

## Domestic Violence Series (Preface)

Beginning today, Tuesday, May 22<sup>nd</sup> and each Tuesday and Thursday weekly, I will be posting a teaching on domestic violence until the series ends. This is an important series that is designed to inform people about the many aspects of domestic violence and to give parents information on how they can help their child(ren) recover from the effects of domestic violence.

God impressed upon me to give people this information so families can be healed from this demonic force called domestic violence and abuse because “knowing is half the battle” in winning the war against domestic violence and abuse. It is time for people to wake up and realize that domestic violence is alive and well and it is not going away by itself. According to the Arkansas Coalition Against Domestic Violence ([http://www.domesticpeace.com/ed\\_nationalstats.html](http://www.domesticpeace.com/ed_nationalstats.html)) here are some disturbing statistics about domestic violence (more will be given in the upcoming domestic violence series):

- **According to the U.S. Surgeon General, domestic violence is the leading cause of injury to women in the United States.**
- **The American Medical Association estimates that their male partners assault 2 million American women each year.**
- **The U.S. Department of Justice estimates that 95% of the victims of domestic violence are women.**
- **A woman is beaten every 15 seconds in the United States. (Bureau of Justice Statistics, Report to the nation on Crime and Justice. The Data. Washington DC Office of Justice Program, US Dept. of Justice. Oct 1983) .**
- **35% of all emergency room calls are a result of domestic violence.**
- **Of those who abuse their partner, well over 65% also physically and/or sexually abuse the children.**
- **Each day .....4 women die as a result of abuse.**
- **Each day .....3 children die as a result of abuse.**
- **The Federal Bureau of Investigation reports that 32% of female homicide victims are killed by their intimate partners. (Federal Bureau of Investigation, *Crime in the United States 1999.2000*).**
- **Anywhere from 1-3 million women are battered each year by their intimate partner. (Bureau of Justice Statistics, *Intimate Partner Violence*. Washington DC, 2000.).**
- **In the United States, a woman is more likely to be assaulted, raped, or killed by an intimate partner than by any other type of assailant. (ibid.).**
- **Nearly one-third of American women report being physically or sexually abused by a husband or boyfriend at some point in their lives. (Commonwealth Fund Survey, 1998.).**
- **37% of all women who sought care in hospital emergency rooms for violence related injuries were injured by a current or former spouse, boyfriend, or girlfriend. (US Department of Justice, *Violence Related injuries Treated in Hospital Emergency Departments*, August 1997.).**

As you can see, there is a lot of work to be done!!! It is time to wage war against domestic violence and it is going to take all of us to do it. My assignment from God is to heal his women by teaching them about domestic violence and how to recover and in helping them recover, I help them help their children to recover. Therefore my main goal in life is to help abused women and their children, who are also abused – they are either victims or a witness, recover from the bondage of domestic violence and abuse.

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I am asking you all to help me! We are going to fight this war of domestic violence by rescuing one woman and child at a time! This teaching might not be for you but if you know of someone who are in an abusive relationship or have been in one, please pass this teaching on; looking the other way when you know someone is being abused WRONG! Think about if you were in their shoes – you would want someone to help you get out!! **I know guys are abused but I am focused on women because this is my assignment from God; if the guys benefit from my teachings, that is good - if I can help them I will!**

The material I am posting in this series (**except the Preface and Introduction**) does not belong to me and is clearly referenced of all sources so if you have any specific questions, you can contact the source for that particular part of the series. If you have any other questions or need any other information about domestic violence and abuse, you can contact me @ [dehooks@abusedwoman.org](mailto:dehooks@abusedwoman.org) and I will try and find it for you. I am attaching a copy of the outline for this series to this preface so you can see in advance what will be posted.

Next section posted will be “Domestic Violence Series (Part 1A) – “Introduction” on Thursday, May 24<sup>th</sup>.

*God Bless,*

*Dr. Dorothy E. Hooks, PsyD*

*Abused Woman Ministries, Inc.*

*[www.abusedwoman.org](http://www.abusedwoman.org) – Main web site*

*[www.abusedwoman.ning.com](http://www.abusedwoman.ning.com) – Blog web site*

*[www.recovery4abusedwoman.org](http://www.recovery4abusedwoman.org) – School of Healing web site*

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## **Domestic Violence Series Outline**

### **I. Introduction – Part 1A & 1B**

### **II. Domestic Violence Myths and Realities – Part 2**

### **III. Explanation of Domestic Violence and Abuse – Part 2A**

- A. Understanding Domestic Violence and Abuse**
- B. Signs of an Abusive Relationship – Part 2A**
- C. Physical Abuse and Domestic Violence – Part 2B**
- D. Emotional Abuse – Part 2B**

### **IV. Violent and Abusive Behavior is the Abuser's Choice – Part 2A**

- A. Tactics Used by the Abuser to Manipulate the Victim**
- B. Abusers ARE Able to Control Their Behavior – Part 2B**
- C. The Cycle of Violence in Domestic Violence**
- D. Recognizing the Warning Signs of Domestic Violence and Abuse – Part C**

### **V. Why Do Abusers Batter? – Parts 2A, 2B, & 2C**

### **VI. Getting Help for Domestic Violence or Abuse – Part 2A**

### **VII. Barriers to Leaving the Abusive Relationship – Part 2A**

### **VIII. How to Leave An Abusive Relationship – Parts 2A & 2B**

### **IX. What Can YOU Do If You Suspect Someone You Know Is Being Abused – Part 2A**

### **X. Effects of Domestic Violence and Abuse on Children Victims/Witness – Part 3A**

- A. Statistics**
- B. Dynamics of Domestic Violence that are Unhealthy for Children – Part 3B**
- C. Ways Domestic Violence Effects Children**
  - 1. Emotional**
  - 2. Behavioral**
  - 3. Social**
  - 4. Physical**
- D. What Parents Can Do to Help Their Children**
  - 1. Trust and Respect**
  - 2. Provide Emotional Security**
  - 3. Provide Physical Security**
  - 4. Provide Discipline**
  - 5. Give Time**
  - 6. Encourage and Support**
  - 7. Give Affection**
  - 8. Care for Yourself**
- E. Age Specific Effects of Domestic Violence on Children – Part 3C**
  - 1. Infants**
  - 2. Preschool**
  - 3. Elementary Age**
  - 4. Preadolescence**
  - 5. Adolescence**

### **XI. Related Articles and Resources for Domestic Violence and Abuse – Part 4**