

**INFORMATION REGARDING CALLS PRESENTED AND/OR SUPPORTED BY  
2013 RAINBOW ROUND TABLE**

**I TO ACCESS THE THREE WEEKLY CALLS via the Internet**

**A BBS RADIO** Go To [www.bbsradio.com](http://www.bbsradio.com); click on Talk Radio Station #2; click on "64K Listen"

**Thursday:** 9 pm – 12:00 pm EST *Stargate Round Table* **Host: Marietta Robert**

**Friday:** 9 pm – 2 am EST *Friday Night Hard News* **Hosts: T & R**

**Saturday:** 4:30 pm – 2 am EST *History of our Galactic World & NESARA* **Hosts: T & R**

**Friday, Saturday:** From **10 – 11 pm EST**, for one hour, the call moves to the Conference Call Line [PIN below] and then returns to BBS Radio.

- Use the following phone numbers to ask questions or make comments during the radio show.

530 – 413 – 9537 [line 1]

530 – 763 – 1594 [line 2 & 3]

530 – 746 – 0341 [line 4]

- **BBS Toll Free # in Canada, US 1 – 888-429-5471** This number picks up whichever line is available.

**B Conference Call** 1-213-342-3000

Thursday PIN #	87 87 87#
Friday PIN #	23 23 23#
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**D Archives for the 3 Programs listed above**

- To access the **FREE BBS archives** for any of these programs:
  - Go to *BBSRadio.com*; scroll down the column on the left hand side and click on "Current Program Archives".
  - The next page which comes up lists the programs alphabetically under the picture of the presenter. Find MariettaRobert's picture: Stargate Roundtable with Marietta Pickett and click on "Other Archives".
  - The page which comes up is the familiar one; click on "Save link as" and the archive will download to the site you indicate on your computer, or you can listen to the program directly.

- The **2013 Round Table website also has an archive section:**

<http://2013rainbowroundtable.ning.com/> look under the "Archives" tab for written notes.

**II TO ACCESS OTHER CALLS SUPPORTED BY 2013 Rainbow Roundtable**

**A Sunday, Mondays: 9 – 10:30 EST** *Cheryl Croci's Activation Calls*  
By telephone only: 1 – 213 - 342- 3000; PIN 9467441#

**B Tuesdays, 2<sup>nd</sup> & 4<sup>th</sup> of each month:** *Ashtar on the Road*  
9:30 – 11:00 pm EST Host is Fran; Susan Leland channels Ashtar, Sekhmet & others  
[www.Ashtarontheroad.com](http://www.Ashtarontheroad.com)  
▪ Phone Number: 1 – 559 – 726 – 1300; PIN 163731#  
▪ Call is free [except for long distance charges]  
▪ Can also listen to the call via Skype

**C Wednesdays: 7:00 – 9:00 EST** *The Friends of The Aboriginal Moabite Nation Call*  
By telephone only: 1– 712- 432-0900 PIN 666238#  
Replay # [good for 1 week] 1- 712- 432-0990 PIN 666238#

**Host:** **MariettaRobert**

**Meditation:**               **Angelsu**

**Mayan Calendar: Rainbird**

**24<sup>th</sup> - Thurs – 7 Manik** – it's the last day of this year of 8 KAN; Manik is the deer, the healing hand – with the powerful 7 tone, can do a lot of healing on this day

**25<sup>th</sup> – Fri – 8 AKBAL - the Day Out of Time:** the New Year; also the New Moon on 9 Muluc – 9 is expansion tone, and activation tone of the three 3s  
Just remember to work with your intentions.

**26<sup>th</sup> Sat - 9 Muluc**

**27<sup>th</sup> Sun – 10 OC**

**28<sup>th</sup> Mon – 11 CHUEN – the monkey, balancing work and play**

**29<sup>th</sup> Tues – 12 IB crystal clear clarity**

**30<sup>th</sup> Wed – 13 BEN they skywalker**

**1<sup>st</sup> Aug – Thursday - 1 IX – the jaquar, speaking the truth**

**MR: JUDY BEEBE'S NEW WEBSITE**

**www.**

**???????????**

The energies in the GEM spheres are scalar energies.

[The early part of the tape is non-existent; there was an equipment failure at BBS.  
What is above is from the beginning of a very bad conference call.]

**Astrology:**               **Annie Rose**                       She is OK; her grandson is moving into her home today

**T, R:** A new show where Sam Seder used to be on Sirius XM Radio

- New host is Leslie Marshall; works with Leslie Skinner who is running for Congress; they give her background; she is back;
- prime guest was George Galloway, one of the major whistleblowers of the English Parliament; he was part of the flotilla that went to Palestine when the Israeli military shot 9 people in cold blood
- He also spoke at the US Congress in 2007 and indicted Geo Bush and friends for war crimes and crimes against humanity for going into Iraq for no good reason! Has never seen someone else come in and do this. Abby Martin has had him on too.
- The question on the radio program was: Is Hamas guilty of war crimes in Palestine or is it the US and Israel?
- He said that ever since 9/11, you have been fed a pack of lies [he repeated this 3x]; the Clinton and Bush administrations are guilty of war crimes, crimes against humanity and high treason
- Then he introduced his friend who was on the line
- **King of Swords** who said
  - I am the man behind Marcos Moulitis of the Daily KOS; you can call me Mr KOS. I have another friend on the line with us who is here to give needed information; he has the inside scoop of all that has ever happened since the murder of Dodi and DI:
- Then **King of Egypt** introduced himself, and said:
  - Everything that has ever happened since the murder of my son and daughter-in-law has everything to do with something called NESARA. There is a mystery man who can pay off the national debt of the US with tons of money to spare; this man is known Compte de St Germaine; this man has 40 zeros to his name and is ready to take care of this matter now.

