

SANCTUARY ON POROS

Immersion in the Ancient Greek Mysteries
March 1 – 11, 2018

With Ed Tick, Ph.D. and Kate Dahlstedt, MA



Dear Friends,

Kali mera k' irini! Good day and peace to you. This note goes to friends and colleagues interested in our next pilgrimage to Greece, rescheduled for next March 2018, in order to develop our healing and educational work there in new and exciting ways.

We have led more than twenty pilgrimages to Greece since 1995. Every journey has provided great professional and personal development through healing, wisdom, spiritual, psychological and cultural breakthroughs. We access the spirituality the ancients practiced and the wisdom they carried in ways that are meaningful to our professions, lives and the modern world. We apply their teachings to our personal evolution and work

as modern healers. We live more deeply, joyfully and with greater connection to each other and the cosmos. We will explore how.

We are pleased to announce our next journey, Sanctuary on Poros: Immersion in the Ancient Greek Mysteries, Thurs. March 1- Sunday, March 11, 2018. This will be a specially designed journey during which we replicate immersion in a sanctuary of the healing god Asklepios. We will create and spend our time in a healing sanctuary with holistic and artistic practices all designed to feed our souls and awaken the deepest growth and healing.

Asklepian dream healing and other returns to ancient tradition are again developing in Greece thanks in part to our teachings over the decades and my book *The Practice of Dream Healing*. To build this movement, we will meet in Athens on Thurs Mar. 1 and stay in Plaka, the old town to explore ancient sites and begin immersion in the classical world. We will meet with Greek friends, colleagues and healers to share a daylong international symposium on using the ancient traditions in the arts and healing today.

On Sunday we leave by ferry for Poros, about a 2-hour boat ride. Poros has been a sanctuary for over 2,500 years and it will serve as ours. We will use its beauty, peace and remote sacred sites for our healing work. We will stay in its lovely harbor in a sweet old hotel, modernized and with sea views, for the week. This will enable us to have more study, practice and immersion time.

From Poros we will make day trips to important mythic and historical sites relevant to healing and warriorhood on the Peloponnese and neighboring islands. Among them may be the ancient healing sanctuary at Epidauros, city of Korinth and remote town of Troizen, all of which were Asklepian dream questing sites. For our warriors we may visit the sites of Argos, Mycenae and Sparta. We are also invited to the seaside medieval town of Nauplion to share healing theatre. We will share dream groups, group process, ritual and symposia along the way, practice sacred theatre and other ancient arts, and conclude our retreat with a full all-night dream incubation, creating a week-long Asklepian immersion as the ancients practiced.

Our week of immersion ends on Sunday, March 11. From Poros you can easily return to the US or fly or ferry elsewhere. Catch an early hydrofoil to Piraeus (1 hour), taxi to the airport (40 minutes), and catch your flight.

You would be responsible for your own international airfare. We would meet in Athens on Thurs. March 1. You might travel elsewhere before or after our group journey. The cost for this entire journey will be **\$2,250**. This includes everything except international airfare, lunches and dinners (usually shared) and your personal expenses.

We are now accepting committed reservations. Please let us know your commitment by email to this address: etgreekjourney@gmail.com and send your \$500 deposit to 130 Gold St., Belchertown MA 01007 (includes a \$100 non-refundable registration fee). As always, we will keep the group small and intimate and travel together as sincere and

joyous healing professionals and spiritual seekers on a shared pilgrimage of education and growth in the ancient world. We look forward to this next adventure with you.

Kalo taxidi – good journeys,
Kate and Ed

