

White Dragon Magnetic Reiki



by
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What is White Dragon Magnetic Reiki?

Sometimes people stand at the edge of a picnic table filled with so much good food and wonderful drink that they freeze up. Cannot make up their minds. Don't know if it is permitted to help themselves to a plate.

Meanwhile other people push them aside and take all the goodies. It's a shame, isn't it?

This reiki empowerment is about setting up an inner magic and spiritual method for you to get good things from the Universe. It really does work!

It is quite simple. So be brave and read on...

1. Want something.
2. Ask for it aloud.
3. Accept the things the Universe brings you.
4. Choose one thing. Claim it as yours.
5. Carry your new gift into your spiritual path.

So how to begin?

The first thing is to calm yourself. Stand quietly, taking slow and deep breaths. Relax.

Hold your hands facing each other as if you were holding a large plastic beach ball. Imagine a ball of gentle golden light. Let it glow peacefully.

Now hold it over your head and let it drop. It floats gently down through your head and shoulders... such a soothing feeling... through your chest and down your legs... so relaxed... and clean... and down into the floor.

Give the ball a little time to be in the floor and then bring it back up through your body, relaxing and cleaning, and bring peace. There, let it dissolve.

Face the East

You can begin with any direction, actually. We are going to practise the four steps while turning in a circle. So face east, and think of some good thing that you want. Just smile, no need to speak yet. Close your eyes if you like and imagine having it. Some students add the feeling of the wind here.

Turn south. Now say aloud, “I really really want so..and..so...” naming your wish. It can be new clothes, a new haircut, debt paid in full, a car, a new friend, healing, success, anything positive. Some students add a feeling of warmth and brightness of fire here.

The Universe does not understand negative human speech and especially not the word “no”. So if you wish for “no debts” what the universe hears is just “debts”. And you will indeed get more debts! So... say what you WANT not what you DON'T WANT. “My debts are paid in full”.

Turn west. Now say aloud, “I accept the good things the Universe is bringing me...” Imagine standing on a beach watching many things swept in by the waves. You don't pick them up. But you don't push them away. Just smile and welcome all.

This step is important because we all raise barriers to keep from being hurt and if we don't lower them, we also keep away good things and good people.

Turn north. Now say aloud, “I choose such..and..such... to be mine! I claim such...and...such.” And imagine reaching down and picking up your new gift, however you picture it. It could be a toy car to represent a real car. It could be a heart to represent a new friend. It could be dollar bills! Some students imagine a leafy meadow now for this direction.

Now face east once more but this time let your eyes close and imagine a tall beautiful silver pillar inside you. This is your Spiritual Path. It glows like a pillar of diamonds. Say “I take my new gift into my Personal Spiritual Path”. And open your hands and let your new thing dissolve into particles which surround you and help you.

Here are some pictures to help:
east



south



west



north



Center



Why the White Dragon?

Hehehe... I am not sure. A white dragon came to me while I was working this reiki practice in my thoughts, trying to figure out what to say. And wanted to be a helper. I think dragons protect us, teach us, lift us up when we are sad, take us to distant places if we climb on their backs and let them fly... dragons are so good to many of us who are compatible with them. You will know if you are a natural “dragon-friend”.

Anyway, good luck with this method and may it help you increase your skill in other reiki systems, and give you success in life.

As always, peace and love,

Stewart