**LM asked:** is this a crank call from some of my friends?

**KOS, KOE:** this story is so huge: it involves the Galactic Federation of Worlds with Commander Ashtar &, Sananda Kumara, and the Intergalactic Federation of Worlds with Lord Linkor and Lord Salvington of Galactic Centre

**KOS:** this story is going to take down the entire 13 families and all their Satonian minions.

**LM:** Could you guys hang on for a minute: I'm going on break.

**LM:** after she came back from break, she said “The download I just got off air is going to change the course of this planet's story for good, and remember there is a city with 2 names: in some circles, it is called Helium; in other circles, it is called Sedonia; the planet that goes with this is Mars, and there is a person who is coded with this, Mr 19.5 degrees. Have a nice day.”

**Tuesday evening: KOS sent Rama a text message:** “the Supreme Court has just violated its oaths of office by ruling from the bench; this is called high treason, and we are on red alert.”

**Monday, Tom the Cat told Rama** there are 3 females Obama is working with who will expose the entire inside 9/11 job!

- Could be Valerie Plame, Sybel Edmunds – a guess. Would be nice if it were Lady Master Nada

**T:** Today, **the gov't of Ukraine** collapsed; it's gone!

**Reading:**

2014, July 24 Chocolate Kingdom Starts To Fall Apart: Ukraine Pm Resigns, Ex German Boxer, Vitali Klitschko Enters The Ring **[SEE BELOW]**

2014, July 24 **Katrina vanden Heuvel: With 100,000+ Displaced, Why Is U.S. Ignoring Ukraine's Civil War? Democracy Now** **[SEE BELOW]**

**LM Nada called Rama** today: Netanyahu has sealed his fate in his very own blood!

**Guest: Truman Berst**

- He is 73; graduate master herbalist, master herbologist.
- He, his daughter who is 52 and gave him grandchildren who have given him great grandchildren
- 3 generations: himself, daughter and grand daughter working together
- people more and more interested in natural remedies than in chemical treatments
- People call him or skype him from around the world; they get advice and information from him – a not-for-profit organization

**MR** asks for some general things that people might do for good health

**TB:** one of the issues is the plagues – there are no drugs to take them out because the plagues have become resistant to the stronger and stronger anti-biotics that are being used.

- CDC is worried and warning people: have no way to control them
- the answer is **a colloidal silver water** it's a state of the art, turn of the century solution
  - Silver colloidal water was \$100 an oz – didn't know how to make it cheaply
- He has **created a small device** – explains how it works and how to make a glass of anti – biotic water
  - Silver salve is used in every burn ward on the planet
  - when you take a sip of this water: the water penetrates the cell and disables the oxygen and the cell dies - this portable device can be carried in your shirt pocket. After 4-5 days, the water will have penetrated the bacteria, the viruses, whatever [cold, flu, virus] – after 5 – 10 days, they cannot live in your body
- It is one important thing to have in the house.
- In 2011, he was called by the FDA and told that you have to sign an admission of guilt that you are selling drugs, because when you tell people that a particular food is good for them, you're selling drugs and we'll take you to court and you'll be destroyed when we're done with you.
  - He called an attorney and sued them; as a minister under a vow of poverty, it took him 3 months

- to get the money: lost the case because he ran out of money, and they sued him
- 2013, Sept 24<sup>th</sup>, in Federal Court, fighting the FDA - apologized to the judge – have no money, don't have an attorney, don't understand protocol, explained the situation and said he was here to answer charges of contempt – the judge called on the prosecuting attorney:
  - Prosecuting attorney's case: "he owns the website Herbal Life Review and tells everyone how to use herbs, he gives advice and he's in contempt of court" "no, I don't"
  - You own another website called Betterhealthherbs.com and you are continuing to sell herbs and you get money for it.

**TB:** No, I don't own it because I went broke after you attacked me. He presented affidavits to prove all he said. And he gets no money for the 14,000 herbal remedies he has invented.

- The judge was the main chief Federal Gov't of the Western US – Judge Akin:
  - she said that she will rule that he has complied because he has; he is not in contempt of court
  - Told the prosecuting attorney: you have flooded this court with papers to suppress natural remedies and suggested you go after potato chip manufactures and if you ever bring a case like this to my court again, you will call me first to discuss. The prosecuting attorney said "call you first?" - he could not believe his ears! Yes, you will call me!
- What happened was an answer to prayer!
- He was standing up for everyone who does not want to use drugs; he makes no money on what he does; everything he does is not for profit – it has worked this way for him; appreciates that people want to choose their own food and vitamins and become educated about vitamin, natural remedies

**MR:** is his device similar to Bob Beck's?

**TB:** he created it: low cost, [\$79.95 with 20% discount – his family is supporting him]

- the device is simple, never wears out except for new batteries now and then – if you use it every day, will last a couple of years

**MR:** fear of having too much build up in their bodies?

**TB:** use it for 5-10 days in the case of a virus

- If you have a heavy metal buildup – he has a detox for this
- Has been led to create 14,000 herbal remedies!

