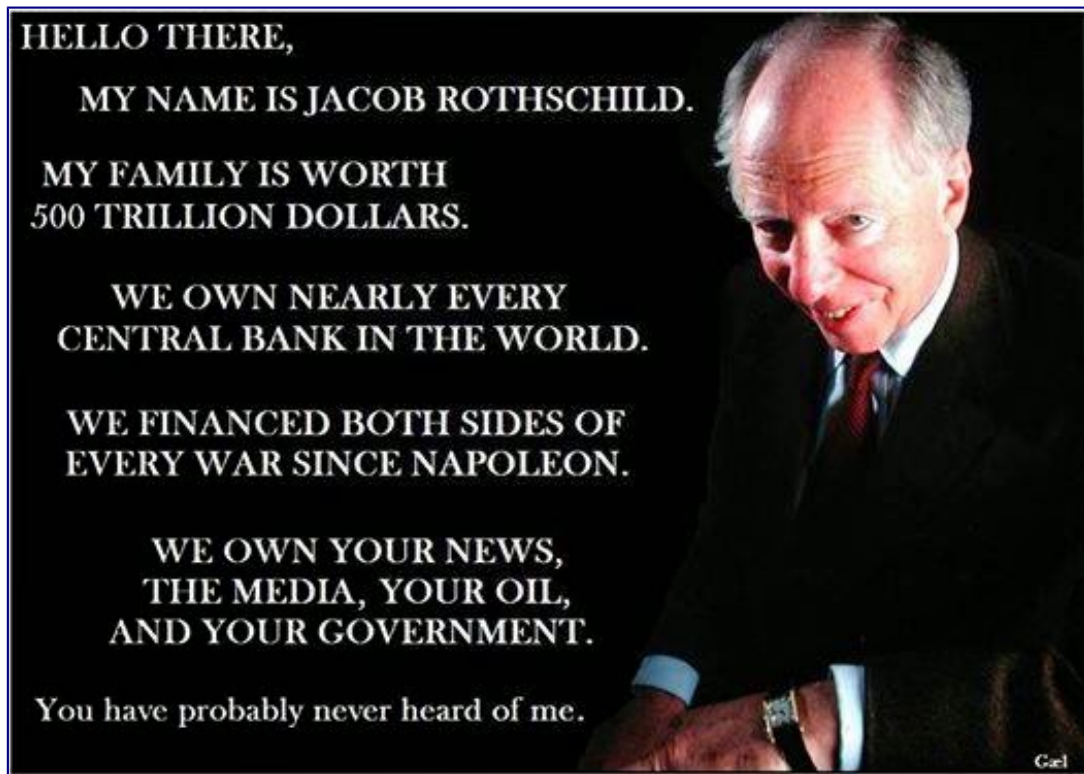
T: Trump has alzheimers and it's progressing –

O: sounds more like he's bi-polar – **T:** a condition of his diet – it's both / and

T: a discussion on radio about David Freedman, Ambassador to Israel – Thom, on the Big Picture, had Blumenthal, an Israeli working for the Palestinian people: he said about Freedman –

- Trump and Netanyahu had a little conference: then she talks of the Khazarian
- The larger story is that we have the Khazarian Mafia and the head of KM has \$500 trillion –
- Jacob Rothschild is a demon of an undead nature who has been around since the Bauer name was changed to Rothschilds - since 1743 – his family is worth \$500 trillion; all the

13 families are Khazarian Mafia – own all the central banks on the planet. We finance both sides of every war . . . SEE BELOW.



NB: Picture from the article indicated below

2015-03-08 The Hidden History of the Incredibly Evil Khazarian Mafia (Updated)

