



Puffed Heart Square

Rachel Andrus

Show a child just how much they are loved,
by rendering a heart right into their blanket square.



Materials and Equipment

- Two strands of worsted weight yarn (American)/ DK (UK)/ 8ply (Aust)
- 6.5mm/US K Hook

Abbreviations

Note: Pattern uses American terminology

American	British
slip stitch (sl st)	single crochet (sc)
single crochet (sc)	double crochet (dc)

Special stitch: Puffed Stitch(PS):(yo, pull up a loop) 4 times, 9 loops on hook, yo, pull thru 8 loops, yo, pull thru 2 loops, push puff to front of work, work next st.

Instructions

If you're having a hard time pulling through the loops of the puff stitch, make sure you "yo, pull up a loop" LOOSELY.

If you find that your puff stitch isn't puffing out very much, change the Puff Stitch instructions to "(yo, pull up a loop) 5 times, 11 loops on hook, yo, pull thru 10 loops, yo pull thru 2 loops, push puff to front of work, work next st."

Using 2 strands of yarn, Chain 26.

Note: Work all stitches in BOTH LOOPS of the stitch.

Row 1: Sc in 2nd ch from hook and in each ch across. Ch 1, turn. (25 sts)

Rows 2-4: Sc in each st across. Ch 1, turn. (25 sts)

Row 5: Sc in first 12 sts, PS in next st, sc in rem 12 sts. Ch 1, turn. (25 sts)

Row 6: Sc in each st across. Ch 1, turn. (25 sts)

Row 7: Sc in first 10 sts, PS in next st, sc in next 3 sts, PS in next st, sc in rem 10 sts. Ch 1, turn. (25 sts)

Row 8: Sc in each st across. Ch 1, turn. (25 sts)

Row 9: Sc in first 8 sts, PS in next st, sc in next 7 sts, PS in next st, sc in rem 8 sts. Ch 1, turn. (25 sts)

Row 10: Sc in each st across. Ch 1, turn. (25 sts)

Row 11: Sc in first 6 sts, PS in next st, sc in next 11 sts, PS in next st, sc in rem 6 sts. Ch 1, turn. (25 sts)

Row 12: Sc in each st across. Ch 1, turn. (25 sts)

Row 13: Sc in first 5 sts, PS in next st, sc in next 13 sts, PS in next st, sc in rem 5 sts. Ch 1, turn. (25 sts)

Row 14: Sc in each st across. Ch 1, turn. (25 sts)

Row 15: Sc in first 3 sts, PS in next st, sc in next 17 sts, PS in next st, sc in rem 3 sts. Ch 1, turn. (25 sts)

Row 16: Sc in each st across. Ch 1, turn. (25 sts)

Row 17: Sc in first 3 sts, PS in next st, sc in next 17 sts, PS in next st, sc in rem 3 sts. Ch 1, turn. (25 sts)

Row 18: Sc in each st across. Ch 1, turn. (25 sts)

Row 19: Sc in first 3 sts, PS in next st, sc in next 8 sts, PS in next st, sc in next 8 sts, PS in next st, sc in last 3 sts. Ch 1, turn. (25 sts)

Row 20: Sc in each st across. Ch 1, turn. (25 sts)

Row 21: Sc in first 4 sts, PS in next st, sc in next 6 sts, PS in next st, sc in next st, PS in next st, sc in next 6 sts, PS in next st, sc in last 4 sts. Ch 1, turn. (25 sts)

Row 22: Sc in each st across. Ch 1, turn. (25 sts)

Row 23: Sc in first 6 sts, (PS in next st, sc in next st) 3 times, sc in next 2 sts, (PS in next st, sc in next st) 3 times, sc in rem 5 sts. Ch 1, turn. (25 sts)

Rows 24-27: Sc in each st across. Ch 1, turn. (25 sts)