- A natural way to enhance sleep: a formulation from 50 years ago: called Sleep –
  - a tincture that you can put under your tongue, start with a low dose; formula is #1397
  - In Herbal Health Review, will find a list

e-mail: [truman@healthherbs.com](mailto:truman@healthherbs.com)

[www.Herbalhealthreview.com](http://www.Herbalhealthreview.com) for the free info and videos; if you can't find what you need, e-mail him

**Cathy Lauren:** within the last few days, a shadow in her right eye, like maybe glaucoma?

**TB:** go to Herbal Health Review, go to common conditions, and go to "eyes"

- use an eye cup and distilled water or colloidal silver water + 3 drops of the tincture
- Formula 1658 [?] - liquid MSM, honey, the list of other things - describes how to use it
- It will strengthen the muscles of the eyes – helps with pink eye,
- Let him know what happens.

**Tara:** asks if his colloidal device from Bob Beck

**TB:** no, he was led to create this – it's a gift!

- Puts the correct amount of voltage in the water -

**Intramax – the best there is in terms of an all in one vitamin** – made by Drucker Labs

- the price is \$80 – ½ capsule in the morning, ½ at night – sub-lingually
- the most complete organic and natural vitamin you can take [Betterhealthherbs.com]

**T:** talks about her teeth problems

**TB:** yes he has – **a toothbrush called so fresh flossing tooth brush**

- Go to Herbal health review.com – common conditions – go to "teeth"

- a formulation of oral care brush and rinse – the xylitol re-mineralizes the teeth; sensitive teeth will no longer hurt; the colloidal rinse gets rid of viruses in the mouth; bee pollen give food; bee propolis stops infection and is healing; black walnut also hardens the enamel; clove oil is toughening the gums, hardens the enamel, healing the mouth
- Xylitol prevents tooth decay – will never have to go back to the dentist again
- Use baking soda 1x, 2x a week to get rid of the plaque
- To whiten teeth: 20% hydrogen peroxide and cut it; cheapest, easiest tooth whitener there is.

**TB:** answers his e-mails every day; will help in any way he can.

## Music

### Hard News:

**JUDY BEEBE'S INFORMATION**      [www.judybeebe.com/gemspheres](http://www.judybeebe.com/gemspheres)

**MR:** rereads the message from Valiant Thor that Judy received.

Valiant Thor was one of 3 Venusians who lived in the White House during time of Eisenhower

### Message from Valiant Thor on July 13, 2014 :

After so many years, this is a great beginning that you have set in motion. I remember you as a young child, so curious, so responsive to spirit and with your mission right over your head, enlightened for all who could see. I remember meeting you and extending my hand and my heart to you; you have ever been in our hearts with a longing to help you but powerless to do so.

Without our help, you have unravelled the truth and exposed it to thousands of people who are responding to your messages. Our energies are tied up with yours, as you were once a Venusian and a powerful one at that. Your service took you from us but your mission is saluted by all Venusians for you will save your planet from a fate that cannot be tolerated in this region of the cosmos.

I remember a little girl playing in angel hair with a mischievous light in her eye and the weight of the world on her shoulders, Had you known what you were expected to do, you would never have accomplished what you have. Keep going, for you are changing earth's outcome with every sphere that is placed. The people who have these spheres do not truly know how important they are but they also are in service to save a planet that is headed for dangerous territory.

We will meet again, the mischievous little girl and the commander of a star ship, to continue the fight for the light and the truth.

All Venusians know your name and carry you in their hearts, as do I.

In your Service,  
Valiant Thor

- the 3" ones are personal spheres; when enough of these are out, the
  - Next step is a 6" one for the home, and
  - later, maybe a 9" one for the whole grid.
- Tesla said when we understand the 3, 6 and 9, we will understand the structure of the universe.
  - We are all a part of this as we expand our awareness and our knowledge & helping to bring this energy to the planet.

### Hard News:

**R:** new movie coming out soon, Aug 1st: **Guardians of the Galaxy** a group of freedom fighters who got

tired of watching the fake story called Israel and the original story called Palestine;

- the 4 individuals get together to take their galaxy back: things get wild as this involves the realm of Odin, Thor, Asgard and the 9 realms around the Great Tree, legends which are based on truth
- Things got a little dense with the fall of Atlantis and we ceased to come from the high heart; we need to bring things back to the high heart and have compassion for people - even like Netanyahu

**LM Nada: THIS IS NOT HAMMAS OR HEZBALLAH, BUT THE PAID mercenaries** Blackwater, Kellogg, Brown and Root, Rafeon, Haliburton and all the companies who got involved in the private contracting story after the US went into IRAQ. Then they just transferred their actions to other locales; they are paid by the 13 families.

**R:** got a call from “Bob Levine”, the right hand man for congressman Barney Frank; helped to draft the Dodd-Frank Bill which does not go far enough to put them in jail; Chris Dodd is the grandson of Joseph Stalin.