By [Preston James, Ph.D](#) on March 8, 2015

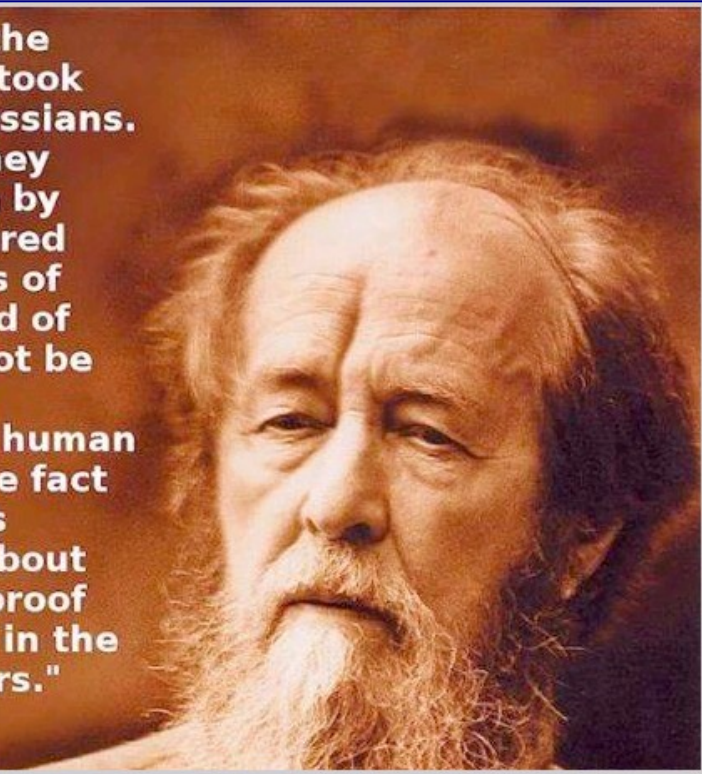
<http://www.veteranstoday.com/2015/03/08/the-hidden-history-of-the-incredibly-evil-khazarian-mafia/>

Source: this article is also part of the notes for the Saturday History Call, Feb 11/17, found on www.2013RainbowRoundtable.ning.com

NB: The picture and text on the next page are from the same source.

"You must understand, the leading Bolsheviks who took over Russia were not Russians. They hated Russians. They hated Christians. Driven by ethnic hatred they tortured and slaughtered millions of Russians without a shred of human remorse. It cannot be overstated. Bolshevism committed the greatest human slaughter of all time. The fact that most of the world is ignorant and uncaring about this enormous crime is proof that the global media is in the hands of the perpetrators."

