ADDRESSING THE
MYOFASCIAL COMPONENT
OF MUSCULOSKELETAL PAIN

MAY 7TH & 8TH
AT
UNIVERSITY OF PITTSBURGH

Scientific Presentations by:
Leon Chaitow DO, ND
The role of soft tissue manipulation techniques in treating joint and myofascial dysfunction
Siegfried Mense MD
Peripheral and central mechanisms of myofascial pain
Jay Shah MD
New Frontiers in the Pathophysiology of Myofascial Pain: Enter the Matrix
Terry Loghmani PT, PhD
Instrument-Assisted Soft Tissue Mobilization:
A Conservative Treatment Alternative to Enhance Connective Tissue Healing
Tom Findley MD, PhD
Fascinating Findings from the Fascia Research Congress 2007 & 2009
Michael Schneider DC, PhD
Systematic reviews of the myofascial pain and fibromyalgia literature

Workshop/Demonstrations by:
Michael Leahy DC, CCSP
Active Release Techniques®: Practical Demonstration
Tom Hyde DC, DACBSP
Graston Technique® and FAKTR-PM
Aaron Mattes MS, LMT
Active Isolated Stretching Protocols for the Shoulder, Wrist and Hand
Julie Ann Day PT
An Introduction to Fascial Manipulation©
Leon Chaitow DO, ND
Muscle Energy Techniques
Positional Release Techniques

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For more information contact Michael Schneider, PhD, DC at mjs5@pitt.edu