- Bob shared with R the issues where the corporations need to be given the death penalty – yesterday!
- He is taking on the Supreme Court; aside from Sotomayor and Kagen, the rest swear their allegiance to the Club of Rome and their so-called corporate master, Lucifer - who has come back to Love
- Talked of The Family on C street who are beholden to corporate masters people on Wall Street: they have the idea that they are just caretakers while the story is coming to the final conclusion as they see it: they speak of “The Ancient Ones” from Babylon
- He is working with Mike Papantonio and the Ass'n of Trial Lawyers of the United States, and other groups – yes, they took the BAR accreditation, but they needed to be inside to take down the structures;
- He said, As we see it now, corporations have created loopholes and with a LLC, you can basically declare bankruptcy and employees are sh1t out of luck, and those who own the corporation get no jail time plus bonuses! This is where we are now.
  - Granted, Mr 19.5 got a lot of help from Wall Street, but he will pull the rug out from under them as the right time. Has to do with the Divine Plan that is already in place about Mars, Sedonia, and the 3 women who will come in with the rest of the story: they are not sure who the 3 are.
- shared that Barney Frank has had ups and downs with career of Congress;
  - He described some scenes of what goes on behind the scenes: Rama refers to the time he went with Rana Mu from Santa Fe to Congress via the cloak room: it was a scene out of **Men In Black** where most of them were not human! Quite a cosmic dance about what is being pulled over the eyes of the American people! The fact is that those people have been sitting there collecting millions of dollars, planning the people's death! Has been going on since the beginning of the country!
    - More and more and more people are waking up and beginning to pay attention because they are seeing what is happening.

**T:** Scary what is going on: there is **an open murder going on:** the lady from NATO Security Council said out loud “War crimes for Netanyahu”

- And it is being intensified: Over 800 people dead now in Palestine

**R:** the 3 Israeli children who were killed – it was set up by Netanyahu as a False Flag Event!

**T: reports from Al Jazeera, Consider This:**

**Osama Hamdon**, senior spokesman for Hamas from Doha, Qatar

- we will not agree to a cease fire and then negotiate;

**AJ:** so he wants Israel to stop military action on Gaza, have Gaza's borders opened and have an end to blockades imposed by Israel and Egypt on Gaza. Yet, given the amount of suffering the people of Gaza have endured, why not stop the fighting and then figure out how things can be improved?

**OH:** Thanks for the question; John Kerry understands more than others that the Israelis will not apply any conditions and will do nothing if they think no one is applying any pressure on them.

- they undermined the peace process; they destroyed the 2 state solution completely in spite of John Kerry's work: there are no chances for peace now on a two state solution

[T, R have been told there will only be a one state solution: Palestine]

**OH:** We need a complete agreement on all the points; we will not accept that the Israelis have the right to bomb the people in Gaza and kill & murder them, and go without any kind of payment

- they suggest that Kerry go to Gaza and see what is happening on the ground; how the siege is part of the war against Gaza. Ha ve to make a complete ending to the bombing and the siege on Gaza - has to happen from the Israeli side

**AJ:** in the meantime, hundreds are dying, thousands are injured; Kerry said the US will give much to the reconstruction of Gaza & the political demands of the people living there, yet the shelling has to stop first

- Now that there is a unity gov't of Hamas, with Fatah and Mahmoud Abbas is meeting with Kerry – does he represent Hamas?

**OH:** first of all, the people being murdered are our family, our women and our children; so no one has to say there are Palestinians being killed: we know that. John Kerry if he says he is ready to look to Palestine's needs, that's good.

- We need guarantees and there have been none to this point; he gave none to Mahmoud Abbas
- we insist / all the Palestinians insist to have a lift of the siege on Gaza, to have guarantees that the siege will be lifted for good and no other shelling and no violation of the cease fire. We are asking for this, and the initiation of the unity gov't is part of the Palestinian mechanism yet the leadership of the PLO is supposed to be part of the negotiation.

- Now we have talked to President Abu Hazem; he agrees on that and told Kerry; we hope to hear a positive answer from Kerry he

**AJ:** Abu Hasem being Mahmoud Abbas -

**OH:** yes – they play a clip of a woman speaking who was very upset when she was looking for shelter: talked of being abandoned –

- she was not clear: she did not talk about Hamas because she knew what Hamas was doing for her and for the Palestinians, how Hamas was helping the Palestinians;
- she was talking about all the others [neighbouring countries] who do nothing to help.
- It is not just the needs of Israel: what about our needs, our lives, our security, our protection?
- Israel is an occupier, violates every international agreement there is; Israel has destroyed every aspect of Palestinian life!

**AJ:** the Israelis would say it's about the rockets coming from Gaza and do not stop

- Hamas has obviously spent a lot of money on the rockets and the tunnels; the money and the materials could have been used in Gaza

**OH:** this is an important image:

- The schools, the mosques – Hamas built most of these; the houses were re-built by Hamas after 2008 war against Gaza – this is not being discussed.
- Why is there no big question about Israelis using their weapons against Palestinians, rockets to destroy Palestinian life, killing women and children?

**AJ:** We will ask that question.

**OH:** What about the 3 settlers/boys [Israeli] who disappeared and were killed? No one knows who did it -

- Thinks Netanyahu did it – faked it like Hitler did in the 2<sup>nd</sup> world war.

**AJ:** are you saying that the 3 Israeli teens killed is a fake story?

**OA:** No one claimed any responsibility for the Palestinians; Netanyahu gave no evidence; said they disappeared, and then he said they were found, dead.