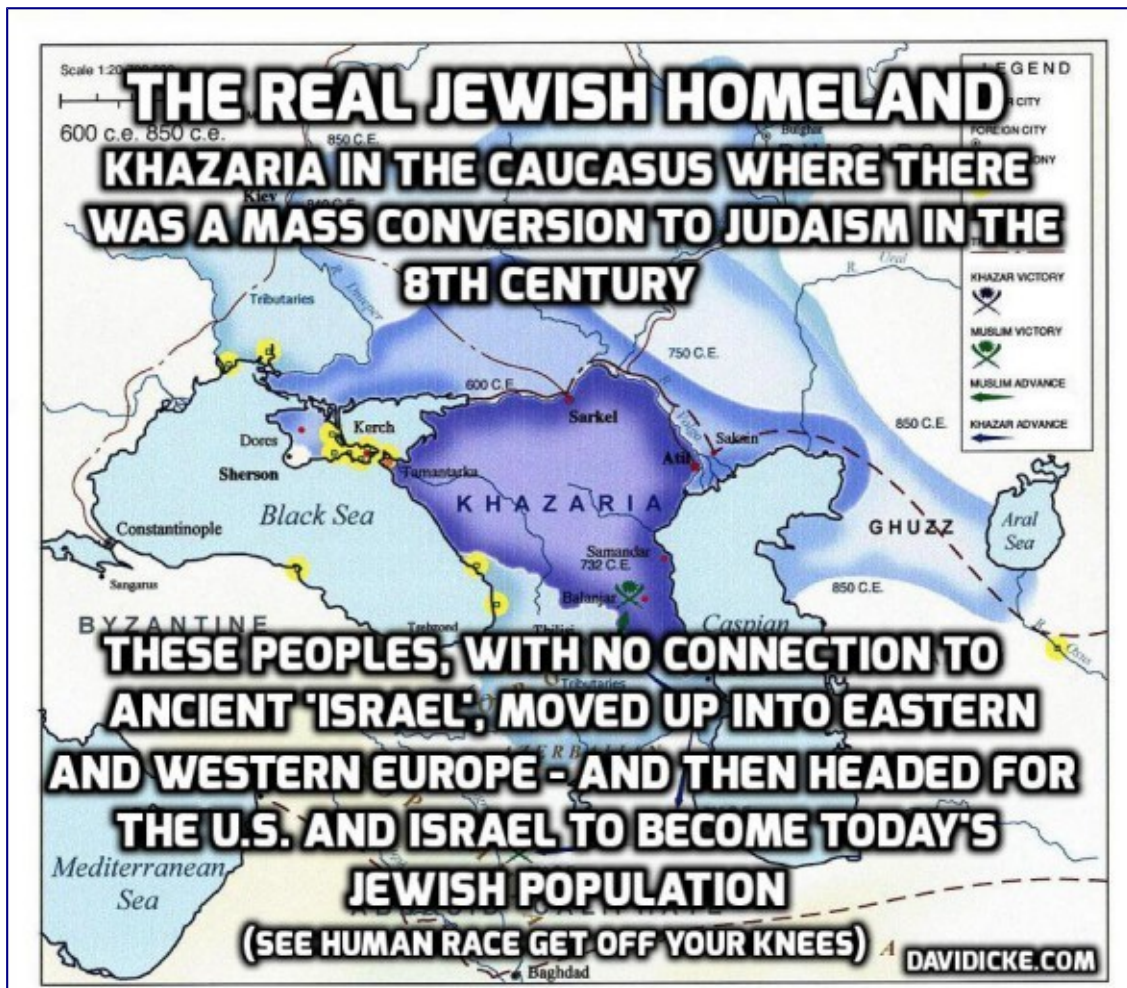
~ Alexandr Solzhenitsyn



The Bolsheviks were actually created and deployed by the Khazarian Mafia (KM) as the essential part of their long planned revenge on the Russian Czar and the innocent Russian people for breaking up Khazaria in about 1,000 AD for its repeated robbery, murder and identity theft of travelers from countries surrounding Khazaria. This little known fact explains the extreme violence taken out on Russia as long standing revenge by the Rothschild controlled Khazarian Mafia (KM).

• **Netanyahu is head of the KM, world wide –**

- The KM has to do with the falsity that there are Jews in Israel
- the only true Hebrews are the Palestinians; up to 90% of people in Israel are Khazarian in their DNA
- the true homeland of the Khazarians is Khazaria in the Caucus Mtns, with a mass conversion to Judaism in the 800s
- the Abrahamic religions have been designed by these ones to keep a containment field around us
- at the same time - 800 AD and the Khazars coming in - there was a parallel development of the King Arthur and the Round Table, the first effort to bring enlightenment to the planet.
 - This evil insert is the Khazarians who went into western Europe, then to the US



From David Icke's website www.davidicke.com. David Icke was the first ever to courageously expose the Rothschilds publicly in front of hundreds. This of course makes him an international hero and we need more with his kind of courage to break open the coverup hiding the Khazarian Mafia and bring an end to their worldwide illegitimate power.

NOTE: this is also from 2015-03-08 **The Hidden History of the Incredibly Evil Khazarian Mafia (Updated)**

MR: someone has sent an e-mail saying that Obamas are in Kenya and are waiting there because they don't have the papers to return to America due to what Trump has done.

T: ASK THEM FOR THE SOURCE: 90% ON THE INTERNET IS NOT TRUE!

O: brings up a book called **The Soulless Ones** by Mark Prophet – talked about a galactic army coming in called the soulless ones and what T is describing sounds like that

R: talks about the transhumanist agenda on earth: via the lack budget operations, have been trying to put soul matrix into robotic bodies,

T: they deleted the 12th strand in the DNA where the heart energy comes from

O: just told now that it is coming to an end

T: yes and NESARA ends that

COR: how can they end that when it is DNA-oriented?

