

Participatory mHealth: individuals capture/process/act on data from daily living

In patient self-care innovation is happening outside the traditional enterprise and clinical workflows; but it can still contribute to, and be, evidence-based

our actions



Photo: Marshall Astor, WWW

our self report



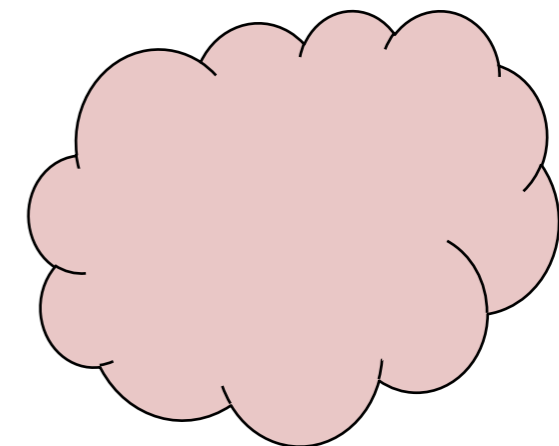
personal data repository



experience sampling streams



context and activity traces



processing

aggregate measures, trends, patterns

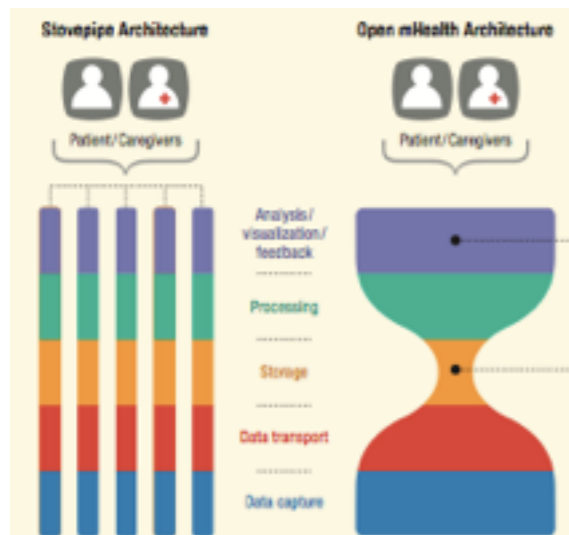


event detection

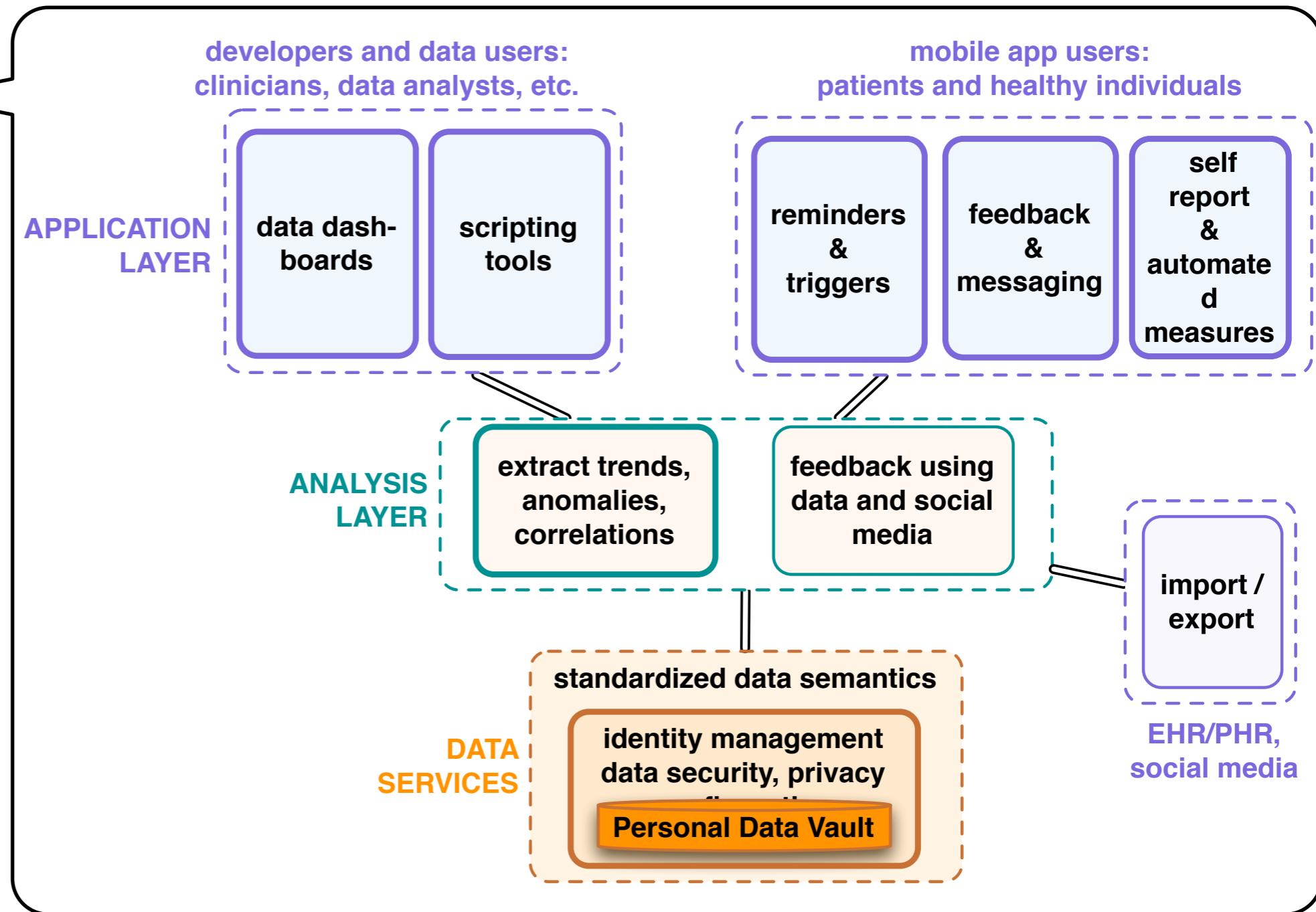


visualization

Its not 'rocket science', but its more than 'just an app'....
 so, an open modular system is critical to foster rapid and meaningful
 exploration and innovation



<http://openmhealth.org>



Swiernik, Estrin, Sim, et al