He challenges Netanyahu to find one Palestinian behind this. This Israeli story – we don't believe it – it has been created to evade the issues of going after the lives of the Palestinian people on a racist basis

**R:** this goes back to 9/11 and the declaration of war on brown, black people and people of any of colour.

**OA:** the big question is why is there no end of this occupation? And instead of asking the Palestinians why they are resisting, ask “Why is there no end to this occupation?”

**T:** here is a representative of Hamas nailing Netanyahu with what T & R have been told all along about what Netanyahu did: he killed them; he set it up; he blamed them with no proof!

**MR:** Tells a story called “What goes Around, comes around”  
to remind us that there are people who do better stuff and there still are

The story of a Scots farmer called Fleming who saved a boy from dying in the bog  
In payment, the farmer's son was given the same education as the nobleman's son  
The nobleman was Sir Randolph Churchill; the son was Sir Alexander Fleming, discoverer  
of penicillin; he later saved the life of Sir Winston Churchill with that discovery.

**T:** completes Katrina Van den Heuval's report on **Democracy Now**

**Reading: The I Ching for July 21, 2014**

**[SEE BELOW]**

**Closing: Angelsu**

## INFORMATION RELATED TO THE NOTES

2014, July 24 **CHOCOLATE KINGDOM STARTS TO FALL APART: UKRAINE PM RESIGNS, EX GERMAN BOXER, VITALI KLITSCHKO ENTERS THE RING**

Posted By: IZAKOVIC [Send E-Mail]

<http://en.ria.ru/politics/20140724/191210724/Ukrainian-Prime-Minister-Yatsenyuk-Announces-Resignation.html>

**Ukrainian Prime Minister Yatsenyuk Announces Resignation**



Ukrainian Prime Minister Arseniy Yatsenyuk

KIEV, July 24 (RIA Novosti) - Ukrainian Prime Minister Arseniy Yatsenyuk announced his resignation Thursday following the collapse of the ruling European Choice parliamentary coalition.

"If no new coalition is formed and the existing coalition in a parliamentary-presidential republic had collapsed, the government and the prime minister have to resign. I announce my resignation because of the coalition's collapse," he said.

Yatsenyuk also expressed disappointment with Ukrainian parliament's decision to reject a bill that allows the government to hand over up to 49 percent of the country's gas transport system to investors from the European Union and the United States.

Parliament speaker Oleksandr Turchynov said parliamentary factions of the Svoboda and UDAR parties were to put forward the candidacy of the interim prime minister.

According to the Ukraine's constitution, the resignation of Prime Minister entails resignation of the entire Cabinet. Cabinet of Ministers, dissolved by the Verkhovna Rada (Ukrainian parliament), will continue to function until the new government is formed.

Earlier on Thursday, Ukraine's Svoboda and UDAR parties announced their factions in the parliament were quitting the majority coalition, paving the way for the dissolution of parliament.

The majority coalition in the Ukrainian parliament, created after the February coup, had 256 members, the vast majority of them representing the former opposition parties of Batkyvshchina, UDAR and Svoboda.

With today's resignations from the coalition, their number has fallen below the constitutional threshold of 226 members, giving the president the legal power to dissolve parliament in one month.

Verkhovna Rada appointed Arseniy Yatsenyuk Ukraine's new Prime Minister on February 27, after President Viktor Yanukovich was ousted from power following a military coup.

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Ex boxer from Germany, born Ukrainian, shall take over.

Vitali Klitschko



Perhaps because of the extremely idiotic performance in the case of MH17.

WHAT HAPPENS IF YOU HAVE SURPLUS MH370, PART 7: YOU MUST TAKE CARE OF WINDOWS,  
RUSSIA'S SATELLITES, OLIVE GREEN MISSILES

<http://www.rumormillnews.com/cgi-bin/forum.cgi?read=313027>

IZAKOVIC <http://www.deepspace4.com>

2014, July 24 **Katrina vanden Heuvel: With 100,000+ Displaced, Why Is U.S. Ignoring Ukraine's Civil War?**

Topics: Ukraine, Russia

**Guests** Katrina Vanden Heuvel, editor and publisher of The Nation.

She blogs at TheNation.com and is a columnist for WashingtonPost.com. Vanden Heuvel has reported on Russia for decades. Her latest column at the Post is "Downing of Flight 17 Should Trigger Talks, Not More Violence."

**Related**

"We Are Not Beginning a New Cold War, We are Well into It": Stephen Cohen on Russia-Ukraine Crisis  
Apr 17, 2014 | Story

Former U.S. Ambassador: Behind Crimea Crisis, Russia Responding to Years of "Hostile" U.S. Policy  
Mar 20, 2014 | Story

After Crimea Votes to Secede, How Will U.S. & Russia Handle Gravest Crisis Since Cold War?  
Mar 17, 2014 | Story

A high-level rebel commander has confirmed for the first time that pro-Russian separatists had an anti-aircraft missile of the kind the United States says was used to shoot down Malaysia Airlines Flight 17, killing all 298 on board. He blamed Ukrainian authorities for provoking the strike, saying they deliberately launched airstrikes in the area, even though they knew the missile system was in place and rebels would fight back. Meanwhile, the area near the Russian border continues to see heavy fighting between government forces and Russian-backed separatists. On Wednesday, two Ukrainian fighter jets were shot down not far from where the Malaysian airliner was hit. "The tragedy of the downing of the plane occurred in the context of this virtually unreported civil war," says Katrina vanden Heuvel, editor and publisher of The Nation, who has reported on Russia for decades. "Americans have been done a disservice by one-sided media coverage [of the conflict]." Vanden Heuvel notes more than 110,000 refugees from eastern Ukraine have fled to Russia, and 56,000 are internally displaced in Ukraine.