T: Mother will take care of it – they defiled the original creation

O: they infected human DNA with their DNA

R: R just had a call from Kathryn and #15, a wingmaker who serves above RanaMu, from 175 million years in the future; they are here to help us and to stop the threat of destruction of 1/3 of the Milky Way

MR: the information [about Obamas in Kenya] came from a post on *The Maine Republican*

R: This is a right wing fake news blogsite – tied in with Anna Von Rietz

T: she did tell the truth about the fact of no democracy in the US from the beginning the Rothschilds started controlling both sides of any war since the time of Napoleon

- Napoleon was born in 1769 and the KM started financing both sides of the war between France and England, Wellington and Napoleon; before that time, they were the Bauers
- St Germain was writing the Shakespearean plays to teach people subliminally who they are – the bankers of that time started something in the church about sin and not getting to heaven

#15, and Kathryn called Rama today:

- this upcoming eclipse may be the feather of Ma'at, Mother Sekhmet's future self which is not just her, but all of us who have stayed steadfast on the ascension path and not the zigzag path to nowhere
- that feather dropped on Trump: it is over!

R asked: Will Mother do what she did in Egypt, when she got a little drunk on blood and beer and almost annihilated the entire human race? **T:** If you think this is bad, multiply it a zillion time to imagine how dark it was back then!!!

R asked: Is this feather dripping in blood?

Answer: Kathryn said: Yes, it is dripping in blood; **#15 was silent**

R asked: is this time with the eclipse going to expose everything ?–

Answer: in the realm of possibilities and probabilities – the answer is yes

Then they both said: Have a nice day, Rama. Nameste

MR: does that mean full disclosure and NESARA?

T: they have always been told that full disclosure and NESARA is a simulcast – they can only go so far which is why they said Have a nice day: we have to take this information and do our free will choice with it!!

R: more and more is coming out about how Trump does not know to govern: watches TV, reads newspapers, and talks to Alex Jones which is a big problem – he made a deal with the devil and got \$2 Million from the Vatican – he is a Khazarian!

• And the people need to know – this was tried in the Kuala Lumpur tribunals from 2010 – 2011 in which Israel was on trial and the Israeli people: the whole country of Israel and all of the people who follow the policy of Israel: meaning all have to join the military for 4 years; the policy describes the Palestinians as less than humans, animals and have no rights. The people in Israel agree to this.

• T&R were sitting with Sikh friends: said the young people of Israel who served their time are suffering seriously from PTSD; they are basket cases when they come out of the army – they get \$10,000 per year and go to India; using drugs, alcohol – self abusing, not really healing - same as our military here.

Caller: Mr Trump had a news conference today: put the media on notice that major anchor people of certain media will be arrested in the next 3 days

R: has not heard about this: doesn't trust anything he says as it does not come from a place of balance: he takes his orders from the Koch Bros, Adelson

T: his genetics are spliced Hitler and Mussolini – and unless you have been raised by Khazarian soulless parents – the parents are not his parents, yet are an extension of raising those people; you don't know what has gone on and we need compassion. Mother comes and there is final accountability

Randy: Rama talking of Israeli soldiers; had an Israeli soldier come to his healing spa – he had not legs – while he's there, getting treatment they called him back to go to the front lines: if he didn't go back within the next week, he'd lose all his benefits! Duty was to be on the front line!!! Blaze the Violet Flame and send more love.

T: the Council of Elders are on the ground, and guiding: they are altering the timelines behind the scenes