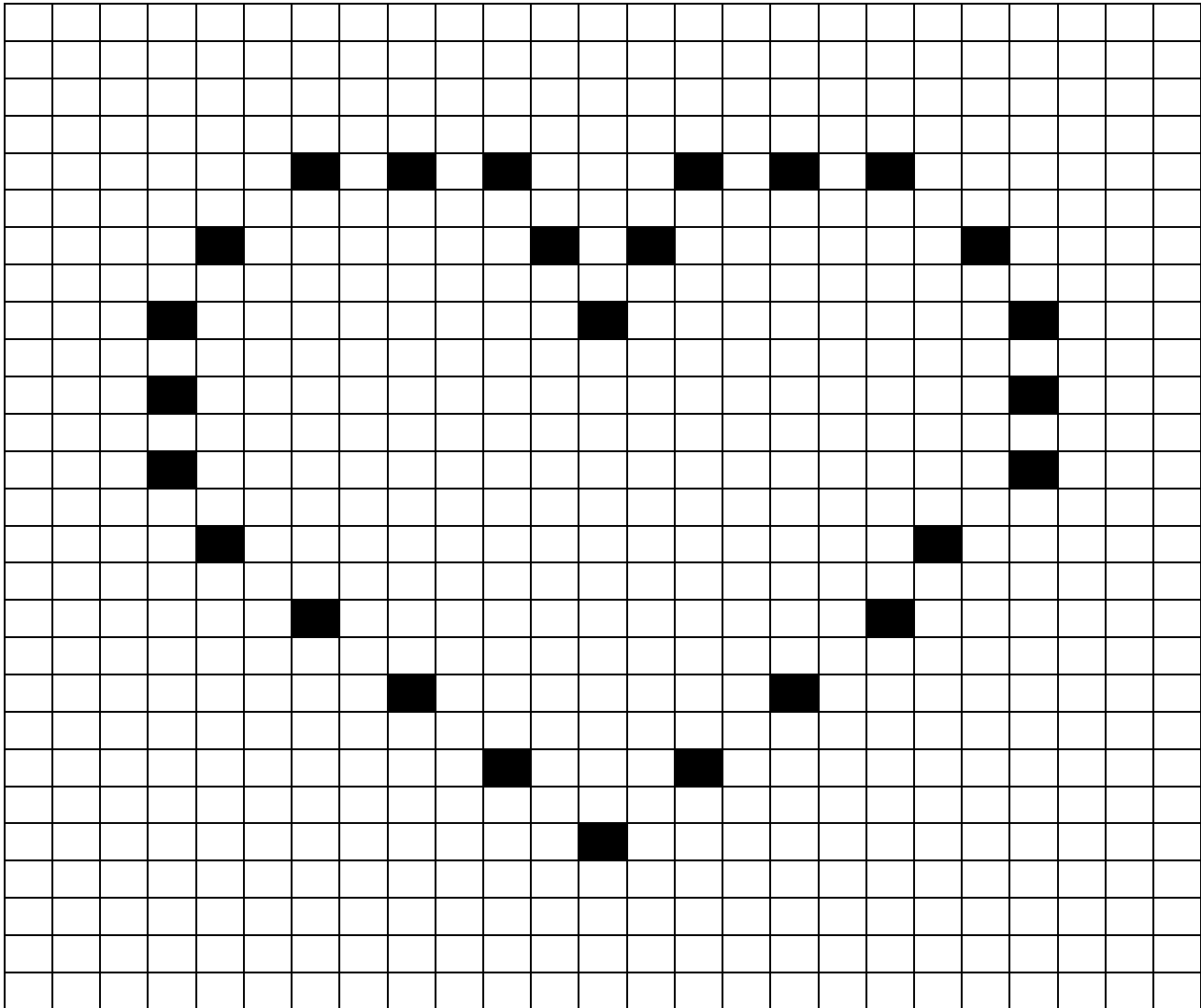
Measure the square. If it is smaller than 20cm/8", sc around each side of square, working (sc, ch 3, sc) in each corner, until square measures 20cm/8". End off.

Leave a 50 cm/20" tail (for sewing the squares together). Butterfly* the tail to the square.

*How to 'butterfly the tail' is as easy as 1, 2, 3. Use contrasting yarn and follow the directions:



The pattern may also be described by the following graph.



FOR FULL POSTAL INSTRUCTIONS PLEASE VISIT:
<http://knit-a-square.com/postal.html>

POSTAL ADDRESS
Knit-a-square
Private Bag X900
Bryanston 2021
South Africa