AMY GOODMAN: We turn to Ukraine, where on Wednesday a rebel leader confirmed for the first time pro-Russian separatists had an anti-aircraft missile of the kind the United States [says] was used to shoot down Malaysia Airlines Flight MH17. The high-level commander blamed Ukrainian authorities for provoking the strike that killed all 298 on board. He said Kiev had deliberately launched airstrikes in the area even though it knew the BUK missile system was in place and rebels would fight back.

ALEXANDER KHODAKOVSKY: [translated] They provoked the usage of the BUK missile system, for example, by starting to attack the object that they don't need at all, Saur Mogila, that hadn't been attacked by planes for a week before that. And on that day, they pushed so hard. And at the moment of attack, at the moment of the civilian plane flying, they were attacking Saur Mogila. So even if there was a BUK missile system, and even if it has been used, Ukraine did everything for the civilian plane to be shot down.

AMY GOODMAN: This comes as two Ukrainian fighter jets were shot down in eastern Ukraine Wednesday, not far from where the Malaysian airliner was hit. The area near the Russian border continues to see heavy fighting between government forces and Russian-backed separatists. Also on Wednesday, lawmakers in Ukraine's Parliament broke into a fistfight after a decree passed that would enlist male citizens under 50 to combat Russian forces on the border.

And coffins carrying 40 of the 193 Dutch victims on the downed flight arrived in the Netherlands, as the government declared a day of national mourning. Crowds gathered on bridges along the 65-mile route to throw flowers onto the convoy of hearses.

For more, we're joined by Katrina vanden Heuvel, editor and publisher of The Nation. She has reported on Russia for decades and blogs at TheNation.com, is also a columnist for the WashingtonPost.com. Her latest column is headlined "Downing of Flight 17 Should Trigger Talks, Not More Violence."

Talk about the latest, what people understand about Ukraine, what you feel is being missed.

KATRINA VANDEN HEUVEL: I think the big story that has gone unreported in the kind of one-sided media narrative that Americans have been given in these last months is the unreported war in the southeast of Ukraine. The Nation published a story a few weeks ago called "The Silence of [American] Hawks [About] Kiev's Atrocities," and we're seeing in the downing of the plane—the tragedy of the downing of the plane occurred in the context of this virtually unreported civil war. Today, there are stories that Kiev has used four Grad rockets—these are missile launcher rockets—in Luhansk. The OSCE, the Organization [for] Security and Co-operation in Europe, is alleging civilian deaths in these parts. So I think, Amy, it's the context that is needed. My column—

AMY GOODMAN: How many people have died in this war?

KATRINA VANDEN HEUVEL: You know, they're reporting—I have figures here. They're reporting 250 people have been killed in Luhansk, one of the major cities in the eastern part of Ukraine, 800 injured since the war began; 432, including 36 women, six children, died in Donetsk since April; 110,000 refugees from southeastern Ukraine have fled to Russia. There are 56,000 displaced people in Ukraine.

AMY GOODMAN: Would you call this a civil war?

KATRINA VANDEN HEUVEL: I would call this a civil war. And the tragedy, Amy, is that Ukraine has been a deeply divided country through time—language, religion, part of the country pro-Russian, ethnically Russian. This did not need to become a military civil war. There was the possibility—and this is what I tried to address in the column—in the wake of this tragedy of the downing of the plane. There should be a renewed effort, not to trigger more violence, but to trigger ceasefire, to trigger talks that could end the humanitarian catastrophe I'm describing in the southeast of Ukraine.

And another unreported story, Amy, is that there were ceasefire talks in June with Russia, France, Germany, Ukraine, the United States and Kiev. Poroshenko, the president, pulled out after two days. The United States acceded, if not supported or egged on, that decision, and the military offensive began anew. There must be an end to the violence.

And think just commonsense common sense. Ukraine, if it is to recover, if it is to emerge as a financially stable country with some elements of democracy, needs to be a bridge between East and West, between Russia and the West. The IMF, just months after agreeing to a \$17 billion loan program, just yesterday acknowledged what is known, which is that there is a terribly sharp economic downturn in Ukraine. The costs of rebuilding this country are going to be enormous. And the oligarchs, Amy, the oligarchical control of this country, I think remains unreported, as well. You know, the protesters, the good protesters in Maidan, in the square, in last year, so much of their protest was about oligarchical kleptocracy. And that grip on the country remains.

So I think it's a very—I think Americans have been done a disservice by the one-sided media coverage. I will say, and I hope in this case that The Nation's coverage, others' coverage—Robert Parry has been doing interesting coverage—has pushed The New York Times and The Washington Post, for example, in these last days to cover the civilian casualties and the assaults on cities like Donetsk, which has become a virtual ghost town.