- Susan Sarandon and Josh Fox ganged up on Chris Hayes: discussing that people actually voted for Trump & that he was duly elected – the fact of the matter is that we the people who are awake and know more, have a greater responsibility:
 - T heard Glenn Greenwald say the same thing about Trump being duly elected on Democracy Now: this is why Amy keeps telling Rama to keep on doing what he is doing: she is gagged, can only go so far. Same is true for others.
 - Sananda says the more we know, the more responsibility we have to share - Kuthumi, Sananda have been moved up to share the Office of the Cosmic Christ – and they are now part of the 4 Muskateers, which are now 6: Mother, Maitraya, Metatron, Michael, Kuthumi and Sananda – they hold diplomatic immunity in our civilization's development meaning they can intervene in matters on our behalf.
- Josh Fox was at the DNC conference, on the platform committee: Hillary would not put "No fracking" on the platform – if she had allowed it, Hillary would have won majorly. But she had told herself what she would be doing which was listen to the banksters: The day after, she went to speak to Goldman Sachs, **the** major bank funding all major pipelines
- only have 2 focuses: **the DAPL** and **reopening the Keystone Pipeline project** - there have been 9 explosion of pipelines in the last month of pipelines that hurt the water wherever they were
 - if the Keystone is put under the Ogallala, and the DAPL under the Missouri River from Canadian border to the Carolinas – 33 MILLION PEOPLE'S water: water is ruined in one part, it is ruined for all – this is diabolical!!! Soullessness.
 - We don't know how many other pipelines they are scurrying to do
- Chris is trying to say to them that after 23 days of trump that we are were we expected to be with Donald Trump? Susan responded: why do we need to know that – she challenged Chris – can you look me in the eye and tell me that you have honestly informed all the people? He said he had – and she came back by saying that he had just said he had not given hardly any info on DAPL – Dakota Access Pipeline – **people don't know the extent of potential damage that can happen**

another item not reported: Standing Rock: there was a bloodbath on Monday:

- militarized police shooting rubber bullets like the kind that took a man's eye out in California: the chief is trying to keep people away as he can see what is coming; already people being shot in the head, in the back, in the groin, etc the chief could see that Trump would cause/allow the killing of people now

- There is an obscure law, already passed: border patrol agents can kill Mexican citizens with impunity!!
- THIS IS A MAJOR RED ALERT – not just Donald, but he is IS THE ACCESS POINT TO THIS soulless energy which began on the planet in 760 – 800 AD when the Khazars converted to Judaism; they are **not semites!!!** The actual semite genes are found in the Palestinians.

Tara reads the info on the graphic; the next 2 paragraphs introduce the graphic . . .

“ Once the Rothschild KM gained their own private homeland in Israel in 1947 through their covert political manipulations, they began to secretly view all of Palestine as their New Khazaria, and began plotting how to genocide all the Palestinians and steal all of Palestine for themselves. Their plans include their fantasy of constructing a “greater Israel” by taking over the whole Middle East and manipulating dumb American Goyim to fight and die on their behalf, taking all the Arab lands for Israel and the Khazarian Mafia (KM), so they can asset strip their wealth and natural resources, especially their crude oil.

“ Recent peer-reviewed Johns Hopkins genetic research by a respected Judaic MD shows that 97.5% of Judaics living in Israel have absolutely no ancient Hebrew DNA, are therefore not Semites, and have no ancient blood ties to the land of Palestine at all. By contrast, 80% of Palestinians carry ancient Hebrew DNA and thus are real Semites, and have ancient blood ties to Palestinian Land. This means that the real anti-Semites are the Israelis who are stealing Palestinian lands in order to build Israeli settlements, and it is the Israelis who are the ones tyrannizing and mass-murdering innocent Palestinians. [#22] ”



NOTE: this is also from 2015-03-08 **The Hidden History of the Incredibly Evil Khazarian Mafia (Updated)**

R's closing: What's happening is that the things coming out about the ancient peoples of the planet into the light of day make a very different story than has been told to us before!
More to come!

Guest: Omena: SEND OUT all kinds of love and the VIOLET FLAME, ESPECIALLY TO THE WHITE HOUSE!!

Go to www.2013rainbowroundtable.ning.com/archives/audio for the podcast for Feb 16

Topic: the Integration of the 4 **Realities:** the physicality, personality, soulality, spirituality

Physicality: most of us are grounded in the **physical world** – we know the earth is beautiful, but people are so stuck that they don't look up, out, or around to be aware of the physical world and so they miss other aspects of that world: what are the things that bring peace to us? How do we move our bodies through the world?

- The vibrations/energies are going up now, and bring things up that need to be cleaned up – can energize us or make us sleep! It's like looking at Trump: he's becoming more and more unhinged, the higher the energies go.
- It's about expanding our physicality too: when she's out, she likes to come home and go into a peaceful place.

Our **personalities** follow our physicality: our personality reflects our own realities: how we see ourselves in this world: our self-perceptions, and the multi-cultural world is wonderful

- it shows us too what we share: we bleed, we get sick, we look after ourselves, we have lots of things in common – we need the same things
- personality is made up all kinds of things, based on our unique experience and includes past and future lives, too.

