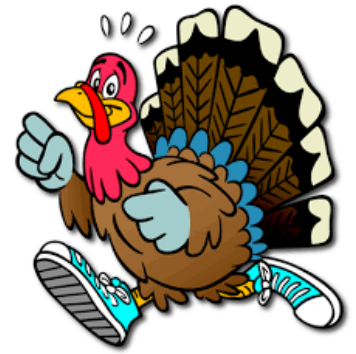




**Colonial Heights Turkey Trot**  
**November 24, 2016**  
**1 Mile Fun Run/Walk and 5K Fun Run/Walk**  
**Run/Walk Begins 9:00 a.m.**  
**Colonial Heights High School**  
**3600 Conduit Road, Colonial Heights, VA 23834**



Registrations received by **November 1** enter drawings for prizes.  
 Registrations made by **November 18** will be guaranteed a T-Shirt.

- Begin a Fun Family Tradition on Thanksgiving Day
- Celebrate Healthy Living in Colonial Heights
- A Portion of the Proceeds to Benefit Reining Hope Equine Therapy
- \$5 of each Registrant is Presented to Designated School
- Support Your Chamber



**Due to rising costs of the event, it was necessary to raise the entry fees.**  
**For further explanation, please contact the Chamber office.**

|            |             |  |                      |
|------------|-------------|--|----------------------|
| ENTRY FEE: | \$20        | Adults (18 and over)                           |                      |
|            | \$15        | School Students (6-17)                         |                      |
|            | \$75        | Family Pack (2 Adults + 4 School Students)     |                      |
|            |             | Children 5 and under FREE (shirt not included) |                      |
|            | <b>\$25</b> | <b>Same Day Registration</b>                   | <b>7:30-8:30a.m.</b> |



REGISTRATION FORM: (Please Print) **INCLUDE PAYMENT WITH YOUR FORM**

Event Timing by the  
Tri-Cities Road Runners

Full Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Email \_\_\_\_\_

Please Circle: Male or Female      Age Group: Under 9, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, Over 60

Designated School: Lakeview      Tussing      North      Middle      High

**T-Shirt Size (Circle One)    YM    S    M    L    XL    XXL    XXXL**

Sweatshirts available for an additional \$15

- Register online at [www.colonialheightschamber.com](http://www.colonialheightschamber.com)
- Mail or drop off registration forms to: COLONIAL HEIGHTS CHAMBER OF COMMERCE  
201 Temple Avenue, Suite E, Colonial Heights, VA 23834
- Or Return Them to Your Colonial Heights School by November 18, 2016

**Signature Sponsor By:**