AMY GOODMAN: What about the U.S. role?

KATRINA VANDEN HEUVEL: The U.S. role—I don't understand the U.S. role, to be honest. I mean, it is

not in the national security interest of the United States to make Ukraine a Cold War proxy, but it is becoming that. This is a regional civil war that has been internationalized. John Kerry often sounds like he's the secretary of war, not the secretary of state. We have allied ourselves, tethered ourselves to the Kiev government in a way that may make it very difficult to find a way beyond a new Cold War, if not a hot war. And, Amy, a Cold War will warp both countries' politics and international relations. I'm thinking of Russia and the United States. And think of what this has done in terms of diverting our attention and resources from the real security, the real threats, the real possibilities of providing and building a new world.

So I think America—it's also unreported, under reported, you know, America sent advisers to Ukraine to embed with its military. America has put forward a package of night goggles and other military equipment. John Brennan, the head of the CIA—finally reported—headed off to Kiev. So, but I don't—it is not in the U.S.'s interest. It is not in the world's interest. It is not in Ukraine's interest. Yet, there is not a peep out of Congress. There is not a peep. And the media is so one-sided that we are not having a debate that is also deserving of America's people. The wisdom, though, of America's people, the disconnect we see between the Beltway establishment, the elite and the media elite, is very telling. America's people are not interested in sending weapons. They weren't interested in sending weapons to Syria. They're not interested in sending weapons to Ukraine. They're not interested in a war.

AMY GOODMAN: Let's go to Russian President Vladimir Putin.

PRESIDENT VLADIMIR PUTIN: [translated] We are being called on to use our influence with the separatists in southeastern Ukraine. Of course we will do everything in our power, but that is not nearly enough. Ultimately, there is a need to call on the authorities in Kiev to respect basic norms of decency and, at least for a short time, implement a ceasefire for the investigation.

AMY GOODMAN: That's Vladimir Putin. Can you talk about Putin's role and then how the U.S. actions compare to Europe—I mean, and the Dutch, in particular?

KATRINA VANDEN HEUVEL: That's, I think, very important. I think the Dutch—and I have family in Holland. And I think the Dutch, in the way they have grieved in this tragic moment, are a model of dignity and a model of saying, "We're not going to rush to judgment or use this as a political game, that is a disservice that did not honor those we have lost," as opposed to the United States, I have to say, where John Kerry, Secretary of State Kerry, rushed quickly, as did Samantha Power, someone whose work I admire but who's supremely unsuited to be our ambassador to the United Nations at this moment. They rushed to judgment and said Russia played a role. And now the intelligence community is saying, "We don't know. This was a mistake. We don't know who actually played a role."

On sanctions, the United States, again, has led the way. The European Community, much of it, the key member being Germany here and France, have resisted. There is a tendency in this country to say it's because of their trading ties. I think that's true, but I think it underestimates the fact that they have in their DNA a history that understands that to have a sullen, angry Russia on their border is not in anyone's interest.

On Putin, where do I begin? Putin is an authoritarian leader. On the other hand—he has done repressive things in his country, things I abhor, in terms of gay rights, in terms of women's rights. It will become more repressive if this goes on in the way it is. The hawks of both sides always become more powerful when this happens. But Putin has a politics in his country, just as we have in ours. He has a right wing, a nationalist right wing, which has been pushing him to be far more assertive. I have friends, journalists who report on the right in Russia, and the right has been in a fury in these last weeks. "Our people," and again, that's very complicated because Russia should not say "our people," but pro-Russian, ethnic Russians in Ukraine being bombarded and pounded, and where is Putin?

I do think Putin and Foreign Minister Lavrov—again, not reported—have been calling for a ceasefire since April. The other day, Tuesday, in his speech, Putin said that he would do what he could to restrain the

rebels. I think there is no question there are ties, but there is no question that what we've seen emerge in southeastern Ukraine, whenever you have a war like this, a civil war, the good guys don't often emerge. I'm not talking, obviously, about the civilians who have been under assault, but you have the Rambos of Russia, those who fought in Chechnya or in Afghanistan. But Putin cannot do everything, but he can restrain these forces, some of them, but in the context of a real ceasefire, real negotiations, and in the context of the United States not playing games, as it has since the end of the first Cold War in expanding its economic, political and other influence to the doors of Russia, and the whole NATO question, Amy, again unreported.

Last November, when this whole EU offer triggered, in many ways, this conflict, what was unreported was there was a clause in that which was a kind of secret entry door for Ukraine to enter NATO. This is a Russian red line. There's no reason, first of all, that we should have NATO in these times. It's a military alliance. It's not a tea party—that used to have more, different resonance. But anyway, so I think Putin is as—listen, the media in this country has so demonized Putin. As I said, he is an authoritarian. But I hate to quote—I will quote someone I know we have very mixed feelings about: Henry Kissinger. Putin—he has said, "Demonizing Putin is not a policy; it is an alibi for not having a policy." And I think we need a policy, America needs a policy, not an attitude, as it engages Russia.

AMY GOODMAN: Well, Katrina vanden Heuvel, I want to thank you for being with us, editor and publisher of The Nation. We will link to her column, "Downing of Flight 17 Should Trigger Talks, Not More Violence."