- When we look at our personal reality, we can put it out to the Universe where all is One to work with the energy of others working on the same thing.

Soulality: most connect the soul with religion: not really so: it has to do with our spirituality

- Everything about us is stored in our soul from the time we came onto the earth: as far back as when we first came into existence, before we assumed our current human form.
- the soul is our inner consciousness and we hear those whispers inside ourselves. We know we have that voice, and we often deny it
- Soul holds all the various levels of consciousness we have.
- Soul has no judgment in how we experience our lives; don't see soul in terms of religion – she asked all kinds of questions when she was growing up, eventually got a very clear message that her job was to educate people about souls.
- Sometimes people have an itching inside them and try to push it away: can be the soul working to get attention – ignoring it can lead to all kinds of things: people often change through crisis and this is when the soul wins over the ego: the soul has the greater amount of patience!

Caller: trying to find out where she stands relative to a current relationship

- he's one of her spiritual teachers; they've been together 2x before; this time, is to help her move through this – is he trying to control or trying to help her grow?
- Her gut will tell her which it is – and is she in the relationship out of need or out of want? And she does not like being told what to do in the first place. Kick into the adult: have an agreement to provide feedback

Caller: is there any longevity with this person?

A free will question: has to do with her intentions – doesn't mean the re'ship will end, just that they can move into the next phase of the re-ship

O: awareness with our souls enables us to grow and become all that we are.

- we are in relationships to learn, experience, grow
- when we get to know the soul, it integrates with our physicality and then we can just go wild!
 - When we take inventory of all parts of us, and pay attention to the more positive stuff, and we raise our vibrations

Spirituality: a more peaceful stage

- there is a little stream that goes through all the integrated parts of us
- the spirituality is the cleanest of the energies
- the balancing of male and female essence: our spirituality can teach us how to strike a balance
 - to feel more feminine is to be more vulnerable in the world, and to be OK with that.
- Stories from MR about the balance between herself and Robert; about the coach in Connecticut who relates so well to the all female team
 - How Spock who is half Vulcan and therefore very logical, had to learn how to integrate his feelings, which he got from his Earth mother.

O: earth is the only location where we get to get all 4 aspects to integrate – we have a society that goes from the extreme of killing others, and then grieving that killing: the hatred can be equal to the grief.

T: there are conditions to this planet that are not natural: balance is a good thing to insert here!

O: a difference between cold-blooded murder and crimes of passion.

MR: goes back to the discussion about Israel and Palestine – is this related to the male/female energies?

T: what is happening comes from the original Divine Leyla – they took an oath to follow Lucifer which means they just threw their souls away – fallen angels right from the beginning!

O: Yes, and Lucifer has come back into the fold: and Michael is out there trying to round up the fallen ones – pride is a difficult hurdle from them!

- This is the time of the end of karma – if you don't learn your lessons now, have to go somewhere else to learn.
- Can no longer have free will to come back to the earth: have to have a stated purpose to return here like teaching

T: If souls don't get back to love, they won't be coming back to earth

O: wants her lessons to be funny! We are funny, funny people!

MR: how to have a private session

CONTACT INFORMATION

Website: <http://omena777.com/> [UNDER CONSTRUCTION AT THE MOMENT; USE E-MAIL, TELEPHONE]

• **email questions:** (omena777@att.net)

• **Telephone: 860-871-6076** Leave a message for Richard, who'll call back with instructions to get the best out of the session; all she needs is the first name of people

• **Through Skype:**

• **Zoom:** Omena is using this program as it records [zoom.us]

- can use the free part; can also use the recording part - about \$15 / mo

MR: has been on conference calls that use Zoom: can come in on the internet

T: people from Europe wanting readings with no computers - yes, can use Zoom!

O: just stay centred in the physicality, the personality, the soulality, spirituality

COR: recommends sessions with Omena!! Stay calm: don't have to fall for the rubbish out there!

R: just send more love to the situations that look so hopeless; there is so much good stuff coming into the planet, and the ones saying Dance with us! Dance with us!

MR: Closing