[http://www.democracynow.org/2014/7/24/katrina\\_vanden\\_heuvel\\_with\\_100\\_000](http://www.democracynow.org/2014/7/24/katrina_vanden_heuvel_with_100_000)

## 2014, July 20 | Ching For The Week of July 21, 2014

**#34**      Da Zhuang      Great Power

**Above:**    Zhen                    thunder, shaking, excitement, inspiration

**Below :**    Quin/Gan                energy of heaven, spirit power

### The Wisdom:

The spirit of the Joyous Dancer has arrived.  
It has come to support you  
As you enter a cycle  
Of strength and correctness.

You are entering a cycle of seriousness that can serve to change you and your world for the better. Notice well that when you speak, you are heard, really heard. Your words flow as if from a fountain that has been still for eons and now flows freely, like the water in a mountain stream, bubbling forth with strength and lyricism. As you hear what you are saying, as if witnessing your own mind, your words have depth and meaning. Your clarity brings pride as you speak from experience.

Your humor is returning, too, and just in time, as you will need it as you enter at the base of the spiral of energy that will carry you upward to the next plateau in your and the planet's evolution. This spiral of energy leads to that which is greater than great. There will be obstacles on the way up, but you have the energy to dismiss them, as never before, Humor and seeing the irony in the old ways will be the lubricant that smooths the ride. Laugh well and laugh loud, be the seed in the tribe that brings a joyous mood as you join in celebration and gratitude of what you have wrought.

Seek the inner sage as you momentarily pause to fully realize what is happening. With an energetic package, such as you are to receive, comes great responsibility. The ego would take the energy and run with it to take control and change things for its sole benefit, seeing itself as apart or separate and not considering the whole. The benefit will be to defend against the greed of the ego, as your influence over situations and others is more powerful than ever before. Misuse of power is an easy trap into which one can fall, and the veil between negative and positive is very thin. So, it is of utmost importance that you move in correctness, with compassion as your guiding principle. If you ignore the universal laws that uphold integrity, your misuse of power will lead to the destruction of what you have been working for and desiring and will place you outside the walls of the greatness that is meant for you.

In the recent past you have feared revealing the true nature of your relationships and friendships for fear of being disagreed with or dismissed. However, you now have a clear and open channel to your tribe and associates. It will certainly come as a surprise to many as you come out of self-imposed retirement with great clarity and charismatic strength. Your influence will be felt and honored as never before, and you may for a moment ask yourself, Is this really happening? It will be that dynamic and unexpected.

You have been holding back your emotions, creativity and passion because it has not felt safe to express your strength and clarity. You have, in your inner knowing, activated a law of physics that says when energy is contained, upon release it is more powerful, by many times over, than when originally placed in confinement.

Power is a double-edged sword—it can make one careless or even giddy. On the one hand you have the strength gained while in retreat; on the other is the danger of using that influence and strength to overpower people or situations. If you move in this way, misusing influence or power to achieve your own wishes and desires, on your own timetable, without keeping in mind the need for each person to exercise his or her own free will, this will surely lead to loss, isolation, and disappointment.

In this cycle ask for what you want and desire. In business, reach to abundance where you receive your fair share and reach to the heights; as an artist, request the place you wish to show or be heard; in love, move toward what or who you thought was unattainable; in your intimate life, open the door that you had closed to sensual connection that will no longer be fantasy. Free yourself and let your heart be open and correct.

The creative ideas that are coming to you now indicate that you are imbued with the power and strength to hone them into reality. Don't fear to test drive the ideas and plans that are surfacing with the force of long-pent-up energy released. As you proceed, you will fine-tune these ideas and plans, moving a little here and a little there until you reach your goal, where you will find abundance, acceptance, and a joyous, peaceful heart.

Fear not the thunder.  
The great force of nature is wise.  
Pay attention to the thunder in your life;  
It is your wake-up call.

Thunder in heaven—you are not afraid; you are awake! Now, as you become fully awake, the ego will tempt you to manipulate the situation to your personal advantage just because you can, and indeed you can... the benefit is not to do it, and not allow yourself to even think about it! Correctness and working with and toward the greater good is most prescient at this time—it is the tonality of the Earth's vibration in these times of massive change and a return to Eden in concept and reality. All who realize this truth will be embraced by spirit. Be awake and conscious of this realization and this time as you have called for it and will be confused no more.

As a cycle ends you are presented with a clear and clean resolve of a glorious beginning. The results are to be your creation, your novel invention of the way you see and activate your part of the plan, the new way of thinking that, with correctness, leads to equanimity and peace of mind.

Nurture the spirit within and be empathetic of your fellow pilgrims who share the path; follow the path of service where love resides. Be of loving heart with kindness and generosity. You arrive now to be the person of medicine who will embrace the sun at midday. In this way you will benefit by making safe the way as all your fellows choose now to embark on the road less traveled. It will be lonely at times; use the all oneness and ruthlessly disembowel old patterns that have done nothing but eat away at your energy and leave you at the mercy of the ego that, once in the driver's seat, would show no quarter and leave you without an answer to the oft asked: What is my purpose? The answer does not come from a revelatory voice from above; it is already answered and speaks to the solo warrior in concert with the heart and soul. Your heart... and your soul are a reflection of the whole of change at this very real and special moment in the timelessness of time...

I write this during the day without time...

In Love and the light of a new dawn...

BobbyK

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